

Letters to the editor

Pet clinic

Dear Warm Springs,
If your dog or puppy needs a distemper-parvo vaccine or booster, Fences for Fido will have them available this Saturday, January 14.

The clinic will be drive-through style at the Agency Fire Station, 2201 Wasco Street, from 10 a.m. to 1 p.m.

The clinic is for Warm Springs residents only. Bring any veterinarian records you have for your dog or dogs; or be prepared to let the vets know when they last had a vaccine.

Please keep your pet in your vehicle and on a leash. The clinic is for DHPP—the distemper parvo shots only.

Register at this site: tinyurl.com/2b3476pz

You can also contact Fences for Fido at: info@fencesforfido.org
Phone 402-416-6505.

Sponsors are Fences for Fido, First Nations Veterinary, and Warm Springs Fire and Safety.

Please register via the link. The registry is new and something we are testing to keep the line as short as possible!

Looking forward to seeing you there.



From Credit

The Warm Springs Tribal Credit office and drive-thru window will be closed all day next Thursday, January 19. Credit will reopen for regular business hours on Friday,

January 20. Credit would like to remind you that the lobby and drive-thru are closed during the lunch hour from noon until 1 p.m.

Birth

*Siete Westopfer
Carlito Felix*

Charlie Felix and Syndey Smith of Metolius are pleased to announce the birth of their son Siete Westopfer Carlito Felix, born on December 31, 2022.

Siete joins sister Catalana, age 19 months.

Grandparents on the father's side are Guillermina Rosales of Metolius, and Tomas Felix Cervantes.

Grandparents on the mother's side are Juanita White Elk Kalama of Madras; and Vivian Carter Smith and Alvis W. Smith III of Warm Springs.

Coming up...

KWSO will broadcast the Madras High School varsity **boys basketball** game this Saturday, January 14. They host Marshfield at 5 p.m.

The Warm Springs Community Center has **basketball nights** for men and women 18 and older. Monday and Wednesday are women's nights. Tuesday and Thursday are men's nights. Games start at 7 each evening.

The Community Center **gym and weight rooms** are open 8 a.m. to 8 p.m., Mondays and Wednesdays; and Tuesdays and Thursdays from 8 a.m. to 9 p.m. Office hours are 8 a.m. 5 p.m. weekdays, closed from 12-1 p.m. Phone 541-553-3243.

Film looks at tribal people, salmon at Columbia

Wy-Kan-Ush-Pum: Salmon People is a new documentary from Oregon Public Broadcasting and ProPublica, looking at the current state of the salmon of the Columbia River.

The 25-minute film follows the lives of three Columbia River tribal people confronting the collapse of salmon populations, as they fight to preserve a way of life.

The documentary focuses on the present fishery conditions at the Columbia, while putting the situation in perspective with a brief history of the region, from the Louisiana Purchase through the building of the Columbia River dams. A synopsis of the



film explains:

For the Wy-Kan-Ush-Pum, living, eating and sleeping at the river is a way of life. They catch salmon for subsistence, for ceremonies and for their living.

It is a life Columbia River tribal people have fought for decades to pro-

tect. As we've seen over the last century and a half, forces have eroded their access to salmon.

Treaties removed them from their traditional fishing areas; dams massively reduced the numbers of salmon that swam in the waters; environmental con-

tamination further poisoned the well. And now, as we know, climate change threatens the salmon throughout its life.

You can watch *Wy-Kan-Ush-Pum: Salmon People* at this site: <https://bit.ly/3VgQgkz>

A message from your Veterans Service Officer

Hello again Warm Springs!

Your Tribal Veterans Service Officer here to help the Veteran, currently serving members and those thinking about joining the military.

This week I have a little advice to pass on to our tribal community: Pay attention to your Veteran and discharge!

Every Veteran is different, and many may not show any signs of intent to harm themselves. But some actions and behaviors can be a sign that they need help.

Learn to recognize some of the signs, and take a self-check assessment at: veteranscrisisline.net/signs-of-crisis/

The Veterans Crisis Line provides 24-seven confidential crisis support. Dial 998 then press 1 or text 838255

Or see the website: www.va.gov/REACH/default.asp

A happy Veteran doesn't throw away their documents, awards or history. They don't complain about their service, lament the enlistment, badmouth their branch of service or command and control.

That's not to say that there won't be 'venting.' There will be, but when that turns to an

obsession and anger... talk to them. Something motivated by an angry impulse today could cause a big headache in the future, or set them on an unhealthy path that could end badly for everyone. Have the courage to help them and say something.

They might be angry about you trying to help at first but it shows them that someone cares and is willing to help, and that's what matters the most.

Allowing your Veteran to 'deal with it on their own' is: You failing Them. They have just left a world of 'let's get this done together,' and where leadership has had training that requires the leaders to pay attention to, and act on potentially dangerous shifts in mood, habits, activities, behavior, etc... But more importantly they came from a place where people acted immediately to take care of one another. Don't be the one who 'sends thoughts and prays for them' rather than talk to or be with them, it makes no difference to a person contemplating suicide. They need intervention not your 'best intentions'—that's what the road to hell is paved with, by the way. They might fight, argue



Rain Circle, Veterans Service Officer of the Confederated Tribes.

so please meet us half way. If you don't know what to say, listen.

If you think the Veteran is looking for answers? Ask them, because they might just be talking through something in their mind, just out-loud in front of you, so don't feel bad if you don't have the answers because, Who would?

Have those kinds of answers. The important thing to remember is that they are talking to You. It's hard stuff to talk about and it gets hard to listen to but they trust you enough to open up. You don't have to have the right words to listen; and then help them get help.

There will likely be some heated talking or maybe yelling, crying or a myriad of emotions. It is important to remember: Don't allow your Veteran to take out their anger and sadness on you, sometimes it is just a release of pent-up emotions but if it isn't, Protect yourself!

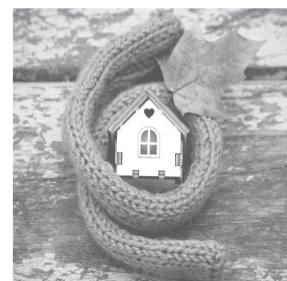
It is important to know that warning signs can turn into a crisis, and if your Veteran is obviously distraught, getting physically aggressive or is armed, then move to a safe place. Call 911 and get emergency services involved. Regardless of your perceived outcome, it could become a murder/suicide event and we need more Indians, not less.

See **Veterans** on page 5

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- An application (submitted online or in-person)
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- If you rent the home:** Homeowner's proof of ownership and signature on the supplemental form included in the application

Applications are available online at neighborimpact.org/weatherization or in-person at the Family Resource Center. Photos of documents can be uploaded using your phone! We will help you to identify and secure the required documents, and can waive certain requirements under special circumstances. Please be sure to include a working phone number that is set up to receive voicemail.

neighborimpact.org/weatherization (541) 316-2034

NeighborImpact is an equal opportunity provider and employer. If you require accommodation, please contact 541-548-2380 or reception@neighborimpact.org. If you are hearing impaired, please dial 7-1-1 or 1-800-735-2900.

Power & Water dividend



The new year started off on a welcome and positive note, as Cathy Ehli, general manager of Warm Springs & Water Enterprises, presented an \$800,000 dividend check from Power and Water to the tribes, as accepted here by Council Chairman Jonathan Smith.

Pioneer Rock & Monument

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