

A conversation on managing diabetes

This is a conversation with Maria Godines, from the Warm Springs Diabetes Program:

How long have you worked with the Diabetes team at the Warm Springs Clinic?

I started work here late December 2016.

What motivated you to join the Diabetes Program?

I have experience in the health arena through working with Living Well with Chronic Conditions—LWCC—and being the care provider for my mother.

However, the staff that are employed here are a big plus. I really liked the job interview, it gave me a glimpse of who I would be working with and what their per-



Maria Godines

sonalities are.

I had a good feeling about the Diabetes Program staff and the

goals they have for helping the community with diabetes.

What is a hobby of yours? What do you enjoy doing in your time off?

I like to work with my hands and being creative. I like to sew, bead, garden and bake.

Tell us about your work in the Diabetes Management program.

What do you think is most important for patients to do for their own health?

Be mindful that your body is the only one you have, and that there is only one you, so take care of yourself to last a life time.

What is your role or job with

the program, and what is your favorite part of your job?

I am the administrative assistant.

There are many reasons why I like my job, but I really like learning new tasks and being given more responsibilities.

I enjoy helping where I can and having the ability to do my job with support when needed.

Why do you think management of diabetes is important?

To ensure you are feeling the best that you can, and to prevent further complications that could occur from diabetes.

For more information on managing diabetes, contact the Warm Springs Model Diabetes Program, 541-553-2478.

Softball tourneys at powwow

The Pi-Ume-Sha Open Softball Tournament is coming up on Saturday, June 24 and Sunday, June 25.

On June 24 is the co-ed tourney, and the men's tourney on June 25, both at the Pi-Ume-Sha fields. Entry fee is \$275 per team.

Regulations: 12-man roster, ASA and NSA bats, county 1-and-1 at bat, one foul courtesy. Co-ed: five women and five men on field. Bonus: women's home run in co-ed, two runs.

Awards: first place, sweaters. Second, crew neck sweater. Third, t-shirts. All Stars.

Contact Sandra Greene-Sampson. Call or text 541-325-1839. Email: pubutil@wstribe.org

Cash, money order or Paypal accepted. \$100 deposition due by June 20.

Tribal Council agenda

The following are items on the Tribal Council agenda for the rest of June (subject to change at Council discretion):

Monday, June 12

9 a.m.: Review minutes/resolutions with Secretary-Treasurer Michele Stacona.

10: Records Center update with Lynn Davis.

11: Education Branch update with Chief Operations Officer Alyssa Macy.

1:30 p.m.: IHS/Joint Health Commission/Managed Care updates with Carol Prevost, Caroline Cruz and Mike Collins.

2:30: IHS budget/financials with Carol Prevost and Yvonne Iverson.

3:30: Ventures update with Don Sampson.

Tuesday, June 13

9 a.m.: Bond legislation with Jim Manion/Warm Springs Power & Water Enterprise-Orrick.

10: 509-J school district discussion with superintendent Rick Molitor.

11: Trail West lease/natural gas pipeline with Jim Manion.

1:30 p.m.: Tribal Court update with Chief Judge Lisa Lomas.

2:30: 2017 Personnel Manual update with Elizabeth Sato and Kurt Barker.

Monday, June 19

9 a.m.: May financial update with Alfred Estimo and Dennis Johnson.

10: FY2017 Tribal Transportation Program with tribal planner Lonny Macy.

11: Transportation Safety Plan for Highway 26 with Lonny Macy.

1:30 p.m.: Economic development plan with Kahseuss Jackson.

2:30: Telecom update with Michele Stacona.

3:30: TERO update with Wendell Jim.

Tuesday, June 20

9 a.m.-5 p.m.: Timber appraisals/Timber LLC workshop with Clyde Hamstreet, Cal Mukmuto, Forestry staff and BIA.

Thursday-Friday, June 22-23: CRITFC meeting.

Friday, June 23: Four Chairs meeting at Kah-Nee-Ta.

Thursday-Sunday, June 22-25: Pi-Ume-Sha Treaty Days.

Monday, June 26

9 a.m.: Secretary-Treasurer and COO updates with Michele and Alyssa.

10: July agenda/review minutes with the S-T.

11: Draft resolutions with S-T.

1:30 p.m.: Legislative update calls.

2:30: Enrollments with Lucille Suppach-Samson of Vital Stats.

3:30: Self Governance Compact (Forestry/Natural Resources) with Josh Newton.

Monday-Thursday, June 26-29: Forty-First Annual National Indian Timber Symposium hosted by the Yakama Nation.

Note: All draft resolutions and ordinances, including any attachments or exhibits, are due by the first Friday of each month by 5 p.m. by email for review (Word form). No exceptions. Copy to: michele.stacona@wstribe.org lynn.davis@wstribe.org

Summaries of Tribal Council

May 22

1. Roll call: Chief Joseph Moses, Chief Alfred Smith Jr., Vice Chairman Charles Calica, Carina Miller, Valerie Switzler and Brigette McConville. Minnie Yahtin, Recorder (morning), Emily Yazzie, Recorder (afternoon).

2. Strategic report for Warm Springs Timber LLC.

• Motion by Carina to table this resolution, adding the workshops in June; seconded by Brigette. Question: 3/1/1, Chairman not voting. Motion carried.

3. Secretary-treasurer Update.

4. Chief Operations Officer update.

5. Federal and state legislative update calls.

6. Enrollments. • Motion by Valerie to adopt Resolution No. 12,338; Seconded by Brigette. Question, enrolling five individuals: 4/0/1, Chairman not voting. Motion carried.

• Motion by Carina to adopt Resolution No. 12,339; seconded by Brigette. Question; approving a relinquishment so the individual can enroll in the Yakama Nation: 5/0/0, Chairman not voting. Motion carried.

7. March and April Finance update.

8. June agenda/travel delegations.

• Motion by Brigette approving the June agenda subject to change; seconded by Carina. Question; 4/0/1, Chairman not voting. Motion carried.

• Motion by Carina approving the June travel delegations subject to change; seconded by Brigette. Question: 4/0/1, Chair-

man not voting. Motion carried.

9. With no further discussion the meeting adjourned at 4:03 p.m.

May 30

1. Roll call: Chief Joseph Moses, Chairman Eugene Greene Jr., Vice Chairman Charles Calica, Raymond Tsumpti, Carina Miller, Lee Tom, Valerie Switzler and Brigette McConville. Minnie Yahtin, Recorder.

2. Receivership update.

• Executive session (9:23-11:25 a.m.)

• Motion by Valerie authorizing the Chair, Vice-Chair and/or Secretary-Treasurer ("Tribal Officers") to, in consultation with legal counsel, approve an indemnity agreement with Yakama Forest Products ("YFP"), which indemnifies YFP for the principal amount of the outstanding balance of amount owed by Warm Springs Forest Products Industries (WSFPI) resulting from YFP's 2015 log sale to WSFPI. In no circumstance shall the amount of the indemnity exceed the actual principal amount outstanding or \$175,000, whichever is less; seconded by Brigette. Question: 7/0/0, Chairman not voting. Motion carried.

3. Other business

• Consensus opposing a meeting with the Grand Ronde Tribe.

• Chairman gave a report from Affiliated Tribes of Northwest Indians Conference.

• Discussed concerns regarding TERO.

5. With no further discussion the meeting adjourned at 11:51 a.m.

Yakama Powwow this weekend

The Yakama Nation Treaty Day Commemoration Powwow is June 9-11 in White Swan.

Grand entry times are 7 p.m. Friday, 1 and 7 p.m. on Saturday; and 2 p.m. Sunday.

Commodities open house

The Commodities Program is holding an open house on Wednesday, June 14, from 1:30-4 p.m.

They will have bison meat spaghetti samples to try.

Anyone who wants to know more about the Commodities Program is welcome. And you can reach the program at 541-553-3422.

Soul Singer Andy Stokes will put on a concert at Kah-Nee-Ta Resort on Saturday, July 15.

The concert is brought to you by DJ Medina. Check the KWSO for details coming soon.

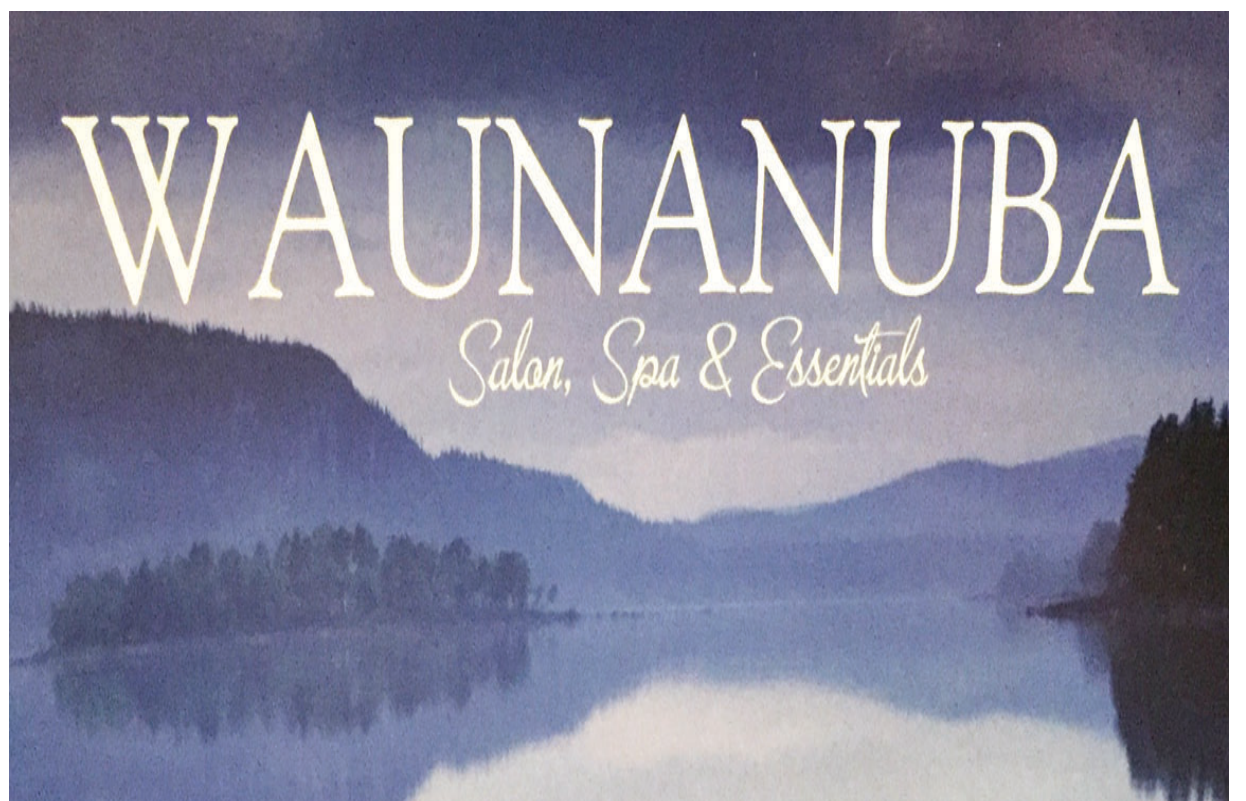
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