

Letters to the editor

A welcome back to school

Dear school district families,

Our teachers and staff will be returning to schools and classrooms in the days ahead as we begin those last preparations for the start of another awesome year. We are eager to support and work with your student or students this new school year.

In our district, one of our core values is ‘Students flourish here.’ We know that our students will do their best work when they can fully focus and connect with their teachers and classmates without distractions from personal electronic devices like cell phones.

So at the start of the school year, one change you’ll see is we are expanding our ‘off and away’ expectations from our secondary schools to district-wide.

This means all students will be asked to keep phones and other electronic devices

turned off and put away from the start to the end of the school day.

To make this work, we will need the support and teamwork from our staff, students and families. You can learn more about what this looks like in our schools and see some frequently asked questions by visiting our website, jcsd.k12.or.us

As we begin a new school year, please help your student attend school each day.

We know that students who attend school regularly are able to access more learning and have much better chances of being able to read, write and succeed in math at their appropriate grade level or beyond.

Attending school regularly is the secret to positive social and learning experiences in school.

Thank you for partnering with your child’s school. This 2025-26 school year is going to be a great one!

Serving 509-J Schools, Dr. Jay Mathisen, Superintendent.

Spilyay Tymoo collection online

Historic Oregon Newspapers is an online site where you can search and access complete content for Oregon newspapers that have been digitized as part of the Oregon Digital Newspaper Program.

This full-text searchable database contains almost 2,600,000 pages from Oregon newspapers dating back to 1846.

Recently, additional issues of the *Spilyay Tymoo* were added into the Historic Oregon Newspapers.

Except for a few issues that were not available, all *Spilyay Tymoo* issues from 1976 to present are available online.

You can visit: oregonnews.uoregon.edu

Toolkit for Prevention Month

September is Suicide Prevention Awareness Month, a time to remember those we have lost to suicide, acknowledge the millions more who have experienced suicidal thoughts, and support the families and communities that have been affected by suicide.

It is also a time to uplift the voices of those with lived experience and provide resources and information to help prevent suicide.

We invite you to visit

our toolkit and help spread messages of hope and support, along with resources that might help to educate and empower others. No one has to struggle alone. Hope is real, and help is available. To download the toolkit, go to the website: samhsa.gov

Substance Abuse and Mental Health Services Administration.

ECE daycare

Warm Springs Early Childhood Education daycare is now taking applications for September for children 3 and younger, and for afternoon care for 3 to 5-year-olds.

You can apply using the app Brightwheel applications are due August 25.

Crossfit ‘Train the Trainer’

Cascade Intertribal Connections presents ‘Train the Trainer’ starting this month in Warm Springs, and running through mid November. Ever wanted to be trained in Crossfit? Come participate in the free four-part training of training series.

The series begins Tuesday, August 26; continuing on September 30, October 14, and November 12-13. The training sessions are from 9:30 a.m. to 4:30 p.m. at the old elementary school gym.

There is limited space, so please pre-register. Participants must take part in a the

full training, and attend all sessions.

The contact is Paige at 503-929-6796. *Join us!*

Cascade Intertribal Connections.

To eel fishers

Eel fishing at Sherars Falls is currently open 24 hours per day Friday, Saturday and Sunday for general subsistence harvest. This is according to the 2025 Eel Fishery regulations of the Confederated Tribes. Monday, Tuesday and Wednesday are solely for research tagging operations.

Branch of Natural Resources personnel will monitor and enforce the fishery with regard to Warm Springs members participating in the 2025 fishing season at Sherars Falls. Tribal members need to carry tribal enrollment cards to fish under claim of treaty rights.

Thursday Market

The Warm Springs Thursday Market is 10:30 a.m. to 2 p.m. this Thursday, August 21 at the Campus Pavilion. At the market join KWSO for a focus group, convening from 11:30 until 12:30 as part of the KWSO Information Ecosystem Assessment. Lunch will be provided for participants.

At the market, the High Desert Food and Farm Alliance will be set up with 30 Fresh Harvest Kits, first-come first-served. The free ready-to-make Fresh Har-

vest meal kits can create a four-serving meal. The kits include fresh vegetables from Around the Bend Farm; pantry staples, a seasoning packet, and a recipe card for a nutritious and budget-friendly meal. This week’s kits will be for dumping soup.

Notes...

The Warm Springs Housing Authority reminds its tenants that for after hours and **weekend emergencies**, they should to call Warm Springs Police Department Dispatch at 541-553-1171, and request Housing’s on-call service. Emergencies include a broken water line, sewer backing up, any electrical issues and kicked-in exterior doors. All other non-emergency work orders can be taken care of the next business day.

The Warm Springs **Boys & Girls** Club is open 8 a.m. to 5 p.m. this week. School district 509-J meal service has ended and kids should bring breakfast and lunch. There will be water play this Thursday, weather permitting.

Butternut squash soup and club sandwiches are on the menu for the **Senior Lunch** this Friday, August 22.

Free meals for elders 60 and older are from noon to 1 every Tuesday, Wednesday and Friday in the Senior Wellness Center dining room.

SIMNASHO DISTRICT MEETING

PREVENTION INFO BOOTH

AUGUST 26TH, 2025

4-6PM

SEEKSEEQUA DISTRICT MEETING

PREVENTION INFO BOOTH

AUGUST 27TH, 2025

4-6PM

OUR PREVENTION TEAM WILL BE SET UP BRIEFLY BEFORE MEETING TO PASS OUT INFORMATION & GUN LOCK CASES TO INDIVIDUALS & FAMILIES THAT HAVE NOT YET RECEIVED ONE. WE WANT TO ENGAGE WITH OUR RURAL OUTLYING AREAS & ENSURE THEY ARE GETTING INFORMATION & MATERIALS AS WELL AS ENGAGING WITH OUR STAFF.

PREVENTION INFO

INFORMATION ON ALCOHOL, DRUGS, & COMMERCIAL TOBACCO.

GUN LOCK CASES

SUICIDE PREVENTION EFFORT. FOR RIFLE & PISTOLS TO BE STORED SAFELY.

OPIOID PREVENTION

NARCAN AVAILABLE AS WELL AS LITERATURE TO STAY INFORMED.

FOR MORE INFORMATION CONTACT:

LEMINNIE SMITH: 541-616-0036

CASCADE INTERTRIBAL CONNECTIONS PRESENTS:

TRAIN THE TRAINER

EVER WANTED TO BE TRAINED IN CROSSFIT? COME PARTICIPATE IN A FREE 4 PART TRAINING OF TRAINERS SERIES

AUGUST 26TH, SEPT 30TH, OCT 14TH, NOV. 12-13TH

CONTACT: PAIGE 503 929 6796

JOIN US!

WHERE: OLD ELEMENTARY SCHOOL GYM

TIME: 9:30 AM-4:30PM

LIMITED SPACE PRE REGISTER

MUST PARTICIPATE IN FULL TRAINING AND ATTEND ALL SESSIONS

Prevention trainings in October

The Warm Springs Prevention team in October will host an Adult Mental Health First Aid training, and two trainings for Nonviolent De-escalation.

The trainings will be with Kevin Seyler, Behavioral Health consultant with the Portland Area Office, at the old elementary school cafeteria.

The Adult Mental Health First Aid training will be on Friday, October 10 from 8:30 a.m. to 5 p.m. Lunch will be served.

Seating is limited to the first 30 individuals to sign-up. If you are working, please do not sign-up to participate until you have the approval of your supervisor. We look forward to your participation and a full class.

To sign-up, contact LeMinnie Smith, Prevention team office manager, at: leminnie.s@wstribes.org

Please send her your name and email address. A confirmation email will be sent back to you. If your plans change, please let us know as soon as possible so the paid training slot can be given to another employee.

Any questions, contact Ron Hager at: ronald.hager@wstribes.org Or call 541-615-0038.

The **Nonviolent De-escalation** trainings will be on Thursday, October 16 from 8:30 a.m. to 4 p.m.; and Friday, October 17 from 8:30 a.m. to noon, for a total of 10 hours of training. As above, seating is limited. Sign up information above also applies to the Nonviolent De-escalation trainings.

A first-aid training



Prevention team photo

The tribes' Health and Human Services hosted a Mental Health First Aid Training in August, with 35 tribal employees participating. Because of the response, and amount of interest in the topic, Health and Human Services will be offering an additional training in October, said Taw ‘TJ’ Foltz, branch general manager.

Spilyay Tymoo

(Coyote News, Est. 1976)

Publisher Emeritus in Memorium: Sid Miller

Editor: Dave McMechan

Spilyay Tymoo is published bi-weekly by the Confederated Tribes of Warm Springs. Our offices are located at 4174 Highway 3 in Warm Springs.

Any written materials submitted to **Spilyay Tymoo** should be addressed to: **Spilyay Tymoo**, P.O. Box 489, Warm Springs, OR 97761.

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Annual Subscription rates: Within U.S.: \$20.00

WARM SPRINGS

BACK TO SCHOOL

BBQ

& FAMILY RESOURCE FAIR

THURSDAY AUGUST 28, 2025

4-6PM

WARM SPRINGS K-8 ACADEMY