

Vietnam Vets planning journey to Memorial Wall

Vietnam Veterans Randy Boise Sr. and Gerald Sampson Sr. would like to share the following stories:

My name is Gerald Sampson Sr., better known as 'Chickenhawk.' I am a Vietnam Vet. I enlisted into the U.S. Marine Corp in November 1969.

I flew out to San Diego, California—did my Basic Training at MCRD with my Rifle Training at Camp Pendleton. These trainings were November 1969—March 1970.

After graduating Basic Training, I was moved on to Camp Pendleton, north of San Diego for further Infantry Training. We did a lot of running, forced marches and rifle qualifications. I scored high enough to qualify as an expert shooter.

Afterwards, moved into sniper training for three



Randy Boise Sr. and Gerald Sampson Sr. plan to visit the Vietnam Memorial Wall.

weeks and some of us were given the choice to go on to staging for further Infantry Training, which lasted about two months.

After this training we were asked: Were we conscientious objectors to the Vietnam War. Those who were, they were sent back to the barracks. Those who were not were loaded up on buses

and taken to San Bernardino. We were flown to Anchorage, then Japan and Okinawa before we landed in Vietnam.

I spent my time in Vietnam as a Radio man, May 1970 to April 1971. So many of my fellow service men never made it hom.

I have always wanted to pay my respects to my fel-

low service men by visiting the Vietnam Wall in Washington, D.C. When I get there, I know it's going to be an emotional experience but will help with the healing process. I hope you will support our efforts to get to Washington, D.C.

By Randy Boise

My name is Randy Boise

Sr.

I was drafted into the U.S. Army in 1971. My Basic Training and Advanced Infantry training took place at Fort Lewis, Washington. After Advanced Infantry Trainings I was shipped to a new duty station—Vietnam—assigned to the Second of the 327 Infantry Battalion attached to the 101st Airborne/Air Mobil Unit.

My duty while in country was to be the point man. I have the deepest respect for all who served during the Vietnam conflict.

Many of us who served did not get to come home to their loved ones. Many of our own tribal members who were there are no longer with us.

It has always been Jerry's and my goal to visit and see the Vietnam Memorial Wall in Washington, D.C. to pay

our respects to our fallen Service Members.

The opportunity has come and we would like to do this while our health still allows. There have been friends and fellow vets who have contributed to our fundraising efforts, and we appreciate you very much.

My wife Birney and I, my daughters Jolene and Desirae, Sandra and Jerry and their daughter Norene have been doing fund-raising and our Raffle, hoping to cover the associated costs to make this trip a reality.

You can see any of the individuals to purchase a raffle ticket to have a chance at three prizes of 1) \$1,000; or 2) \$500; or 3) \$250. Tickets are \$ each or five tickets for \$20. Drawing will be on Facebook Live on May 23. Thank you, We appreciate any and all support.

Ballots going out for 2022 Primary

Most voters' ballots will be go out next week for the May 17 Primary Election. Some ballots—those for military and overseas voters, and out of state—already went out earlier this month.

Otherwise, ballots will go out next Wednesday, April 27. The last day to register, change your political party or request an Independent ballot is day before, Tuesday, April 26.

Election Day will be Tuesday, May 17: Ballots must be in an official drop box or received by the Elections Office by 8 p.m. on Election Day, or postmarked by the U.S. Post Office to be counted. No postage is required on the mail-in ballots. If you have not received your ballot some days

Local candidates on the ballots

Here are the local candidates on the ballots:

Jefferson County Commissioners Position No. 1:

Mae Huston
Mark Wunsch
Laurie Danzuka

Jefferson County Commissioners Position

No. 2:

Kelly Simmelink
Sabria Rios

Jefferson County Sheriff:

Marc Heckathorn
Jason Pollock
Rick Dupont

Jefferson County Assessor:

Ray Soliz

after April 27, you can call the clerk's office at 541-475-4451.

There will be a 24-hour drop site in Warm Springs, on Wasco Street by Fire and Safety. Other drop boxes are at the County Clerk's Office, the Metolius and Culver city halls, and at Crooked River Ranch.

Remember to sign your return envelope. A ballot will not be counted unless the return envelope is signed and the signature matches the signature of the voter registration record. Some other information from the clerk's office:

Voters who are registered as Democrat or Republican

will receive a ballot that includes candidates for that specific party, along with nonpartisan contests.

Voters registered in any of the minor parties or as nonaffiliated—not a member of any political party—will receive a ballot for the Primary Election that includes only the nonpartisan contests.

In Jefferson County, including the Warm Springs area of the reservation, there are 16,560 registered voters.

The registration numbers by party are: Republican, 5,493. Democrat, 3,370. Independent, 825. Non-affiliated: 6,511. Other minor parties: 361. There are presently, 1,443 registered voters in the Warm Springs area precinct.

Career talk at the Warm Springs Academy

It was Career Day earlier this month at the Warm Springs Academy.

The tribes' radio station KWSO happened to be one of the career opportunities that students had an opportunity to hear about. The students asked questions and heard some good stories.

The students heard how Neal Morningowl got into radio:

"Good afternoon everybody. My name is Neal Morningowl," he began. "I am the Operations Manager for KWSO." Mr. Morningowl continued:

"When you're 14 or 15 you get to start working here in Warm Springs through the Youth work program. So my first job actually was at KWSO.

My first year getting to work I believe I was 15."

The Academy Career Day was about an hour and a half, and included many businesses, so students had a wide range of topics they could choose to hear about and maybe find interest in.

During the KWSO presentation, students heard about the differences in the backgrounds of people who come in to work at KWSO, and how things actually work.

Some students took the opportunity to have their voice on the radio by recording liners that are added to the rotation. Listen to 91.9 FM, and you might hear someone you know.

Coming to Indian Country:

988 and the National Suicide Prevention Lifeline

The Northwest Portland Area Indian Health Board suicide prevention project—called Tribal Health-Reaching out Involves Everyone, or THRIVE—has partnered with the Indian Health Services, tribes and tribal organizations across Indian Country. Together, they are developing the 988 direct 3-digit mental health emergency resource.

Why do we need 988?

Suicide is the second leading cause of death for Native youth ages 10-24. Native communities experience the highest rates of suicide amongst all racial and ethnic groups in the U.S., and suicide rates among American Indian and Alaska Native communities rose by 118 percent between 1999 and 2017.

Suicide is preventable. 988 is one step in the direction of saving lives. This early intervention can reduce the burden on 911 and hospital services. 988 will move mental health and substance use services out of the shadows and into the mainstream; it will send a message that healing and getting help are normal and important

Coming in
July 2022
Dial 988
from any phone to get help.
If you need immediate help now,
Text NATIVE to 741741.



When you've got a police, fire or rescue emergency, you call 911. When you have a mental health emergency, you call or text 988.

parts of life.

What is 988?

988 is a direct three-digit line to trained National Suicide Prevention Lifeline crisis counselors that will go live July 16, 2022. With an easy to remember 3-digit

number, the Lifeline hopes to reach many more people in emotional crisis. This service is provided free of charge to the caller.

Any person of any age can call or text 988. Services will be available 24/7, year round. They will include a text option, translation services for non-English speakers, accessible options for people who are deaf or hard of hearing, and services for minors.

How will this affect our community?

The impact of 988 will

vary from community to community. If your community has reliable phone and 911 services, it will now have access to 988, twenty-four hours a day, seven days a week.

Community members will be able to receive confidential services during mental health emergencies with minimal involvement of police or hospitals.

If you live in an area where connecting to 911 is difficult, you may experience the same with 988. Please know that chatting via the suicidepreventionlifeline.org website, texting NATIVE to the Crisis Text Line at 741741, or texting 988 when available in July may be the best ways to connect in these communities.

What happens when you call, or text, 988?

You will be connected with a trained crisis worker from a local crisis center. Wait times are anticipated to be under one minute. The caller can talk about any emotional crisis, not just suicide.

The crisis worker will use active listening to assess risk, determine if a person is in

Lifeline crisis centers are local and effective

The National Suicide Prevention Lifeline provides fee, 24/7 confidential emotional support to people in suicidal crisis or emotional distress. The Lifeline is effective in reducing suicidal and emotional distress.

The Lifeline has served over 10 million people since its inception.

Call centers in the Lifeline divert hundreds of thousands of calls from 911 every year.

Independent evaluations demonstrate that Lifeline centers are effective in reducing emotional distress and suicidality.

danger, and assist the person in feeling better and accessing resources. If the crisis worker believes the caller is in danger, he or she will work with the caller to care a safety plan that does not require calling emergency services. Less than 3 percent

The Lifeline is a network of over 180 local call centers. Crisis centers are connected to local community resources including community mental health, hospitals, social services and first responders. The Lifeline's crisis call centers provide the specialized care of a local community with the support of a national network. There are no Lifeline tribal crisis call centers—Yet! Tribes may partner with regional non-profits to provide coverage to tribal communities as well as open tribal crisis lines in their community.

of calls result in dispatching 911 services.

If you are calling about a friend or family member who is in distress, the person on the phone will walk you through how to help and provide resources.