## Overview of Constitution proposed changes

The following is an overview of the significant changes that are being proposed to the tribal Constitution and by-laws.

Many proposed changes are focused on Article IV of the Constitution—Organization of Tribal Council. Changes being proposed include:

The election process for Tribal Council members would change from a tribal election, conducted by the Confederated Tribe, to a secretarial election conducted by the Bureau of Indian Affairs.

The composition of Tribal Council would change from eight elected members to nine elected members.

The lifetime terms for

chiefs would be eliminated.

Chiefs could be nominated for Council and, if elected, would serve as one of the nine members of Tribal

The voting for all elected Tribal Council seats would change from once every three years, as is the current process. Instead, once implemented, the Council would see three new members elected each year, as three terms would expire each year.

Under the proposed amendments, the Council members would be elected by the membership at large, rather than by district.

The eligible tribal member voting age would go from 21 to 18

The Tribal Council election

date would be announced 90 days instead of 30 days prior to the expiration of members' term of office.

Also regarding the Council:

"The Tribal Council members shall receive as compensation for their services as follows: Chairperson \$80,000; Vice-Chairperson \$70,000; all other members \$60,000, and mileage from home to place of meeting and return at a rate used by the federal government. Expenses shall be paid from available tribal budgeted funds. Benefit programs and reimbursement expenses will follow tribal organization polices as budgeted... "

Additional changes are proposed to redefine the Consti-

tutional process for:

Vacancies and removal from office; impeachment, recall, and selection of officers

By-laws changes being proposed include:

Adjustment to the language for qualifications of office for Tribal Council members.

Rewording the "Meetings and Procedures" article that has to do with disorderly behavior of Tribal Council members

Reword the article that states Tribal Council members will make reports to the people.

This election will be conducted by absentee ballot only and ballots must be returned by Monday April 11, 2016.

#### Birth

Bismar Andres and Courtney M. Smith of Madras are pleased to announce the birth of their daughter Nimsay Andres-Smith, born on February 29, 2016.

Nimsay joins brothers Orel, 2, and Nasano, 1. Grandparents on the father's side are Esteben Andres-Tzintzunzan and Veronica Perez-Tzintzunzan, of Mexico.

Grandparents on the mother's side are Fancy L. Smith of Madras, and Mitchell Ranelle of Tacoma.

Family and friends are planning a Memorial Service for Marie Smith Calica. The Memorial is planned Saturday, March 26, at the Agency Cemetery and the 1910 Shaker Church. Prayer service and stone unveiling will be at 8 a.m., and the memorial service will be from 9:30 a.m. to 1 p.m. at the Shaker Church.



### Health: report documents diabetes among members

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Diabetes remains a leading cause of death on the reservation. In the most recent year for which data is available (2014), the number of deaths from diabetes was estimated at close to 100. This number was the same as for accidents and cirrhosis.

The incidence of death from diabetes was trending downward in the recent years, from a high of more than 140 in 2009. In that year diabetes was the leading cause of death among tribal members on the reservation, according to the report.

"The majority of patients with diabetes died from related heart disease and kidney failure," the report says. "This remains an area that needs emphasis for our local population."

The report says: "Diabetes can be combated through healthier diets, increased physical activity, and reducing the number of overweight and obese people in our community."

Patients of the reservation who are identified with the chronic disease of diabetes increased from 600 in 2011 to 627 in the year 2014. Identifying people who have the disease, or who have pre-diabetes, is critical:

"Detection of diabetes and control of blood glucose levels are essential to manag-



Prevention hosts health walks. At Prevention recently were Janet Bagley (signing up for a walk), and Prevention team members Kelli Palmer, Joy Ramirez, Montell Elliott and Amanda Smith (from left).

ing the progression of the disease, and delaying or preventing the resulting damage to the health of the indi-

"Monitoring this group of patients, counseling and educational efforts can have a great impact on the health status of the patient, and the future health care costs of caring for patients with diabetes."

There has been an increased focus on diabetes treatment at the clinic, as documented in the Joint Health Commission annual

report on the Diabetes Program services.

The report shows the number of total Diabetes Program patient visits increased dramatically from the years 2011 to 2014.

In the year 2011, there

were a total of 3,963 Diabetes Program visits. This increased steadily over the following three years, to 7,337 visits in the year 2014.

The increase is due mainly to "clinician clinical visits," which went from 1,931 in 2011 to 5,254 in the year 2014.

The Diabetes Program

was fully staffed during 2014, the report says. The staff included the Program Coordinator, Nurse Practitioner, RN, Certified Diabetes Educator and Administrative Assistant.

There were major awareness events during the year as well, including the Diabetes Awareness Day Conference, the Heath Smart Dinner, Honor Seniors Day, the Pi-Ume-Sha Health Fair, Senior Center Diabetes Support Group dinners, the Youth Support Group, the Food Demo and Support Group, and the Culture Camp.

There will be a market setting for **Christopher Culps** on March 18 at 9 a.m. at the Simnasho Cemetery. Lunch to follow at the HeHe Longhouse. Waashat and lunch, and giveaway on March 19 at the Celilo Longhouse.

Market setting for **Shawn Robert Culps** - **Sammy Lloyd Culps Sr.**, - **Elizabeth Culps** - at Celilo Cemetery, March 19 at 10 a.m. Waashat / Big Drum, and lunch and giveaway to follow at Celilo Longhouse.

Family and Friends are welcome to attend Memorials for **Erwin Stwyer and Pearl Stwyer** - March 19, beginning with Waashat at the Agency Longhouse.

#### **Memorial**



Family and friends of Harvey Jim are planning a memorial in April. There will be a traditional blessing at 7 p.m. on April 29 at the Agency Longhouse. The unveiling of the Veteran's Monument will be on April 30 at the Simnasho Cemetery, dinner and name giving to follow at the Agency Longhouse. Contact Eliza Brown-Jim at 541-460-1921; or Winona Strong at 541-460-0391.

If you are considering going into business, or are already a business owner, the **Indianpreneurship class** can help you reach your goals. The next course begins April 18. To sign up call 541-553-3148.

# Members needing to update address information

Vital Statistics has a new list of tribal members who need to update their mailing information. If you know how to contact any of the follwing, please call Vital Stats at 541-553-2236; or email: olivia.wallulatum@wstribes.org

Aguilar Jr., Ralph Titus Anderson, Hazel Ruth Anstett, Randall Antekeier, Susan Kay Aragon, Tianna Francina Arce Jr, theodore Arce, Joanna Francisca Arntson, Susan Patricia Arthur, Benjamin K Barney, Rachel Dawn Barney, Theodore L Barta, Marcella Mae Becerra, Bianca Geneva Blackwolf, Edward Sam Blankenship, Renee Dawn Boise, Lawrence Charley Brown, Billy Dave Brown, Gloria Marree

Brunoe, Alexis Laree Bryant, Lara Jane Louise Cassimiro, Marcelina Castro-Taitague, Felicitas Gandar

Chastang, Edward IV Chastang, Francillia Tyese Ching, Elmina Lee Clements, Chantel Elaine Clements, Christin Leigh Clements, Christopher lovd

Cline-Magers, Keta Marie Cooper Jr., Elliott Lynn Coronado, Gilbert Courtney, Sheena Dawn Marie

Craig, Nathan Joseph Queto

Culpus Jr., Emerson Danzuka, Doreen Lois Danzuka, Penny Alexandria

David, Samantha Marie Demmert Jr, Alan Jasper Denny, Richard Leigh Drew, Faye Isabel Eyle, Alane Susan Fent, Lesly Lynn
Fisher, Glenda Loretta
Florez, Kista Lynn
Frank, Miguel Delberto
Frank, Stephanie
Frank-Arce, Annette Gaye
Gibson, Urban Christopher

Gilbert, Ellen Vernida
Green, Dominique
Shaunte'

Guerin, Anthony Todd Hansen, Lilli Patricia Hanslovean, Loree D Harris, Murray Heath, Chelsey Quereda Heath, Waylon Charlie Heitstuman, Sharondee Larae

Henry, Jerome Earl Henry, Tamara Louise Henry, William Anthony Howtopat, Kevin Dale Jackson, Morris Bruce Jackson-Meanus, Vesta Laura Tone

Johnson, Doreen Lois Johnson, Natalie Marie Johnson, Orlando James Kalama, Angeledith Saramaylene

Kalama, Marie Leann Katchia, Nicolas Jordan Katchia, Nocolas Jordan Kentura, Falena Sue Lawson, Essie Gail Leonard, Richard Charles Lira, Jessica Enid Long, Loni Livian Lopez Jr, Jaime Lucei Jr, Edward Lance Macy, Michelle K Made, Orie Marcia Martinez, Falan Hope McCloud IV, Andrew Mitchell, Rayfield Jeff Mitts, Randi Lee Ortiz, Michael Joseph Palmer, Amos Yemowat Ryan

Palmer, Sr., Jay Seth Paulsen, Shana Renee Pennington, Drew Jackson Pennington, Samantha Jo Perez, Angelina Elvira Perez, Santos Emmanuel Perez-Frank, Adriana Rae Poitra, Wilona Rae Robinson, Nogomo Devennoni Jo

Ross, Mary Madeline Ruiz-Switzler, Ernestine Elena

Sahme, Vannessa Nichole Sahme, Vannessa Nochole Sando Jr., Wilfred Joseph Sargeant, Roshena Jane Schneider, Rosanna Emilia Scott, Clara Jean Scott, Jaime La Shawn Scott, Jake Mardell Scott, Natasha Marie Shaw, Bodie Keith Slockish, William Frank Smith, Andrew Elias Soto, Jolene Victoria Spino, Casper Eli Spino, Crystal Morningstar Spino, James Wesley Spino, Jesse James Spino, Mattie Louise Squiemphen-Yazzie,

Stacona, Briana Marie

Amanda Jo

Stroschein, Samantha Cherelle

Switzler, Amanda Rose Tewee-Rescorla, Karen Grace

Thomas, Corey Trey Thomas, Dionne Marie Thompson Sr, Curtis Lee Umtuch, Dejohne Jewelius Van Vorst, Lona May VanPelt, Marjorie Ann Waheneka, Dawn Waheneka, Gerald Waheneka, Zeena Wallulatum, Ivy Rose Wallulatum, Julia Rose Watson, Virgil Lee Wheeler, Dustin Royale Williams, Edwin Josh Williams, Francelia Tyese Williams, Timothy Hilbert Wyman, Pearl June Yahtin, Cecil Mack Yahtin, Lillie Anna Youmans, Brittany Rose Youmans, Mary Beth