

# Employee of the Year at IHS

There are many things Arriana Adams likes about her job—helping the people with their health care, working to make a healthier Warm Springs Nation—though there is one part of her work that is very special:

“Definitely, the best part of my job is working with the babies,” Arriana was saying the other day.

“We see so many cute babies here.” Arriana works in the Medical Department—one of the three Medical Support Assistants—at the Health and Wellness Center.

Seeing the babies is a gift, like working with the tribal members in general. “I love interacting with my community, because I love my people,” Arriana says.

When a Native person has a health care need, “It’s so nice for them to see a friendly face, a familiar face at the clinic.”

Arriana has always wanted to work in the field of health. While at Sam Barlow High School in



Arriana Adams

Gresham she enrolled in the Center for Advanced Learning, taking college level courses in medicine.

During summers in high school, she lived in Warm Springs with grandparents Lyle and Arlita Rhoan, next door to her aunt Buffy Hurtado. Arriana worked at the Warm Springs BIA office before

joining the staff at the Warm Springs Indian Health Service.

For Arriana, 22, medicine is her career goal: “I think it would be great to have our own doctor here.”

### In recognition

Some years ago the employees at IHS formed the Employee Appreciation Committee.

Each month the six-person committee names a Warm Springs IHS Employee of the Month, based on input from fellow employees, and people who visit the clinic.

Then at the end of the year the Appreciation Committee takes a vote of the employees, in order to choose the Employee of the Year.

Arriana won the honor this year “because of all the beautiful comments from employees throughout the building, and from many patients,” said Marella Sam, committee chairwoman.

“She is a friendly, friendly young lady.”

# Three high school students are the first Tribal Health Scholars

Native American people face significant health disparities in comparison with the overall U.S. population. Some examples:

On average Native Americans live 4.4 years less than the general population. Chronic liver disease, diabetes, cancer, alcoholism and heart disease are higher among Native people.

Some reasons for these disparities: Historical trauma, access to care, poverty rate and other social factors.

Another important factor is the shortage of health care professionals who come from the Native communities. According to a study by the Association of American Medical Colleges:

“Having familiarity with the cultural values, lifestyles and spiritual beliefs of a patient can enhance the doctor-patient relationship. Physicians with knowledge and sensitivity to the traditions of these communities can improve the health care that is delivered.”

A new program at Madras High School—Tribal Health Scholars—is designed to help remedy the shortage of Native American health care workers.

The first Tribal Health Scholars are seniors Kaliyah Iverson, Lynden Harry and Enrique Ramirez.

During the 12-week program, the students will spend time at the IHS clinic. During the first nine weeks, starting in early February, the students will follow nine specific health careers.

During the final three weeks, the students will choose the area they wish to focus on. In addition to clinical shadowing, every week each of the Tribal Health Scholars will connect with Dove Spector, Northwest Native American Center of Excellence Health Pathway Coach.

“Native American people face significant health disparities, which is further jeopardized by a shortage of health care professionals who come from these communities. We aim to change that.”

— Dr. Erik Brodt, Director, Northwest Native American Center of Excellence, and Assistant Professor, Department of Family Medicine, OHSU School of Medicine

During these coaching sessions, the students will share their experience in the clinic; and Dove will provide them with additional resources and knowledge about college, and how to pursue higher education to achieve their dreams.

The Tribal Health Scholars program is a cooperative effort among the Northwest Native American Center of Excellence, Madras High School, On Track, the IHS, and the Warm Springs Health and Wellness Center. The group’s goal:

“We hope to generate more interest in health careers for Native youth by providing a firsthand look at what it means to be a health provider. We hope to provide an opportunity for Native youth to envision themselves as health care providers and help them achieve that vision.”

## Summary of Tribal Council

### January 8, 2018

1. Roll call: Chief Delvis Heath, Chief Joseph Moses, Chief Alfred Smith Jr., Chairman Eugene Greene Jr., Vice Chairman Charles Calica, Raymond Tsumpti, Carina Miller, Lee Tom, and Brigitte McConville. Minnie Yahtin, Recorder.

2. Bureau of Indian Affairs update.

3. Realty: Motion by Raymond to table potential land sale purchases until

the Realty Officer works to resolve issues on purchase prices, with a 30 day turnaround and to report at that time. Second by Charles. Question; 7/1/0, Chairman not voting. Motion carried.

4. Office of Special Trustee update.

5. Cannabis project update Motion by Brigitte to table this until the carbon sequestration funds come in. Second by Lee. Question; 4/0/4, Chairman not voting. Motion carried.

6. Federal and state legislative call updates.

7. Motion by Carina approving the Chairman to sign a letter to Senator Dembrow and Representative Ken Helm regarding the Cap and Invest Initiative. Second by Charles. Question; 7/0/1, Chairman not voting. Motion carried.

Executive session: 3:15-3:42 p.m.

8. Tribal attorney update with John Ogan.

9. With no further discussion the meeting adjourned at 4:45 p.m.

## Resolutions of Tribal Council

### Plant nursery

Whereas the Confederated Tribes of Warm Springs Reservation of Oregon is a federally recognized Indian tribe, organized pursuant to the Constitution of the Confederated Tribes of Warm Springs approved by the Secretary of the Interior on February 14, 1938; and,

Whereas the Warm Springs Tribal Nursery Program is designed to propagate native plants of cultural and ecological importance to protect, manage and enhance habitat that support culturally significant animal populations and ecosystems in the John Day Basin for the Confederated Tribes of Warm Springs; and,

Whereas the Bonneville Power Administration, a federal agency within the Department of Energy, provides support and funding for certain tribal programs, including the nursery; and,

Whereas it is in the tribes’ best interest to facilitate effective operation of the nursery, and Tribal Council has concluded that electric transmission lines to the property will be more efficient than the current gas powered pumps; and,

Whereas BPA has agreed to fund this operating upgrade; and,

Whereas in order to install the upgrade, Oregon Trail Electric Cooperative requires an easement for

a right of way across tribal land for the limited purposes of constructing, operating and maintaining the electrical transmission line (attached as an exhibit); now therefore,

Be it resolved by the Twenty-Seventh Tribal Council of the Confederated Tribes of Warm Springs, pursuant to Article V, Section 1(c), (f), and (l), of the Tribal Constitution and By-Laws that the Tribal Council hereby:

Approves the easement to OTEC for the limited purpose of construction, operating and maintaining the electrical transmission line across tribal land for the nursery; and,

Authorizes the chair, vice chair or secretary treasurer to execute the necessary documents. Resolution no. 12,416.

### Fishing

Whereas the Treaty with the Tribes and Bands of Middle Oregon on June 25, 1855 reserved to the Confederated Tribes of Warm Springs Reservation of Oregon the exclusive right to fish all waters on or bordering the reservation; and,

Whereas the Fish and Wildlife Committee has reviewed and proposed to the Tribal Council the 2018 fishing permits and regulations for non-tribal member fish-

ing on lakes and streams on and bordering the reservation; and,

Whereas the Tribal Council has reviewed the proposed 2018 fishing regulations and has determined that enactment of such regulations would be in the best interest of the tribes, its members, and of the natural resources of the Warm Springs Reservation; now therefore,

Be it resolved by the Twenty-Seventh Tribal Council of the Confederated Tribes of Warm Springs, pursuant to Article V, Section 1(l) and (u), of the Tribal Constitution and By-laws, and pursuant to Warm Springs Tribal Code 340.220 and Section 340.224 that the 2018 fishing regulations are hereby approved, adopted and enacted by the Tribal Council of the Confederated Tribes of Warm Springs. Resolution no. 12, 417.

## Health career overview at COCC

The Central Oregon Community College Bend campus is hosting an information session on its Allied Health programs from 5:30-6:30 p.m. on Tuesday, January 23.

The health programs covered will include dental assisting, massage therapy, medical assistant, pharmacy technician and veterinary technician.

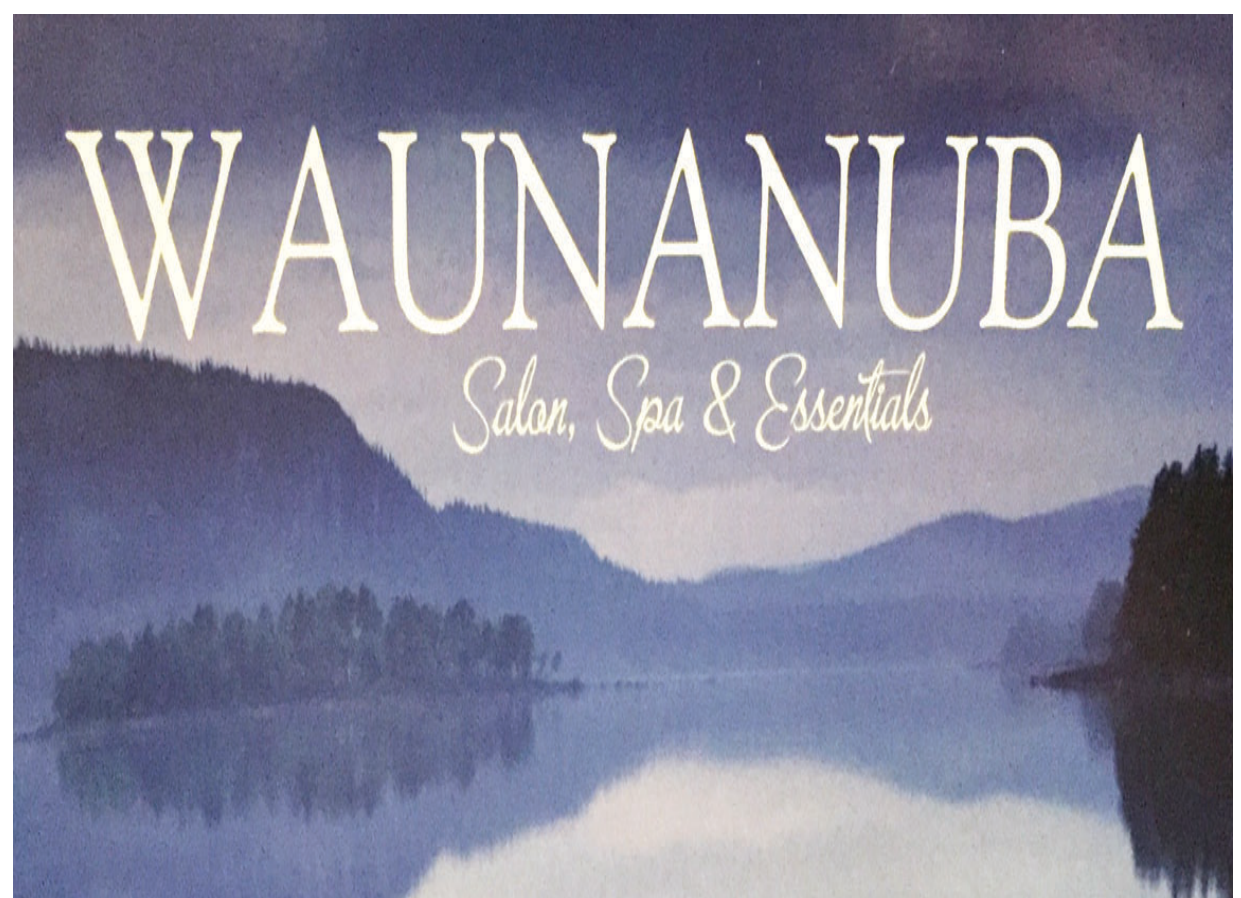
The session will include a description of each occupation, the typical clinical and administrative duties, as well as the certification or licensing required. There will also be a review of the structure, length and cost of each of the programs. It is not necessary to be enrolled at COCC to attend this session. Res-

ervations are not required. For information, call 541-383-7420. The information session will be in the Health Careers Center, room 190.

The Redmond and Bend campuses of Central Oregon Community College are hosting Scholarship Day on Thursday, January 25.

This is a day to help current and prospective students discover and utilize their financial aid options for the 2018-19 academic year.

The Bend campus event is from 11 a.m. to 3 p.m. in the Coats Campus Center. The Redmond campus event is from 3-5 p.m. in building 1, room 128. Both are open to the general public—no registration required.



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