Exhibit earns student first place at state

Thyreicia Simtustus competed last month in the Oregon History Day competition in Portland.

She was the only student to compete at the state level from Central Oregon, representing Madras High School and the Confederated Tribes of Warm Springs.

Her senior division exhibit was titled Celilio Falls: The Mid-Columbia River Indian Trade Network.

The exhibit showcases history and lifestyle surrounding the livelihood of fishing at the Celilio Falls, as well as the devastating effects on that livelihood after the completion of The Dalles Dam.

Her display board was accompanied by a 3-minute video featuring historical



Thyreicia with winning Celilo exhibit

place in the senior division, footage of the Falls before it

was flooded in 1957.

and is one of the few top qualifiers to represent Oregon Thyreicia's exhibit and in the National History Day video presentation won first

competition. The national competition is coming up June 12-16 in Washington, D.C.

Thyreicia and family are now fund-raising for her trip. The fundraisers will include a raffle, Indian Taco sales, and a yard sale, and will rely on generous donations from the communities.

A gofundme.com account has been set up in her name for donations. The account is at Mid-Oregon Credit Union.

For further information please contact Joie Simtustus 541-460-0021, or Courtney Lupton at 541-408-

Congratulations, Thyreicia, and good luck at the national competition!

Red Cross hosting disaster training in W.S.

The American Red Cross is recruiting for the Disaster Action Team Training.

The training will be from 9 a.m.-1 p.m. this Saturday, May 14, in the Warm Springs Library conference room.

The Disaster Action Team is there for initial response from most disaster

Topics at the training will include assistance with medical and emotional needs, disaster assessments, setting up shelters, client casework, communication, and providing all Red Cross services.

For more information contact Rosemary Alarcon at the Warm Springs Li-

The Warm Springs

Oregon State Extension

Unit was informed last

week that corn used in an

April dehydrating class in

Warm Springs was part

of a voluntary Costco re-

There is a very slight

possibility that the corn

was contaminated with

listeria. No cases of ill-

ness have been reported

in association with the

recall. The dehydrated

corn poses very low risk

of infection due to the

dehydration process, ac-

cording to Tom Machala,

Jefferson County Public

illness which in healthy

people is self-limiting. It

is a significant concern

for pregnant women, as

it can be passed on to the

fetus; and for children

under 5, the elderly, and

those who are immune

compromised. Symp-

toms run the gamut from

fever and body aches to

neurological symptoms.

Listeria is a food-borne

Health director.

brary, 541-553-3438; or email to:

rose.alarcon@wstribes.org

Ask the average person about the American Red Cross, and chances are they will mention disasters like hurricanes and floods. But the majority of the disasters the Red Cross Central Oregon Region responds to are single-family house

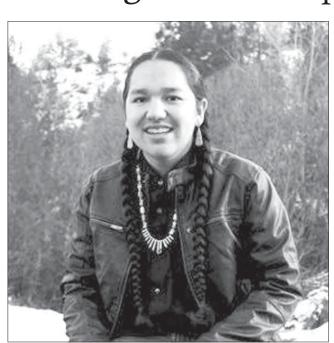
At a scene, Red Cross volunteers work side-byside with firefighters and other emergency personnel to ensure victims are given immediate relief. In the days following a disaster, Red Cross continues to work with families while they find ways to rebuild their lives.

Pay It Forward recognizes accomplishments

Cavin Begav is a senior at Madras High School. During school, he has balanced varsity football, basketball and powwow dancing and drumming.

Gavin is a member of the Warm Springs Youth Council. H has volunteered to umpire and referee youth basketball tournaments at the Community Center and for the Kiwanis youth basketball league in Warm Springs.

When he is not officiating, Gavin is often seen in the dugout of his dad's Warm Springs Nation Little League Baseball team. Gavin is always willing to support the team, help with facility needs and



Gavin Begay

practice drills.

He also spends time at the Warm Springs Boys & Girls Club assisting with afterschool gym activities.

Gavin truly is a great example of a Play It Forward

Pay It Forward is an Oregon Sports Awards, which recently announced Gavin as an award winner.

Pay It Forward is sponsored by Nike and Providence Health and Services.

Nike and Providence sponsor the award as a commitment to helping kids be physically active as an integral part of building healthier communities.

Hoops tourney in June

The Honor Veterans Powwow Committee will host an nament, June 17-19, at the Warm Springs Community Center.

memory of Dean Sean Sohappy.

to secure a spot paid in full by first game). This tourney is not for high school stu-

First place team wins open men's basketball tour- Pendleton leather sleeve jackets. Other awards:

Ten runner-up sweaters. Ten third-place t-shirts. Ten The tourney will be in All Star sweaters (hoodies); one MVP jacket.

For more information con-The entry fee is \$350 (half tact Preston Meanus at 503-997-9577; or Andrea Sohappy at 541-777-7238.

Youth football sign-ups

Jefferson County Youth Football is taking sign-ups now.

There is a league for kids entering fourth and fifth grades, and another for those going into the

twice a week and play

All protective gear and

jerseys will be provided. Volunteer coaches are needed. Contact Greg Brady at 541-706-6124 to

register.bendparksandrec.org

The Spring Yard Sale is happening Saturday, May 14 on the front lawn of the Community Center from 9-4. The event is sponsored by the Recreation Department. For information call 541-553-3243.

The American Red Cross will have a blood drive at the United Methodist Church in Madras on Wednesday, May 18 from noon to 5. To schedule an appointment call 1-800-RED CROSS or online at: redcrossblood.org

sixth grade.

They will practice games on Sundays.

volunteer.

The early registration fee at a reduced cost ends June 8. And the final registration deadline is June 24. You can register online at:

The self-limiting form has onset within 48 hours of exposure (eating contaminated food), whereas the more serious systemic form can have a delayed

onset of days to weeks

after exposure.

Corn used in Extension

class part of listeria recall

Families of children from the Warm Springs Boys and Girls Club who took the April 11 class are encouraged to throw away, without touching the contents, any remaining dehydrated corn. If community members have purchased frozen corn from Costco between September 2015 and April 2016 with the CRF Frozen Foods Organic by Nature label, please throw it away immediately.

Please wash hands following contact with the corn products.

High-risk individuals, especially pregnant women, who may have consumed the dehydrated corn, or purchased the recalled corn on their own, are encouraged to call their healthcare provider.

With further questions, please call Katie Russell, RN, BSN, at the Warm Springs Community Health Program, 541-553-2460. Or call Beth Ann Beamer, RN, BSN, county leader at the Warm Springs OSU Extension Unit, 541-553-3535.



