

## Tribal voice for disability support network

Clearly, a strong tribal voice is essential to the mission of the Central Oregon Disability Support Network. And Casandra Moses is the ideal person to provide this needed voice.

The mission of the Central Oregon Disability Support Network is to connect families with resources and with each other to recognize, promote and value diversity our communities.

The network accomplishes this by empowering and supporting families and individuals who have been touched by disability. They work to increase education, promote public understanding and acceptance, and encourage full inclusion of individuals with differences in our community.

Ms. Moses joined the executive board of the Central Oregon Disability Support Network—helping bridge the gap in these vital services to tribal families, individuals and the commu-



Casandra Moses, executive board member, CODSN.

nity.

Casandra works as a Behavioral Professional with the Opportunity Foundation of Central Oregon. She is a wife, and mother of four

children, Savannah, 19, Izeyah, 13, Murray, 9, and Jolee, 3. One of her children is diagnosed with dyslexia, another has characteristics of someone who has

autism—furthering the passion to make services equally available to all.

From Warm Springs, Casandra lived and worked for a time in Portland, where she was project coordinator for the Northwest Portland Area Indian Health Board.

Ms. Moses has a Bachelor's degree in Human Development and Family Studies. Her passion and goal is to bring more disability services to Warm Springs—services that are culturally appropriate and inclusive.

This passion and dedication make her an invaluable addition to the executive board of the Central Oregon Disability Support Network. You can reach Casandra by email at: cassmoses@yahoo.com

You can reach the Central Oregon Disability Support Network at 541-548-8559. And you can learn more of the CODSN on their Facebook page.

## Sweetheart Baby Fair

Warm Springs Recreation will host the Sweetheart Baby Fair, starting with a light dinner at 5 p.m. this Wednesday evening, February 27 at the Community Wellness Center Social Hall. Some of the feature attractions:

Family Photo Shoots with Allison Anderson, the new Maternal Child Health provider with the Health and Wellness Center. Ms. Anderson is a Registered Nurse with a Bachelor of Science in Nursing.

You can enter your little one in the Crawler

Race, and then sport your child in his or her regalia across the Social Hall stage.

There will be door prizes and loads of fun, for the little ones and everyone.

Tanya Beard, Registered Nurse, will give presentations on limiting screen time for your child. Plenty of information on your baby's health.

For more information please call **Carol Sahme** at 541-553-3243. Or visit Recreation, 2200 Hollywood Boulevard.

**Little Miss Warm Springs meetings are happening at the Warm Springs Community Center. The evening meetings are hosted by Anita Davis. For more information call Carol Sahme at Recreation, 541-553-3243.**

*The pageant is coming up this spring.*

## Winter storm can bring out the best



Courtesy Lynn Graybael

The accident (above); and Zack helping put on the chains (below).

The winter weather this week made for treacherous driving, and many acts of lending a helping hand. An example:

Zack Fluhr, 19, came across this incident earlier this month.

A Swift truck, driving without chains, slid on the icy road, causing a non-injury wreck with a sheriff's deputy vehicle.

Zack helped the two truck drivers, total strangers,

with putting on their chains.

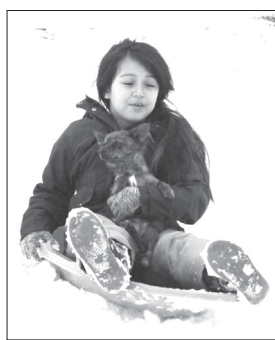
Zack is the son of Lynn Graybael, who has 23 years experience in fire fighting and emergency medical response. She raised Zack, and his two brothers, in fire and EMS.

*This was just one of the many examples of the best that people have shown to one another during these wintery days.*



Courtesy Whitney Kalama

### Snowy scenes around the reservation



Jayson Smith/Spilyay



Courtesy Terry Macy

## Community notes...

### New jobs service

New classes and job search assistance are now available at the tribal Education building.

Drop-in services are offered most Mondays, upstairs in the Workforce Innovation and Opportunity Act (WIOA) office. There is no appointment needed; so stop by and get one-on-one help with a variety of services including:

iMatch Skills/WorkSource registration.

Signing up for unemployment, and filing for Unemployment.

Career guidance and assessments. Resumes and cover letters. Help with job applications. Enrollment in WIOA and services. Stop in between 9 a.m. and 5 p.m. on February 15 or 25; March 1, 4, 11, 18 or 25.

There are free workshops

upstairs at the Education building in the computer lab, offered most Fridays on a rotating basis. The classes do require a current iMatchSkills account and pre-registration. So come in during drop-in service time to get assistance signing up.

Classes include online job search basics (March 8); soft skills, job success (March 15 and 22), and staying positive while job searching (March 29). Hours are from 10 a.m. to 11:30 a.m.

### Tax help

The Warm Springs Community Action Team's AARP Tax Aide is doing **free tax preparation and filing.**

This tax service will be done on Tuesdays and Thursdays through April 12 but you must make an appointment.

Call 541-553-3148 or stop by the CAT office on campus to reserve a time.

### Call to artists

The month of April at **Art Adventure Gallery** will feature the many talented artists who live in and around Jefferson County.

Artists may submit up to four pieces in any medium. Two dimensional work should be framed, wired and ready to hang. Application forms will be available at the gallery or may be downloaded from the website:

artadventuregallery.com

Work can be dropped off any time during business hours the last week of March. We look forward to the show each year, celebrating the creativity in our community, and to the festive gathering of friends at the opening reception.

The reception will be at the gallery on Thursday,

April 4 from 5:30-7 p.m.

The Jefferson County **Winter Shelter** provides a safe cold weather shelter this winter in Madras. The shelter will be open at the Cornerstone Baptist Church, located on Tenth Street, in March from 6 p.m. to 7 a.m. on especially cold nights.

Call 541-325-2478 to find out if the shelter will be open.

### Veterans officer

A Jefferson County Veterans Service Outreach officer will be in Warm Springs at the Warm Springs Senior Center on the 3rd Tuesday of each month. Appointments are available for the morning by calling 541-475-5228. Otherwise, the Veteran's Service Officer will be available to answer questions during and after the senior meal that day.



### Tananwit artists' kickoff

Membership kickoff event:

We would like to welcome you to the Museum at Warm Springs on Sunday, March 21, for the membership kick-off event. Dinner will be served at 5 p.m. There will be a silent auction, vendors, and artist recipients award ceremony.

Tananwit. For information call 541-553-3148.