

Cultural Coalition offers grant funding

The Warm Springs Washanaksha Cultural Coalition is seeking applications for grants for the current year.

The Washanaksha Cultural Coalition, sponsored by the Oregon Cultural Trust and the Museum at Warm Springs, provides funding in support of tribal arts and heritage.

The Washanaksha board supports projects and activities that address one of the following four priorities, as outlined in the program plan:

Promote tribal members

and residents' understanding of and involvement in cultural activities, traditions, arts, language, dance, history, music, etc.

Pass on tribal knowledge and practices to youth, and help them feel connected to their culture.

Preserve, practice and teach tribal languages: Ichishkeen, Kiksht and Numu.

Support the work of tribal artists and traditional teachers, including their ability to earn a living from their work.

Applications will be ac-

cepted from members of the Confederated Tribes of Warm Springs; organizations, programs and committees of the tribes; and residents of the reservation.

Grants to tribal members who reside on the reservation are considered first. Any remaining funding will be awarded to applicants from the other eligible groups.

Prior grant recipients must submit all reports required by the Washanaksha Cultural Coalition before applying for this year's

grant.

Projects must be completed in seven months: Completion date is Friday, September 6, 2019.

Applications will be accepted through Monday, February 11. For more information contact Tamera Moody, education coordinator at the Museum at Warm Springs, 541-553-3331 ext. 407. Email: tamera@museumatwarm springs.org

For further information see culturaltrust.org museumatwarm springs.org

Vendors welcome at Sweetheart Sale

Warm Springs Recreation will host the Sweetheart Sale on Friday, February 1.

The sale will be at the Community Center. Recreation will accept the first 20 vendors who sign up.

You can reach the office at 541-553-3243. Or stop by the center.

Senator hosting January town hall

Senator Ron Wyden will hold town halls starting this week in 12 counties throughout Oregon.

He will be in Madras, at the Performing Arts Center, on Saturday, January 26, starting at 11 a.m.

Later in the day the Senator will be in Bend.

The day before, on Friday, January 25, Mr. Wyden will be at the Crook County High School for a town hall starting at 6 p.m.

Warm Springs Community Calendar

Brought to you by KWSO 91.9 FM

Thursday, January 17

In Warm Springs fitness today, there is Functional Fitness class at 12:10 in the Community Center social hall; volleyball at noon in the gym; Insanity class at 12:10 in the Aerobics room; and open gym for men from 6:30-8:50 tonight.

The Senior Wellness Center is having **senior lunch** at noon. On the menu: baked parmesan chicken, pasta, green salad and canned fruit. Seniors 60 and older eat for free, 59 and under are \$5 and youth under 13 are \$3 at the senior Wellness Center.

There is an **Alcoholics Anonymous** meeting today at noon at the Behavioral Health Center, and **Narcotics Anonymous** meeting at 6 p.m. at the Shaker Church.

There is **Ichishkin class** today from noon-1 at the museum. Bring your own lunch.

There is **social dance** class today at 4 p.m. in the Community Center Aerobics room.

The **Madras Airport-Industrial Site Committee** meets today at 2028 NW Berg Road at 4. The Madras Transportation Advisory Committee meets at 5:30 at City Hall.

Friday, January 18

A **senior citizen fitness class** is held Monday, Wednesday and Friday at 10:45 at the Senior building. After class, participants can eat brunch. Today's meal will be broccoli, ham and cheese soup, crackers and fruit.

There is noon **hoops** today at the gym. There's also Functional Fitness class at 12:10 in the Aerobics room; and PIYO class

at 12:10 in the clinic atrium.

There is a Behavior Health Walk-In Clinic today. Appointments are available between 1 and 5 p.m. The medical social workers at the clinic can help with screenings, assessments, crisis intervention and many other things for children, adolescents and adults.

The Jefferson County Community Film Center's **film** this Friday night at 7:30 is *The Leisure Seekers*, rated R. Films are free to watch at the Rodriguez Annex next to the library in Madras.

Saturday, January 19

There is an **Alcoholics Anonymous** meeting this morning at 10 at Behavioral Health Center.

Sunday, January 20

Warm Springs **Christian Fellowship** meets this morning at 9:30 at the Senior Center.

The Warm Springs Baptist Church has **Sunday School** at 10, and **Worship Service** at 11 this morning.

The **Warm Springs Food Bank** is located at the Presbyterian Church. They are open from 11:30-1:30 today. All food banks and pantries do take donations of non-perishable food or cash

Monday, January 21

There is **no school** today, in honor of Martin Luther King Jr. Day.

Senior fitness class is this morning at 10:45 at the Senior Center. Participants are invited to eat **brunch after**. Today they are having macaroni soup, whole wheat dinner rolls

and fruit.

Today's Warm Springs **Fitness activities** include: noon hoops at the gym. Functional Fitness class is at 12:10 in the Aerobics room; and women's open gym is this evening from 6-7:50. Today's PIYO class is cancelled.

There is **Women's Prayer group** at the Presbyterian Church from 12:15-12:45 today. All women are welcome.

Warm Springs Community Health at the Health and Wellness Center has a **Behavior Health Clinic** every Monday and Friday. Walk-in appointments are available between 1 and 5 p.m. Services available include screenings, assessments, crisis intervention, and referrals to seek mental health and medical care, substance abuse treatment or other community resources. Children, adolescents and adults are welcome.

Today at the Behavioral Health Center: There is a **Women's Talking Circle** at 2, an **Adolescent Substance Abuse Education** class at 4, and **Aftercare** at 5:30.

The **Fish and Wildlife Committee** meets from 3-5 p.m. in conference room 3 at the tribal administration building.

Aglow Bible Study is this evening at High Lookee Lodge from 6:15-7:30. Everyone is welcome.

Tuesday, January 22

The **Range & Ag Committee** meets from 10 a.m. to noon in conference room 3 at the administration building.

Warm Springs **fitness activities** today are: Func-

tional Fitness Class at 12:10 in the Community Center social hall. Volleyball is at noon in the gym; and men's open gym is tonight from 6:30-8:50. Today's Insanity class is canceled.

Today's **Senior Lunch** at noon is mushroom stuffed chicken, season pasta, broccoli and canned fruit.

The **Jefferson County Food Bank** is located at 556 SE Seventh Street in Madras. They are open for distribution this afternoon.

There is **Ichishkin class** today from 5:30-7 p.m. at the Culture and Heritage building.

There is a **Wellbriety Warriors Accepting Recovery** meeting this evening from 6:30-8:30 at the Community Center Social Hall. It is open to anyone seeking sobriety and wellness.

Wednesday, January 23

There is **Senior Fitness class** this morning at 10:45 at the Senior Center. Following class, participants can enjoy a meal. **On the menu:** hand and cheese sandwiches, vegetable soup and dessert.

Here are the groups and meetings scheduled for **today at the Behavioral Health Center:** at 11 a.m. is the Wellbriety Court group; a Women's Group meets at 1; Anger Management at 3:30, and there is an Alcoholics Anonymous meet this evening at 7.

There is **basketball at noon** today at the Community Center gym. Functional Fitness Class is at 12:10 in the Aerobics room; and there's women's open gym tonight at 6:00. There

is no PIYO class today.

Warm Springs Christian Fellowship has **Bible study** at 6 p.m. at the Senior Center.

The Warm Springs Baptist Church has **Bible Study and Prayer** this evening at 6.

Thursday, January 24

In Warm Springs today there is Functional Fitness class at 12:10 in the Community Center social hall. Volleyball is at noon in the gym; Insanity class at 12:10 in the Aerobics room; and open gym for men is from 6:30-8:50 tonight.

The Senior Wellness Center is having Senior lunch at noon. **On the menu:** baked salmon, cauliflower mash, roasted roots and veggies and fresh fruit. Seniors 60 and older eat for free, 59 and under are \$5

and youth under 13 are \$3 at the Senior Wellness Center.

There is an **Alcoholics Anonymous** meeting today at noon at the Behavioral Health Center; and **Narcotics Anonymous** meeting at 6 p.m. at the Shaker Church.

There is **Ichishkin class** today from noon-1:00 at the museum. Bring your own lunch.

There is **social dance class** today at 4 in the Community Center Aerobics room.

Friday, January 25

No school. It's Teacher Grading Day.

A **senior citizen fitness class** is held Monday, Wednesday and Friday at 10:45 at the Senior Building. After class, participants can eat brunch. **Today's meal** will be chili beans, corn bread and fruit.



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CENTRAL OREGON COMMUNITY COLLEGE

FREE FAFSA/ORSAA WORKSHOP

Thursday, January 24

10 a.m. to 4 p.m. (appointment required)

cocc.edu/madras
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financial aid assistance.

For more information or to schedule your appointment, call 541.383.7410.

In advance of College events, persons needing accommodation or transportation because of a physical or mobility disability, contact Joe Viola at 541.383.7775. For accommodation because of other disability such as hearing impairment, contact Disability Services at 541.383.7583.