Letters to the editor

Bough cutters

The Timber Committee will host a bough cutters public meeting on Thursday, August 3 from 6 to 8 p.m. at the Agency Longhouse. The subjects include cutting locations and boughing regulations.

Anyone interested in obtaining a permit for the 2017 season is encouraged to attend. For the 2017 bough program you must submit your request form to the Timber Committee secretary by the close of business on August

Request forms are available with the Timber Committee secretary. The secretary is Carla Gilbert, 541-553-3257.

If you have questions please contact Talya Holliday at 541-553-8210, or Claude Smith III at 541-553-8213.

Land buy back

These are recent announcements from the Nez Perce Tribe Land Buy Back

The deadline for offer packets is August 11, 2017.

Question: What if I sent in my packet and I have not heard anything?

Answer: Checking the status is the land owner's responsibility. Please call the Trust Beneficiary number to verify your packet is received and being processed: 1 888 678 6836.

Do not delay if you have made your decision. Allow time for processing to ensure this opportunity does not pass by due to lost mail, undeliverable address, or any other reason.

Need notary services? Undecided? Questions?

Visit nezperce.org link Land Buy Back Program for listing of local notaries.

Our office location is 99 Agency Road in Lapwai, ID

The phone numbe is 208 843 2253.

For Scherri Greene, ext. 4822. Anthony Johnson, ext. 4821.

This is a time sensitive opportunity for land owners! Nez Perce Tribe Land

Buy Back Program

Metal show

The local band Damage Overdose and guests will perform at the Warm Springs Community Center on Sunday, August 6.

Damage Overdose is celebrating its Twenty Year anniversary, and the release of a new album.

The evening will also fea-

ture Hemlock and the Moshers of the Universe, now on tour; and Extinction Threshold from Bend.

The show starts at 6:30 p.m. on August 6, and is open to all ages. There is a \$10 entry. Merchandise raffle for all who purchase a ticket.

W.S. Red Cross

The Warm Springs Red Cross Group meets on the second Wednesday of the month at 5:30 at the Family Resource Center.

If you are interested in becoming a volunteer, plan to attend or contact Rosemary "Mushy" Alarcon at the Warm Springs Library or call Becky at 541-900-3533.

Wisdom of Elders

Wisdom of the Elder's cofounder and executive director Rose High Bear has announced her transition from the role of executive director. Wisdom's board is seeking a new executive director. The position description is available for potential applicants and will be open until

Applicants can submit a resume and cover letter to Jocelyn Furbush jocelyn@wisdomoftheelders.org or contact her if you have questions at 503-775-4014.

Wisdom of the Elders, located in Portland, records and preserves traditional cultural values, oral history, prophesy and other messages of guidance from indigenous elders in order to regenerate the greatness of culture among today's and future generations of native peoples. Learn more at:

wisdomoftheelders.org/

Tribal Council

The following are some of the items on the Tribal Council agenda this month (subject to change at Council discretion):

Monday, August 7

9 a.m.: Bureau of Indian Affairs update with interim superintendent.

9:30: Office of Special Trustee update Charles Jack-

10: Realty items with Urbana Ross, BIA Realty.

11: Government to government meeting with U.S. Army Corp of Engineers, JR Inglis, tribal liaison.

1:30 p.m.: Legislative update conference calls, federal and state.

Spilyay Tymoo (Coyote News, Est. 1976)

Publisher Emeritus in Memorium: Sid Miller Editor: Dave McMechan

Spilyay Tymoo is published bi-weekly by the Confederated Tribes of Warm Springs. Our offices are located at 4174 Highway 3 in Warm Springs.

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Spilyay Tymoo, P.O. Box 489, Warm Springs, OR

Phone: 541-553-2210 or 541-771-7521

E-Mail: david.mcmechan@wstribes.org. Annual Subscription rates: Within U.S.: \$20.00 2:30: Tribal attorneys up-

Tuesday, August 8

9 a.m.: Warm Springs Gaming Regulatory Authority with Pamela Douglas.

10: Board appointments with Emily Yazzie and Lynn

1:30 p.m.: Kah-Nee-Ta update with Marie Kay Will-

2:30: Ventures update with Don Sampson.

3:30: Telecom update with Michele Stacona.

Thursday, August 10: Town Hall meeting with Senator Wyden at the Warm Springs Academy.

Monday, August 14

9 a.m.: 2018 budget update with Alfred Estimo and Dennis Johnson.

10: Housing update with Danielle Wood.

11: Honor Veterans Powwow with Preston Meanus.

1:30 p.m.: CPS update with Cecelia Collins and Caroline

2:30: Centralized billing update with Caroline Cruz. 3:30: High Lookee update Jolene Greene.

Tuesday-Wednesday, August 15-16: Columbia River Treaty meeting.

Monday, August 21: Solar eclipse event. Tribal government closed for the day.

Tuesday, August 22

9 a.m.: Secretary-Treasurer with Michele Stacona and Chief Operations Officer with Alyssa Macy.

10: September agenda/review minutes with the S-T.

11: Draft resolutions with

1:30 p.m.: Legislative up-

date calls. 2:30: Enrollments with Lucille Suppach-Samson of

3:30: Financial update with with Alfred Estimo and Den-

Thursday-Friday, Au-

nis Johnson.

gust 24-25: Meeting with CRITFC.



Tribal Council vice chairman Jody Calica, veterans advocate, meets with Mychal Cherry, director of the Spirit Mountain Community Fund. Mr. Calica was on hand at the Spirit Mountain awards dinner to receive a contribution in the amount of \$110,000. This will go toward the Veterans Memorial Park at the Museum at Warm Springs. The memorial park committee, Tribal Council and staff have worked on this project through the year, with the Spirit Mountain contribution showing significant progress.

Monday, August 28

9 a.m.: Elder Council meeting.

10: Proposed 2018 budget Alfred Estimo and Dennis Johnson.

1:30 p.m.: Meeting with Idaho National Guard liaison.

Items for further con**sideration:** Government-togovernment meeting with Burns Paiute Tribal Council. Consideration of the Salem inter-tribal casino proposal. Central Oregon Intergovernmental Council request regarding transit program.

Community roundtable on economic development. Right-of-way workshop. Timber LLC. Verizon lease. Supplemental budget. Water rights. Boise Valley-Bannock.

Note: All proposed resolutions and ordinances, including any attachments or exhibits, are due by the first Friday of each month by 5 p.m. by email for review (Word form). No exceptions.

michele.stacona@wstribes.org lynn.davis@wstribes.org

Helping Lacey

Hello, I am planning a fundraiser to help Lacey Miller.

She had a stem cell transplant to treat her MS. She has had great success since her transplant, and I would say it was the miracle treatment she desperately needed.

However, she has follow up appointments in Chicago she must attend to learn exactly how successful it was, and determine where she goes from here.

As you can imagine insurance has been a challenge for her, and even though they did approve this treatment they have now informed her that her former doctor is no longer in network, forcing her to pay out of pocket for her already scheduled appointment in later this month.

She has filed the necessary appeals but those things never happen quickly. This has left her trying to figure out how to pay the required

20 percent up front for the MRI. Even if insurance has a change of heart this process has been extremely costly, as it was only being offered in Chicago as part of a trial study.

Lacey is a mother of a young child and works as a juvenile probation officer for Jefferson County. She's a very hard worker and cares deeply for the kids she works with.

There will be a fundraiser this Saturday, August 5, beginning with a 5 or 10k run/ walk, breakfast at 8:30, silent auction and Left Right Center Tournament at 10.

This will be at the Mt. Jefferson RAPA Range, 2209 NW Clackamas Drive in Madras. Donation of \$35 Sign up at: Eventbrite.com

· First 50 people to sign up, will receive a free Team Lacey t-shirt! Breakfast: Donation \$10. Silent Auction. Left-Right-Center Tour-

nament: Buy-in \$20.

Lyndsay Hessel

The many healthy benefits of reading for young people

by Craig Graham W.S. Library director

Parents want the best for their children, and a great way to help your child is to encourage him or her to

Reading to your child can gift them with a higher ability for learning in general. And they are more likely to do well in school.

After all, if a student is struggling to put together words and sentences, how can they be expected to learn the math, science and social concepts they'll be expected to learn when they begin elementary school?

A love of reading can slash stress levels, encourages positive thinking, and improves basic speech skills. Reading improves thinking and concentration.

Snuggling up with a book lets you and your busy

child slow down and recapture that sweet cuddly time when they were a baby, not as a chore but a nurturing activity that will bring you closer together.

Many benefits

Here are some more positive benefits:

Researchers estimate that we learn 5 to 15 percent of all the words we know are through reading.

This is particularly important for children, whose vocabulary size is directly and dramatically related to the books they read.

Reading improves concentration and discipline:

Along with reading comprehension comes a stronger self-discipline, longer attention span, and better memory retention, all of which will help your child when they enter school.

Reading improves

empathy: Getting wrapped up in the lives of characters strengthens your ability to understand others' feelings, and strengthens friendships and a sense of belonging.

Reading encourages life goals: Reading about someone who overcame obstacles may motivate you to meet your own goals.

The more you identify with a character and experience the events as if they were happening to you, the more likely you'll be to take positive action.

Reading can melt away stress and brighten your day, keeping your brain young.

Another recent study found that older adults who regularly read or play mentally challenging games like chess or puzzles are two and a half times less likely to develop Alzheimer's disease.

Reading is fun and can help you save cash. Kids who are exposed to reading are much more likely to choose books over video games, television and other forms of entertainment as they grow older.

The average novel costs between \$8 and \$15 (paperback) and takes about six hours to read. Compare that to going to see a few movies, spending a day at an amusement park or eating a few meals out. Reading is a much more cost-effective splurge for your entertainment dollars. And free from your local Library!

Books have the power to benefit children in many ways. As a parent, reading to your children is one of the most important things you can do to prepare them with a foundation for academic excellence.