

Recognizing, addressing teen dating violence

by **Jazmine Ike-Lopez**
for *KWSO*

"Teen dating violence." What do these three words mean to you?

Perhaps you think of physical or verbal abuse from a significant other.

Maybe you think back to a relative or friend that suffered from this problem.

It could also be an issue that you never pay attention to unless brought up by another.

Whether or not any of these apply to you this article is here to help you and others notice signs of teen dating violence as well as what you can do to stop it.

Approximately one in three teenagers fall victim to teen dating violence. There are no boundaries to who becomes a victim, nor who

will be the one to help them.

To help you determine if this is an issue you or someone you know is facing here are some possible warning signs:

Frequent headaches, abdominal pain, reduced academic performance, unexplained bruises, depression.

Noticing these signs is the first step, followed by speaking to another about it.

For some people, taking the initiative to reach out to the possible victim can be a sensitive and nerve racking idea; however, sometimes the victim is too scared or in denial to ask for help themselves.

If you want to address the issue, but are unsure what to say, ask questions such as:

Is he or she giving you guilt trips?

Is he or she blaming you

for everything?

Is he or she telling you what to wear and who to talk too?

All these questions can not only help you identify the possible dating violence, but also help the victim realize it themselves.

After establishing that there is an issue to be concerned about, offer the victim possible outlets to get help.

If you yourself are unaware of who the victim can reach out to, find someone else you can trust and who can also lead you to the right direction.

Some possible outlets include the school counselor or nurse, the victim's parents, or a clergy man or woman.

If you are a parent who's teenage child is showing signs of an abusive relation-

ship, but are unsure of what you can do to stop it, here is some advice:

Teach your child about self-respect. Listen but do not judge. If he or she does not want to talk to you about it, find someone who he or she will talk to. Address the fact that he or she looks unhappy, and look for programs in your community.

Teen dating violence is a real issue for many adolescence and too many have gone ignored.

If you are a victim and want to get help with someone outside of your community you can also call the National Domestic Violence Hotline at 1-800-799-7233.

Please if you or someone you know notice or face this issue do not wait to act.

Summary of Tribal Council

January 10, 2017

1. Roll call: Chief Delvis Heath, vice chairman Charles Calica, Raymond Tsumpti Sr., Ronald Suppah Sr., Valerie Switzler, Carina Miller and Lee Tom. Emily Yazzie, recorder.

2. The morning agenda item moved to afternoon; items rescheduled.

3. Funeral benefits agreement with Lisa Lomas, Tribal Court chief judge:

Rescheduled. Allow the Culture & Heritage Committee to have input and work with the S-T to ensure it is included.

4. Interim Tribal Court Judge: Lisa requested to include this topic due to timelines.

Motion to accept the Tribal Court judge resignation. Motion carried five affirmative, chairman not voting.

Motion to adopt Resolution No. 12,280 appointing interim Tribal Court judge Glendon Smith until one is selected; motion carried five affirmative, chairman not voting.

5. Minors Trust Investment Policy Statement with finance director Alfred Estimo Jr., and treasury controller Dennis Johnson.

Motion to adopt Reso-

lution No. 12,281: Minors Trust Investment Policy Statement with Columbia Bank. Motion carried four affirmative, one abstain, and chairman not voting.

Secretary-Treasurer to schedule and have Columbia Bank give an update and view online training and accessibility on trust account access.

6. Land Buy Back Program: to be rescheduled.

7. TV Butte with Secretary-Treasurer Michele Stacona.

Kayla Godawa-Tufti update (via telephone)

Motion to adopt Resolution No. 12,282 support to protect TV Butte; motion carried six affirmative, chairman not voting.

February 14, 2017 is the next Lane County Commission meeting

8. Implementation Plan update: To be rescheduled.

9. Motion to adjourn. Motion to adjourn rescinded. Meeting called back to order.

10. Motion to authorize the allocation of \$25,000 for snow removal. Motion carried six affirmative and chairman not voting.

11. Meeting adjourned 4:09 p.m.

Don't miss Native elders story telling event

Wisdom of the Elders Inc. and the Northwest Indian Storytellers Association are holding two special Northwest Native American Storytelling events.

These will be on Friday, February 17 at Portland Community College Cascade's Moriarty Auditorium.

The Traditional First

Foods Symposium is the afternoon of February 17 from 2:30-5 p.m., featuring guest speakers discussing the impact of a changing environment on salmon, lamprey eel, camas, and other threatened or endangered traditional First Foods species.

The evening of Native American storytelling is Feb-

ruary 17 starting at 7 p.m., celebrating the eleventh season of tribal storytelling.

The Advisory Council members of the Northwest Indian Storytellers Association will share traditional stories about traditional First Foods. Tribal storytellers and song carriers have always acknowledged the link between

their stories and songs to traditional First Foods, and are increasingly communicating the critical importance of restoring Pacific Northwest ecosystems to support declining species. Tickets are available at the Wisdom of the Elders Inc. website: wisdomoftheelders.org

Around Indian Country

Calif. Condors could return to Oregon

After an absence of more than 100 years, California condors may soon be returning to the Pacific Northwest.

A draft plan by the Yurok Tribe, the National Park Service and the U.S. Fish and Wildlife Service would reintroduce the continent's largest bird into Redwood National Park in Northern California—just a short flight by condor standards from southern Oregon, which is also part of the species' historic range.

The project would continue efforts to restore condors in California, and further the goal of returning the condor into its historical range by expanding the geographic scope of recovery efforts already in progress.

Though native to this region, and commonly seen here during the time of Lewis and Clark, California condors haven't soared through Northwest skies for

more than a century.

The Oregon Zoo is one of 16 partners teaming up in this effort to return the largest land bird in North America into its historical range.

The California condor was one of the original animals included on the 1973 Endangered Species Act, and is classified as critically endangered.

In 1982, only 22 individuals remained in the wild, and by 1987 the last condors were taken into captivity in an attempt to save the species.

Thanks to breeding programs like the Oregon Zoo's, condor numbers now total more than 400, with the majority of those flying free.

The California condor is a culturally important bird of the Wasco Tribe. The bird, also called the Thunderbird, was associated with storms, thunder

and lightening, and the ocean. Atwai Wasco Chief Nelson Wallulatum was asked by the Oregon Zoo to name the first chick that hatched there.

The zoo's condor recovery efforts take place at the Jonsson Center for Wildlife Conservation, located in rural Clackamas County on Metro-owned open land. The remoteness of the facility minimizes the exposure of young condors to people, increasing the chances for captive-hatched birds to survive and breed in the wild.

More than 60 chicks have hatched at the Jonsson Center since 2003, and more than 40 Oregon Zoo-reared birds have gone out to field pens for release.

Reintroduction into Redwood National Park would contribute to the recovery of this species through re-establishing a breeding population within its historical range.

Groups file to intervene in railroad lawsuit

Environmental and health groups filed a motion in January to intervene in opposition to Union Pacific's recent lawsuit in federal court seeking to exempt itself from the Columbia River Gorge National Scenic Area Act.

The opponents are the Friends of the Columbia Gorge, Oregon Physicians for Social Responsibility, and Columbia Riverkeeper.

In November of last year, the Wasco County Board of Commissioners denied Union Pacific's application to build four miles of new tracks around the town of Mosier.

A reason for the denial was the potential infringement of tribal treaty rights, and violations of Wasco County's National Scenic Area land use ordinance.

Gorge counties are required by federal law to implement National Scenic Area land use ordinances. Union Pacific appealed the Wasco County denial decision to the Columbia River Gorge Commission.

Now, Union Pacific's lawsuit seeks to bar the Gorge Commission from hearing this appeal, invalidate this decision denying the application and establish that the railroad is not subject to Gorge protection laws.

Union Pacific filed this lawsuit in federal court just months after it caused an oil train derailment and fire in Mosier, a town within the Columbia River Gorge National Scenic Area.

The lawsuit was filed against the six Oregon members of the Columbia River Gorge Commission, members of the Wasco County Board of Commissioners, and the Wasco County planning director.

The Federal Railroad Administration determined that Union Pacific caused the oil train derailment and fire in Mosier last June.

Reminder to tribal member higher ed students

Warm Springs Higher Education reminds students that they can apply for federal financial aid now. Students who apply early may be eligible for other grants. If you need assistance to apply for FAFSA for the 2017-18 school year, plan on attending one of the upcoming workshops.

The next is on Monday, February 13 from 11 a.m. to 2 p.m. on the top

floor of the Education building. Contact Carroll Dick at Higher Ed to find out what you need to bring with you. The application takes about 30 minutes to complete.

There is a FAFSA Workshop on Thursday, February 9 at the COCC Madras Campus at 1 p.m.

Students can get help in applying for financial aid. Remember, if you are applying for a tribal scholarship, completing the FAFSA is a

requirement. Students who apply before March 1 may be eligible for more grants.

The Tribal Scholarship application deadline is July 1. If you have questions, contact Carroll Dick at the Warm Springs Higher Education office.

There is a FAFSA Workshop on Friday, February 10 at the Boyle Education Center on the COCC Bend Campus at 9:30am.

Comment to ODOT on 2018-21 plan

The Oregon Department of Transportation Region 4 is seeking public comment on the proposed 2018-2021 Statewide Transportation Improvement Program (STIP).

The STIP represent Oregon's four-year transportation capital improvement

program. It is the document that identifies the funding for and scheduling of transportation projects.

People interested in learning more or providing their comments about the proposed STIP are encouraged to go to:

oregon.gov/ODOT/Hwy/Region4/Pages/Roadworkimprovements.aspx or contact:

Katie Parlette, ODOT Region 4 STIP coordinator, at 541-388-6037. Or email: Katie.m.parlette@odot.state.or.us

• Transportation, rentals, lessons, lift tickets & lunch provided by Mt. Hood Meadows

• Bus leaves the Community Center at 7:30am with return around 4pm.

WARM SPRINGS SKI DAY
Monday, Feb. 13, 2017

Sign up at KWSO or call 541-553-1968.
SPACE IS LIMITED

There are 2 required forms to complete.

Forms are available at KWSO or online at www.kwsso.org

What skiers and snowboarders should bring:
Waterproof coat and pants
Gloves, hat & scarf
Goggles or sunglasses
Synthetic fiber long underwear (no cotton or denim!)
Synthetic socks (one layer only, thin is best)
Personal water bottle & extra snacks