

Parade, expo will honor Vietnam veterans

The Third Annual Welcome Home Vietnam Veteran's Parade & Expo will be held in Warm Springs on April 28.

The public event, hosted by the Eugene "Cougar" Greene Sr. American Legion Post and Auxiliary #48 honors veterans who served between February 28, 1961 thru May 7, 1975.

The day's events include a parade, an honor ceremony, a meal, and an expo. Free per-registration is required at: www.WSala48.org.

The purpose of the event is to show support and recognition to Vietnam era veterans. It's no secret that Americans who opposed the war in Vietnam were cruel to those in uniform.

Decades later society has made efforts to change the

message to these very veterans.

In Oregon, March 28 is Welcome Home Vietnam Veterans Day. Warm Springs held the first event on that day but it was too cold. Since 2017, the event has been held at the end of April when the weather in the high desert is warm.

Event check-in begins at 8 a.m. on the campus lawn at the tent visible from highway 26. Parade lineup is at 10 a.m. As an education venue the parade will be canvassed with facts about the Vietnam War.

Military organization floats are required to post facts about the war or their community of Vietnam veterans.

General floats are required to include a message

of gratitude to the Vietnam veterans. A quiet interview section will be set up for students and the media who wish to interview veterans.

The expo will be held at the end of the parade route in the Community Center gym. Setup begins at 8:30 a.m. and will be opened to the public from 12 to 5 p.m.

A Wall of Honor will be displayed of Vietnam veterans who have passed on. Everybody is invited to post their 4x6 photos framed in white paper frames by 10 a.m.

The American Legion family is joined each year by area veteran organizations, enterprises, small business, and the Tribal Council of Warm Springs to host this long overdue tribute.

Details of this drug, alcohol, and firecracker free event can be found at WSala48.org. For sponsorship inquiries or questions contact the organizers at 541-460-8212.

Susan Guerin, Warm Springs Auxiliary Post No. 48

Veterans honor day this month

There will be a Vietnam and Korean War Veterans Recognition Day on Wednesday, March 28 in Warm Springs, and on

Friday, March 30 in Madras.

Contact the Warm Springs VFW or American Legion to learn more.

CPS open house, blessing

The Warm Springs community is invited to an open house and blessing of the new Children's Protective Services building.

The CPS building is new in that the interior and exterior have been completely renovated: New floors and ceilings, windows, paint, furniture, and exterior improvements.

The open house and blessing is set for 10 a.m. to 2 p.m., on Friday, March 30.

East egg hunt is March 31

The Warm Springs Easter Egg Hunt is coming up on Saturday, March 31.

The hunt will start at 10 a.m. sharp behind the Family Resource Center.

The annual Easter egg hunt is sponsored by the Native Aspiration Coalition.

This is a drug and alcohol free event, fun for the whole family.

An event to memorialize and honor Warm Springs wildland fire fighters past and present is being planned for later this year by Luther Clements. You can learn more by checking out his Facebook Page.

Warm Springs Community Calendar

Brought to you by KWSO 91.9 FM

Thursday, March 15

There is an **Alcoholics Anonymous** meeting today at noon at the counseling center, and **Narcotics Anonymous** meeting at 6 p.m. at the Shaker Church.

Fitness activities scheduled for today at the Community Wellness Center: There's Boot Camp class at 12:10 in the Aerobics room, and Functional Fitness in the Social Hall. There's Men's IBA tonight at 7:15.

The Senior Wellness Center is having **Senior lunch** at noon. On the menu: corned beef brisket, rosemary roasted potatoes, Brussel sprouts and choice of fruit. Senior meals are free for folks 60 and older. 59 and under cost \$3 and youth \$1.

The **Water Control Board** meets from 1-3 p.m. at the Natural Resources Cougar Den.

Social dance class is today from 4-5:30 at the Community Center Aerobics room.

Friday, March 16

Here are some **fitness activities** happening today: Senior Fitness class is at 10:45 at the Senior Center. PiYo Class at 12:10 in Pod A at the Clinic and Functional Fitness Class at 12:10 in the Aerobics Room.

After senior fitness class today, participants can eat **lunch**. Today they are having chicken posole, brown rice, whole wheat tortillas and a choice of fruit.

There is a Behavior Health **Walk-In Clinic** today. Appointments are available between 1 and 5 p.m. The Medical Social Workers at the clinic can help with screenings, assessments, crisis intervention and many other things for children, adolescents and adults.

The Jefferson County Library Community **Film Center** will show the Academy Award Nominated film *The Florida Project*, rated R, at 7:30. Films are free and refreshments are available. They are shown in the Rodriguez Annex, next to the Library in Madras.

Saturday, March 17

There is an **Alcoholics Anonymous** meeting this morning at 10 at the Behavioral Health Community Counseling.

Sunday, March 18

Warm Springs **Christian Fellowship** is this morning at 9:30 at High Looker Lodge.

The Warm Springs Baptist Church has **Sunday School** at 10 and Worship Service at 11 this morning.

The **Warm Springs Food Bank** is located at the Presbyterian Church. They are open from 11:30-1:30 today. All food banks and pantries do take donations of non-perishable food or cash

There is a **Fusion Fitness** class every Monday and Wednesday morning at 6 at the community center Aerobics room. The class is suitable for all fitness levels.

Monday, March 19

It's **late start** Monday at schools in the Jefferson County 509-J school district. At the Warm Springs k-8 Academy that means school starts at 9:45 today and kids should be at school by 9:30.

Tribal Council will hold a **government to government** consultation today with state officials.

Here are today's **fitness activities**: Senior Fitness Class is at 10:45 at the Senior Center. At 12:10 there is Functional Fitness in the Aerobics room, and Pi-Yo class at the IHS atrium. This afternoon at 4 is Turbo Kick class in the Aerobics room. There is open volleyball from 5-6 and Ladies Basketball at 6.

Senior fitness class participants are invited to eat **lunch**. Today they are having beef enchiladas, refried black beans and a choice of fruit.

There is **Women's Prayer Group** at the Presbyterian Church from 12:15-12:45 today. All women are welcome.

Today at the Behavioral Health Center there is a **Women's Talking Circle** at 2; Adolescent Substance Abuse Education class is at 4:30, and Aftercare at 5:30.

Warm Springs **Vocational Rehabilitation** has orientation today at 3 p.m. at their office in the industrial park. Learn more by calling 553-4952.

Victims of Crime Services has a **Women's Support Group** today at the VOCS office, 1108 Wasco Street, behind the Old Boys' Dorm. It's from

3-5 p.m.

Aglow Bible Study is this evening at High Looker Lodge from 6:15-7:30. Everyone is welcome.

Tuesday, March 20

This is the first day of spring, and the first day of **Warm Springs Nation Little League practice**.

The **Mobile Medical Unit** will be located at the Community Center this afternoon. Call the medical department at the clinic to schedule an appointment.

Fitness activities happening during the noon hour at the Community Wellness Center today are Functional Fitness class in the Social Hall, and Boot Camp class in the Aerobics room. There's Men's IBA tonight at 7:15. There is a Fusion Fitness class tomorrow morning at 6 a.m., suitable for all fitness levels.

Today's **Senior lunch** at noon is teriyaki salmon, brown rice, Brussel sprouts and a choice of fruit. Seniors 60 and older eat for free, 59 and under are \$3 and youth are \$1 at the Senior Wellness Center.

Here is what's going on at the Behavioral Health Center today: an **Alcoholics Anonymous** meeting at noon, **Men's Group** at 1, Relapse Prevention at 3:30 and Alcohol and Drug Education at 5.

The **Jefferson County Food Bank** is located at

556 SE Seventh Street in Madras. They are open for distribution this afternoon.

Warm Springs **Vocational Rehabilitation** has orientation today at 3 p.m. at the Behavioral Health Center. If you or someone you know has or may have a disability that is a barrier to employment or employment advancement, learn about their options at an orientation or by calling 541-553-4952.

Soaring Butterflies Warrior Spirit class is afterschool today at the Warm Springs Academy from 3:30-5.

There is a **Wellbriety Warriors Accepting Re-**

covery meeting this evening from 6:30-8:30 at the Community Center Social Hall. It is open to anyone seeking sobriety and wellness.

Wednesday, March 21

The **Land Use Planning Committee** meets today from 9 a.m. to noon at the administration building, conference room 3. The **Culture and Heritage** Committee will meet 4-6 in conference room 3.

Today's fitness schedule: Senior Fitness Class at 10:45 at the Senior Center. At 12:10 there is Functional Fitness class in the aerobics room, and Pi-Yo

class at the clinic atrium. There is an afternoon Turbo Kick class at 4. There is Ladies Night Basketball at 6.

Here is what is on the **lunch menu** for Senior Fitness class participants today at the Senior Wellness Center: fennel potato, smoked salmon, crackers and a choice of fruit.

There is a Women's Group at 1 today at the Behavioral Health Center. Also today, **Anger Management** Group at 3:30. **Wellbriety Court Class** is at 5:15, and an **Alcoholics Anonymous** meeting this evening at 7.

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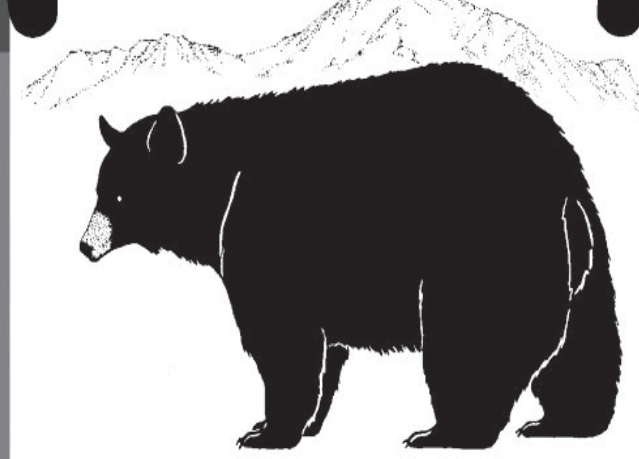
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