

Letters to the editor

Baseball camp

Recreation is hosting a Summer Baseball Camp from 9 a.m. to 2 p.m. on Thursday, July 17 at the Community Wellness Center Papoose field. Bring a great attitude, glove, cleats and bat. For information, call 541-553-3243.

Business course with WSCAT

The Warm Springs Community Action Team is hosting the 2025 Business Education Services Co-Starters Small Business Course.

The courses are from 5:30 to 7:30 p.m. at the WSCAT office on campus, on the following Thursdays: July 17, 24 and 31; and August 6 and 14. There is limited seating. To sign up email: scott@wscat.org

Or call 541-615-1813. This is a chance to learn about business basics, team building, brand identity, marketing, sales projections, and raising capital. Courses include: Knowing yourself and you customer. Finding the right session; the getting the relationship right, and building blocks. Structures and systems, discovering the bottom line and financial modeling. Planning growth, and a celebration.

WIC update

Oregon's Special Supplemental Nutrition Program for Women, Infants and Children, WIC, has updated its food package for participants to enhance nutrition and expand choice for families statewide.

This marks the third update to WIC foods in the program's 50-year history of promoting family and child health. The Food Package now includes:

More fruits and vegetables, expanded to include fresh-cut herbs.

A wider variety of protein and plant-based options, including fish options for all kids and adults; more cheese varieties including sliced, string and shredded; new yogurt brands with reduced added sugar; new plant-based milks, and new nut and seed butters.

Expanded whole-grain bread choices such as 100 percent whole wheat buns, bagels, pita and naan; plus, new gluten-free, whole-grain bread options.

Appreciation

The Human Resources and the Comp and Benefits team would like to express that we appreciated all of the volunteers who assisted us with setting up the Employee Appreciation Day.

Thank you to the Fire and Safety 'decoration squad, and the Health and Human Services team. Thank you Javin and the Branch of Natural Resources youth crew and Range and Ag crew for bringing extra tables. And thank you Utilities for tables and benches, and to all other individuals who helped!

There was a fun turnout of contestants for the Best Dressed Competition. Deborah Jackson had the loudest cheer crowd for her 'Clueless' theme outfit, and won the flat screen TV.

We acknowledge all of the feedback and will continue to work on our planning and execution methods to run a timely, fair and fun event!

We hope everyone had a great time, and we look forward to hosting you next year! **HR and Comp and Benefits.**

Caldera Camp for students

Caldera is inviting any and all Warm Springs Academy middle school students to attend one of its eight-day summer camps this August.

The camps are open to middle schoolers whether they've participated in the Caldera programming during the school year or not.

The Caldera overnight summer camp is located in Sisters. Campers will explore their creative voice and adventure in nature. Bus transport to and from camp is available at no cost.

The Discovery Camp is for youth entering sixth-, seventh- and eighth-grade; and there are two sessions to choose from: August 1-8, and August 12-19.

You can learn more on

Theo's Longhouse Strong Coffee at national coffee show

Theo's Longhouse Strong Coffee is becoming a well-known product in the specialty coffee industry.

Theo Perez, director of Warm Springs Commodities, in his free time started the coffee company to help out the longhouses on the reservation.

From its humble beginnings Theo's Longhouse Strong Coffee most recently was in the national spotlight at the Specialty Food Association Fancy Food Show in New York City.

Theo has made his product a success with determination, dedication to community, and a pursuit of the perfect coffee beans. His Longhouse



Theo with Longhouse coffees.

coffees have evolved into a premium coffee line.

Theo's Longhouse Strong Coffee delivers deep, high-quality flavor with powerful storytelling that honors the

legacy of indigenous resilience.

His goals with this business venture are great coffee, culture and community change: Every bag sold helps fund the local longhouses, as well as local youth and elderly in need.

Now, as the brand steps into the international arena at the Fancy Food Show, it brings with it no just a premium coffee, but a message: 'We are still here, and we are rising.'

"As long as there are elders and youth growing up with dreams, needing an outlet or resources or help, I will be right here on the front lines—building, roasting, and fighting," Mr. Perez says.

From his website statement: Theos Longhouse

Strong Coffee is an Indigenous owned coffee company from the Warm Springs Reservation, created and developed by Theodore Perez, also a children's book author. With a mission to create the strongest, tastiest and most meaningful coffee on the market, these roast blends that give back.

A portion of every sale supports our community, "and long term we hope to help with upkeep of all longhouses across the country, one cup of coffee at a time."

Learn more at: theoslonghousestrongcoffee.com

Contact Theodore Perez, founder, at email: theoslonghousestrongcoffee@gmail.com

their website:

caldera.org

Or by emailing: youthprogram@caldera.org

Community notes...

The Warm Springs Youth Council is inviting the community to their Unity Conference report back. Youth and advisors will share about their experience, bringing home what they learned. Stop by the cafeteria building by Behavioral Health at 5:30 p.m. on Monday, July 14.

Youth in grades k-6 are invited to participate in the Breaker Rock Beach VBS Basketball Camp July 14-18. The camp sessions will be held 9 a.m. until noon each day at the Youth Center gymnasium.

Free drinking water Mondays at the Hydro Panel facility by the old Vehicle Pool building.

Court letters

Dear Officer Smith, I'm writing this as an apology. What I did makes me feel

ashamed. I sat and thought about what I did these past couple weeks. It makes me want to do better as a person. Hearing what I did to you did not sound like something I would do on a daily basis. It was out of character for me to act the way I did. I am truly sorry for putting you in that position. I am not asking for forgiveness, but I'm hoping you see this as a sincere apology. Sorry for my wrong doing and thank you for serving our community, Officer Smith. **Selena Charley.**

To the Simnasho community, I apologize for disturbing the peace with my disorderly conduct. I am working on myself to be a better member to society. Please take this into consideration that I am sorry. **Lianna Jim.**

To the Simnasho community, I would like to apologize for disturbing the peace. I am working with the Behavioral Health Center to help with my drinking problem. Again, sorry for acting the way I did. **Stanley Simtustus Jr.**

Tribal celebration of lamprey



courtesy

Celebration including a lamprey representation performance.

Warm Springs tribal members joined Yakama, Umatilla and Nez Perce for the Willamette Falls Lamprey Celebration. Members of the four tribes have treaty-reserved rights to harvest at the falls.

The lamprey is an important first food, meaning it was a key food source before European contact, and sustained the tribes from the beginning.

June and July at Willamette Falls are usually the lamprey peak harvest

season. For the recent celebration, the four Columbia River treaty tribes gathered at the Clackamette Park, the confluence of the Willamette and Clackamas rivers in Oregon City.

Because of the lamprey's long-term decline, the falls is one of the few places left where the tribes can still harvest the fish.

The Willamette Falls Lamprey Harvest is hosted by the Yakama Nation, and this year marked its fourth anniversary.

'Art in the West' exhibit in Bend featuring Native artist

The annual *Art in the West* exhibition, now on display at the High Desert Museum in Bend, features Native artist Frank Buffalo Hyde.

Buffalo Hyde is Nez Perce and Onondaga. He participated in the High Desert 2024 show *Sensing Sasquatch*; and he is this year's Curator's Choice *Art in the West* award winner.

The winning piece is the 25x34-inch acrylic on canvas *Buffalo Fields Forever*.

Mr. Buffalo Hyde's paintings "examine and elevate an image of contemporary Indigenous life through a pop sensibility and uncompromising satirical eye," the High Desert previews.

His work has been shown at museums including the Wheelright Museum of the American Indian in Santa Fe, and the Gilcrease Museum in Tulsa, Oklahoma.

At the High Desert Museum show, other works by Buffalo Hyde that will be



courtesy

Buffalo Fields Forever, Frank Buffalo Hyde.

on display include *Agency #8*.

Art in the West features others artists as well, celebrating the people, wildlife, landscapes, cultures and history of the West.

The 2025 Jury's Choice winner is Jake Trujillo with *his Painted Hills No. 1*,

an 18x24-inch oil over acrylic panel. Based in Santa Fe, New Mexico, Trujillo is known for his oil and acrylic landscape paintings of the Southwest.

The exhibition displays nearly 120 pieces crafted by acclaimed painters, sculptors, photographers and more, hailing from across the country.

~ Memorial ~
Gilbert
Kalama Sr.



Saturday, July 12,
2025 - 9 a.m. at the
Kalama Cemetery
Meal after at the
Agency Longhouse

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