

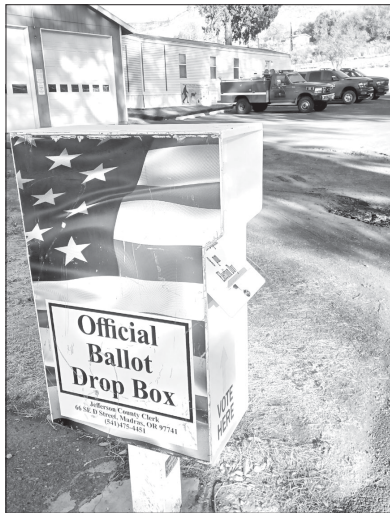
General Election November 5

If you are voting by mail in the November 5 election, then your ballot envelope must have a postal indicator showing the ballot was mailed no later than on Election Day. The clerk's office must then receive the ballot within seven days of election day, or November 12.

The most sure way at this point to get your ballot to the county clerk for counting is to drop off at a secure ballot box, such as the one by the Agency Fire Station; or to drop off the ballot at the clerk's office, 66 SE D Street, Madras.

On Election Day, the clerk's office will be open from 7 a.m. to 8 p.m.

On the ballot are five state-wide ballot measures. In Jefferson



Dropoff box is by the fire station.

County, voters will pick the County Treasurer, and one Jefferson County Commissioner.

The county commissioner candidates are Brandie McNamee and Seth Taylor. The treasurer candidates are Yoonsun Reynolds and Jeff Rasmussen.

Other non-partisan questions on the ballot include two Oregon Judges of the Supreme Court.

Partisan state positions include the Secretary of State, State Treasurer, Attorney General, state senator and state representative.

The federal partisan positions are the President and Vice President of the United States; and a U.S. Representative.

The Warm Springs community is county voting precinct 14, where there are approximately 1,500 registered voters.

Indigenous representation at state of Oregon

Native Americans have long been under-represented in elective offices in Oregon. Since statehood in 1859, only five Indigenous people have been elected to the state House of Representatives.

Four of the five have been

elected within the last seven years:

Jacqueline S. Taylor, Citizen of the the Potawatomi, 1991-2000.

Teresa Alonso León, a Mexican-American of Purepecha heritage, 2017-2023.

Andrea Valderrama, a Peru-

vian-American of Inca heritage, 2021-present.

Annessa Hartman, member of the Haudenosaunee, Cayuga Nation, Snipe Clan, 2023-present.

Tawna Sanchez, Shoshone-Bannock, Ute and Carrizo, 2017-present.

Medicaid will cover traditional Native healing practices in Oregon

For the first time, Medicaid is set to cover traditional health practices in Oregon, along with three other Western states. Traditional health practices include approaches such as sweat lodges, music therapy like drumming and dancing to help with physical and mental health.

The Centers for Medicare and Medicaid Services made this announcement in October. It is a two-year pilot program that applies at Indian Health Service facilities, tribal facilities, and urban Indian organizations.

The additional coverage includes Oregon, California, Arizona and New Mexico.

Until now some Native Americans have accessed traditional health care practices through IHS appropriations, tribal resources, various pilot programs, and grants. This is the first time Medicaid will cover these services.

Bridging tradition and modern medicine

While clinical approaches like detox, medication-assisted

treatment and behavioral therapy are essential to treating substance use disorders, they often fail to address the cultural and spiritual needs of Native patients.

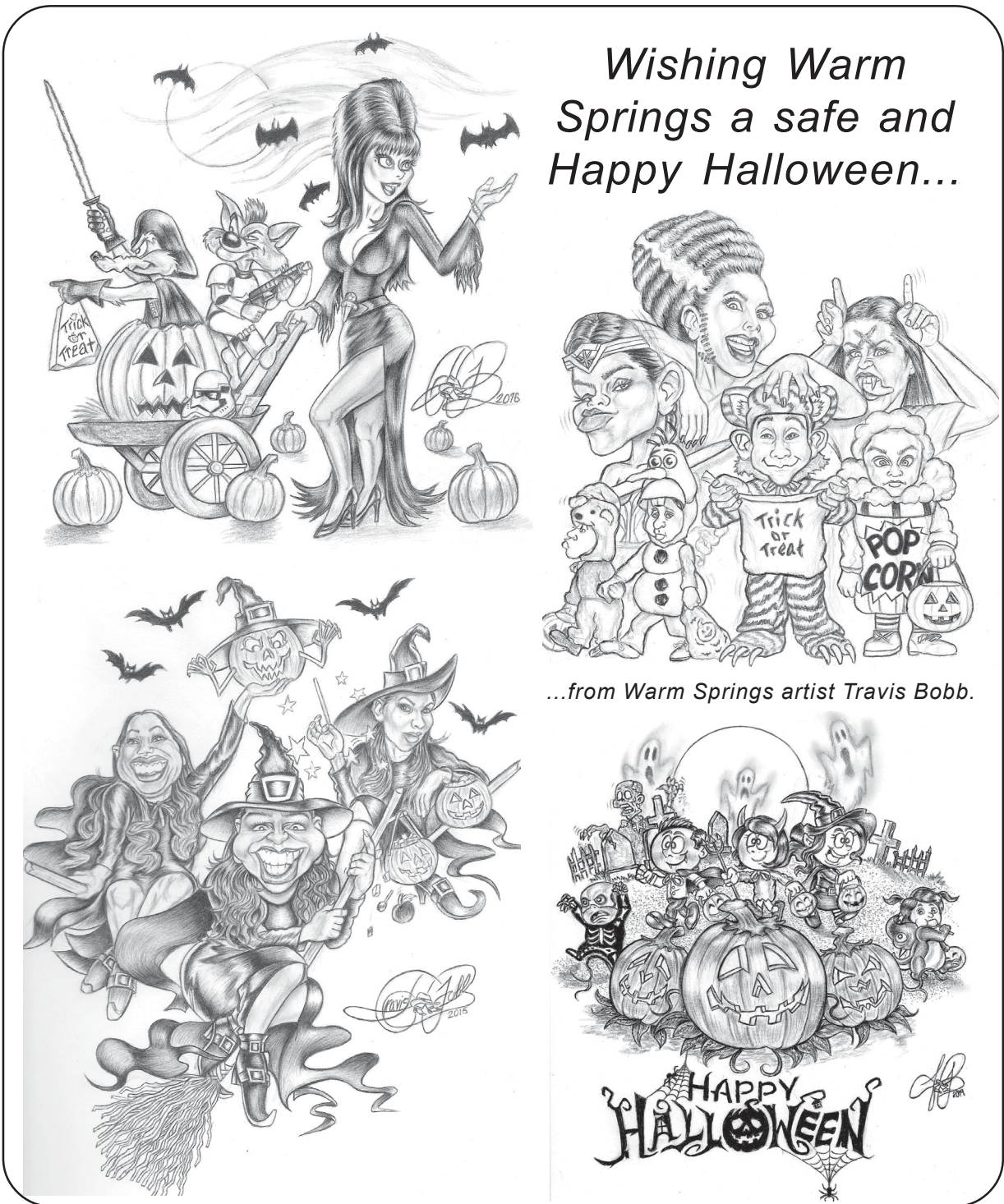
"Traditional practices are, by nature, holistic," said Damian Chase-Begay, a researcher focused on American Indian health at the University of Montana.

"They are treating the person physically, mentally, spiritually and emotionally. They benefit the whole being, not just the physical symptoms."

Studies have shown that integrating cultural practices into addiction treatment can lead to higher engagement and more positive recovery outcomes, though most of the current research is qualitative, not quantitative.

For years, health care practitioners dedicated to Indigenous communities struggled with the limitations of what insurance would cover.

This will change, for a time at least in these four states, with the new Medicaid two-year pilot project.



Fisheries salmon on Thursday

The Branch of Natural Resources Tribal Fisheries have scheduled a trip to the Little White Salmon National Fish Hatchery this Thursday, October 31.

The hatchery is do-

nating 300 upriver bright fall chinook to the tribes.

Fisheries is planning to be at the the Community Center around 2 p.m. this Thursday.

Please bring your own bags or coolers.

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Notes...

The Confederated Tribes of Warm Springs tribal **Vocational Rehabilitation** program helps Native Americans with disabilities.

Voc Rehab provides this service through support, and successful plans for employment.

Voc Rehab offers an orientation every Monday at 3 p.m. at their office in the Education Building on the campus.

For more information call 541-553-4952.

Free drinking water is available every Monday to Warm Springs community members at the Hydro Panel facility at the industrial park.

The facility is located next to the former vehicle pool building.

Stop by Mondays between 8 a.m. and 5 p.m.

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