

# Warm Springs a leader in fitness challenge

The Confederated Tribes of Warm Springs had an outstanding performance in the Spokane Tribe's 2016 Winter Physical Activity Challenge.

Warm Springs was one of 16 tribes and tribal organizations who participated.

The Confederated Tribes of Warm Springs had the highest score among the 16 participants in the category, Weekly Average Team Participants.

Second place in the category was the Spokane Tribes.

Warm Springs was near the top in the Weekly Average Team Minutes category, just below the Spokane Tribes, and slightly out-pacing the Siletz Tribes.

Warm Springs came in second in the Total Challenge Minutes category, just behind the Spokane Tribes, and against slightly ahead of the Siletz team.

Colville was first in the Weekly Average Minutes Per Participant category, followed by the Northwest Portland

Area Indian Health Board team.

The participating tribes included the Chehalis Tribe, Coeur d'Alene Tribe, Confederated Tribes of Colville, the Coquille Tribe, and the Confederated Tribes of Siletz Indians.

Also: the Confederated Tribes of Warm Springs, Kalispel Tribe, Klamath Tribes, the Nez Perce, and the Spokane Tribe, and the Yakama Service Unit.

Participating urban-Ameri-

can Indian/Alaska Native/tribal organizations and HIS teams included the Columbia River Intertribal Fish Commission, the NATIVE Project.

Other organizations: The Native American Youth Association, the Northwest Portland Area Indian Health Board, and the Portland Area IHS. The physical fitness challenge was an eight-week competition among the participants, from January 11 to March 7.



Warm Spring Recreation hosted the Cougars All Indian Co-Ed tourney over the weekend. Chilcoquin (in grey) played the Storm Troopers for the eighth-grade championship, winning 50-46.



## Tribal regulation change to below Bonneville fishery

The regulations for the special fishery downstream of Bonneville have been changed by Tribal Council through Resolution 12,116A.

It will now be open from Sunday through Wednesday with Wednesday reserved for elders, 55 years and older. This change is effective im-

mediately.

Previously, the fishery had been opened Saturday through Sunday.

The other provisions of the regulation remain the same, and they are:

This is a subsistence fishery. There are no sales allowed. Fishers may keep salmon, steelhead, shad, wall-

eye, carp, catfish, bass and yellow perch. Retention of sturgeon is not allowed.

Fishing is hook and line only with one pole and one pole holder per person. The location must be actively fished and continuously attended.

No saving spots for others. Fishers must yield to

handicapped and elders if requested. Fishers must be 12 years old or older.

Enrollment cards must be carried and must be shown, if requested, to state or tribal enforcement officers.

Alcohol and drugs are prohibited and these regulations will be strictly enforced.

## Sign up for summer youth football

Jefferson County Youth Football is taking signups now. There is a league for kids entering fourth and fifth grades, and another for those going into the sixth grade. Teams will practice

twice a week, and play games on Sundays.

All protective gear and jerseys will be provided. Volunteer coaches are needed.

Contact Greg Brady at 541-706-6124 to volunteer. The early registration fee

at a reduced cost ends June 8. And, the final registration deadline is June 24.

You can register online at: register.bendparksandrec.org

The Madras High School baseball program is putting on a baseball camp for kids in second through eighth grades. There is a camp this Thursday, April 28, from 5-7 p.m. and another on May 1, noon-2. Registration and medical release forms are available at Madras High School.

## Hood to Coast teams hosting raffles for 2016 events

The 2016 Portland to Coast Walk Team is hosting a raffle to support this year's team event. See one of these individuals for tickets:

Nancy Seyler, Rosanna Jackson, Roxanne Bisland, Amaya Bisland, Andrea

Sohappy, Marceline Smith, Saphronia Coochise, Marsha Spellman, Mary Iwomoto, Melissa Benson, Susan Jim and Val Squiemphen.

Raffle items include an OfficeJet printer, Pendleton bags, Lottery scratch offs,

Seahawks mini drum, necklaces and earrings, beaded barrettes and other beaded items.

The drawing will be held July 4. Need not be present to win. Tickets are \$1 each or six for \$5.

The 2016 Hood to Coast Relay team is also hosting a raffle, to support the relay team (see ad below).

## Indian Head fundraisers benefit Relay for Life

Indian Head Casino is hosting two fund-raising events in May for the Relay for Life – American Cancer Society.

The first event will be the Relay for Life – Jefferson County 4-person golf scramble tournament, set for Saturday, May 21. The tournament will be at the Kah-Nee-Ta Resort course.

If you would like more information, please call Willie Stacona at 541-280-3859.

Indian Head Casino will host a Relay for Life fund-raiser in May. The fund-raiser will be a \$5 Enchilada Plate Sale, from 10 a.m. to 2 p.m. (or until sold out) on Friday, May 27.

This will be at the Indian Head Casino Human Resources patio area. Please help Indian Head fight this fight. For more information call Peggy Faria at 541-460-7726.

## Kah-Nee-Ta will host mini marathon April 30

Kah-Nee-Ta Resort will host the Mini Marathon on Saturday, April 30. The winner of the 14.5-mile and 10k, one male and one female, will receive a free night at the resort.

Every registered runner will receive a ticket stub for door prizes, a t-shirt for participating, and a swim pass for the Kah-Nee-Ta hot

spring pool. Register before April 22 for \$12; or after for \$15.

The 14.5-mile marathon will begin at 9 a.m. The 10k, 5k and 1-mile run will begin at 10 a.m.

For a registration form call 541-553-3243. You can go to Facebook at "kah-nee-ta mini marathon."

## Youth baseball camp

To parents and future Madras High School baseball players:

Get your 2016 baseball season off to a great start by attending the Madras High School baseball camp, hosted by coaching staff and current players.

You have the option of attending one, or both days: April 28 or May 1. This camp is open to all players in grades second through eighth.

This is a great way for players to tune up for the upcoming season, and learn new baseball funda-

mentals in a safe and fun environment.

Players who attend will participate in many of the same detail oriented drills used by the Madras High School baseball program.

The camps are \$20 each; or \$30 for both days. Walk-in's are welcome. Checks made payable to 'Madras High School Baseball.'

For registration information, contact Butch David at 541-475-7265 ext. 314; or email: b david@509j.net

## Native youth art camp

The Journey's In Creativity art camp is a free pre-college artist in residence camp at the Oregon College of Arts and Crafts in Portland.

It is specifically designed for Native American youth ages 15-19.

This year's camp dates are August 5-18, and the

theme this year is *Shattering Stereotypes: The Confluence of Indigenous Art & Glass.*

Students will be exploring, learning about and making contemporary art in glass.

The deadline to apply is May 1. Twelve students will be accepted. For more information visit the website oac.edu

## 2016 HOOD TO COAST RELAY TEAM RAFFLE

### ITEMS TO RAFFLE:

32" ELEMENT LED TV, HDMI X3, DIGITAL TUNER, PC INPUT

SYLVANIA 7" PORTALBE DVD PLAYER, SWIVEL SCREEN

MICRO WIRELESS BLUETOOTH SPEAKER

WAMPUM NECKLACE	CAMO CAP	DUFFLE BAG
DOLL BOARD	BRACELET	CLEANING MITT
PITCHER/TRAY SET	CLEANING MITT	KNITTED GLOVES
BRACELET	KNITTED GLOVES	TWIST BOARD
ANTIGUA SOCCER SHIRT	REEBOK WRIST WEIGHTS	
ANTIGUA SOCCER SHIRT	CALORIE COUNTING JUMP ROPE	

NEED NOT BE PRESENT TO WIN

TICKETS ARE \$1 EACH OR 6 FOR \$5

DRAWING TO BE HELD JUNE 6, 2016

See the following to get your raffle tickets:

MONICA SAMPSON, ANGEL DANIELS, LESLIE DAVIS, MONICA REES, COLLEEN FAGAN, JORDAN LEONARD, GARY SAMPSON III, ADAM HAAS, HANK RAY, BEN BISLAND, JACOB HAAS, ROSANNA JACKSON AND VAL SQUIEMPHEN

# High Lookee Lodge

Assisted Living Facility



Call 541-553-1182

2321 Ollallie Lane (PO Box 6) Warm Springs, OR 97761

