

Letters to the editor

Lost item

Lost at West Hills while on-the-job. Stainless steel Cross pendant with 'Jesus' spelled out vertically. It's about 1.75 inches long. Please call 541-325-3016 and leave a voice message if found. Reward offered for its return.

Christmas trees

To employees of the Confederated Tribes, the Bureau of Indian Affairs, Indian Health Service, the Post Office and Warm Springs Churches:

The Timber Committee of the Confederated Tribes of Warm Springs is keeping with the spirit of Christmas. The committee has authorized the cutting of a Christmas tree by the following: Bureau of Indian Affairs, tribal employees, Indian Health Service employees, Warm Springs Churches and Postal employees.

Cutting is limited to one tree per family or department. Trees will be cut on tribal land only. Trees should be cut along numbered roads and close to the ground. All live branches should be removed from the stump. Topping of trees and cutting trees larger than 12 feet in height is not permitted. Trees should not be cut that do not have another tree growing within 12 feet of the tree to be cut. Tree should be cut during regular work hours, Monday through Friday.

All non-tribal member employees wishing to cut a tree must obtain their Christmas tree tag from the Department of Forestry. Individuals will not be permitted to pick up tags for other employees. Tags must be stapled or nailed to the base of the tree when the tree is cut. All employees must also comply with all laws and regulations governing the Warm Springs Reservation.

Information on tribal land, harvest location and road conditions may be obtained from the Department of Forestry when you pick up a Christmas tree tag. Office hours are 8 a.m. to 5 p.m. Monday through Friday. If you have questions, please call 541-553-2416.

The Tribal Timber Committee, Anthony Holliday Sr., Chairman.

Child care careers

The Heart of Oregon Corps' YouthBuild program announced a new Child and Youth Development career

track starting in January 2022. It introduces young adults into child and youth development fields and trains them for the future workforce.

The new training track helps fill the gap in quality childcare and youth development programs, and the workers needed to staff them. This new track is in addition to the YouthBuild program's current construction training track.

Central Oregon is a childcare desert: Currently, according to an Oregon State University study, there are three plus children between the ages of 0 to 5 for every one spot available for child care due to the lack of teachers and early education professionals. See the website: heartoforegon.org

MHS wrestlers

Congratulations to our Madras High School wrestlers. They Did amazing at the Culver Invitational!

The Madras High School girls:

Team, fourth place, 64.5 points.

Weight class: 83-99, First place, Arianna Flores.

123-128: Fourth place, Cadence Miller.

132-141: First, Itzel Andrade.

144-158: Fifth place, Julia Wolfe

Madras High School boys:

Team, third with 222 pts.

Weight class: 126, First place, Carlos Torres, earning Mr. Takedown.

138: Fifth place, Malacai Alire.

145: Fourth Place Tyler Clarkson.

152: Fourth, Collin Switzler.

160: First place Brady David.

170: Third, Cael White

182: First, Reece White.

220: Fifth, Conner Comingore.

285: Fifth, Angel Jimenez.

Yours truly, **Vangie Young**, attendance-discipline, assistant principal secretary, girls wrestling head coach.

Now hiring

Wallowa County non-profit Nez Perce Wallowa Homeland is seeking an energetic, values-driven leader to develop and implement programming, manage finances and oversee staff.

Excellent communication skills, business experience and intercultural competence are desired.

Learn more at wallowanezperce.org/news

Interviews begin January 3. Thirty hours a week, \$39,000 per year.

On her journey

My daughter left her mark, as she had a lot of relatives and friends from all over the Southwest and Northwest states attending. I spoke with a couple people. They had good words for her.

All in all everything went well, and we were able to help her on her journey. Thank you.

Rafael and Nola Queahpama and children.

Post-traumatic stress and service dogs

by **Frankie Williams**
Warm Springs Tribal Veterans Representative

More veterans with post-traumatic stress disorder will soon get help from service dogs, thanks to the Puppies Assisting Wounded Servicemembers—PAWS—Act.

A growing body of research into post-traumatic stress disorder—PTSD—and service animals paved the way for the PAWS Act for Veterans Therapy.

The legislation, enacted in August, requires the Department of Veterans Affairs to open its service dog referral program to veterans with PTSD, and to launch a five-year pilot program



Frankie Williams, W.S. Veterans Representative

in which veterans with PTSD help train service dogs for other veterans.

One in four female vets have reported experiencing military sexual trauma (MST) while serving in the U.S. Armed Services.

MST, combat violence and brain injuries are among the experiences that

put service personnel at greater risk for developing PTSD.

The symptoms include flashbacks to the traumatic event, severe anxiety, nightmares and hypervigilance.

Psychologists note that such symptoms are actually a normal reaction to experiencing or witnessing such violence.

A diagnosis of PTSD happens when the symptoms get worse or remain for months or years.

For more information on the PAWS act, contact the Warm Springs Veterans Service Office.

Frankie Williams, Confederated Tribes of Warm Springs, Tribal Veterans Service Officer, 541-460-0605.

Howlak Tichum

Sandra Lea Rangila ~ 1945-2021

Sandra Lea Rangila, former reporter for *Spilyay Tymoo* and longtime friend of Warm Springs, passed away in Redmond October 2, 2021, after a long battle with cancer. Sandy lived an adventurous life on both sides of the Cascades and abroad, but she considered her time in Warm Springs to be a high point.

Sandy was born in Portland on February 13, 1945, a descendant of the railroading Thielsen family, for whom Mt. Thielsen was named. She graduated from Grant High School in Portland, then went on to Portland State University, where she met Raymond Rangila in a Russian language class.

Ray and Sandy were married in 1967, and a few years later they embarked on an epic 13-month trek via VW camper through



Alaska, Scandinavia, England, Russia, Europe, and North Africa. In every country they drove through, Sandy absorbed the local language and made connections with people.

Once back in Oregon, Ray was hired as the Tribes' planner, a position he held for over thirty years, and Sandy embraced her new life as a "desert rat." In 1976, *Spilyay Tymoo* editor (atwai) Sid Miller tapped her to help launch the

Tribes' brand-new biweekly. For the next several years, Sandy used her natural writing and photography skills to cover tribal government, business, and culture for the paper. As seriously as she took her work, there was often a wink just beneath the surface of her stories. One memorable series focused on the origin of tribal members' nicknames; and Sandy had particular fun with "Spilyay Caught Streaking," about the speeding ticket Sid received on one of their white-knuckle Friday drives to the printing press in Prineville. Yikes!

The Rangilas' rental house on the campus was a gathering spot where friendships formed. Living across from the fire hall, Sandy couldn't resist the wail of the siren—responding first as a reporter and then as the department's first female volunteer firefighter.

Sandy and Ray eventually settled into a log home in Madras, and there they nurtured a garden and numerous cats. They also hosted two

AFS students—Willie TeAho, a Maori from New Zealand, and Alan Chung from Malaysia—with whom they've maintained lifelong bonds.

In addition to travel, Sandy pursued many interests: skiing, swimming, hiking, dancing, sewing, studying languages, gardening, exploring her Thielsen history, and reading voraciously. Her curiosity was endless and her mischievous sense of humor stayed intact even when her health declined.

Sandy is survived by Ray, her husband and travel buddy for 54 years; one of her two sisters; nieces and nephews; and "honorary sons" Willie and Alan. She also leaves behind the words and images that documented not only her own rich life but a slice of Warm Springs history. Ray welcomes any memories or thoughts about Sandy as he faces this new chapter in his life.

Wainanwit Hoches (Bettles) Schroeder ~ 1981-2021

Wainanwit Hoches (Bettles) Schroeder was born on September 2, 1981 to parents Quinten Bettles and Maura Ochoa in Klamath Falls. She began her journey to be with her Creator on November 18, 2021 in Fort Klamath.

Known affectionately by many as 'Nanny,' she was raised in Chiloquin, surrounded by a large family of siblings, cousins, and friends she treated as family.

As the only girl in a family of eight brothers, she was always well looked after and protected.

In her high school years, she met her future husband and love of her life, Ronnie Schroeder, and the two went on to marry in 1999 before going on to raise a family of five beautiful children together.

Her family was her life, and she loved nothing more than making memories with them, whether it be at home, on the powwow trail, the tourney trail, or out on her homelands picking berries, digging roots, camping, hunting or fish-



ing.

Nanny was proud to be an enrolled member of the Klamath Tribes, as well as a descendant of the Confederated Tribes of Warm Springs, Confederated Tribes of the Umatilla Indian Reservation, the Nez Perce Tribe, Aleute Tribe, and Pascua Yaqui Tribe of Arizona.

From the time she was born, Nanny was immersed in learning and practicing the traditional ways of her people, and over the years became talented in beading, sewing, singing, dancing, crafting, and sharing her culture with her children and larger family.

Throughout her lifetime she traveled the Northwest competing in competition powwows as a fancy and jingle dress dancer, and sing-

ing with her parents and brothers in their family drum group, which went by various names over the years, including Choke-cherry Stick, Bear Guts, and Horse Thieves.

During this time she gained a large powwow family, gaining additional, siblings, nieces, nephews, and 'adopted' children, all whom held a special place in her heart.

After giving birth to her second daughter, Nanny went back to school in 2002 to earn her GED and eventually graduated from Klamath Community College in 2012 with her Associates of Science degree, an accomplishment she was extremely proud of.

A huge supporter of higher education, she instilled in her children the value of learning and encouraged her children to follow their dreams and attend college after high school.

She was an avid fan of Chiloquin High School sports, and was usually the loudest mom in the gym cheering on her kids and other family members at the top of her lungs.

She loved supporting the leadership efforts of local youth, helping out by heading up countless bake sales,

raffles, and Indian Taco benefits over the years to help them raise money for trips and activities. She leaves behind a legacy of love and compassion, and she will be greatly missed by all who knew her.

Nanny was preceded in death by her father, Quinten Bettles, sister Nora Bettles, brothers Michael 'Spud' Bettles, Mangus Bettles, Ian Bettles, grandparents Joseph and Priscilla Bettles and Richard and Laura Ochoa.

She is survived by her mother Maura Ochoa, husband Ronald 'Ronnie' Schroeder, son Orville, daughters Laura, Hannah, Scarlett and Adeline, brothers Christopher Arthur, Michael Jim, Joseph Bettles, Donovan Bettles, Cecil Bettles, Joseph Ochoa Jr., and numerous aunts, uncles, nieces, nephews, cousins, and 'adopted' siblings and children who she shared her home with over the years.

The family encourages loved ones to take care of themselves mentally, spiritually, and physically during this time.

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