

Nurse talks of diabetes management

(This is a conversation with Loraine Williams, IHS Model Diabetes Program Nurse. She has been with the Diabetes Department at the clinic for seven years.)

Question: What motivated you to join the Diabetes Program?

Answer: A genuine sense to help people with diabetes, and also my need to work.

What is a hobby of yours? What do you enjoy doing in your time off?

I like to spend my free time gardening or swimming.

Tell us about your work in the DM program. What do you think is most important for patients to do for their own health?

Being actively involved in all your health care decisions is the most important thing you can do for your health.

What is your role or job with the program? What is your favorite part of your job?

I am a registered Nurse, and I do many different things to assist patients and our diabetes care provider.

My favorite part of this job is promoting health for patients, their families and the community of Warm Springs



Dave McMechan/Spilyay

Nurse Loraine Williams at the clinic Community Health.

Why do you think management of diabetes is important?

It is important to take care of your diabetes because poorly controlled diabetes can silently affect your body and your mind. And

our health directly affects the quality of the life we live.

This article was provided by the Model Diabetes Program. If you wish to reach them at the clinic, please call 541-553-2478.

On the Council agenda

The following are items on the rest of the Tribal Council September agenda (subject to change at Council discretion):

Sunday-Wednesday, Sept. 17-20: CRITFC delegation meeting.

Monday-Thursday, Sept. 18-21: Affiliated Tribes of Northwest Indians.

Wednesday, Sept. 20: Natural Resources working group.

Monday, Sept. 25

9 a.m.: 2018 proposed budget with Finance.

10: Secretary-Treasurer and Chief Operations Officer updates with Michele Stacona and Alyssa Macy.

11 - October agenda, review minutes with S-T.

1:30 p.m.: Idaho National Guard with Jake Fruhlinger.

2:30: Legislative update calls, federal and state.

3:30: Enrollments with Lucille Suppach-Samson of Vital Stats.

Tuesday, Sept. 26

9 a.m.: Review minutes and resolutions with the S-T.

10: Draft resolutions with

the S-T.

11: Centralized billing update with Caroline Cruz.

1:30 p.m.: High Lookee Lodge update with Jolene Greene.

2:30: Culture and Heritage Language Program with Jefferson Greene.

3:30: Ventures financial update with Ventures management and board.

Thursday-Friday, September 28-29: meeting with CRITFC.

Note: All draft resolutions and ordinances including any attachments or exhibits will be due by the first Friday of each month by 5 p.m. by email for review (Word form). No exceptions. Copy to: michele.stacona@wstribes.org lynn.davis@wstribes.org

Items for future consideration:

Right of way workshop.

Water rights.

Burns Paiute government to government meeting.

Intertribal Housing Authority.

AmeriCorps VISTA serving at WSCAT

By Gabby Robinson
W.S. Community Action Team

Reading the job description for 'Community Development Specialist, Warm Springs Community Action Team' on the AmeriCorps VISTA web page, I became increasingly interested in how I could positively impact a community's economic growth.

AmeriCorps began over 50 years ago, and is a service program whose mission is to alleviate poverty.

The VISTA members who are part of the program provide indirect service by working with community organizations to build program capacity.

As a community development specialist at the Warm Springs Community Action Team (WSCAT), my role will be to promote economic development in Warm Springs.

I will be assisting WSCAT in projects including small business promotion, Tamánwit: A Community of Warm Springs artists, and the Outdoor Market.

In particular, I will work with social media and community outreach, and will assist in generating grant proposals to raise funds for



Gabby Robinson

WSCAT and the community.

Throughout my undergraduate career at Western Kentucky University, I found my passion within the field of social work and the ability to empower individuals to expand upon their own strengths.

Just three short months ago I worked as a student teacher/mentor to students diagnosed along the autism spectrum. I was also a case manager within a psychiatric behavioral hospital, in which I advocated for proper client treatment that would still adhere to insurance guidelines.

Both of these job duties introduced me to the importance of recognizing oppression while truly listening to clients' vulnerabilities and

struggles.

Leaving Kentucky and moving almost 3,000 miles cross country has proven a daunting task. Yet it has also been breathtakingly beautiful in that it has inspired me to uphold the values that are so ingrained in me as an individual, and through my background in social work.

These values include empowering people, enhancing human well-being, and helping people meet their basic human needs.

The job description that interested me a few months ago is now the position I hold within this community and I hope to honor Warm Springs, the WSCAT team, and AmeriCorps VISTA by being a resource to this community that will work tirelessly to listen, understand, empathize and advocate for community members in the hopes of expanding economic development. You can reach the Warm Springs Community Action Team at 514-553-3148; or stop by their offices at

Summary of Tribal Council

September 5, 2017

1. Roll call: Chief Delvis Heath, Chief Joseph Moses, Chief Alfred Smith Jr., Chairman Eugene Greene Jr., Vice Chairman Charles Calica, Raymond Tsumpti Sr., Valerie Switzler, Brigette McConville, and Lee Tom. Recordors, Norma Miller (morning), Minnie Yahtin (afternoon).

2. Bureau of Indian Affairs update.

3. Office of Special Trustee update.

4. Bureau of Indian Affairs Realty update.

5. Chief Operations Officer will work with a tribal member to haul donated hay to the Mutton Mountain area.

6. Attorney update by John Ogan will be rescheduled.

7. Federal legislative update call.

8. State legislative update call.

•Motion by Charles approv-

ing Valerie, Louie Pitt, Michael Mason, and Howard Arnett to draft a letter in rebuttal to The Oregonian's article regarding the Tribal Attendance Project to protect the interest of Native youth in education for snow days, to be brought back to Tribal Council for additional comments. Seconded by Raymond. Question; 6/0/2, Chairman not voting. Motion carried.

9. Tribal Attorney update with Howard Arnett.

•Motion by Charles approving the Chairman to sign letter to the Attorney General Rosenblum regarding *U.S. v. Washington "Culverts"* case (No. 17-269 (U.S. Supreme Court)). Seconded by Valerie; noting edits, paragraph 3 to name each treaty fishing tribe. Question; 6/0/2, Chairman not voting. Motion carried.

10. With no further discussion the meeting adjourned at 3:25 p.m.

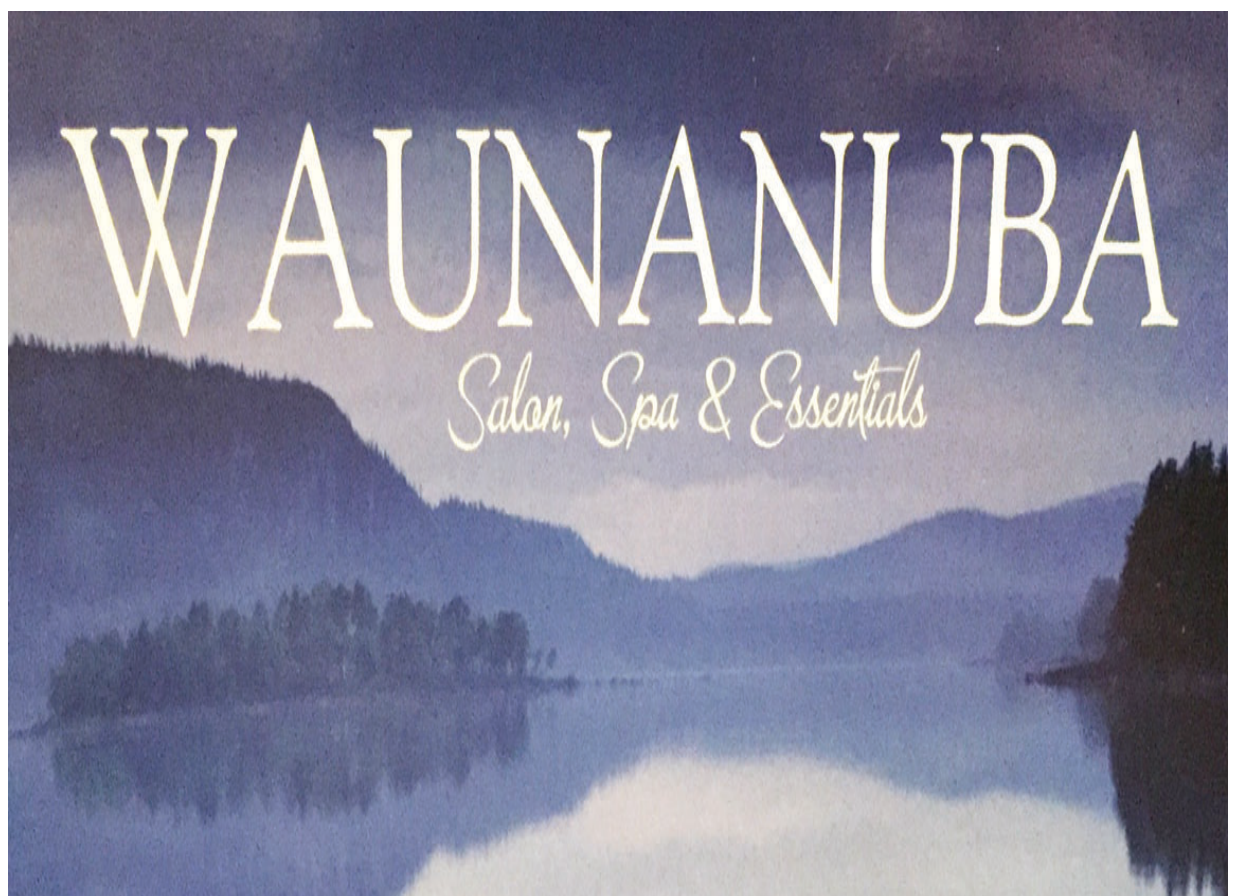
High Lookee Lodge

Assisted Living Facility



2321 Ollallie Lane
(PO Box 6)
Warm Springs, OR

Call 541-553-1182



15% OFF product purchases

To redeem mention this ad, or show your tribal ID.

341 SW Sixth St. Redmond

Tuesday - Saturday 10 a.m. - 6 p.m.

ph. 541-923-8071

