

## Letters to the editor

### Pi-Ume-Sha Stickgame

This is a big thank you to all who helped with the Pi-Ume-Sha Stickgame Tournament, especially the participants that came near and far, the Warm Springs Tribes, Indian Head Casino, Warm Springs Market, and all that bought raffle tickets.

This was our first year in a long time to run the tournament. Our family raised money and ran it many years ago when my parents were here, and it felt rewarding to take a more active role again. My hope is that the young ones will start to take a more active role this coming year as we start to do our fundraising. The results of the raffle are as follows (all the raffle money went to fifth-place):

\$30 donated by Alice Sampson, won by Martha Winishut. \$25 donated by A.S. won by Reuben Henry. Purse with keychain donated by A.S. won by Mona Starr. \$50 gas card donated by Christopher Crane won by "Fudge" Fidelia Minnick.

\$25 gas card donated by C.C. won by Sybil Smartlowit. Tool set donated by Vanessa Crane won by Reuben Henry. Sleeping bag donated by V.C. and won by Paula Saunders. Tent donated by V.C. and won by Kim Starr. Two scarves donated by V.C. won by Janell Jim.

Boy's vest donated by Violet Heath and won by Paula Saunders. Necklace with earrings donated by V.H. and won by Alice Sampson. Two beaded barrettes donated by Lena Looney won by Moss Smartlowit and the other by Gene Sampson.

Beaded barrette donated by Aldene Pevo won by Travis Andy. Beaded medalion donated by A.P. and won by Paula Saunders. Beaded pill bottle donated by A.P. won by Reuben.

The tournament results: First place, Kim Starr of Warm Springs. Second place, Ashley Leslie of Yakama. Third, Charles Selam Jr. of Yakama/Warm Springs. Fourth (coach) David Yelloweyes, Montana Native, lives in Spokane. Fifth, Sybil Smartlowit of Yakama/Warm Springs.

Again, a thank you to everyone that helped with the raffle, feeding the people (food preparation and cleanup), Vanessa, Christopher, Cecilia and Marissa Andy, Melissa Knight, Katie Wallulatum, Gene and Alice, Violetta Vaeth, Travis Andy, Katie Mae Frazier-Smith,

Joe, Wamblee Wallulatum, Sterling Sampson, Romona Starr, Sam Starr, and Moss and Sybil for the apples, cherries and asparagus. I hoep I did not forget anyone!

Paliyawasa Tananma (Stickgame people).

### Thank you all

This letter is to thank all the individuals who were advisors, beaders, the bell ringer, canners, dancers, donors, drummers, fence builders, helpers on the wash, instructors of moccasins, Pendleton vests, ribbon shirts, head cook/kitchen helpers, seamstresses that donated their time and offered to step in and help out, the one giving the Indian names, anything that required work and effort; our family appreciates you and your hard work.

*(I decided not to single individuals out by name but place each and every one of you on the same level, first.)*

This was an opportunity that required planning, preparing foods and prayer. We are honored and thankful for each and every one of you for your time and love. This truly is one of the many learning lessons, the amount of involvement, concern and back door workers to make sure we had everything, and everything was done, finalized, what a touching day we will remember forever!

Thank you so much,  
**The Yallups/Lecyys and extended families.**

### Employee Wellness

The 2017 Employee Wellness program will have a class on Monday, July 10, covering the topic 'Injury, Prevention and Fitness.' The presenters are Natalie Kiefer, Diabetes Prevention, and Jennifer Russell, personal trainer.

The class will be at 5:15 p.m. in the community center social hall. If you participate in two meetings (another one is coming up in October), you receive at Confederated Tribes of Warm Springs hydroflask.

### Tribal boards

Tribal Council made several appointments to the boards of tribal enterprises:

Mary Sando-Emhoolah was appointed to the Credit enterprise board.

Roy Spino was appointed to the Water Board.

James Halliday and Theodore Kulongoski were appointed to the Warm Springs Ventures board.

Douglas Williams Jr. and Marcia Soliz were appointed to the Tribal Employment Rights Office.

Rafael Queahpama was appointed to the Power and Water board.

Douglas Williams Jr. and James Halliday were appointed to the Composite Products board.

Mavis Shaw was appointed to the gaming board.

Glendon Smith was appointed to a judgeship with the Tribal Court. Gayleen Adams was appointed to a judgeship with the Tribal Court.

### Raffle results

The Elder Council announces the winners of their Senior Day raffle.

Butterfly earrings, Joanna Meachem. Leather rodeo necklace, M. Medina.

Indian Head Casino fleece blanket, Keith Canaday. Crystal hoop earrings, Vonnie Larsen.

San Francisco cap with feather, James Arthur. Turquoise earrings, Diana Shirk.

Dream catcher, James Arthur. Silver dangle earrings, Jessica Leslie.

Indian Head Casino \$25 gift card, Neva McPherson. Ribbon shirt, Ed DeGarmo.

Kah-Nee-Ta night, Brien Cramp. Beaded buckle, Dean L. of Tulalip. Blanket, Winona Linda Thomas. MWS package, Viola Governor.

Kah-Nee-Ta night, Steve Freud. Northwest camouflage cap, Regina Wheeler.

Indian Head Casino gift package, Cal Poncho. Baby blanket, Paula Solmiker. Thank you all for participating.

**Michael Clements.**

### Health of it

St. Charles Health Systems invites the Warm Springs community to a 'For the Health of It' event this Thursday, July 6. This will be at the Warm Springs Youth Center from 3-4:30.

The focus is on healthy eating, featuring dieticians from IHS and OSU Extension Service.

The event is open to kids, families and adults looking for fun and active ways to stay healthy this summer.

You will earn a raffle entry for attending, with a chance to win prizes at a celebration event in October.

### HeHe gathering

The Confederated Tribes of Warm Springs Men's Wellness Gathering invites the community to the HeHe Campground, July 19-20.

We are excited to invite you to this free men's wellness conference. Join us as we retreat into the quiet locale of the HeHe Butte Longhouse.

There will be participation in group discussion, and ancient ceremony done in times of great change.

The gathering will allow time for the exploration of nature, sweat lodge, meditation, music and games. The accommodations are your tent or trailer (no RV hook-

### Tribes' appreciation

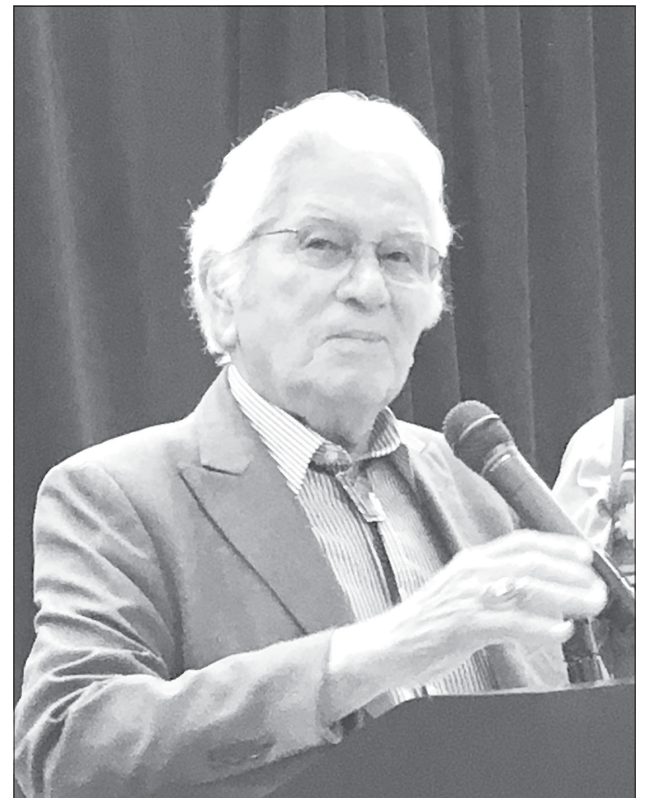
Stan Speaks and Mrs. Speaks have been to the Pi-Ume-Sha Honor Dinner for the past 30 years.

This year at the event Tribal Council Chairman Austin Greene Jr. and others paid special tribute to Mr. Speaks and his wife.

Mr. Speaks is the Director of the BIA Northwest Region. He likely will be leaving the position soon for a different region. So the recent Honor Dinner may have been the last with Mr. and Mrs. Speaks in attendance.

Mr. Speaks is originally from Oklahoma, a member of the Chickasaw Nation. He has been with the Northwest Regional office for 32 years now.

That may sound like a long time, "but when you're busy it moves along pretty fast," he says. "And there's nothing like working with tribes."



Stan Speaks at the recent Pi-Ume-Sha Honor Dinner.

In the Northwest Region there are 45 federally recognized tribes. Mr. Speaks has been a good friend to them, including the Confederated Tribes.

"I've always had respect for Warm Springs," he said.

"I think you have good leadership and a good Council. I've tried to give assistance when I could, and contribute something to the tribes. I hope I've helped make some improvements."

ups available). Meals will be provided by the Health and Human Services Branch. Please bring additional snacks as needed.

The conference brings together Warm Springs tribal members, members of other Native American communities, and any other men who wish to partake in this gathering. The facilitators are Don Courtney, Dan Martinez, Mykee Martinez, Andy Leonard, Scott Kalama, Leighton Pennington, Dr. John Spence (Gros Ventre/Sioux), Jarvis Kennedy and Demus Martinez.

Please email **Michael Martinez** for registration details: michael.martinez@wstribes.org Or call 541-553-3205.

Michael Martinez, Warm Springs Prevention Team

### For veterans

The Museum at Warm Springs is participating in the Blue Star Museum Program.

The Blue Star program offers free admission to the Nation's Active duty military personnel and their families through Labor Day.

The Museum at Warm Springs is one of many museums to offer free admission to military personnel and their families this summer in collaboration with the National Endowment for the Arts, Blue Star Families and the Department of Defense.

### KWSO DVD

KWSO was fortunate to be granted \$1,200 from the Warm Springs Washanaksha Cultural Trust Board in 2017 to create content for and manufacture 1000 DVDs to be distributed in the community.

Throughout the summer at community events, DVDs will be handed out. You can also just stop by the Warm Springs Media Center and pick a DVD up.

The DVD includes 20 videos. The first two are based on radio programming around:

The Warm Springs Child

Health Task Force "5-2-1-0" message of healthy habits for kids; and the "We R Native" program which is housed at the Northwest Portland Area Indian Health Board.

There are KWSO language lessons turned to video: a Kiksht fishing lesson, an Ichishkiin huckleberries lesson; and a Numu roots lesson. There is a short documentary on root digging as well.

Jefferson Greene let us use his Ichishkiin videos he developed while working at the Culture and Heritage Language Program this past year.

There are 11 of Mr. Greene's lessons included on the DVD, plus a music video produced by Brutis "Big B" Baez, based on the Sam Cooke song *Change is Gonna Come*, but in the Ichishkiin language.

Several years ago Native singer and artist Arigon Starr visited KWSO and recorded a song called *Celilo Falls*, which is featured in a music video with historical photos. The last video on the DVD is a spoken word piece called *Indian Love* about domestic violence and the need to recognize and talk about mental health issues.

Artwork for the DVD includes images that were a part of KWSO's 2016 Wash-anaksha grant award.

Goals of the Warm Springs Washanaksha Cultural Plan include projects that:

Promote tribal members' understanding of and involvement in cultural activities, traditions, arts, language, dance, history, music, etc.

Pass on tribal knowledge and practices to our youth and help them feel connected to their culture.

Preserve, practice and teach our tribal languages: Ichishkiin, Numu and Kiksht.

Support the work of our artists and traditional teachers, including their ability to earn a living from their work.

The Washanaksha board typically announces that grant applications are available in the late fall each year.

Requests are considered from Confederated Tribes of Warm Springs tribal members, residents of the Warm Springs Reservation, Confederated Tribes of Warm Springs programs and committees, and Warm Springs community organizations.

Grant funding is sponsored by the Oregon Cultural Trust, which provides funding to Oregon county groups and tribes to support the arts and heritage.

**Sue Matters**, KWSO station manager.

### Raffle winners

The Elder Council hosted a Pi-Ume-Sha Raffle in June. Here are the results (item won and winner):

Silver cap, Wendell Jim of Warm Springs. Necklace-eagle, Lucille Quilt of Tahola, Wash. Bear Cap, Eric. Necklace and earrings, Lillian Burns.

Blue ribbon shirt, Kenton Dick of Burns. Wool bag, Astro Ray of Florence. Necklace-feather, Bobbie Gilbert of Warm Springs. Necklace-cross, Kenton Dick of Burns.

Ducks ribbon shirt, Emerson Miller, Warm Springs. Red blanket, Emerson Miller, Warm Springs. Black cap, Montes LeQui from Astoria.

Necklace-diamond, Ron Quilt of Covelo, Calif. Pendleton vest, William Hobo Patt of Warm Springs.

**Michael Clements**, Warm Springs Elders Council.

### Mac Dash

The Tenth Annual MAC Dash Sprint Triathlon is on September 9. Organizers are looking for volunteers to help at the pool, along the bike and run routes, at the finish line and in other areas during the event. All volunteers receive a t-shirt and lunch. If you are interested, send an email to Jim Gemelas at jgemelas@gmail.com.

Volunteers meeting on September 6 at 6 p.m. at the MAC.

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