

Covid-19: Tracing contagion trends

(Continued from page 1)
 The week of July 13: Thirty-three cases. The week of July 20: Thirty-eight cases. And the week of July 27: Fifteen cases.
 Young people between the ages of 0-18 and 19-29 have seen the most cases of Covid-19.
 Those in the age groups 30-39 and 40-49 were second; followed by elders ages 50 and up. Older people—on average more vulnerable to serious consequences from the virus—are more likely to practice safe distancing, staying at home, and other precautions.
 A second graph looks at the number of cases by week, with references to

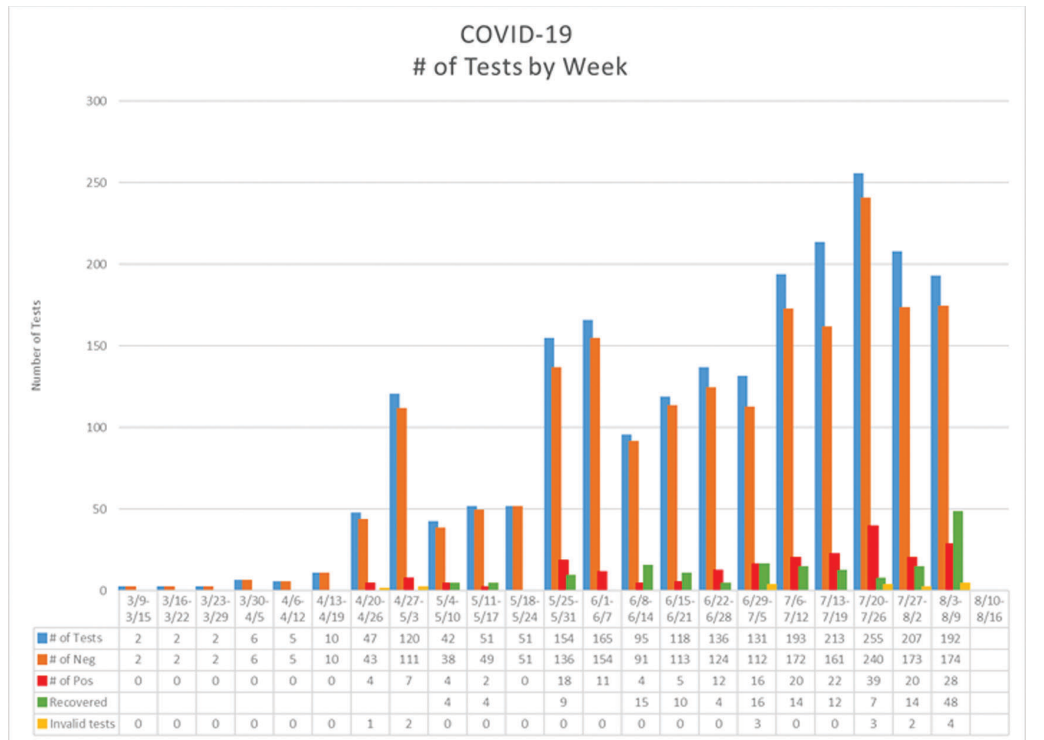
events from the Salmon Feed at Celilo, Mother's Day and graduation, Memorial Day weekend, Father's Day and the Fourth of July, plus the instances when the tribal organization was shutdown.
 This is a fascinating graph, as it demonstrates that social gatherings appear to drive some spikes in the positive rate in testing.
 An example: Two weeks after the Salmon Feed—during the week of April 13-19—there was a spike in the positive testing rate on the reservation. The common incubation period for the virus is between five days and two weeks.
 A short time after Mother's Day and school

graduations saw another spike. And the same thing happened shortly after Memorial Day weekend and the Fourth of July.
 The post-Memorial Day weekend spike—which saw particularly large increase in the positivity rate—also roughly coincided with state of Oregon reopening.
 These increases prompted the Covid-19 Response Team to recommend re-closure of the organization, which the Tribal Council and management then implemented.
Hospitalization numbers
 Another category is "Hospitalization ages: Inpatient." In this category most

members who have been hospitalized have been between 70 and 79 years of age. As of late July, no one aged 40-49 had been hospi-

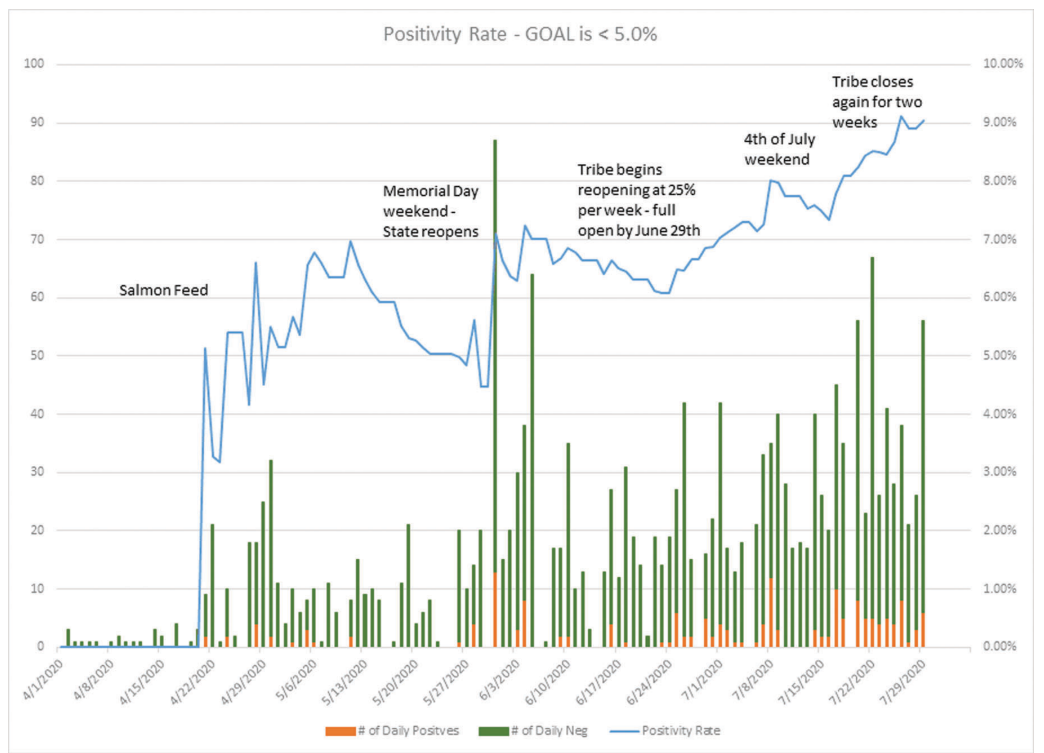
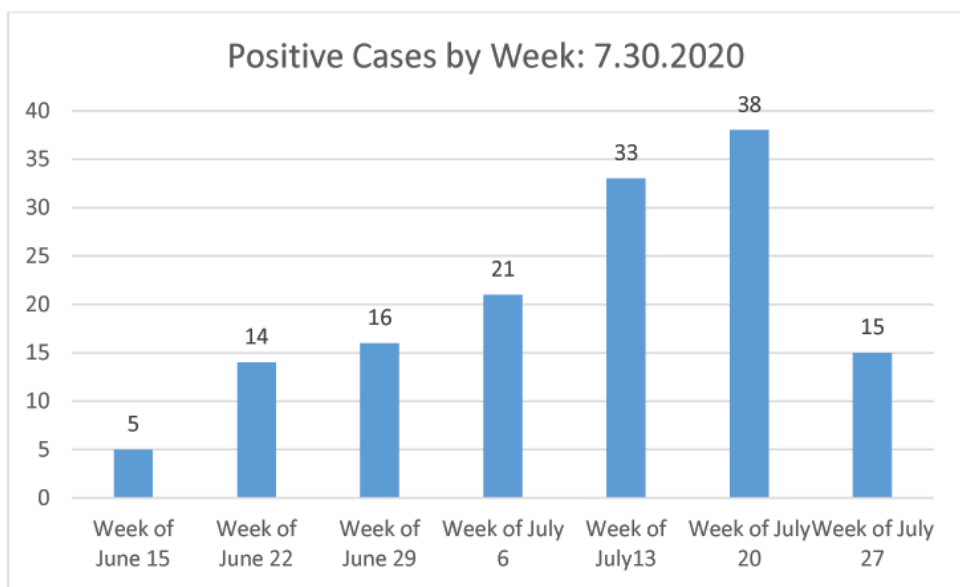
talized; with roughly equal numbers of hospitalization among those 30-39, 50-59 and 60-69.
 Then in "Hospitalization

ages: Cumulative" the ages 50-59 and 70-79 each had five hospitalizations. With other age divisions either at two or one person.



Case Demographics: Active Cases 7.30.2020

Active Cases: 51



COVID-19: Quarantine vs. Isolation

QUARANTINE keeps someone who was in close contact with someone who has COVID-19 away from others.

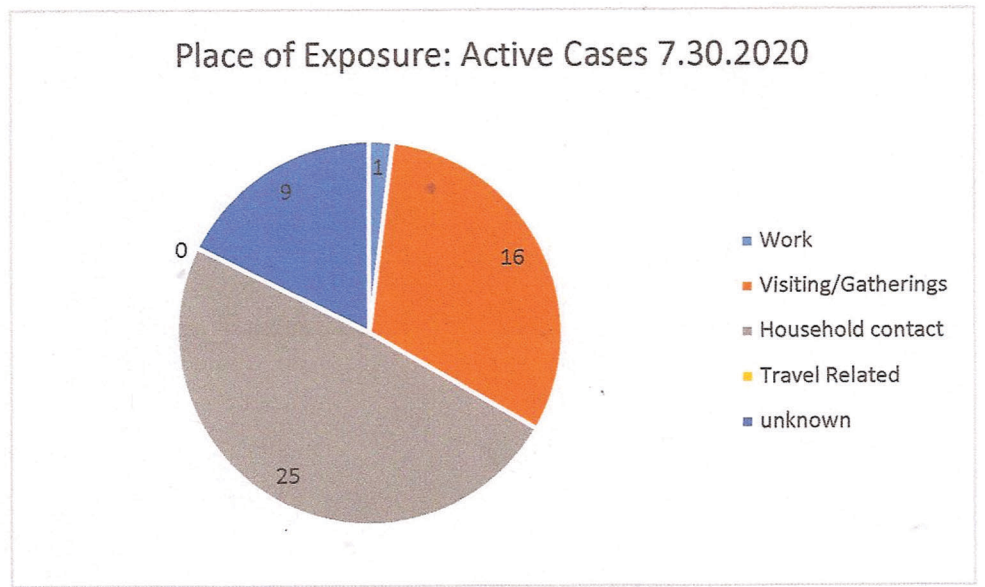
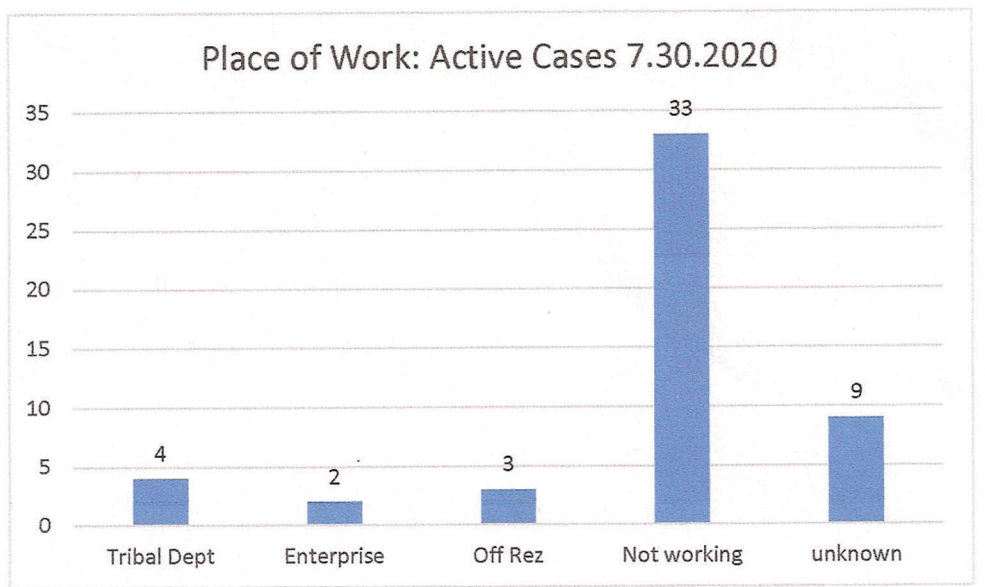
- If you had close contact with a person who has COVID-19
 - Stay home until 14 days after your last contact.
 - Check your temperature twice a day and watch for symptoms of COVID-19.
 - If possible, stay away from people who are at higher-risk for getting very sick from COVID-19.

ISOLATION keeps someone who is sick or tested positive for COVID-19 without symptoms away from others, even in their own home.

- If you are sick and think or know you have COVID-19
 - Stay home until after
 - 3 days with no fever and
 - Symptoms improved and
 - 10 days since symptoms first appeared
- If you tested positive for COVID-19 but do not have symptoms
 - Stay home until after
 - 10 days have passed since your positive test.
- If you live with others, stay in a specific "sick room" or area and away from other people or animals, including pets. Use a separate bathroom, if available.



cdc.gov/coronavirus



CRITFC hiring enforcement officer

The Columbia River Inter-Tribal Fish Commission seeks to hire police officers. The position is in the CRITFC law enforcement department.
 The jobs are full time, with the salary range of \$50,506 to \$55,157. The location is at Hood River or Boardman.
 There are three vacancies to be filled from this

recruitment.
 Officers are directly responsible for carrying out all enforcement and protective patrols by foot, vehicle and boat on the main stem Columbia River.
 Hiring preference will be given to qualified members of the four CRITFC member tribes, and to qualified enrolled members of other federally recog-

nized Indian tribes and Native Alaskans.
 Submit a letter of interest, application, list of at least three professional to: Columbia River Inter-Tribal Fish Commission - Attn: Human Resources - 700 N.E. Multnomah Street, Suite #1200 - Portland, OR 97232.
 Phone: 503-238-0667
 Email: hr@critfc.org

StrongHearts adds to advocacy service

Reaching the mark and every milestone with determination and dedication, StrongHearts Native Helpline this month launched sexual violence advocacy. Adding this type of advocacy will address a long-standing need in Indian Country.
 "It's an atrocity that

Native Americans continue to experience the highest rates of sexual violence across the nation and until now, there hasn't been a national culturally-appropriate service for them," said Anna Nicolosi, operations manager.
 "In response, we have developed advocacy training

to prepare our advocates to meet the needs that are unique to Native Americans and Alaska Natives." According to the National Institute of Justice research, 84 percent of Native women experience violence in their lifetimes, while 56 percent experience sexual violence.