# In response to the coronavirus

Oregon this week became the latest state to join those that have declared a state of emergency due to the novel coronavirus. Gov. Brown made the declaration on Sunday.

As of earlier this week, there were at least 15 confirmed cases of the illness in the state. Counties that reported these cases were: Washington, Klamath, Douglas, Clark and Multomah.

As of this printing, there had been no confirmed case in Jefferson County or Central Oregon. The situation is continuously monitored and can change quickly. Meanwhile, the Confederated Tribes, Community Health, Emergency Management and Warm Springs IHS staff continue to work the Center for Disease Control and the Oregon Health Authority to prepare for any potential development.

The following information is provided by the clinic, as advice to help limit any possible spread of COVID-19, or other respiratory disease:

Continue to practice good hand washing. Cover your cough. Stay home when you are sick. Clean all high touch areas at work and at home. High touch areas are those:

· Commonly touched by multiple people: Door knobs, computers, phones, chairs, light switches, remote controls, sinks, faucets, etc.

· All horizontal surfaces such as countertops, desks, stair railings, tables, etc.

Use the cleaning agents that are usually used in these areas, and follow the directions on the label.

Most disinfectants are effective against coronavirus and influenza.

If you do not have cleaning supplies, a one-part bleach to 10-parts water solution is effective in cleaning for this virus.

You can prepare a bleach solution by mixing five tablespoons bleach per gallon of water; or four teaspoons bleach per quart of water.

Symptoms to watch for are a fever above 100.4, cough, and shortness of breath. Please call the clinic if you have these symptoms. They will make a plan for evaluating you.

For questions about COVID-19 please call 211, or the Warm Springs Community Health Nurses at 541-553-2460.

# For MHS juniors

Madras High School will host the Junior Future Night on Wednesday, March 18: Join the student advisors to learn more about career options, and the timeline of your senior high school year.

The evening will be from 6 to 7 p.m. at the Madras High School Library. Students, families, guardians and support systems are all welcome.

### Community notes...

Warm Springs Public Safety offers an **anonymous tip line** that you can call 24 hours a day. If you have a concern or information related to a theft or other crime call 541-553-2202.

If you are sick or feel you need to be seen by your medical provider, the Warm Springs Indian Health Service Clinic **Same Day Appointment** phone number is 541-553-2610. Option 1 takes you to the medical desk.

## Employment

The following jobs were advertised recently with the Warm Springs Human Resources Department, 541-553-3262.

Applicants are encouraged to attach cover letter and resume with completed application.

Questions regarding application process can be directed to 541-553-3262. For full job descriptions see: warmspringsnsn.gov Protective Care Provider. Wildland fire module crew member (six positions). Firefighter Hot Shot crew member (two positions. Crew boss - Fuels.

**Fish tech I.** ECE secretary. After school/partday work. Transportation specialist. **Cook.** 

Fish tech II. Day care lead teacher.

Range and Ag manager. Fisheries department manager. Health coordinator. Day care teacher. Day care substitute.

TCHP and AP project assistant—Area Indian Health Board.

CPS Specialist. Wastewater treatment plant chief operator. Native plant nursery

project leader. Foster Care certifier.

Telecommunications officer. **Corrections officer** (two positions).

#### INDIAN HEAD CASINO

The following are positions advertised with the Indian Head Casino: Travel Plaza Manager - Contact Margie Tuckta at 541-460-7777 ext. 7713.

Marketing Systems Administrator - Belinda Chavez 541-460-7735.

Slot keyperson - Kyle or Rebecca - 541-460-7724.

**Revenue auditor -**Sean McLane, 541-460-7777 ext. 7705.

Players Club Host lead - Janell Smith541-460-7777 ext. 3498. Players Club host -Kapri Moody, ext. 7700. Bartender - Heather Cody ext. 7710.

Tule Grill cook - Alex Manzano / Christine Brunoe 541-460-7777 ext. 7725.

Guest Services operator - Kapri at ext. 7700

**Coffee stations attendant** - two positions -Heather.

Server - part-time -Heather.

Cage Cashier - Wyval Rosamilio ext. 7737. Security officer - Tim

at ext. 7749.

#### PLATEAU TRAVEL PLAZA

The following positions are advertised with the Plateau Travel Plaza in Madras:

**Cashier/Fuel attendant** part-time - Jamasa at 541-777-2815.

Dishwasher part-time - Esten at 541-777-2817.

**Slot keyperson -** Kyle or Rebecca at 541-460-7724.

Office assistant -Jamasa - 541-777-2819. Fuel attendant -Jamasa.

Warm Springs Community Calendar Brought to you by KWSO 91.9 FM

#### Thursday, March 12

**Exercise opportunities** being offered by Community Health today include Insanity Class plus Functional Fitness at the Community Center during the noon hour.

Warm Springs **Senior Lunch** is today at noon at the Senior Center. **On the Menu:** Spaghetti.

Friday, March 13 Senior fitness class is The Jefferson County Library is having a **movie night** tonight in the Rodriguez Annex. Tonight's movie is *Lust for Life*, the drama of Van Gogh, a man who lived with insatiable passion. All films are free, refreshments are available. For more information call 541-475-3351.

Monday, March 16 It's late start Monday The current issue of the Spilyay Tymoo newspaper is available online, along with archival issues include the years from 1986 to 2005. Check out the Archives at wsnews.org

Mondays, Wednesdays and Fridays: **Senior fitness class** is in morning at 10:45 at the Senior Center. Participants are invited to eat after. **Today they are having** Carne Asada Cassadillas. don't forget early morning Fusion Fitness Class is 6 a.m. on Tuesday and Thursday mornings at the Community Center.

A Healthy Relationships class with Jillene Joseph is coming up on Monday, March 23 from 1 to 4:30 p.m., and again from 5:30-8:30 p.m. at the Youth Center gym. Dinner will be provided for those who attend.

### To vote in the Primary

To vote in the May 19 Primary in Oregon you must be registered to vote by April 28.

### Tuesday, March 17

Exercise opportunities offered by Community Health today include noontime classes at the Community Center for To register you can visit kwso.org. Click on the voter registration link.

pants are invited to eat after. Today they are having turkey vegetable soup.

Exercise opportunities with Community Health today include a Healing Flow

this morning at 10:45 at the Senior Center. Participants are invited to eat after. Today they are having Tortilla Soup.

**Exercise opportunities** being offered by Community Health today include Pilates Yoga class at the Health and Wellness Center in pod A, and Functional Fitness class at the Community Center. Both are in the noon hour. in the Jefferson County school district

The Warm Springs Academy second-grade classes have **swim lessons** this week in the afternoon at the Madras Aquatic Center.

For participants of Wellbriety: Celebrating Families Parent classes, a reminder that class is this afternoon from 1 to 4.

For medical advice outside of Warm Springs IHS regular hours, you can call the Registered Nurse Health Advice Hotline, anytime 24 hours a day. The number is 1-866-470-2015. **Exercise opportunities** being offered by Community Health today include Pilates Yoga class at the Health and Wellness Center in pod A, and Functional Fitness Class at the Community Center. Both are in the noon hour. And For more information you can contact Jillisa Suppah at 541-615-0036.

This week's **Healthy Heart Challenge** is to eat one piece of fruit each day, and get in 300 minutes of cardio for the week. That's an average of an hour a day for five days.

## School supplies for students

Students in need of school supplies can pick some up at the Warm Springs Library in the Family Resource Center. Basic supplies are available to students during the library's regular business hours. Bootcamp or Tubo Fitness.

Warm Springs **Senior Lunch** is today at noon at the Senior Center. **On the menu:** Brisket and Cabbage.

Juvenile Crime Prevention of Warm Springs is hosting a **Family Movie** event at the Simnasho Longhouse, Tuesday, March 17 starting at 6 p.m. For more information call 541-553-3205

#### Wednesday, March 18

Senior fitness class is this morning at 10:45 at the Senior Center. Particiclass at the Health and Wellness Center in pod A.

## Memorials

A memorial for Danell Tailfeathers and Craig Tailfeathers Sr. is being held this Saturday, March 14. Markers will be unveiled at the Simnasho Cemetery at 9 a.m., then returning to the Simnasho longhouse for Washut services, Rejoining Ceremony, a Giveaway and meal. Drummers are requested.

