

## Exhibit earns student first place at state

Thyreicia Simtustus competed last month in the Oregon History Day competition in Portland.

She was the only student to compete at the state level from Central Oregon, representing Madras High School and the Confederated Tribes of Warm Springs.

Her senior division exhibit was titled *Celilio Falls: The Mid-Columbia River Indian Trade Network*.

The exhibit showcases history and lifestyle surrounding the livelihood of fishing at the Celilio Falls, as well as the devastating effects on that livelihood after the completion of The Dalles Dam.

Her display board was accompanied by a 3-minute video featuring historical



Thyreicia with winning Celilio exhibit

Courtesy photo.

footage of the Falls before it was flooded in 1957.

Thyreicia's exhibit and video presentation won first

place in the senior division, and is one of the few top qualifiers to represent Oregon in the National History Day

competition. The national competition is coming up June 12-16 in Washington, D.C.

Thyreicia and family are now fund-raising for her trip. The fundraisers will include a raffle, Indian Taco sales, and a yard sale, and will rely on generous donations from the communities.

A gofundme.com account has been set up in her name for donations. The account is at Mid-Oregon Credit Union.

For further information please contact Joie Simtustus at 541-460-0021, or Courtney Lupton at 541-408-5117.

Congratulations, Thyreicia, and good luck at the national competition!

## Red Cross hosting disaster training in W.S.

The American Red Cross is recruiting for the Disaster Action Team Training.

The training will be from 9 a.m.-1 p.m. this Saturday, May 14, in the Warm Springs Library conference room.

The Disaster Action Team is there for initial response from most disaster events.

Topics at the training will include assistance with medical and emotional needs, disaster assessments, setting up shelters, client casework, communication, and providing all Red Cross services.

For more information contact Rosemary Alarcon at the Warm Springs Li-

brary, 541-553-3438; or email to:

rose.alarcon@wstribes.org

Ask the average person about the American Red Cross, and chances are they will mention disasters like hurricanes and floods. But the majority of the disasters the Red Cross Central Oregon Region responds to are single-family house fires.

At a scene, Red Cross volunteers work side-by-side with firefighters and other emergency personnel to ensure victims are given immediate relief. In the days following a disaster, Red Cross continues to work with families while they find ways to rebuild their lives.

## Pay It Forward recognizes accomplishments

Gavin Begay is a senior at Madras High School. During school, he has balanced varsity football, basketball and powwow dancing and drumming.

Gavin is a member of the Warm Springs Youth Council. H has volunteered to umpire and referee youth basketball tournaments at the Community Center and for the Kiwanis youth basketball league in Warm Springs.

When he is not officiating, Gavin is often seen in the dugout of his dad's Warm Springs Nation Little League Baseball team. Gavin is always willing to support the team, help with facility needs and



Gavin Begay

Courtesy photo.

practice drills.

He also spends time at the Warm Springs Boys & Girls Club assisting with after-school gym activities.

Gavin truly is a great example of a Play It Forward winner.

Pay It Forward is an Oregon Sports Awards, which recently announced Gavin as an award winner.

Pay It Forward is sponsored by Nike and Providence Health and Services.

Nike and Providence sponsor the award as a commitment to helping kids be physically active as an integral part of building healthier communities.

## Hoops tourney in June

The Honor Veterans Powwow Committee will host an open men's basketball tournament, June 17-19, at the Warm Springs Community Center.

The tourney will be in memory of Dean Sean Sohappay.

The entry fee is \$350 (half to secure a spot paid in full by first game). This tourney is not for high school stu-

dents.

First place team wins Pendleton leather sleeve jackets. Other awards:

Ten runner-up sweaters. Ten third-place t-shirts. Ten All Star sweaters (hoodies); one MVP jacket.

For more information contact Preston Meanus at 503-997-9577; or Andrea Sohappay at 541-777-7238.

## Youth football sign-ups

Jefferson County Youth Football is taking sign-ups now.

There is a league for kids entering fourth and fifth grades, and another for those going into the sixth grade.

They will practice twice a week and play games on Sundays.

All protective gear and

jerseys will be provided. Volunteer coaches are needed. Contact Greg Brady at 541-706-6124 to volunteer.

The early registration fee at a reduced cost ends June 8. And the final registration deadline is June 24. You can register online at:

register.bendparksandrec.org

The American Red Cross will have a **blood drive** at the United Methodist Church in Madras on Wednesday, May 18 from noon to 5. To schedule an appointment call 1-800-RED CROSS or online at: [redcrossblood.org](http://redcrossblood.org)

## Corn used in Extension class part of listeria recall

The Warm Springs Oregon State Extension Unit was informed last week that corn used in an April dehydrating class in Warm Springs was part of a voluntary Costco recall.

There is a very slight possibility that the corn was contaminated with listeria. No cases of illness have been reported in association with the recall. The dehydrated corn poses very low risk of infection due to the dehydration process, according to Tom Machala, Jefferson County Public Health director.

Listeria is a food-borne illness which in healthy people is self-limiting. It is a significant concern for pregnant women, as it can be passed on to the fetus; and for children under 5, the elderly, and those who are immune compromised. Symptoms run the gamut from fever and body aches to neurological symptoms.

The self-limiting form has onset within 48 hours of exposure (eating contaminated food), whereas the more serious systemic form can have a delayed onset of days to weeks

after exposure.

Families of children from the Warm Springs Boys and Girls Club who took the April 11 class are encouraged to throw away, without touching the contents, any remaining dehydrated corn. If community members have purchased frozen corn from Costco between September 2015 and April 2016 with the CRF Frozen Foods Organic by Nature label, please throw it away immediately.

Please wash hands following contact with the corn products.

High-risk individuals, especially pregnant women, who may have consumed the dehydrated corn, or purchased the recalled corn on their own, are encouraged to call their healthcare provider.

With further questions, please call Katie Russell, RN, BSN, at the Warm Springs Community Health Program, 541-553-2460. Or call Beth Ann Beamer, RN, BSN, county leader at the Warm Springs OSU Extension Unit, 541-553-3535.

The **Spring Yard Sale** is happening Saturday, May 14 on the front lawn of the Community Center from 9-4. The event is sponsored by the Recreation Department. For information call 541-553-3243.

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