

Another great Language Bowl showing

The Warm Springs Ichishkiin and Wasco language teams made great showings at the 2019 Language Bowl.

The first place team was Wanapam, from Priest Rapids; while second- through fourth places went to Warm Springs teams.

Coming in second place was Ashnmashu Spilyaima, home-base Ichishkiin class from Warm Springs.

The language teacher was Dallas Winishut; the coach was Wanda Suppah; and the team players were Vanessa Crane, Marris Andy, Cecelia Andy and Aaron Strong.

Third place at the Language Bowl, held at the Wildhorse Resort and Casino, was The Warriors Ichishkiin class of Warm Springs.

The language teacher was Merle Kirk; coach Starla Green; and players Julia Wolfe, Orin Cortazor,



Hayden Heath and Kahmussa Green. The judge was Margaret Suppah.

Fourth place went to Ich'inun, Kiksht team of Warm Springs. Language teachers were Pam Cardenas and Deanie Johnson; coach, Gunner Herkshan Sr.; and players Gunner Herkshan Jr., Wallace Herkshan and Bella Herkshan. The judge was Deanie Johnson.

The Language program at Culture and Heritage took eight teams from warm Springs, plus many coaches, parents and judges to aid in helping the students compete in the Language Bowl.

At the Language Bowl: Julia Wolfe, Starla Greene, Kumussa Tufti, Margaret Suppah (sitting), and Orin Cortizar.

Photo courtesy of Lorraine Suppah

Prevention conference on Trauma, Healing, Resiliency

The Museum at Warm Springs and Warm Springs Prevention in May will host the Trauma, Healing and Resiliency Conference—a methamphetamine and suicide prevention initiative.

The conference will be Wednesday and Thursday, May 29-30 from 8:30-4:30 each day.

For more information contact Rosanna Jackson at the Prevention office 541-615-0036.

Community notes...

The Tananawit Warm Springs artists co-op and Madras Downtown Association are holding **salmon bake** fundraiser on Saturday, June 8 starting at 5 p.m. until sold out. Salmon plates will be served at Wild Bleu.

The 1910 Indian Shaker Church is accepting donations of clothing and other items for its **rummage sale fundraisers**. If you would like to donate, contact Josie Williams at 360-640-8221.

The **Boys and Girls Club** of Warm Springs is

doing a Squares raffle with the drawing set for June 14.

Money raised will support club operations. Squares are \$10 each and the winner will take half the pot. There are 100 squares in all. You can stop by the club to purchase your square.

If you have unused or expired medications you need to get rid of, the Warm Springs Health and Wellness Center now has a **MedSafe drop box** to dispose of old meds. Bring them to large blue box located in the pharmacy waiting area.

Warm Springs Community Calendar

Brought to you by KWSO 91.9 FM

Thursday, May 23

Tribal Council will hear committee updates today. This morning is Land Use, Education and Range and Ag. This afternoon will be Water Board, Timber and Health and Welfare Committees.

The Senior Wellness Center is having **Senior lunch** at noon. On the menu: slow roasted beef, mashed potatoes and roasted cauliflower. Seniors 60 and older eat for free, 59 and under are \$5 and youth under 13 are \$3 at the Senior Wellness Center.

In Warm Springs today, there is **Functional Fitness** class at noon in the Community Center social hall; volleyball is at noon in the gym; Insanity class at 12:10 in the Aerobics room; and open gym for men from 6:30-8:50 tonight.

There is an **Alcoholics Anonymous** meeting today at noon at the counseling center, and a **Narcotics Anonymous** meeting at 6 p.m. at the Shaker Church.

There is **Ichishkin class** today from noon-1:00 at the Museum. Bring your own lunch.

There is **Social Dance class** today at 4 p.m. in the Community Center Aerobics room.

Friday, May 24

Jefferson County first-

graders' annual **Gift of Literacy** event is today from 9:30 a.m. to 1 p.m. at the Madras High School Performing Arts Center. Students will meet children's author Eric Kimmel, who will lead them in creating stories of their own. Kids will also meet book characters *Pete the Cat* and *Splat the Cat*, reading and art projects and games.

A **senior citizen fitness class** is every Monday, Wednesday and Friday at 10:45 at the Senior building. After class, participants can eat brunch. **Today's meal** will be meatloaf sandwich, sweet potato fries and fruit.

There is **noon hoops** today at the gym. There's also Functional Fitness class at 12:10 in the Aerobics Room; and PIYO class at 12:10 in the clinic atrium.

The Jefferson County Library **Film Center** will show the movie *Film Stars Don't Die In Liverpool*, rated R, for its Friday night movie. It's free to attend. It will be shown at 7:30 in the Rodriguez Annex next to the Library.

Saturday 5/25

Everyone is welcome to a **Breakfast with Sparky** Fundraiser from 9 a.m. to noon at Warm Springs Fire & Safety. It's a pancake breakfast, \$5 adults, \$3 kids. While there, you can

see the fire truck, spray some water and meet the firefighters.

There is an **Alcoholics Anonymous** meeting this morning at 10 at the Behavioral Health Center.

Sunday, May 26

Warm Springs **Christian Fellowship** meets this morning at 9:30 at the Senior Center.

The Warm Springs **Baptist Church** has Sunday School at 10 and Worship Service at 11 this morning.

The **Warm Springs Food Bank** is located at the Presbyterian Church. They are open from 11:30-1:30 today. All food banks and pantries do take donations of non-perishable food or cash

Monday, May 27

Today is Memorial Day. The tribal organization, and the schools are closed.

Tuesday, May 28

Tribal Council will meet today and tomorrow on its Proclamation and Priorities.

Warm Springs fitness activities today are: Functional Fitness class at noon in the Community Center social hall; Volleyball is at noon in the gym; and Insanity class at 12:10 in the aerobics room. Men's open gym tonight from 6:30-8:50.

Today's Senior Lunch at noon is beef fajitas,

brown rice, vegetarian beans and jello with fruit. Seniors 60 and older eat for free, 59 and under are \$5 and youth under 13 are \$3 at the Senior Wellness Center.

The **Jefferson County Food Bank** is located at 556 SE Seventh Street in Madras. They are open for distribution this afternoon.

Voc Rehab in Warm Springs will hold an orientation session today at 3 in the Behavioral Health Center conference room. Those who cannot make it to one of the scheduled weekly sessions can call 541-553-4952 to request a one-on-one orientation.

There is a **Victim Impact Panel** from 6-7:30 p.m. at the Warm Springs Baptist Church. Community members are welcome to attend and listen.

There is a **Warriors for Wellbriety** meeting this evening at High Lookee Lodge. They have drum practice at 6:30 and the meeting is at 7:30.

Wednesday, May 29

Be prepared for fire season by creating a **GO KIT** in case you have to evacuate due to a wildfire. In addition to including a change of clothes and valuables, make sure you have any needed medications, prescriptions, documents, identification, insurance cards and a printed list of

contact phone numbers. This is one thing you can do to be prepared for wildfire season.

Tribal Council is meeting today on its Proclamation and Priorities.

There is **Senior Fitness Class** this morning at 10:45 at the Senior Center. Following class, participants can enjoy a meal. **On the menu:** tomato-artichoke gnocchi, salami sandwiches and fruit smoothies.

Mom, Dad & Baby group is today from 2-3 p.m. at the Family Resource Center. This is for all parents, families and caregivers who take care of a baby or young child. The class offers a snack, an activity, a craft and breastfeeding support. To learn more contact MCH

Nurse Allie Anderson at 541-553-2460.

Warm Springs **Christian Fellowship** has bible study at 6 p.m. at the Senior Center.

The Warm Springs **Baptist Church** has Bible Study and Prayer this evening at 6.

A Jefferson County **Victims Assistance advocate** comes to Warm Springs on the third Wednesday of every month at the Victims of Crime Services office located at 1108 Wasco Street. Folks can get help with things like case assistance, paperwork, and other resources. Appointments can also be made for other times. For information call Ken Clark 541-475-4452 or VOCS 553-2293.

Higher education opportunity

The Native Youth Exploring Higher Education summer camp at Washington State University is taking applications now through June 15. The free camp is July 15-19 and is open to students who will enter grades 9-

10 in the fall.

It's for students to learn about college opportunities and education.

Information and registration is available online at native.wsu.edu under the 'Prospective Students' tab.

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