

## Academy parking project



Dave McMechan/Spilyay

The Warm Springs Academy is a popular place for the community during events such as student concerts and sports games. Parking has been an issue at the school: During some events people have to park along the side of the road. The school district is addressing the matter. A district work crew (above) made a new parking area in the front area of the school. Asphalt from the recent Highway 26 project was used for the paving.



Dave McMechan/Spilyay

During the summer school session, Warm Springs Fire Management visited with kindergartners at the Warm Springs Academy. Fire Management gave a demonstration of fire-fighting techniques, and allowed the students to test some of the equipment, such as the spot-fire water packs.

There will be a **Memorial and Headstone Setting** on Saturday, August 31 for Urbana 'Toto' Ross.

Meal to follow at the Brunoe property. Memorial and Setting at the Agency Cemetery, starting at 9 a.m.

## Health team helping eliminate bed bugs

Bed bugs are a nuisance insect: They feed on human blood, and that of other warm-blooded animals like dogs, cats, etc.

The bugs are active at night, though not exclusively. They do not transmit disease, but they bite—causing loss of sleep—and are difficult to get rid of.

Bed bugs hide in mattresses, household cracks and crevices, windows and door frames, baseboards, etc.

They can be killed by exposure to 120-degree heat for at least a minute. If an entire house is infected, though, the cost for a complete eradication can be several thousand dollars.

Education and prevention are the best ways to keep bed bugs away, and this is the goal of the Warm Springs Bed Bug Buster Team.

Team members are from Warm Springs Community Health,



The size of an adult bedbug compared with a US penny

Family Preservation, the Tribal Grow Program, and HAPPI (Health and Prevention Promotion Initiative).

The team formed just this month, though individual members have been meeting and talking about the matter on and off for a year or more.

There are no statistics as to the incidence of bed bugs in reservation households. An upcoming Buster Team informal survey, at the Back to School Barbecue, will

give a general idea of the situation.

Information about bed bugs is the best way to deal with the problem, especially how not to spread the insect from one building to another.

And they spread easily, clinging to clothing and luggage; transporting from place to place by hiding in a vehicle, for instance.

With this article, the Bed Bug Buster Team is beginning an education campaign. Here are some initial helpful prevention tips:

Check secondhand purchases—furniture, clothing, etc.—before taking it home. Reduce clutter in home to minimize hiding places for bed bugs. Vacuum floors and furniture often. Cover power outlets. Inspect your home for bed bug signs.

For more information on available resources, contact the Tribal Grow Program at 541-615-0143.

## New Kinco Gloves sales rep



Courtesy photo

Scott Kalama (left) with Darrell Jones, manager of Plateau Travel Plaza; and Kinco Gloves founder, Bruce Kindler.

Family owned Kinco Gloves of Portland is pleased to announce the appointment of Scott Kalama of Warm Springs as sales representative for retail stores on the reservation.

Kinco gloves are for

sale at the Plateau Travel Plaza, Warm Springs Market, Rainbow Market, so far.

Kinco is a family-owned company producing quality work gloves.

They offer many styles and varieties of gloves,

featuring solid leather, knitted shells with latex or nitrile coating, warm thermal lining, strong Kevlar thread, waterproof PVC coating, 3M Scotchlite reflective material, and touch screen fingertips.

OSU Extension is offering a mini session on Stressing Less with Mindfulness. The session will be on Wednesday, September 11 from 6-7 p.m. in Redmond. Learn how to give your brain a rest by practicing several mindful actions.

The class is free and will be held at the Deschutes County Fairground. Learn more at [extension.oregonstate.edu/deschutes/events/stress-less-mindfulness-mini-session](http://extension.oregonstate.edu/deschutes/events/stress-less-mindfulness-mini-session).

## Warm Springs Vocational Rehabilitation Program — Questions & Answers

**Question:** What is Vocational Rehabilitation?

**Answer:** Voc Rehab assists under-represented or underemployed eligible American Indian consumers become employed.

*What does a person need to do to get started in Voc Rehab?*

Attend a scheduled Orientation at Culture and Heritage (Education) building, or at the Behavioral Health Center.

*When are the scheduled Orientations?*

Mondays at the Culture and Heritage building at 3 p.m.; or Tuesdays at the Behavioral Health Center at 3 p.m.

*What if I cannot make a scheduled Orientation?*

We accept 'walk-ins' between 8 and noon, and 1 and 5 p.m. each day except for scheduled Orientation times and Wednesday mornings.

*What happens after Orientation?*

After Warm Springs Vocational Rehabilitation receives a signed application, an Intake is scheduled. (Note: Intakes can take up to 2 hours to complete).

*Do I need to bring anything to my Intake appointment?*

Yes. Please bring: You identification (tribal ID card or Oregon Driver's License); and any health insurance card and income you are currently receiving.

*What makes a person eligible for Vocational Rehabilitation?*

Any medical condition is diagnosed by a medical doctor or specialist, and the medical condition has prevented a person to go to work.

*How long does it take to become eligible for Vocational Rehabilitation?*

Warm Spring Voc Rehab has 60 days after receiving a signed application to make an eligibility decision.

*What age does a person need to be to become eligible for Vocational Rehabilitation?*

Warm Springs Voc Rehab works with any federally recognized American Indian tribal member (within the continental U.S.) starting at 18 years old, and living in the service delivery area.

*What is the Service Delivery Area for Warm Springs Voc Rehab?*

All of Central Oregon—from LaPine to The Dalles—and the border of Washington State. East to Prineville, and West from NARA OutPatient downtown Portland, 15 miles.

*What happens after eligibility?*

Eligible recipients meets with the Counselor to discuss

the objectives that need to be written in your Individual Plan for Employment (IPE).

*How do I become employed after my IPE is written and approved?*

After eligibility is determined and you receive a letter, Consumer works with the Job Coach/Developer or Counselor to do a job search. Warm Springs Voc Rehab advocates for a job that matches Consumer's skills, interests and abilities.

*Can a person be working and still become eligible for Vocational Rehabilitation?*

Yes. If a person has a barrier such as: Lack of training, or a person needs additional assistive technology or aids to maintain their current job caused by a medical condition (that may have worsened).

*How long is Consumer employed and be considered suc-*

*cessfully rehabilitated?*

Ninety days. Consumer needs to work 90 consecutive days in their job (of their informed choice) before Warm Springs Voc Rehab can close a Consumer successful rehabilitation.

*Does Warm Springs Voc Rehab work with high school students who are in the Transitions Program?*

Warm Springs Voc Rehab provides education and liaison services to students in the Transitions Program. We encourage parents or guardians to contact Warm Springs Voc Rehab for more information.

*What if I disagree with a decision after I turn in a signed application?*

Every person is given Client Assistant Program brochure at Orientation and again at Intake.

*What is the CAP?*

Client Assistance Program. Legal representatives

who advocate for a Consumer to Warm Springs Voc Rehab to help them get the service(s) they need to become employed.

*Can I contact anyone else other than CAP if I am dissatisfied?*

Yes. You can call the Warm Springs Voc Rehab director 541-553-4952.

*What is the contact information for Warm Springs Voc Rehab?*

**Voc Rehab is located at the Culture and Heritage building, 1110 Wasco Street. Telephone 541-553-4952. Fax 541-553-2522.**

*Can I call or come into Warm Springs Voc Rehab for information only?*

Yes.  
*What are the Voc Rehab hours?*

Monday through Friday, 8 a.m. to 5 p.m. closed from noon to 1 p.m. and legal holidays.