

Letters to the editor

Glow Walk

The Glow Walk and Round Dance is coming up Wednesday, September 29 from 4 to 8 p.m. at the Old School Gymnasium in Warm Springs.

For more information call Rosanna Jackson at Prevention, 541-615-0036.

Happy W.S. pets

I want to thank the Warm Springs community for coming to our Pet Food Bank. We had so many full bellies and happy families. It was such a heartwarming day!

We served our existing Fences For Fido families, and we added about 30 more families to our community. We will continue to provide them food in the months ahead!

We did go through about 2,000 pounds more food than we anticipated. The need was pretty great. So we will regroup and find a way to secure more funding to continue to help even more families.

With gratitude, **Kelly Peterson**, Fences for Fido.

From Veterans Service office

The Veterans Service Office will be closed from Wednesday, September 29 to Friday, October 8. I will be attending a funeral in California.

I will be available via phone at 541-460-0605 to discuss any claims or provide feedback. Respectfully,

Frankie Williams, Confederated Tribes Veterans Service Officer.

For youth

Do you know a young person ready to make a change? Heart of Oregon Corps is now accepting applications for fall 2021.

AmeriCorps crews begin this month, lasting into November.

YouthBuild starts in early October. Also, the Heart of Oregon Corps Thrift Store has reopened in Madras. All programs are now accepting applications from interested youth.

All programs operate in person following our Covid-19 protocol. See the site: heartoforegon.org

Confluence podcasts

We are excited to share with you the opening episode of Season 2 of the

Confluence Story Gathering Podcast. Writer Sarah Vowell explores our evolving relationship with our history. Future episodes tackle topics such as monuments, first foods, and the complexities of history with speakers such as Bobbie Conner and Sammy Genshaws. Season 1 is also available at the Confluence website, featuring talks with Ms. Elizabeth Woody, director of the Museum at Warm Springs.

New episodes drop every Thursday morning on on Soundcloud, Spotify, iTunes, and Stitcher, or wherever you get your podcasts. The Story Gathering Podcast is designed to elevate Indigenous voices in our understanding of the history, cultures and ecology of the Columbia River system. See the site:

confluenceproject.org

Best wishes! **Lily Hart**, Confluence digital manager.

SSI covid relief

Dear tribal community,

We are writing to share good news with you regarding a critical change in policy related to how we count disaster payments in terms of income and resources for our Supplemental Security Income—SSI—program.

Financial assistance provided from tribal governments to assist tribe members due to Covid-19, funded by the Coronavirus Relief Fund or Coronavirus State and Local Fiscal Recovery Funds and the American Rescue Plan Act of 2021 (ARPA), do not count against SSI eligibility and payment amounts.

The Social Security Administration is committed to serving the American Indian, Alaska Native communities as we navigate through these unprecedented times.

We ask that you help us spread the word about Covid-19 related assistance issued by tribal governments and our guidance on how we treat those payments for SSI purposes.

For more information on the effect of Covid-19-Related Financial Assistance on SSI Income and Resources, check the publication: Spotlight on American Indians and Alaska Native Provisions posted on the AIAN webpage: ssa.gov/people/aiian

Safely dispose of hazardous chemicals

Do you have hazardous waste from a small business, farm or your household?

COCC celebrating Indigenous Peoples' Day



Scene from 2018 Salmon Bake, Bend COCC campus.

Central Oregon Community College will recognize the second Monday of October each year as Indigenous Peoples' Day.

The recognition follows a unanimous vote by the college's board of directors at the September monthly meeting. So Monday, October 11 will officially mark the first

Indigenous Peoples' Day at COCC.

The college will offer a variety of free public programming to celebrate. In 2020, COCC formally adopted a land acknowledgement, recognizing and paying respect to the original stewards of the land on which its campuses reside.

"To continue with this respect and support, COCC

recommended that our board of directors formally recognize the second Monday in October as Indigenous Peoples' Day," said Dr. Laurie Chesley, the college's president."

In addition to this annual recognition, added Christy Walker, COCC's director of diversity and inclusion, "The college's office of diversity and inclusion, Native Ameri-

can program and the diversity committee will curate educational and social activities and offer public events to create greater awareness and appreciation of Indigenous peoples and their cultures."

COCC will announce the full programming for the college's inaugural Indigenous Peoples' Day in the weeks to come.

There will be a safe and free way to get rid of hazardous waste coming up on Friday, October 1, from 2 to 4 p.m. at the Jefferson County Fire District in Madras.

Warm Springs Sanitarian Joie Simtustus is encouraging the community to participate. These kinds of chemicals cannot be disposed of at the Warm Springs landfill.

Small business owners who would like to participate on October 1, please register by this Friday, September 24 by calling 503-307-3603. Households do not need to register. Some of the rules to follow:

Waste must fit in containers that do not exceed 5 gallons in volume. Please leave the chemicals in the original container. Some of the items to be disposed of:

Pesticides and poisons. Thermometers and thermostats. Mercury and mercury-containing items. Fluorescent lights and ballasts. Polishes. Household cleaners. Pool chemicals. Rust remover. Solvents. Motor oil and anti-freeze. Engine and brake cleaner. Transmission and brake fluid. Paint and paint thinners. And other chemicals.

Please do not put items in a plastic bag. Wear a mask to the event. Please follow the instructions on the signs at the site upon arrival, October 1.

Why a mask?

Many tiny particles of saliva and other fluids are expelled when we speak, cough, sneeze or breathe. When someone has covid or the flu, virus can be found in those tiny particles.

When you wear a mask if you're sick, it blocks the larger particles that carry more virus and can also block a lot of the smaller particles. And you may have the virus without knowing it so it can block those particles even when you don't have symptoms.

A mask can also act as

shield and keep virus-containing particles from infecting people from infecting you.

The variants

What is a virus variant? Viruses like SARS-CoV-2, the virus that causes Covid-19, mutate or change constantly.

This mutation is a natural process that results in new variants. You can think of a variant as a stronger, more harmful version of the same virus. Some variants disappear, and others persist. Multiple variants of SARS-CoV-2 have emerged in the United States.

At this point, the original variant that caused the initial Covid-19 cases in January 2020 is no longer circu-

lating, as newer variants have evolved. The good news is that the original Covid-19 vaccines have so far proven effective against all variants.

Yoga, HIIT

Yoga with Jennifer Robbins is Mondays from 12:10 to 12:50 p.m. at the Old School Gym. You can learn more by writing: jennifer.robbsin@wstribes.org

And Thursdays from 12:10 to 12:50 p.m. at the Old School Gym, starting this Thursday, September 23 is Strength Training and High Intensity Interval Training Cardio Class. Instructor is Jennifer, email above for information.

For diversity

Erika McCalpine is the new executive director of strategic diversity initiatives at OSU-Cascades.

Ms. McCalpine is a business faculty member who has championed social justice issues within Oregon State University and OSU-Cascades.

She teaches courses in human resources, and is the founder and director of the Diversity, Equity and Inclusion Laboratory at the Bend campus. She is also president-elect of the OSU Faculty Senate.

In her new role, Ms. McCalpine responsibilities will include designing and implementing an annual diversity, equity and inclusion training program for employees.

street  hero +



FREE SPAY & NEUTER & WELLNESS CLINIC

SAY WHAT:

Get Your Dog or Cat Fixed For Free!
Dogs Must Be At Least 2 Months Old
Limited Spots Available
Email: clinics@streetdoghero.org To Register

*Sterilization At Veterinarian's Discretion
*Rabies, Microchip, Vaccinations, Nail Trims, Parasite Control
Flea/Tick Application For All Animals Being Sterilized

SAY YES:

Walk-Up Mobile Wellness Clinic
9-3 PM, FREE

*Services Include Exams, Vaccinations, Rabies, Microchip, Parasite Control, Flea/Tick Application, Treatment Of Minor Wounds & Infections

WHEN:

Sunday, October 10th

WHERE:

Warm Springs Community Center
2200 Hollywood Blvd, Warm Springs, OR 97761
*Safe Social Distancing Protocols Will Be In Place
*Masks Required

HOW:

Email: clinics@streetdoghero.org
To Reserve Your Spot For Spay Or Neuter
No Pre-Register For Wellness Clinic - Walk Up Only

MORE GOODNESS:

Dog & Cat Food Available
*Warm Springs Residents Only

THANK YOU SPONSORS:



Spilyay Tymoo
(Coyote News, Est. 1976)

Publisher Emeritus in Memorium: Sid Miller
Editor: Dave McMechan

Spilyay Tymoo is published bi-weekly by the Confederated Tribes of Warm Springs. Our offices are located at 4174 Highway 3 in Warm Springs.

Any written materials submitted to Spilyay Tymoo should be addressed to:

Spilyay Tymoo, P.O. Box 489, Warm Springs, OR 97761.

Phone: 541-553-2210 or 541-771-7521

E-Mail: david.mcmechan@wstribes.org
Annual Subscription rates: Within U.S.: \$20.00