## Wrestler competing at State

This year nine Madras high School wrestlers will be competing at State, and one of the nine is Isaiah S. Martinez of Warm Springs.

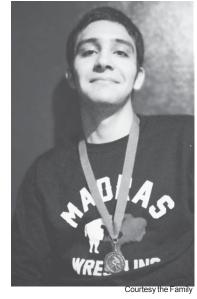
All of Isaiah's life he has known Kajukempo Karate, which was taught to him by his grandpa, Sifu Al Martinez. Isaiah is also in Mixed Martial Arts, and has learned hard work and dedication from that lifestyle as he grew up.

Isaiah was named Most Valuable Player during his middle school football years, and is part of the Future Professional Pro Athletes of the Next College Student Athletes—the NCSA.

In seventh grade Isaiah would listen to one of his favorite sport coaches, Coach Tony at the Warm Springs Academy, where Isaiah signed up for his first year of wrestling.

Ever since the beginning of his wrestling years he has loved wrestling in meets, tournaments and competitions with his team. Last year Isaiah went to State but did not place.

This year he is given another



Isaiah S. Martinez

chance from his amazing win at Districts, placing himself in third and earning his respects. Isaiah has been a great role model for his siblings and younger fans who would like to take the same athletic steps that Isaiah has taken during grade school and high school.

Good luck Isaiah, from all your friends and family. We know you'll make us proud!

# Academy Wrestling: Little team, big dreams

The loud noise echoing in the rimrocks is not coyotes, hawks or buzzards. Instead, this joyful sound is that of the young Warm Springs Eagles wrestling team.

With only ten practices, the Warm Springs Eagles have been able to attain much success on the mats with team coach Clint Switzler and assistants, the father and son team of Quentin and Jaime Scott.

At the start of the season, Coach Switzler started with an almost full room of potential wrestlers. Then, with fickle practice time and start-up—following covid precautions and restrictions—the team hopefuls have thinned out.

"The kids barely got enough practices in to grasp a general concept of the sport," Coach Switzler said. "A majority of the kids have never seen a match, let alone had a chance to understand the concepts and fundamentals."

He says, "Wrestling is hard, and not for everyone, yet the core group who are not afraild to fail will be able to dig deep when life gets tough."

Coach Switzler and staff are truly building a culture around Eagles wrestling. "This crew has gone across Central Oregon rep-



Wrestlers at awards ceremony.

resenting our little town and making big noise," said Coach Jaime Scott. "We placed two, and almost another three or four with just a small roster."

At times the practice room consists of only five wrestlers, and sometimes as strong as 25. "But the overall commitment they've shown has been a phenomenal,"

Coach Scott said.

The team finishes the year with meets in Culver and Lapine, while Mat Club is over for the region. Meanwhile, Freestyle and Greco season is starting, and national teams are gearing up for spring and summer trips to California, Nevada and Washington. Stay tuned and Good Luck. Wrestlers!

## **TERO Construction** training a great success

by Wayne Gilbert Dispatch and Compliance Officer, W.S. Tribal Employment Rights Office

I would like to take the time to thank all the people who were involved in making Warm Springs Tribal Employment Rights Office Introduction to Construction Training a success.

Thank you to Trey Leonard, for the use of the training room at the Warm Springs Fire Management building. It helped all the class work training.

Use of the helicopter base for heavy equipment simulation training and hands-on equipment was also a great help. The space was utilized, giving ten of the 12 people the opportunity to gain some working knowledge of road construction. That will give them a chance to go out into the workforce of highway construction.

The training participants learned about blueprint reading and construction math; they did the safety work for introduction to cement and asphalt training; and safety training for using forklifts.

The participants also learned how to be in a healthy and safe working environment with the Occupational Safety and Health Administration—OSHA 10 train-

Patricipants were able to get certifications for First Aid-CPR-Automated External Defibrilator, Traffic Control and Flagging Cer-

Along with all the learning, they also had the chance to build their resumes for future job endeavors.

#### **Heavy equipment**

The introduction to heavy equipment was the most enjoyable for the class.

Simulators were brought in for the participants to do a walkaround safety inspection, and had the chance to see what it was like to be on heavy equipment including a grader, excavator, dozer and a loader.

The simulators tested their knowledge of the machines and timed their course runs, giving each a pass or fail. Participants were able to repeat the course until they got an understanding of each machine with a passing score.

### Forklift course

I would also like to give a thank you to Wayne Miller for the use of his building, War Pony Express, where the forklift training and cement work took place.



Equipment simulator training (above); and some concrete work.



Students did a walk around inspection of a forklift to see if there was anything that would prevent them from being safe because of mechanical issues from the forklift.

During some of the in-class training, the participants learned out in the field. We set up a course of orange cones for the participants to drive through, using a forklift to moved and carry a bucket of water before receiving forklift certification.

#### Cement work

The next step in the learning process was hands-on experience with cement work.

The first project was learning to build a frame and make sure that it was level and even. Then the participants got to mix cement, and set it into the frame they had

The second cement project needed a little more work: First, they started making a cut in a floor and knocking out the cut section with small sledgehammers; then added a bonding agent and set the cement. All was finished by day's end.

As the training got closer to ending, arrangements were made for a field trip to see what it was like on a construction site.

Thank you to Griffen Construction for allowing the group to visit the construction site in Madras next to the Cross Keys

The group did get to see how cement forms are put together. They also learned about what goes into cement work for building construction.

Thank you goes to J&S Excavation. The owner of J&S took the time to inform the group of what went into doing the excavation for the building.

There was a lot shared about how important each worker is to a job site. The group learned a lot about a building construction site, and about small business.

At the end, certificates were passed out to all the who participated in the Introduction to Construction training. Like most trainings there was one participant that stood out from the rest and impressed the instructors. Carshal Brunoe received gifts from the president of Baker Technical Institute (BTI), giving words of encouragement in hopes that all the participants can pursue their careers in the future.

The training started out as just an idea, and moved into being a reality. The Introduction to Construction training ended in a success of ten out of twelve 12 participants finishing the class. What was supposed to be two and half weeks turned into having an extra week due to a covid shut down during the training.

Personally, I want to take the time to thank all the participants who stuck out the training. This was not paid training. We had participants from Portland and Washington state who attended, and made it until the end of the train-

That commitment makes me hopeful for them in their future endeavors to work with TERO or any other construction company of their choosing.

To all the participants who stuck it out are: Carshal Brunoe, Tylar Suppah, Harley Kelly, Charles Scott, Anthony Caldera, Ford Fuiava, Erika Miller, Lonnie Caldera, LaVonne Boise and Jeremiah Axtell.

Thank you! I wish you all the best and look forward to working with you.

Thank you to Wendell Jim for helping to get this idea off the ground and making it a reality. A huge thank you goes to Sandy Mitchell for the many phone calls and emails to make this a success.

Thank you to Doug Dalton for setting up a program that will help get people to work, be ready for work; and Thank you to the staff who were able to make the trip weekly and share important information to the participants in the training. Again, thank you Trey Leonard and Wayne Miller.



You need to get back on the road call Oscar's Expert Auto Repair. Towing available... If you fix the car with us, we give you the towing for half price. Call Oscar or Byron for more info

www.autorepairredmond.com