

## Native Stand youth conference with Prevention

Warm Springs Prevention will host a youth conference—Native Stand Students Together Against Negative Decisions—at Kah-Nee-Ta later this month.

The conference, in partnership with Family Preservation, is set for Monday through Wednesday, November 21-23.

There is space available for twenty-five students, said

Scott Kalama, of Warm Springs Prevention.

This is for youth ages 12-18. Scott and Anita Davis are the main facilitators, and Michael Martinez will be the support staff.

Prevention this week is recruiting students at the Warm Springs Academy, and at the Roots program. Students at Madras High School are welcome to participate.

These are some of the items on the three-day conference agenda:

Day one: Overview and team building; goals and values; culture and traditions; honoring diversity and respecting differences. Each day will include lunch, door prizes and a fun activity.

Day two items: Stages of change; reproductive health; sexually transmitted diseases;

and drugs and alcohol.

Day three: A field trip to the health clinic; acting out and decision making; healthy relationships; pregnancy, parenting, and downside of hooking up.

To sign up, or for more information, call Scott or Anita Davis at 541-553-3205; or Misty Kopplin at Family Preservation, 541-615-0036.

## Art market, huckleberry pie contest at museum

The Museum at Warm Springs is hosting a Native Art Market and Huckleberry Pie contest this Saturday, Nov. 12.

The market and pie contest will be from 10 a.m. to 3 p.m. at the museum.

Guests are welcome to try a slice of the competing pies. There will be vendor tables, and a 50/

50 raffle. Tickets can be purchased from museum staff.

Admission is free, donations gladly accepted to help the museum Education program. For more information call Tamera Moody, program coordinator, 541-553-3331. Or email: tamera@museumatwarm springs.org

**The Zone 6 commercial sturgeon setline fishery is scheduled for this month.**

The opening is set for Monday, November 14 at 6 a.m.; and the closure set for November 26 at 6 p.m.

## On Track OHSU at Warm Springs Academy

On Track OHSU is an outreach program for Warm Springs high school students to learn more about health and science careers.

The first On Track OHSU high school event

is coming up on Saturday, November 19, from 10 a.m. to 2 p.m. at the k-8 Academy.

This will be a chance for Warm Springs youth to meet OHSU students who are studying to be nurses,

doctors and scientists.

They will talk about education pathways and their experiences in health and science.

There will be activities and lunch. Call 503-494-3599 to sign up.

## Financial skills classes starting

The next series of Financial Skills for Families classes begins this Thursday, November 10.

Classes will be held Thursday evenings from 5:30-7:30 at the Community

Action Team office. This is a required class for people wanting to participate in the IDA Saving Program. For information call 541-553-3148.

# Warm Springs Community Calendar

Brought to you by KWSO 91.9 FM

### Thursday, Nov. 10

Warm Springs jurors will need to check-in at 9:30 this morning at Warm Springs Tribal Court.

There is an **Alcoholics Anonymous** meeting today at noon at Community Counseling, and a **Narcotics Anonymous** meeting this evening at 6 at the Shaker Church.

On today's **fitness schedule**: at noon there is Functional Fitness Class in the Community Center social hall, Turbo Kick class in the Aerobics room, and volleyball in the Community Center gym. And there is Turbo Kick class at 4:15 in the Aerobics room.

**Guiding Butterflies & Mighty Warriors** classes meet today from 1 to 3 in the Prevention room at Community Counseling. The class is for adults to participate in cultural-based teachings, crafts and activities.

There is **Social Dance Class** today from 4:30-6 p.m. at the Community Center Aerobics room.

### Friday, Nov. 11

**Veterans Day**: No school, and the tribal organization is closed. For *Veterans Day activities around the reservation*, see page 1.

The Jefferson County Library Community Film Center will show *A Day Without A Mexican*, rated R, on Friday night at 7:30. Films are free and shown in the Rodriguez Annex next to the library in Madras.

### Saturday, Nov. 12

There is an **Alcoholics Anonymous** meeting this morning at 10 at Community Counseling.

The **Honoring Veterans Powwow** is today at the Agency Longhouse.

### Sunday, Nov. 13

The Warm Springs **Food Bank** is located at the Presbyterian Church. They are open today from 11:30-1:30. All food banks and pantries do take donations of non-perishable food or cash

### Monday, Nov. 14

**Fitness Opportunities** today include: Senior Fitness class at the Senior Center at 10:45. At noon there is basketball in the Community Center gym, and Functional Fitness in the Aerobics room. And at the Health & Wellness Center, Pilates-Yoga class is at noon. And there is Turbo

Kick class at 4:15 in the Aerobics room. Ladies open gym time is at 6:15

A **Women's Prayer Group** meets Mondays from 12:05 to 12:35 at the Warm Springs Presbyterian Church.

The Community Health Program at the Health & Wellness Center has a **Behavior Health Clinic** every Monday and Friday. Walk-in appointments are available between 1 and 5 p.m. Services include screening, assessment, crisis intervention, referrals to mental health, medical, substance treatment, or other community resources. Children, adolescents and adults are welcome.

There is a **food handler's class** from 2-4 p.m. in the IHS atrium.

The Warm Springs **Vocational Rehabilitation** program has orientation today at 3 p.m. at their office in the industrial park. If you or someone you know has or may have a disability that is a barrier to employment or employment advancement, they can learn about their options at an orientation or by calling 553-4952.

Victims of Crime Services has a **Women's Support Group** today at the VOCS office, 1108 Wasco Street, behind the Old Boys' Dorm. It's from 3-5 p.m.

**Soaring Butterflies Warrior Spirit group** for high school age youth meets today from 5-6:30pm at the Warm Springs Community Counseling Center's Prevention Room.

There's a **Youth Substance Abuse Education class** today at 4:30, and an **Aftercare Relapse Support Group** at 5 at Community Counseling. They also have a **Walk-in Group** for intakes every Monday, Wednesday and Friday at 1:30.

### Tuesday, Nov. 15

The **Mobile Medical Unit** will be parked at the community center today. Patients can schedule to be seen by calling the medical reception desk, 541-553-2610, starting at 8 a.m. weekdays.

On today's **fitness schedule**: at noon there is Functional Fitness class in the Community Center social hall, Turbo Kick class in the Aerobics room, and Volleyball in the Community Center gym.

Today at **Community**

**Counseling**: There is an Alcoholics Anonymous meeting at noon, Men's Group at 1, a Vocational Rehabilitation Program orientation at 3, Relapse Prevention Group at 3:30, and Alcohol & Drug Education Class at 5.

The Jefferson County **Food Bank** is located at 556 SE Seventh Street. They are open for distribution this afternoon. All food banks and pantries do take donations of non-perishable food or cash.

**Choir & Song Class** in preparation for the community Christmas plays are held every Tuesday from 5-6:30 at the Counseling Center in the Prevention Room downstairs. It is open to people of all ages.

The Warm Springs **Numu Cultural and Language Evening** is tonight from 5:30-7 at the Culture and Heritage building front office. All are welcome to share, learn and participate in Numu language and culture.

**Indianpreneurship** class meets this evening from 5:30 to 7:30 at the Credit Enterprise conference room.

**AGLOW weekly Bible study** is this evening from 6-7:30 at High Lookee Lodge. It is open to all and a light snack is provided.

### Wednesday, Nov. 16

**Fitness Opportunities** today include: Senior Fitness class at 10:45 at the Senior Center. At noon there is basketball in the Community Center gym,

and Functional Fitness in the Aerobics room. At the Health & Wellness Center, Pilates Yoga Class is at noon. Ladies open gym time is at 6:15

Today at **Community Counseling**: A walk-in group for intakes is at 1:30.

This is the first step for anyone wanting to begin counseling services. A Women's Group meets at 1:30, Anger Management at 3:30, Wellbriety Group is at 5:15, and there is an Alcoholics Anonymous meeting at 7 p.m.

**Soaring Butterflies Warrior Spirit Group** meets today from 4-5:30 p.m. at the Warm Springs

K-8 Academy.

**Little Miss Warm Springs meetings** are held Wednesdays from 6-7:30 at the Community Center. All interested girls and parents are welcome.

### Thursday, Nov. 17

The Timber Committee will meet from 9 a.m. to noon in the Fire Management conference room.

Warm Springs jurors will need to check-in at 9:30 this morning at Warm Springs Tribal Court.

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## Madras Campus

# UPCOMING

for the month ahead

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cocc.edu/madras



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