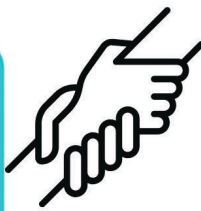


QPR Training

SUICIDE PREVENTION AND EDUCATION



A free training for community members

Help save someone's life

Recognize the warning signs. Learn what you can do to help.



FEBRUARY 16TH, 2026
Monday
6:00pm - 7:30pm



WS PREVENTION CAFETERIA

Register at:

**WARM SPRINGS PREVENTION
WS LINES FOR LIFE
OFFICE**



Email: Rosannaj@linesforlife.org

Email: andy.leonard@wstribes.org



Facebook:

Warm Springs Prevention or Warm Springs JCP/CRM/Suicide Prevention

~ Student lessons for the classroom ~ Numu ~ Paiute

PAIUTE LANGUAGE PROGRAM LESSON PLAN

UNIT:	BODY UNIT	BY:	Pat Miller, Shirley Tufti, Alice Harman
LEVEL:	Beginning	FOR:	ECE Teachers
LESSON:	Body on the Board	TIME:	90 Minutes

GOAL:

For students to learn the words for the basic body parts. To work in groups to make a felt-board figure. Also to have some fun learning to understand and speak some Paiute words.

OBJECTIVES:

- The student will be able to:
1. Follow directions in Paiute to make a felt cut-out of basic body parts, for full control.
 2. Follow directions in Paiute to cut out body parts and put them on the felt board and take them off, for full control.
 3. Hear the Paiute words for basic body parts and point to or select a cut-out or drawing of that body part, for full control.
 4. Read and write Paiute words for body parts and match them to a picture, for full control.
 5. Say the Paiute words for basic body parts, for full control.

PROCEDURES:

1. Introduction:

Tell the students they will learn the Paiute language for some body parts by making a felt board cutout. Review the words for the body parts that you want to cover in this lesson.

2. Implementation:

Make the Cut-Outs

Put a stick-figure on the felt board. Give felt, scissors, and other decoration supplies to the students. Assign each student to make a felt cut-out of a particular body part. Chat in Paiute and reinforce the words for body parts with the class. Let them repeat after you.

Tamme Numu hanekwe.	We are going to make an Indian.
Ya'a wanaapu.	Here's the felt.
Ya'a suzu.	Here's the scissors.
Tooe haoo tooe a matapooe.	You may decorate it any way you want.
No'yoona ewetoo kwuoo.	Let's draw out of the bag.

Put the Body Parts Together

Ask the class "Who has the ____?" Tell that student to put the body part on the stick-figure on the felt board.

Haga ka puta kwu'u?	Who has an arm?
Kemmow.	Come up here.
Ka puta ekooba haneoo.	Put the arm on the board.

On and Off Again

Give TPR commands to the students to take off body parts and put them back on again. Practice until the students can follow the directions well. Let students take a turn to give commands, if they are ready.

A kwo tsahaneoo.	Take off his head.
Ka mea ekooba hane.	Put his knee on.
Ka kowpa ya'a matsapeku.	Put the leg on here.
Wahaow kowpa tsahaneoo.	Take the two legs off.

3. Closure:

Tell the students they are doing a good job. Have them clean up and put things away.

Mu pesa manewunne!	You're doing good!
Tamme mitu mabetsapeoo.	Let's clean up now.
No'oke hemma mabetoonow.	Let's put everything away.
Sa'a mu poonedoo!	Sre you all later!

4. Follow-Up:

Repeat this lesson from time to time. Do the Touch & Scratch TPR lesson. Give handouts to students to read and match words and pictures. Dictate words for body parts and have the students write them and compare their answers with each other.

RESOURCES:

- Felt Board
- Felt in various colors
- Scissors
- Decorating supplies

EVALUATION:

The teachers will observe the students and keep a checklist of their accomplishments.

BUFFALO BASEBALL CAMP

Boys
Ages: 6-12 Morning
13+ Afternoon

9:00 am - (6-12 yrs) Registration
10:00 am - Warm Up
10:15am - Stations
6 - 8 yrs - Infield
9-12 yrs - Outfield
10:45am - Switch
11:30am - Hitting Stations

12:30pm - (13+) Registration
1pm - Warm Up
1:15 - Infield/Outfield Drills
2:00pm - Hitting

FREE
MADRAS HIGH SCHOOL
APRIL 18TH, 2026

PARTICIPANTS RECEIVE- CAMP T-SHIRT
Bring: Light coat, Glove, Cleats, Water, (optional) Baseball Bat.

988 SUICIDE & CRISIS LIFELINE

Coaches Email:
jshaw@509j.net
andy.leonard@wstribes.org

Kiksht ~ Wasq'u

WASCO COLORS AND MORE (TPR #5)
7/6/93

colors:	black
dallál	white
datgúp	red
daIbál	orange
dagāš	green
daptcāx	blue
daptčāx	turquoise
itk'ánapšú	yellow marker
ičágišumit ak'ínuImat	yellow paper
iyágišumit ič'axwi	yellow markers
idágišumit itk'ínuImat	dark blue marker
ičapčúxumit ak'ínuImat	dark blue paper
iyapčúxumit ič'axwi	dark blue markers
idapčúxumit itk'ínuImat	

Sentences:

Rudy: Kw'ankw'an nkiax aksq'ú nkala, n̄nqnán kiksht awawat.

I'm happy I'm a Wasco man, I learning Wasco language.

Mike: K'aya n̄lxlat qngi kiksht adasq'ú adawawat tai it'ukdi.

I don't know Wasco language very well.

Charles: Mtwit alašišba kwadáu Iqíá ik'iwax.

Stand on the chair and touch the light.

More "give" sentence patterns:

Inít yax̄dau ič'axwi.

Give me that paper.

Anít ax̄dau ak'ínuImat.

Give me that marker.

Dnit dax̄dau itk'ínuImat.

Give me those markers



24/7 CALL, TEXT, CHAT