



**Covid-19
Community
Outreach
Project**

For a brief intake please call:

(541) 615-0141 or (541) 553-3415

Donations have been made through a collaboration and commitment with individuals across Central Oregon and the United States to bring much needed items for the community of Warm Springs. What we ask community members who are in need to do is please call and do an intake so that we can identify: need and household sizes. At that time we will share when and how to collect items.

Covid-19 is in the community of Warm Springs, and to keep everyone safe please: wash your hands, wear a mask, reduce going off the reservation, & call I.H.S. if you don't feel well so they can help you.

This project is made possible by donations and collaboration between The Pandemic Partners Facebook Group and the Office of H&HS Health Care Analyst.

Acupuncture returns to W.S. Holistic Health

The Warm Springs Holistic Health Center is offering limited physical therapy and acupuncture services.

The center is a health program of tribal Managed Care, located on campus next to the courthouse. The Holistic team reopened the center last week.

Acupuncture is proven to be effective for a number of symptoms and conditions, said Acupuncturist Eric Mallory.

According to the World Health Organization, acupuncture can relieve: lower back pain, neck pain, knee pain, arthritis of the shoulder, rheumatoid arthritis, tennis elbow and headache.

The World Health



Organization also says acupuncture is effective in relieving facial pain, sciatica, and some types of menstrual pain.

Warm Springs Holistic Health is open 8 a.m. to 5 p.m., Monday through Friday. Appointments are required. You can call 541-777-2663 to learn more.

You can see the latest informational video from Warm Springs Holistic Health on Acupuncture on their YouTube Page.

By order of the Twenty-Eighth Tribal Council of the Confederated Tribes of Warm Springs, the following provisions still apply on the reservation:

All citizens on the reservation are to wear a face covering mask while in public places, where social distancing of six feet or greater cannot be maintained.

Following a test result of negative or positive, all citizens of the reservation and employees working within the boundaries are to self-isolate and quarantine as directed by healthcare professionals.

Spilyay Tymoo
(Coyote News, Est. 1976)

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Editor: Dave McMechan

Spilyay Tymoo is published bi-weekly by the Confederated Tribes of Warm Springs. Our offices are located at 4174 Highway 3 in Warm Springs.

Any written materials submitted to **Spilyay Tymoo** should be addressed to:

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Annual Subscription rates: Within U.S.: \$20.00

W.S. WIC has farmers market vouchers

Hello, Warm Springs community!

My name is Kathleen Boxx, and I am the new Women, Infants and Children—WIC—coordinator and Dietitian at the Health and Wellness Center.

Today I'm promoting Oregon's Farm Direct Nutrition Program. And I would like to explain how WIC participants can get their farmers' market vouchers.

It is currently Oregon's growing season, and farmers' markets across the state are open and fully stocked with fresh fruits and vegetables.

WIC participants can purchase these fresh foods using farmers' market vouchers provided by our WIC clinic.

Warm Springs' WIC will begin distributing



these vouchers to WIC participants in early July.

Along with your vouchers, WIC participants will receive a reusable shopping bag, a nutrition and cooking information pamphlet, and our 2020 Farmers' Market Guidebook.

This Farmers' Market Guidebook highlights our top picks for farmers' markets in Central and North-Central Oregon as well as in the Portland Area.

The guidebook includes 16 different farmers' market locations, their hours of operation, the types of fresh

produce offered, and our Covid-19 tips for safe shopping.

In order to maintain social distancing while distributing our farmers' market packets, Warm Springs' WIC will be scheduling several drive-through events at the Agency Longhouse throughout the month of July.

Farmer's market vouchers are first-come, first-serve, and will run out!

If you and your family are excited about checking out our local farmers' markets or experiencing a U-Pick adventure, please call the WIC clinic at 541-553-2460 to schedule your drive-through farmers' market voucher appointment!

Sincerely,
Kathleen Boxx

available for services until further notice.

Most DMV offices are open for appointments, but Madras is not on that list at this time.

Many services, such as vehicle titles and registration, are only available via mail or at DMV2U.Oregon.gov

or OregonDMV.com

A law enforcement grace period on expired licenses and vehicle registration is in effect at least through October 1.

The grace period is intended to allow Oregon residents to continue driving while waiting for an ap-

pointment, or allow some people to delay visiting DMV while it works through the backlog due to Covid-19 restrictions.

Law enforcement can verify the status of a driver or vehicle electronically during a traffic stop.

DMV closed

The Madras Department of Motor Vehicles office will remain closed and un-

Two positions at Inter-Tribal Fish Commission

The Columbia River Inter-Tribal Fish Commission is seeking to fill two positions:

Biogeochemical Oceanographer. Salary range: \$70,490 - \$79,892. Location: Astoria Field Station.

Responsible for the quality assurance and control of complex combinations of biogeochemical instrumentation, integrated in a nationally recognized oceanographic observation network for the Columbia River estuary and plume.

Application procedures: Under the authority of Section 7 of the Indian Self-Determination and Education Assistance Act, CRITFC shall give preference in employment matters to qualified enrolled members of the four CRITFC member tribes, then to qualified enrolled members of other federally recognized tribes. If CRITFC is unable to fill openings with such qualified tribal members, other qualified applicants will be considered.

Submit to: Attn: Human Resources - 700 NE Multnomah St., Suite 1200.

Portland, 97232.

Email: hr@critfc.org - Fax: 503-238-3571

Oceanographic Instrumentation Technician. Salary: \$39,738 - \$45,035. Location: Astoria Field Station.

The Columbia River Inter-Tribal Fish Commission assists four tribes in the co-management of their treaty rights within the Columbia River Basin. The position offered is associated with the Commission's Center for Coastal Margin Observation and Prediction department.

This position contributes to all aspects of the design, construction, calibration, repair, installation and deployment of estuary and ocean observation stations, buoys, gliders and cruises. The Oceanographic Instrumentation Technician will be responsible for the collection of oceanic and marine atmospheric observations. This position will collect reliable, quality data using in-situ ocean observing instrumentation to meet user needs for government, industry, academia, and the public.

Submit to same as above.

Howlak Tichum

Pamela Jyoti Louis ~ 1956-2020

Pamela Jyoti Louis passed on Wednesday May 27, 2020 in her pajamas, due to a variety of medical issues, but mostly just impatience.

Ms. Louis was born in Portland, Oregon in March 1956 to Walter A. Langnese and her mother. Her father Walter loved to fish, drink beer and plant tomatoes in his garden.

Her mother... well her father worked as a butcher, drove a Pontiac and liked dogs.

At 13 Pamela left home with the intent of peace and quiet, the excitement of freedom and safety ahead of her. She never looked back.

In 1984 Pamela accomplished a Bachelor of Fine Arts in Sculpture, and like most artists who haven't found themselves yet, quickly took a position helping a friend open a restaurant.

Unlike most artists, she became an accom-

plished chef in the San Francisco area—a skill that was heralded by guests to the end of her days. Then another then another until 30 years passed and her health had gone to pot. Literally.

Moving to Atlanta, Georgia in 1999, Pamela began ceramic classes at Georgia State University.

After three years of schooling, she had found (muse? Medium? Form?) and took on the motivation of how to start planning her own ceramic business.

Until the last days that her physical strength would, Jyoti could be found throwing clay in her home studio in Warm Springs.

Jyoti, meaning "Divine Light," was the name given by her guru Ma Jaya Sati Bhagavati while she lived with her Kashi family in Sebastian, Florida. She lived through the name's meaning throughout her time in this life.

Oregon requires face masks in public indoor places

Face masks are now required throughout all of Oregon, in public indoor places, Governor Kate Brown announced Monday.

The governor said all Oregonians will need to wear face coverings in the public indoor locations, extending her order that had been mandated in eight counties.

"Over the last month, we

have seen the disease spread at an alarming rate in both urban and rural counties," Gov. Brown said.

"The upcoming July 4 holiday weekend is a critical point for Oregon in this pandemic, and we can all make a difference."

Modeling from the Oregon Health Authority shows that if the state resi-

dents do not take further action to reduce the spread of the disease, hospitals could be overwhelmed by new Covid-19 cases within weeks.

The Portland Metro region accounts for half of new Covid-19 cases in Oregon.

The governor said she does not want to close businesses again "like other states

are now doing."

Meanwhile, though, the upcoming Fourth of July holiday has health officials deeply concerned. "We saw a lot of new Covid-19 cases following the Memorial Day holiday," Brown said. "Another spike in cases after the upcoming holiday weekend could put Oregon in a dangerous position."