home, work or remote location.

The district is covering costs to

ensure this service is free for fami-

implementation of the reduced ca-

The link to watch will be provided to all families prior to the

"Our hope is that these tempo-

rary measures will be short livedk,"

Mr. Mathisen said. "We love to

support our teams, clubs and ac-

tivities. Please help us keep them

going by following this guidance."

lies while capacity is reduced.

pacity limits.

### Changes to sports spectator guidelines

The Jefferson County School District supports its schools' extracurricular activities. And it is the policy of the district to bring to the sports, clubs and other afterclass activities into students' lives, and the wish is continue to do this safely.

To ensure the delivery of the activities can continue, the district this molnth announced changes to indoor spectator guidance for all athletic and activity events held at the schools.

These changes were made to address rapidly increasing January cases of Covid-19; and in response to updated guidelines from the

Oregon Department of Education

and Oregon Health Authority.

The district expects the changes to be temporary.

These spectator modifications are intended to further the efforts to protect the student athletes, coaches and community.

"By doing this we can make sure these extra curriculars are not further disrupted," said district superintendent Jay Mathisen. School sports spectator changes include the follow-

· Reducing capacity. The district will begin by reducing capacities in the facilities and at events.

· Four seats per participant

at most events: For athletic contests between two schools, spectators will be limited to four spots per participant.

Each athlete, cheerleader, or coach participating at the event will be able to invite four spectators. Names will be checked at the door.

> No printed tickets will be issued and no walk-ins will be allowed.

Events involving more than two schools may have further capacity limitations. For specific such events, decisions will be made

prior to the event based on number of students participating and size of the venue.

· Limited seating for clubs and activities: Performing arts

> and club activities with events will follow similar guidelines.

> Specific seating capacity limits will be established prior to events based on number of students participating and size of

the venue.

Spectators agree to comply with guide-lines. By accepting the pass and checking-in at the gate, spectators will agree to and be required to follow all covid protocols, including wearing a mask at all times that covers the mouth and nose.

The KWSO app makes it easy for you to listen to KWSO on your phone, and features the daily community calendar and local news, plus easy connections to language lessons and other useful information.

Search 'kwso' in the Apple Store or Google Play.

#### Streaming events. Spectators There are 21 Album and will be able to watch many athlet-Artist categories with 16 Single ics and activities events via the Song and Music Video Catego-NFHS streaming service from

ries this year for the Native American Music Awards, the Nammys.

This year's awards are for music and videos released from 2019 through 2021.

From Warm Springs at the Nammies this year are the Best Debut Group or Duo: Blue Flamez and YL for their song Warrior.

Pop Recording: Blue Flamez for his song Blessed. Best R&B Recording: Blue Flamez X Kaos for Game Time.

Vote on Nammy nominations

Brutis 'Bigg B' Baez was nominated for his song Hometown. Best Rap Hip Hop Recording: Blue Flamez, Blessed. Single of the Year: Kalliah Jackson and Blackwater for I Will Always Fight. Best Animation in a Video: Blue Flamez, Warrior featuring Tanaya Winder. Best Rap Hip Hop Video: Blue Flamez, Relentless Flow. Carina Miller: Best R&B Single.

You can find the Complete nominees namalive.com

And you can vote at the site.

An Official Season of Nonviolence Event

## WINONA LADUKE

#### The Green Path Ahead:

Indigenous Teachings for the Next Economy

Drawing upon her work as a global leader and economist on issues of culturally-based sustainable strategies, Winona LaDuke will discuss her vision for our future - one that is equitable and just for everyone, including Mother Earth.

TUESDAY, FEBRUARY 1 6 to 7:30 p.m. PST Virtual Presentation





FREE & OPEN to the public. Registration is required at: cocc.edu/seasonofnonviolence

In advance of College events, persons needing accommodation or transportation because of a physical or mobility disability should contact Caitlyn Gardner at 541.383.7237. For accommodation because of other disability such as hearing impairment, contact Disability Services at 541.383.7583.

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