

Letters to the editor

Social Security statements

For those of you who are receiving Social Security benefits new pay amounts for 2019 were mailed out the second week of January.

The statements are used at Social Services as proof of income for the Neighborhood Impact Program. It helps to assist with power bills and other services that Social Services provide.

Bring your proof of income letter to my office at the Family Resource Center, so I can make a copy of the 2019 new benefit statements to be filed. In this way, when you need the statement, a copy will be available just in case you lose the original benefit letter.

Thank You.

Rose Mary 'Mushy' Alarcon-Mushy.

Lil' Miss

Recreation, working with Anita Davis, is holding goal setting sessions through April.

Meetings are held at the Community Wellness Center. You can reach the Recreation office at 541-553-3243.

Dance for good cause

Join the Jefferson County Dance Party: A Night of Dancing and Fun, Supporting the Disability Community.

The dance will be from 5:30 to 8:30 p.m. this Friday, February 15, at the Jefferson County Senior Center, 860 SW Madison St. in Madras.

There is a contribution asked of \$3. For enquiries or comments, call 503-990-1325; or email: sam.robinson@advisorycommiteejco.org

Call to Artists

The month of April at Art Adventure Gallery will feature the many talented artists who live in and around Jefferson County. Artists may submit up to four pieces in any medium. Two dimensional work should be framed, wired and ready to hang. Application forms will be available at the gallery or may be downloaded from the website:

artadventuregallery.com

Work can be dropped off any time during business hours the last week of March. We look forward to the show each year, celebrating the creativity in our com-

munity, and to the festive gathering of friends at the opening reception.

The reception will be at the gallery on Thursday, April 4 from 5:30-7 p.m.

Tribes' Day

The Confederated Tribes of Warm Springs will join the other eight tribes of Oregon at the state capitol in Salem for Tribal Governments Legislative Day.

Tribal Governments Legislative Day—this year with the theme 'Who We Are'—will be from 9 a.m. to 1 p.m. on Thursday, February 21.

There will be information presentations on topics such as tribal cultures, histories, priorities and futures.

The day is sponsored by the nine federally recognized tribes of Oregon and the Legislative Commission on Indian Services (LCIS).

Births

Diego Henry Kalama

Benjamin M. Holliday and Katherine S. Kalama of Madras are pleased to announce the birth of their son Diego Henry Kalama, born on January 30, 2019.

Diego joins brothers Alonzo, 6, David, 5, and Micah, 4; and sisters Beatriz, 20, Elisa 16, and Bella, 2.

Grandparents on the father's side are Magdalena Ramirez-Colazo of Jalisco, Mexico; and Beatrice Holliday of Warm Springs.

Grandparents on the mother's side are Tamera J. Kalama of Warm Springs, and Donald J. Hoptowitz of Warm Springs.

Employment workshops

Warm Springs community members are invited to the Future Workforce Academy, happening each Tuesday and Thursday through February.

The Workshops—Tuesdays and Thursdays from 8:30 a.m. to noon at the upstairs conference room at the Education building—will assist you in preparing for your next job, spring time hiring events, and career changes.

Topics include self pride, family tree, communication, applications and resumes, customer service, preparing for an interview, team work, work ethics and goal setting. This will be a chance to meet local elders,

local retired successful people, and local entrepreneurs.

The workshops are hosted by Warm Springs Vocational Rehabilitation and the Workforce Education and Development Department. You can reach Voc Rehab at 541-553-4952; and WED at 541-553-3324.

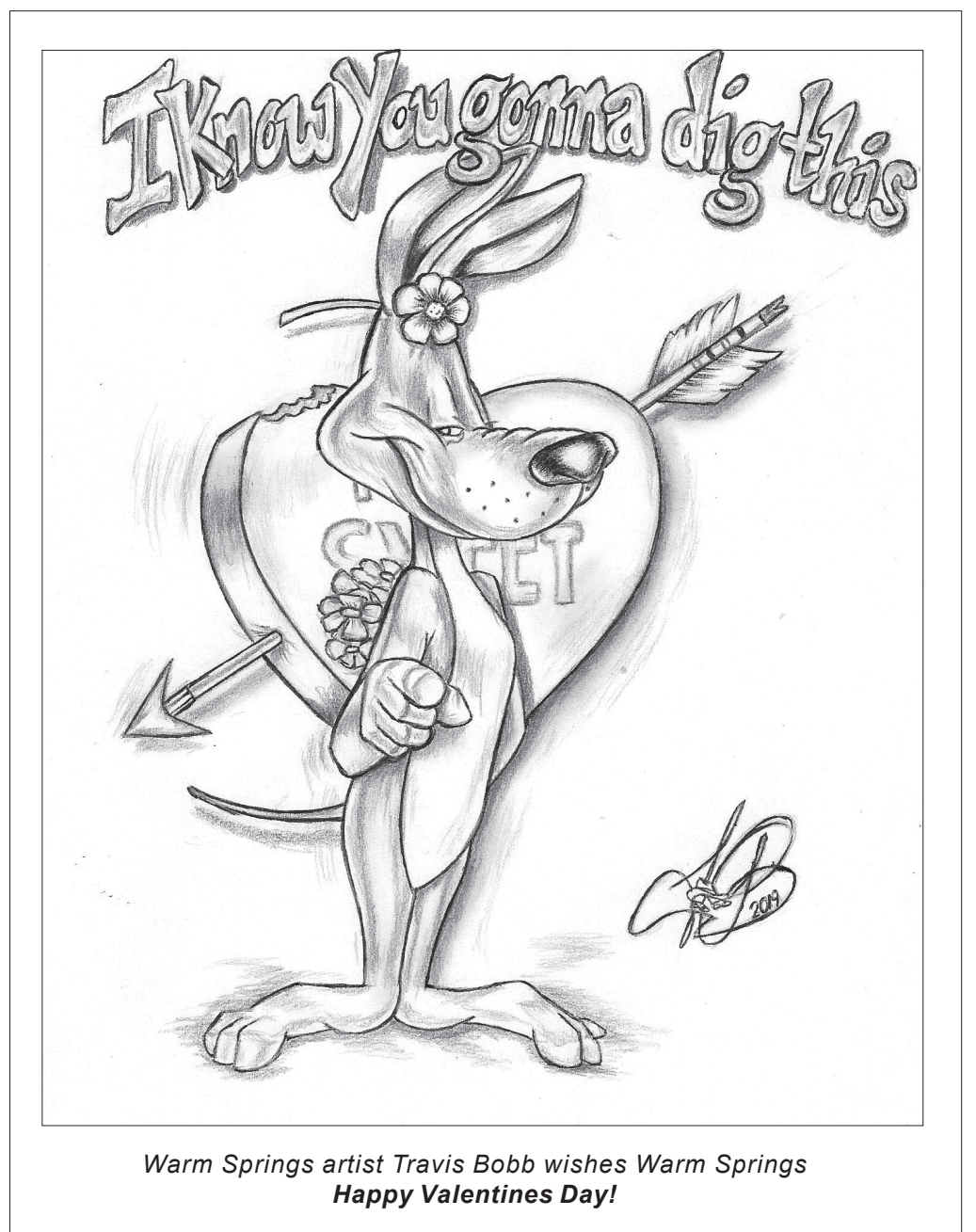
Relay kickoff

Coming up in February, Indian Head is supporting the county Relay for Life event, *Cancer: Not Here, Not There, Not Anywhere.*

This kick-off party for the 2019 Relay for Life of Jefferson County is during the Business After Hours on Thursday, February 21 at the county fairgrounds.

For more information, please contact one of the event chairs: **Shari Durgan**, 541-475-6665; email: sldurgan@q.com

Kathy Duman, 541-420-0202; email: kathyduman1@gmail.com



Warm Springs artist Travis Bobb wishes Warm Springs Happy Valentines Day!

Academy students post outstanding grades

The Warm Springs Academy announced the Honor, High Honors and Highest Honors students in grades six, seven and eight.

Sixth grade

Honors: Jessie Bobb. Izacc Torres. Alden Brunoe. James Napyer. Annalese Brisbois James. Grace Selam Van Pelt. Henry Crooked Arm. Julia Wolfe. Kobe Baez Figueroa. Kora Yahtin. Kurtis Boise Jr. Darius Squiemphen. Sophia Medina. Kera Lawrence.

High Honors: Chamille Smith. Kiahna

Allen. Matthew Smith. Diego Arthur. Adison Goodlance. Kaylyani Estimo. Bianca Plazola. Trecee Graybael. Brian Tulee.

Highest Honors: Serenity Bisland. Floyd Crawford. Kadance Pettibone. Alexxis Spino. Kyra Tohet.

Seventh grade

Honors: Kahmussa Green. AnnaMarie Johnson. Ryanna Thomas. Phillip Arthur. Chiara Jensen. Carmen Jimenez-Orozco. Terianna Heath. Ivan Good Lance. Joseph Miller. Keith

Charley III. Sally Medina. Lucius Medina Smith.

High Honors: Ivory Ascencio. Seneca Ball. Carlacia Dixon. Dasan Begay. Latrell VanPelt Graybael. Angeles Antunez. Keira Tortalita. Makaiyah Gardner. Talise Wapsheli. Charlene White. Sirita Wallulatum VanPelt. Chavondria Thompson. Noelani Kalama. RicoDave Perez Greene. Skytus Smith. Yesenia Collins. Jocelyn Greene. Rylan Davis. Sasha Esquiro.

Highest Honors: Aurelius Jones. Kaly

Leonard.

Eighth grade

Honors: Lorraine Tulee. Noalani Harry. Mikayla Jimboy. Waurica Miller. Alexa Martinez. Taiyena Scott Pedraza. Amare LeClaire Jones. Krystah Jack Melvin. Sebastian Bisland. Elisella Torres. Arelly Scott. Yvonne Greene. Esmerelda Orozco.

High Honors: Gunner Herkshan Jr. Aradonna Cochran. Ronald Kalama. Inez Bradley. Isaiah Wapsheli. Cassandra Brown Heath. Caroline Hintsatake.

To hunters

To all tribal hunters,

Whether successful or not, and regardless of whether you actually hunted in 2018, the tribal Branch of Natural Resources is collecting data on the season.

This applies to all hunters who were issues tags for the 2018 tribal member subsistence hunts.

After you fill out the information form, you can return it to Natural Resources;

and drop off at one of the boxes, located at the Warm Springs or Three Warriors markets, or at administration.

The Natural Resources Wildlife Department would appreciate this vital information as soon as possible:

The data is important for the Branch to determine wildlife population sizes, herd compositions, and hunting pressure.

The information helps tribal biologists to determine where the animals are, and

where they are not. This helps focus habitat restoration efforts on the reservation.

For off-reservation harvest, the results help the department, and Fish and Wildlife Committee, in developing future off-reservation hunts and game management goals within the off-reservation hunting areas.

Your continued support and participation in hunter reporting are greatly appreciated! For additional infor-

mation contact:

Doug Calvin, tribal Wildlife, Parks and Enforcement manager: 541-553-2043.

Austin L. Smith Jr., Wildlife Department biologist: 541-553-2046.

Oswald Tias, Conservation Enforcement Ranger manager: 541-553-2033.

(Information may also be mailed to: CTWS Branch Natural Resources, Wildlife Department, PO Box C, Warm Springs, OR 97761.)

Warm Springs VOCS shares data on teen dating violence

February is Teen Dating Violence Awareness Month, and Warm Springs Victims of Crime Services would like to share some important information.

Statistics

1. Roughly 1.5 million high school boys and girls in the U.S. admit to being intentionally hit or physically harmed in the last year by someone they are romantically involved with.

2. Teens who suffer dating abuse are subject to long-term consequences like alcoholism, eating disorders, promiscuity, thoughts of suicide, and violent behavior.

3. One in three young people will be in an abusive or unhealthy relationship. Thirty-three percent of adolescents in America are victim to sexual, physical, verbal, or emotional dating abuse.

4. In the U.S., 25 percent of high school girls have been abused physically or sexually.

Teen girls who are abused this way are six times more likely to become pregnant or contract a sexually transmitted infection (STI).

5. Females between the ages of 16 and 24 are roughly three times more

likely than the rest of the population to be abused by an intimate partner.

6. Eight states in the U.S. do not consider a violent dating relationship domestic abuse. Therefore, adolescents, teens, and 20-somethings are unable to apply for a restraining order for protection from the abuser.

7. Violent behavior often begins between sixth and twelfth grade. Seventy-two percent of 13 and 14-year-olds are "dating."

8. Fifty-percent of young people who experience rape or physical or sexual abuse

will attempt to commit suicide.

9. Only one-third of the teens who were involved in an abusive relationship confided in someone about the violence.

10. Teens who have been abused hesitate to seek help because they do not want to expose themselves or are unaware of the laws surrounding domestic violence.

If you or anyone you know need assistance please contact Victims of Crime 541-553-2293; or come to our office located at 1108 Wasco Street in Warm Springs.

Michele Gonzalez

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