

Native Aspirations gearing up for summer

The Native Aspirations summer youth work and education program is set to begin on June 27, and will run through August 19.

There have been four orientation sessions for interested youth. A last-chance orientation is scheduled for 8 a.m. to 4 p.m. on Thursday, May 19, at the Family Resource Center.

Reina Estimo at Health and Human Services is directing the program again this year. There have been 103 young people who have gone through orientation so far, she said.

Native Aspirations will provide summer work positions to the first 100 who complete orientation and all necessary paperwork. As of earlier this week, 23 kids had completed both the orientation and the paperwork, so there are still

positions that are available. This year there are some changes to the program. The placement of the youth with the employer, for instance, will be different.

This year, each youth will make recommendations as to where he or she might like to work. Then the youth will meet with an interview panel.

The panel will include a Health and Human Services representative, a Prevention worker, community member, and volunteer employer representative, for instance.

The interview will panel will also come up with recommendations as to where the youth might find the most work success.

The interviews are scheduled for May 23 through May 25. The May 23 session will be from 8 a.m. to noon at the Family Resource Center. This

one is especially for youth from boarding schools.

The May 24 interview session, from 8 a.m. to 3:30 p.m., will be at Madras High School. And the May 25 session, also from 8-3:30, will be at the Warm Springs Academy.

Native Aspirations has

places for six college students, but these have already been filled, Reina said.

Another change this year will be for the first-year workers. These students will work with a particular department, but will also spend two weeks with a crew working on various community projects.

5k Glow Run, mile walk

The Diabetes Prevention program will host the 5k Glow Run and Mile Walk on Wednesday, May 25. Sign-ups start at 7:30

p.m. at the Prevention house on campus. Runner line-up will be at 8 p.m., and walkers at 8:15. Glow items handed out during walk.

Alcohol Education Tuesdays

Alcohol Education at Community Counseling is on a new schedule. The classes are now every Tuesday from

1:15-2:30 p.m. at the center. For any questions, please call Flint Scott or Robert Main Jr., at 541-553-3205.

Horse clinic coming up

The Warm Springs OSU Extension team will host a horse vaccination clinic later this month.

The Coggins/horse vaccination clinic is set for Tuesday, May 24, starting at 10:30 a.m. at the Warm Springs Rodeo Arena.

Dr. Brianna Schur, Doctor of Veterinary Medicine, and Scott Duggan at Extension will be conducting the clinic.

The Coggins vaccine

costs \$7 per head. The dewormer is \$3 per head. The West Nile vaccine is \$19 per head. And the 4-way is \$14 per head.

Please call and let Extension know how many horses you are bringing, and what vaccines you want administered.

You can reach them at 541-480-3091. Or by email:

scott.duggan@oregonstate.edu

VOCS women's support group

Victims of Crime Services hosts the Women's Support Group on Monday afternoons, from 3 to 5 p.m.

The group meets at the VOCS office, 1108 Wasco St. (behind the old boys' dorm).

If you have any questions,

please feel free to call or stop by VOCS.

The phone number is 541-553-2293.

The office is open during regular business hours, 8 a.m. to 5 p.m.

Warm Springs Community Calendar

Brought to you by KWSO 91.9 FM

Thursday, May 12

On today's **fitness schedule**: at noon there is Functional Fitness Class in the Community Center Social Hall, Turbo Kick Class in the Aerobics Room and Volleyball in the Community Center Gym.

Guiding Butterflies and Mighty Warriors classes meet today from 1 to 3 in the Prevention Room at Community Counseling. The class is for adults to participate in cultural-based teachings, crafts and activities.

Warm Springs **jurors** will need to check-in at 9:30 this morning at Warm Springs Tribal Court.

There is an **Alcoholics Anonymous** meeting today at noon at Community Counseling and a **Narcotics Anonymous** meeting this evening at 6 at the Shaker Church.

There is an **American Sign Language** class today at 4 p.m. in room 2E at ECE. Everyone is welcome.

Friday, May 13

The Twenty-Sixth Annual **Honor Seniors Day** is today at the Agency Longhouse. If you want to volunteer to help out in some way, contact the Senior Program at 553-3313.

The Jefferson County Library **Film Center** will show the movie *The Martian*, rated PG-13, at 7:30 p.m. Films are free and shown in the Rodriguez Annex, next to the library in Madras.

Fitness Opportunities today include: Senior Fitness Class at the Senior Center at 10:45. At noon there is basketball in the Community Center gym and Functional Fitness Class in the aerobics room. And at the Health and Wellness Center, Pilates Yoga Class is at noon.

Madras **High School Drama** will have performances of *Becoming Shakespeare* May 13-15 at the Performing Arts Center. Shows are at 6 p.m. Friday and Saturday, and 2 on Sunday.

Positive Indian Parenting class is from 2:30-4 today at Community Counseling.

Saturday, May 14

There is an **Alcoholics Anonymous** meeting this morning at 10 at Community Counseling.

The annual **Spring Yard Sale** is happening today on the front lawn of the Community Center from 9-4.

Sunday, May 15

The Warm Springs **Food Bank** is located at the Presbyterian Church. They are open today from 11:30-1:30. All food banks and pantries do take donations of non-perishable food or cash

Monday, May 16

Tribal Council agenda items: in the morning, reports from Indian Head Casino, Kah-Nee-Ta Resort and Credit Enterprise. In the afternoon, reports from Power & Water Enterprise, Ventures and the Museum at Warm Springs.

A Women's Prayer Group meets Mondays from 12:05 to 12:35 at the Warm Springs Presbyterian Church.

The Soaring Butterflies - Warrior Spirit class meets today at 3:40 at the Warm Springs K-8 Community Room. This is for 3rd to 8th grade youth and includes culturally based teachings, hands on activities as well as drug and alcohol prevention education.

The Warm Springs **Vocational Rehabilitation program** has orientation today at 3 p.m. at their office in the industrial park. If you or someone you know has or may have a disability that is a barrier to employment or employment advancement, they can learn about their options at an orientation or by calling 553-4952.

Fitness Opportunities today include: Senior Fitness Class at the Senior Center at 10:45. At noon there is basketball in the Community Center gym and Functional Fitness in the Aerobics Room; and at the Health & Wellness Center, Pilates-Yoga Class is at noon.

There is a **Survivors of Suicide Talking Circle** from 9-10:30 this morning. Positive Indian Parenting class is at 2:30, the Adolescent A&D Education class starts at 4:30 and an Aftercare Relapse Support Group at 5:30. All at Warm Springs Community Counseling.

Victims of Crime Services has a **Women's Support Group** this evening at the VOCS office, 1108 Wasco Street, behind the Old Boys' Dorm. It's from 3-5pm.

Tuesday, May 17

Tribal Council Agenda: in the morning, reports from the Telecom, Housing and High Lookee Lodge. In the afternoon, Composite Products, and Warm Springs Forest Products third party receiver.

Today is an **early release** day for South Wasco schools - students will be released at 2:15

The **Diabetes Awareness and Support** group meets. The topic is Exercise. On the menu is chicken mango salad. The group meets at 5 p.m. at the Warm Springs Senior Center.

On today's **fitness schedule**: at noon there is Functional Fitness class in the Community Center Social Hall, Turbo Kick Class in the

Aerobics Room and volleyball in the Community Center Gym.

Today at **Community Counseling**: There is an Alcoholics Anonymous meeting at noon, Adult A&D Education Class is at 1:15, the Veteran's Group meets at 1:30 and there is a Relapse Prevention group from 3:30-5.

The **Jefferson County Food Bank** is located at 556 SE Seventh Street. They are open for distribution this afternoon. All food banks and pantries do take donations of non-perishable food or cash.

The Warm Springs **Vocational Rehabilitation program** has orientation today at 3 p.m. at Community Counseling. If you or someone you know has or may have a disability that is a barrier to employment or employment advancement, they can learn about their options at an orientation or by calling 553-4952.

Powwow, hoop dance and drum practice for beginners and anyone who would like to practice is today from 5:30 to 7 at the Community Center aerobics room.

Aglow weekly Bible study is this evening from 6-7:30 at High Lookee Lodge. It is open to all and a light snack is provided.

The Warm Springs K-8 Academy's **spring sports banquet** is at 5 p.m.

A Madras-Jefferson County **Chamber of Commerce board** of director's meeting will be at noon in the Chamber conference room.

The **Mobile Medical Unit** will be at Sidwalter on Tuesday. Call IHS to schedule an appointment, 541-553-1196.

OSU Extension is having a **Lunch and Learn** class on 'Getting the Most from Your Garden.' It's at noon at the Education Building garden. There is no cost to attend and a light lunch will be served. It will offer information on irrigation and pest management. The class will be held outside, so dress accordingly.

Simnasho's Grads Night Out Powwow recognizing the class of 2016 is coming up Wednesday, May 25th at the Simnasho Longhouse. There is a potluck dinner at 6pm, the powwow and games start at 7. Everyone is welcome!

Wednesday, May 18

Tribal Council agenda: in

the morning, minutes and draft resolutions, an update from the Secretary Treasurer and the June agenda and travel delegations. In the afternoon, Gary Simms from NOAA.

Little Miss Warm Springs meetings are held Wednesdays from 6-7:30 at the Community Center. All interested girls and parents are welcome.

Today at **Community Counseling**: Anger Management Group is at 3:30, Wellbriety Group starts at 5:15 and there is an Alcoholics Anonymous meeting at 7pm.

Fitness Opportunities today include: Water Aerobics at 10:15 at the Kah-Nee-Ta Village Pool. At 10:45 there is

Senior Fitness Class at the Senior Center. At noon there is Basketball in the Community Center Gym and Functional Fitness in the Aerobics Room. And at the Health & Wellness Center, Pilates Yoga Class is at noon.

Madras High School's **Spring Choir Concert** is at the 6:30 p.m. in the Performing Arts Center.

Thursday, May 19

On today's **fitness schedule**: at noon there is Functional Fitness Class in the Community Center Social Hall, Turbo Kick Class in the Aerobics Room and Volleyball in the Community Center Gym.

Madras Campus UPCOMING for the month ahead First Nations Student Union Community BBQ

Join us at the Madras Campus!

June 1, 2016
5 to 8 p.m.

FREE and Open to the Public

Music, performances, food, drinks
bouncy house, games and prizes.

Questions contact COCC Madras
Campus at 541.550.4100

For More Information
541.550.4100
cocc.edu/madras



In advance of College events, persons needing accommodation or transportation because of a physical or mobility disability, contact Joe Viola, 541.553.7775. For accommodation because of other disability such as hearing impairment, contact Annie Jenkins, 541.553.7745.



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