

## Letters to the editor

### Heartfelt thank you

A heartfelt Thank You to the communities of Warm Springs and Madras, from the family of Urbana 'Toto' Ross.

Thanking you for all the prayers, loving words, much support, cards, phone calls, food and visiting each one of us when you met us anywhere. Your caring is helping us make it through this very difficult time in all of our lives. Keep us in your prayers.

Once again, Thank you all so much.

**Alrene Boileau and Howie Arnett**

for a Walk for Diabetes Awareness.

And every Wednesday morning at the clinic there are screening events and a raffle, hosted by various offices and worksites.

Good diabetes care includes regular kidney testing and education about kidney disease and treatment.

### Births

*Albin Claude Roscoe Greene*

Ramon Lawrence Greene and Victoria Claudia Smith of Warm Springs are pleased to announce the birth of their son Albin Claude Roscoe Greene, born on October 30, 2018.

Albin joins brothers Ramon M.L. Greene, 11, Harold R.J. Greene, 8, and Jake Frank, 18; and sisters Mashauni K.F. Smith, 15, Verлана Greene, 16, Lawrence Greene, 14 and Paige Big Lake, 12.

Grandmother on the father's side is Ramona Baez.

Grandmother on the mother's side is Angelena Smith.

*Isabelle Man'a Chavira*

Daniel Chavira and Leann Wolfe of Madras are pleased to announce the birth of their daughter Isabelle Man'a Chavira, born on October 29, 2018.

Isabelle joins sisters Kailee, 9, and Khloe, 8.

Grandparents on the father's side are Jose and Aurora Mellado.

Grandparents on the mother's side are Flossie Wolfe and the late James L. Wolfe Sr.

### To all tribal employees

To all Confederated Tribes of Warm Springs and enterprise employees:

The Human Resources Department had to cancel the Employee Benefits session that had been scheduled for this week. The Community Center was without water, requiring the cancellation.

Human Resources will reschedule and announce the new dates. All will be encouraged to attend, as importance changes are proposed for the tribal Employee Group Health Plan. The cut-off date for enrollment or cancellation in the health plan is December 14.

### Bazaar vendors

Warm Springs Recreation has vendor openings for the Forty-Third Annual Christmas Bazaar, coming up on

## Many thanks for Fire Fighter Memorial

To all family, friends and business,

At this time I would like to thank the following individuals and businesses for your support of the Fire Fighter Memorial, October 6 at the Agency Longhouse:

Indian Head Casino and Plateau Truck Stop. The Museum at Warm Springs. DMJ Automotive. Madras Thriftway. Warm Springs Fire Module. Warm Springs Fire Management. The Warm Springs Hot Shot Crew.

The Warm Springs Engine Crew. Bona Fide Printing of Warm Springs. Warm Springs Fire Prevention. DJ Medina. Woman's Auxiliary and local veterans. The Eagle Thunder Drummers.

Jeremy Thomas and Krista Rhoan. Austin and Louis Smith Sr. Edna David. Truman Merrifield. Mike and Twink Leecy.; Wiley Fortson. Aaron Greene. Emery Greene. Sam Billy Chinook. Theron Spino.

Jeremiah Smith. Terry and Gladace Squiemphen. Florene Scott. Viola Govenor. George Spino. Roy Spino. Dabid Rodriguez. Lucinda Torrez. Vernon 'Wolf' Suppah. JoAnn Smith. Neda Wesley. Natalie Kirk. William Wilson. Rob Roy.

I want to give a big thank you to my Mom, sister and Aldwin, and my daughters. Thank you Jeremy Thomas, Albert Charlie and Wolfman Suppah for preparing the food the night before the event.

Thank you to the Engine Crew and Hotshot



Bob Medina photos/Fire Management

Grand Entry (above); and at left, Luther Clements (standing) was the inspiration for the Fire Fighter Memorial.



Crew for setting up the facilities. And to George and Roy Spino for the salmon. To Jordan Holliday and Jeremy Thomas for donating the deer meat.

Thank you Wolfman Suppah for donating the eels. And to Albert Charlie, Tony Holliday and Jeremy Thomas for cooking the salmon, eels and deer meat.

As you can see by this list it took a lot of support from the Fire Management crews, families and businesses to make this event a success.

Thank you to the elders and the community mem-

bers for having the courage to get up in front of our people and share your stories. And to Eagle Thunder for the Grand Entry and Round Dance song.

This is the first time having an event like this for our civil servants—the fire fighters. This is also the first time I've seen some of my past co-workers or their families in a long time. It reminded me of a reunion if you will.

We also had visiting tribes and agencies participate:

The original Warm Springs Forest Crew and Hot Shot Crew. The mem-

bers of the 1994 Prineville Hot Shot Crew. Yakama Nation. Umatilla Tribe. Grand Ronde Tribe. Burns BLM.

I hope this event has added to some of the families healing process. I know some families are in mourning and were not ready to come out and participate in the event. Our prayers and well wishes for you and your family.

I would also like to let the people know, If I left anyone off of the list, I went with the information I had! And if you weren't mentioned here I apologize.

Respectfully, Luther Clements.

### Change at Pharmacy

From the Warm Springs Pharmacy:

There is a new policy at the Pharmacy regarding over the counter medications.

First: There will be a wait time when getting over the counter medications.

Also: Walk-up over the counter requests are now entered in your medical chart, so your provider can know what medications you are needing.

A pharmacist will review you medication request or requests for any drug interactions with your current medications.

A label will be placed on the medication with specific instructions for you.

This is a new process that began in October to ensure safer medications for you.

We appreciate your patience and understanding!

**Warm Springs IHS Pharmacy.**

### Diabetes among Native Americans

Native Americans have a greater chance of having diabetes than any other U.S. group. Kidney failure from diabetes among Native Americans is the highest for any group.

November is Diabetes Awareness Month, and also Native American Heritage Month, making this a great time to consider the health options regarding diabetes.

Join the Warm Springs Health and Wellness Center at the clinic at noon on Wednesday, November 14

Saturday, December 8 at the Community Center.

There will be home crafts, baked goods, Native American jewelry and beadwork, and other great gift items.

If you would like to have a vendor table at the Bazaar, call Recreation at 541-553-3243.

### Light Parade

Warm Springs Recreation will host the Mickey & Friends Car Light Parade on Thursday, December 6. For information contact Recreation at 541-553-3243.

The parade line-up will be at 4 p.m., judging at 5, and the Car Light Parade begins at 6 p.m.

### Fall gathering

The Second Annual Indian Autumn Gathering at the Columbia Gorge Discovery Center at The Dalles is this Saturday, November 10.

The center is looking for tribal member vendors to participate. The Discovery Center hopes to include workshops, presenters, music, dancers and artisans, as well as a salmon lunch for purchase.

This will be a free admission day. For information

call 541-296-8600 ext. 245.

**Carolyn Purcell**, executive director, Columbia Gorge Discovery Center.

### Heritage Month at COCC

Central Oregon Community College is commemorating Native American Heritage Month with a trio of events being held throughout November. All are free and open to the public.

First will be a screening of the documentary *In the Light of Reverence: Protecting America's Sacred Lands* is showing from 4-5:30 p.m. on Thursday, November 8 at the Bend campus's Boyle Education Center, Room 155.

The documentary, produced by Sacred Land Film Project and narrated by Peter Coyote and Tantoo Cardinal, tells the story of three indigenous communities and the lands they struggle to protect.

The Lakota of the Great Plains, the Hopi of the Four Corners area, and the Winnemem Wintu of Northern California.

The documentary made the finalist list for 'Best Film on Mountain Culture' at the

Banf Mountain Film Festival.

Next up for Native American Heritage Month at COCC is an evening of flute music with guest musician Clem Picard from the Confederated Tribes of Warm Springs, 5-7:30 p.m. on Thursday, November 15, in the Hitchcock Auditorium on the Bend campus.

And third will be a celebration with traditional Native American dancing, singing and drumming with Quartz Creek Dancers and Carlos Calica, from 6-7:30 p.m. on Tuesday, November 20 in Wille Hall at the Bend campus.

For information on these events, contact Michelle Cary, Native American program coordinator, at 541-318-3782.

Or email her at: [mcary@cocc.edu](mailto:mcary@cocc.edu)

### Wellness of W.S.

Wellness of Warm Springs will meet this Thursday, November 8 from noon to 1 at the Family Resource Center conference room.

They will take part in the Great American Smokeout, encouraging people to make a plan to quit smoking. Everyone is welcome and lunch is served to all participants.

### At Chemawa

Chemawa Indian School Powwow Club is sponsoring a craft show December 1 from 10 a.m. to 4 p.m. in the school gym. It will feature hand-crafted and Native-style gifts. Interested vendors should call 503-399-5721. They are asking for a canned food donation at the door.

### Advocate

A Jefferson County Victims Assistance advocate comes to Warm Springs on the third Wednesday of every month at the Victims of Crime Services office, located at 1108 Wasco Street. Appointments can also be made for other times. For information call Ken Clark 541-475-4452 or VOCS 553-2293.

### Memorial

A memorial for David Hamilton Johnson will take place Saturday, November 10 at the Burns Paiute Tribe Gathering Center in Burns.

They will meet at 10 a.m. at the Gathering Center to go to the cemetery for the stone revealing at 10:30. A meal and giveaway will follow at noon. *All friends and relatives are welcome.*

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