

# Highway work north of Warm Springs

Expect delays on Highway 26 north of Warm Springs, as the Oregon Department of Transportation is working on a road construction project.

The \$3.25 million project—between mileposts 99 and 103—will take a few months to complete.

The work includes repaving that stretch of the highway. The existing pavement will be ground out and new asphalt put down on the roadway and shoulders. Signs will be upgraded as necessary.

During construction, motorists can expect:

Lane shifts utilizing tem-



The project will take a few months.

porary concrete barrier.

Occasional lane closures controlled by flaggers. Delays up to 20 minutes.

There will be limited duration road closures be-

tween the hours of 1 and 3 p.m. on various Tuesdays through Thursdays.

These closures will be a maximum of 20 minutes, and a maximum of

six closures will be permitted during January and February.

The project is expected to wrap up in May.

Where traffic is routed through or around the work zone, pedestrians, including those with disabilities, will also be provided routes through or around the work zone.

The construction contractor is Laduke Construction of Medford. ODOT says the improvements will extend the life of the roadway and make the wearing surface safer for the traveling public.

## Candidates' edition

Candidates running in the 2019 Tribal Council election can submit their candidate statements, with a picture to the Spilyay Tymoo. A candidates' edition will be published on February 13.

Statements should be submitted soon, at least by February 7. About half of the candidates have already submitted—*Thank you!*

Please bring by the Media Center; or email: david.mcmehan@wstribes.org

Also, if you have not done so, please schedule an interview with KWSO. If you need another copy of the questions, let the radio station know and they will provide another.

*Thank you to all candidates!*

## Kah-Nee-Ta update Feb. 5

The Simnasho District meeting to update members on Kah-Nee-Ta has been rescheduled for Tuesday

evening, February 5 at the Simnasho Longhouse. Dinner will start at 6 p.m. with the meeting at 7.

# Warm Springs Community Calendar

Brought to you by KWSO 91.9 FM

### Thursday, January 31

In **Warm Springs today**, there is **Functional Fitness** class at noon in the Community Center social hall. Volleyball is at noon in the gym; and open gym for men is from 6:30-8:50 tonight. Today's **Insanity Class** has been cancelled.

There is an **Alcoholics Anonymous** meeting today at noon at the Behavioral Health Center, and **Narcotics Anonymous** meeting at 6 p.m. at the Shaker Church.

There is **Ichishkin class** today from noon to 1 p.m. at the museum. Bring your own lunch.

The Senior Wellness Center is having **senior lunch** at noon. On the menu: barbecue pulled pork, apple cranberry slaw, bread, cowboy beans and canned fruit. Seniors 60 and older eat for free, 59 and under are \$5, and youth under 13 are \$3 at the Senior Wellness Center.

There is **Social Dance class** today at 4 p.m. in the Community Center Aerobics room.

### Friday, February 1

A **senior citizen fitness class** is held Monday, Wednesday and Friday at 10:45 at the Senior building. After class, participants can eat **brunch**. Today's meal will be chicken cauliflower soup, crackers, and cottage cheese with peaches.

There is noon hoops today **at the gym**. There's also **Functional Fitness class** at 12:10 in the Aerobics room; and **PIYO class** at 12:10 in the clinic atrium.

There is a **Behavior**

### Health Walk-In Clinic

today. Appointments are available between 1 and 5 p.m. The Medical Social Workers at the clinic can help with screenings, assessments, crisis intervention and many other things for children, adolescents and adults.

The Jefferson County Library **Film Center** will show *The Longest Yard* (the 1974 version), rated R, for its Friday night movie. It will start at 7:30 at the Rodriguez Annex next to the Library in Madras. It is free to watch, and refreshments are available.

### Saturday, February 2

A **stonesetting** for Emery Ross Yallup will be held at 9 a.m. at Simnasho Cemetery. Memorial services will follow at Simnasho Longhouse. The Lincoln's Powwow Committee will have memorial releases and open the longhouse floor.

There is an **Alcoholics Anonymous** meeting this morning at 10 at Community Counseling.

### Sunday, February 3

Warm Springs **Christian Fellowship** meets this morning at 9:30 at the Senior Center.

The Warm Springs Baptist Church has **Sunday School** at 10, and **Worship Service** at 11 this morning.

The **Warm Springs Food Bank** is located at the Presbyterian Church. They are open from 11:30-1:30 today. All food banks and pantries do take donations of non-perishable food or cash

### Monday, February 4

**Senior fitness class** is

this morning at 10:45 at the Senior Center. Participants are invited to eat **brunch** after. Today they are having vegetable lentil soup, crackers and fresh fruit.

Today's **Warm Springs Fitness activities** include noon hoops at the gym. **Functional Fitness class** is at 12:10 in the Aerobics room; and **PIYO** is at 12:10 at the clinic atrium. Women's open gym this evening from 6-7:50.

There is **Women's Prayer Group** at the Presbyterian Church from 12:15-12:45 today. All women are welcome.

**Aglow Bible Study** is this evening at High Looker Lodge from 6:15-7:30. Everyone is welcome.

### Tuesday, February 5

Warm Springs **fitness activities** today are: **Functional Fitness Class** at 10:45 in the Community Center social hall. Volleyball is at noon in the gym; and **Insanity class** at 12:10 in the Aerobics room. Men's open gym is tonight from 6:30-8:50.

Today's **Senior lunch** at noon is meat loaf, roasted vegetables, mac and cheese and fruit jello. Seniors 60 and older eat for free, 59 and under are \$5, and youth under 13 are \$3 at the Senior Wellness Center.

The **Jefferson County Food Bank** is located at 556 SE Seventh Street in Madras. They are open for distribution this afternoon.

There is a **Wellbriety Warriors Accepting Recovery** meeting this

evening from 6:30-8:30 at the Community Center Social Hall. It is open to anyone seeking sobriety and wellness.

### Wednesday, February 6

The **Land Use Planning Committee** meets from 9 a.m. to noon in conference room 3 at the tribal administration building.

There is **Senior Fitness class** this morning at 10:45 at the Senior Center. Following class, participants can enjoy a meal. **On the menu:** Hot ham and swiss cheese sandwiches, tomato bisque soup and huckleberry pie.

There is basketball at noon today at the **Community Center gym**. **Functional Fitness class** is at 12:10 in the Aerobics room; and **PIYO class** is also at 12:10 in the clinic atrium. There's women's open gym tonight at 6.

Warm Springs **Christian Fellowship** has bible study at 6 p.m. at the Senior Center.

The Warm Springs Baptist Church has **Bible Study and Prayer** this evening at 6.

### Thursday, February 7

In **Warm Springs today**, there is **Functional Fitness class** at 10:45 in the Community Center social hall. Volleyball is at noon in the gym; and **Insanity class** is at 12:10 in the Aerobics room. Open gym for men is from 6:30-8:50 tonight.

There is an **Alcoholics Anonymous** meeting today at noon at the Behavioral Health Center; and

**Aspirations:** The Warm Springs Native Aspirations Prevention Coalition will hold its monthly

meeting on Monday, February 4 at noon at the Emergency Management building.

## Reminder: Tribal scholarships

Warm Springs Higher Education reminds students who plan to apply for a tribal scholarship that you should apply for FAFSA, the State Need Grant and Oregon Opportunity Grant before March 1.

This must be done in order to be eligible for more

funding. The Tribal Scholarship Early Bird deadline is May 1: Students who turn in application packets by this date will be eligible for certain school supplies.

The regular deadline is July 1. Talk to Carroll at the Higher Ed office for more information, 541-553-3311.

**Narcotics Anonymous** at 6 p.m. at the Shaker Church.

There is **Ichishkin class** today from noon-1 at the museum. Bring your own lunch.

There is **Social Dance class** today at 4 in the Community Center Aerobics room.

The Senior Wellness Center is having **Senior lunch** at noon. On the menu: Baked chicken, looksh mash, peas and carrots, and canned fruit.

The **Fish and Wildlife Committee** meets from 3-5 p.m. at the Tribal Administration Building, conference room 3.

### Friday, February 8

A **senior citizen fitness class** is held Monday, Wednesday and Friday at 10:45 at the Senior building. After class, participants can eat **brunch**. Today's meal will be beef and shrimp stir fry with noodles and fresh fruit.

**FRI** There is noon hoops today at the gym. There's also **Functional Fitness class** at 12:10 in the Aerobics Room; and **PIYO class** at 12:10 in the clinic atrium.

There is a **Behavior Health Walk-In Clinic** today. Appointments are available between 1 and 5 p.m.

### Saturday, February 9

There is an **Alcoholics Anonymous** meeting this morning at 10 at the Behavioral Health Center.

### Sunday, February 10

Warm Springs **Christian Fellowship** meets this morning at 9:30 at the Senior Center.

The Warm Springs Baptist Church has **Sunday School** at 10, and **Worship Service** at 11 this morning.

The **Warm Springs Food Bank** is located at the Presbyterian Church. They are open from 11:30-1:30 today.

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## Madras Campus

# CENTRAL OREGON COMMUNITY COLLEGE

## FREE FAFSA/ORSAA WORKSHOP

### Wednesday, February 13

10 a.m. to 3 p.m. (appointment required)

[cocc.edu/madras](http://cocc.edu/madras)  
541.550.4100



Call us today for financial aid assistance.

For more information or to schedule your appointment, call **541.383.7410**.

In advance of College events, persons needing accommodation or transportation because of a physical or mobility disability, contact Joe Viola at 541.383.7775. For accommodation because of other disability such as hearing impairment, contact Disability Services at 541.383.7583.