

Seeking foster grandparents in W.S.

The Foster Grandparent Program is seeking resident 55 and older to serve as foster grandparents at the Warm Springs Eagle Academy.

Weekly time requirements are: A minimum of 15 hours, maximum of 40 hours; and no more than 8 hours per day.

The time is spent with reading assistance under the supervision of a Volunteer Station, in this case the Academy.

The goal is to help youngsters with the greatest need to become independent readers by the end of the third grade.

Foster grandparents receive training and orientation in reading skills, and are asked to work 30 minutes with each child assigned to them.

Working with the child can involve either having the child read to the foster grandparent, or performing a reading enhancement activity that benefits the reading development of a child.

The Foster Grandparent Program currently works with about 25 schools and districts in the state.

The program is sponsored by Community Counseling Solutions in Heppner. The Foster Grandparent Program

office is in Pendleton, and is funded by the Corporation for National Service.

The Foster Grandparent Program provides low-income senior volunteers the opportunity to give back to their community.

Stipend, other benefits

Foster grandparent volunteers receive a stipend of \$2.65 per hour to cover any expenses associated with volunteering.

The stipend is non-taxable and is not considered income when computing income for other federal or state program eligibilities.

In addition, volunteers receive transportation assistance to and from volunteer sites, orientation, in-service training, and insurance coverage while serving as a volunteer.

For example, the monthly stipend is \$265 for 100 hours of service.

Eligibility

To become a foster grandparent volunteer, one must:

Be at least 55 years of age.
Be in good health and able to pass a physical exam.

Pass a background check. Participation is contingent upon a criminal history review.

There are income guidelines as follows:

One person household, \$1,962 monthly.

Two person household, \$2,640 monthly.

Three person household, \$3,348 monthly.

Four person household, \$4,042 monthly.

Foster grandparent volunteers are considered to be supplemental reading volunteers.

They are to be assigned to students, as identified by teachers, who are struggling with reading and need extra one-to-one assistance.

Volunteers help students

Warm Springs Muddy Moccs

The Warm Springs Muddy Moccs 5k Mudd Run is coming up on Saturday, Nov. 7 at 9 a.m.

Meet at the administration building parking lot.

Bring extra cloths, a towel and extra shoes. Sweatshirts awarded to winners. For more information call Shirelle at 541-553-1079.



Jayson Smith photos.

Warm Springs Recreation hosted Pumpkin Carving at the Community Center. They will have Trunk or Treat this Saturday evening in the field by the center. Watch for the Diabetes Prevention Program Zombie Walk this Friday, Oct. 30, starting at noon.



ROSS helping members with housing

by Jonathan W. Smith, ROSS Coordinator, W.S. Housing Authority.

The Warm Springs ROSS program is located in the Warm Springs Housing Authority office.

The purpose of the program is to provide grant funding to public housing agencies, tribes, tribally designated housing entities, resident associations, and tax exempt non-profit organizations.

This helps with the hiring and maintaining service coordinators who assess the needs of residents of conventional public housing or Indian Housing, and coordinate support services and other activities to help such residents attain economic and housing self-sufficiency.

The Warm Springs Housing Authority ROSS Coordinator is Jonathan W. Smith, a tribal member from Warm Springs. The ROSS program is designed to assist low income/low

rent tenants, and senior citizens become economically and housing independent.

People who are interested in our program sign up and schedule an appointment with the program.

We conduct an intake and assess the eligibility of our potential clients for the program. If the client is eligible for our program, the next thing we do is schedule an appointment for an assessment to identify their goals and objectives, experience, education and employment skills.

During the assessment, we ask the client to complete a self-sufficiency survey and begin to identify barriers.

The client is asked to complete a family budget form, and begin tracking their current expenses for future reference. All information is placed in a confidential file cabinet.

After the first two appointments the client file is evaluated, and the ROSS program coordinator produces a Personal Development

Plan, which includes an Action Plan for the client.

The Action Plan is where the client begins their journey towards achieving their goals. The client and the ROSS coordinator review the Personal Development Plan and make any necessary adjustments.

The Personal Development Plan will include a list of referral service programs to help the clients overcome their barriers and realize their goals and objectives.

The ROSS program will monitor the personal plan, and ensure the client is receiving satisfactory service.

There will be communication and assistance during the delivery of referral services for the client. The file will be considered closed when the client is satisfied and achieves their goals as listed in the plan.

Please come over and sign up for our program. It can help change your life.

Kah-Nee-Ta to host Diabetes Conference

The Fifth Annual Diabetes Awareness Conference is set for Wednesday, Nov. 4, from 9 a.m. to 3 p.m. at the Agency Longhouse.

There will be motivational

speakers, information on smoking cessation, weight management and foot care.

There will be an exercise session, Bingo with prizes, screenings, flu shots, break-

fast and lunch.

The IHS Warm Springs Model Diabetes Program, and the Warm Springs Senior Program are participating, among other departments.

Trauma, grief workshop at HeHe

The annual Trauma and Grief Workshop, Healing for Men, Women, Families and our Community, will be on Wednesday, Nov. 4, from 8-4:30 at the HeHe longhouse.

Guest Speakers will be

Tom and Allison Ball. Everyone is welcome. Sign-ups will be taken on the day of the workshop.

For more information contact Guy Wallulatum at the Community Counseling Center, 541-553-3205.

VFW Post meets next week

The Warm Springs Elliot Palmer VFW Post will meet on Thursday, Nov. 5 at 6 p.m.

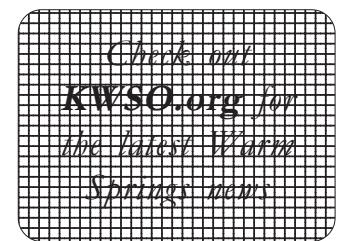
The Post meets at the

Warm Springs Veterans Hall.

They meet the first Thursday of every month.

Vets powwow

The Honor Veterans Powwow is coming up in November. The powwow is planned for Saturday and Sunday, November 14-15, at the Agency Longhouse.



Strengthening the W.S. business community

By Leah Guliasi
W.S. Community Action Team

The Warm Springs Community Action Team is hoping to resurrect the Arts and Crafts Cooperative and small business meeting group that existed in the past.

Any current business owners, future business owners, Indianpreneurship participants, or other interested community members are encouraged to take part.

Here is some information that may encourage you to participate in the meetings.

A cooperative, or "co-op," is a type of business that is owned or controlled by a group of people who use its services.

Instead of one individual owning an entire business, co-ops enable people to work together to increase profits

and improve their business collaboratively.

This can ease the stress related to business management and finance because you won't be doing it alone.

In Warm Springs, we are interested in reestablishing an Arts and Crafts Co-op where local artisans can sell their products.

Outdoor market

Similar to the co-op, the Warm Springs Outdoor Market can provide a place for selling goods.

In this case, goods are not limited to art, but also meat, produce, and value-added products like smoked salmon, huckleberry jam, or other prepared foods.

The Outdoor Market runs from May through October, but it's time to start thinking about being a vendor now.

For next year's market, we are hoping to expand the types of goods sold to include more local produce.

Selling local produce not only helps the producer, but the buyer as well. Local produce is likely to be better quality, better for you, and did not have to travel a long distance to get here.

Business association

A third thing that we hope to invigorate in Warm Springs is a business association.

Business associations, such as Chambers of Commerce, are a business network. Business owners become involved in order to work together to strengthen their existing businesses.

Business associations facilitate greater collaboration between and among businesses and can strengthen the busi-

ness community. They allow people to participate in activities that would otherwise be costly or time-consuming on their own.

If you think any of these three above-mentioned business entities are for you, it might be time to get involved.

In order for these programs to be implemented, we need as much support as possible. We will be holding a business development summit on November 16 from 1-3 for anyone interested in becoming involved in a cooperative, business association, or being a vendor in the outdoor market.

The meeting will be held in the WSCAT Conference Room and light snacks will be provided. Attend the meeting to learn more, get involved, and express your opinions.

Board members needed for WSCAT

The Warm Springs Community Action Team is seeking new board members.

The Community Action Team is a community development organization that works to increase the economic vitality, stability, and self-sufficiency of tribal and community members on the Warm Springs Reservation.

The position of Board Member is an unpaid volunteer position. WSCAT Board Members serve because they are truly interested in mak-

ing the Warm Springs Reservation a better place to live.

Deadline to apply for the board position is Friday, November 13, at 5 p.m.

If you are interested in serving as a member of the WSCAT board of directors, please send a brief cover letter and resume to Chris Watson, WSCAT executive director, at:

cwatson@wscat.net.

If you have questions, please call Chris Watson at 541-553-3148.

NARA seeks Family Skills Coordinator

The Native American Rehabilitation Association, or NARA, is private non-profit that provides culturally appropriate physical and mental health services and substance abuse treatment for Native Americans and other vulnerable people. We are seeking a motivated and dynamic individual who preferably has prior experience with Native American communities and vulnerable populations.

The position will be housed at NARA's Residential Treatment Facility in NW Portland and will

require travel to other NARA locations.

To apply: Respond to this post with your cover letter, resume, and salary requirements or fax to 503-224-4494. NARA requires a minimum of two years sobriety/clean time if in recovery and all potential hires are required to pass a pre-employment (post-offer) drug screen and criminal background check.

For full descriptions of jobs at NARA, please check out our website: naranorthwest.org

Important message from Warm Springs Telecom

An important message to residents who have a telephone through the Warm Springs Telecom Tribal Connect-Tribal Lifeline program:

The re-certification process is now under way.

Contact the Telecom at

your earlier convenience, 541-615-0555. If you are unsure if you are part of the program, call the Telecom.

Or stop by the office, 4202 Holliday Street, at the industrial park.

The deadline date to re-

certify in the Tribal Lifeline-Tribal Connect program is November 20.

If you fail to re-certify your benefits by November 20, you will be dis-enrolled from the Tribal Connect program.

This will result in an increase in your monthly bill.

Re-certification forms are available at the Telecom office, or at sign-up booths during the re-certifying period. Tribal Connect credit is \$0 for your basic phone access.