

# Empower W.S. campaign with KWSO

KWSO 91.9 FM is working with tribal member Dr. Shilo Tippet on a new initiative promoting awareness and prevention of Covid-19.

The public awareness campaign is designed to empower community members during this phase of the pandemic with:

Education, Understanding and Perspective, and Hope.

Dr. Tippet is a licensed Clinical Psychologist who works at St. Charles Health System—Madras. Dr. Tippet brings her expertise working with individuals in a number of areas, including post-traumatic stress.

The KWSO campaign—#EmpowerWarmSprings—recognizes that the pandemic has been a struggle for everyone.

Over this past year, fear and anxiety have worn people down. Now is the perfect time to restore feelings of hope and more



Dr. Shilo Tippet

understanding about our experiences with the pandemic, and how to move forward in a good way.

We are hopeful with vaccine going into arms; at the same time we all need to commit to continuing to follow all Covid-19 precautions, because there is still a long way to go.

#EmpowerWarmSprings campaign goals are to offer:

- Timely, factual information.
- Encouragement.
- Opportunity to connect and unite with others with a common vision of wellness and the future.

There is an opportunity for community members to be part of the social media campaign by contacting:

kwsos@wstribes.org

You can have a picture taken with your mask on that will be used for a graphic to be shared online.

You can make your own graphic by downloading one of the PNG images at our website, and laying over your photo (if you have an app or software that can do that for you).

If you can post that to social media, please make sure you use the hashtag:

#EmpowerWarmSprings

— Sue Matters

# Wolf

(from page 1)

The tracking collar allowed BNR Wildlife to track the path that OR-93 took to Northern California.

He traveled along a mostly agricultural corridor south and then southwesterly over to California.

With OR93 leaving to California there are now at least eight resident wolves on the reservation, Austin Smith said.

This would include the original alpha male and female, plus two of their pups from last year, and four other young or sub-adult wolves.

— Dave McMechan



CTWS/BNR-Wildlife Dept.

The wolf, shown here with its tracking collar. OR-93 is one of a number of wolves that have recently crossed from Oregon to California.

#EmpowerWarmSprings

MY MASK PROTECTS YOU & YOUR MASK PROTECTS ME

PROTECT AGAINST COVID-19

- KNOW THE FACTS
- TAKE ALL PRECAUTIONS
- GET VACCINATED

# School board vote in May

An election is coming up on May 18 in Jefferson County. The election is to fill several positions on a number of boards of directors within the county.

Three positions are open on the Jefferson County School District 509-J Board of Directors. Other positions that will be filled include districts such as the Jefferson County Education Service District, the Library District, Rural Fire Protection, among a number of others.

The May 18 election will be conducted entirely by mail. The last day to register to vote will be April 27. Ballots are mailed out on April 28, and must be received 8 p.m. on May 18. (See page 4 of this publication for more on the upcoming election.)

Northwest Tribal Elders Project NORTHWEST PORTLAND AREA INDIAN HEALTH BOARD Indian Leadership for Indian Health www.npaihb.org

# PROTECT OUR ELDERSAVE OUR CULTUREGET VACCINATED

Elders are our culture keepers. They hold our stories, songs, and traditional ways of living. Protect Our Elders.

## AI/ANs are disproportionately impacted by the pandemic

According to the Centers for Disease Control and Prevention (CDC) AI/AN People have the highest COVID-19 hospitalization rate at 281 per 100,000 – a rate 5.3 times higher than for non-Hispanic Whites.



## Why should we get vaccinated?

To protect yourself, your family and your community. Getting the COVID-19 vaccine adds one more layer of protection for you, your coworkers, patients, and family.



# INTERESTED IN BECOMING A BOBCAT?

Find out what COCC is all about with a series of live webinars just for you. Learn about paying for college, degree options, residence life, and much more! Prospective student and parent sessions are available and all are welcome to join!

## WHY COCC?

Jan. 28 • 5 p.m.  
Feb. 13 • 9 a.m.

## DEGREES/PATHWAYS

Jan. 20 • 1 p.m.  
Jan 29 • Noon



Please register online today!  
<https://bit.ly/COCCVirtualAdmissions>

In advance of College events, persons needing accommodation or transportation because of a physical or mobility disability, contact Joe Viola at 541.383.7775. For accommodation because of other disability such as hearing impairment, contact Disability Services at 541.383.7583.



# School notes...

The Madras High School Class of 2022 is in need of mentors who would be able to meet with students in support of their plans for the future. Training and resources will be provided.

Volunteers need to be able to use technology for virtual meetings with students. If you are interested, please contact Samantha Loza in the Madras High Future Center. Her email is: sloza@509j.net

It's Spirit Week at the Warm Springs Academy. This Thursday, February 25 is Mismatch Day. Friday will be School Colors Day: Red, White and Black

OBEDY CURFEW | SLOW THE SPREAD | USE MASK | SOCIAL DISTANCING | OPERATION NHA WAY

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