



Jayson Smith/Spilyay

Ashley Aguilar and Nola Queahpama prepare salmon for the Feast of the Fifth Annual Tribal Day at Mt. Hood Ski Bowl, held this past weekend.

## Counseling events for Recovery Month

by Sarah Wolfe  
Warm Springs Prevention

National Recovery Month is a national observance held every September to educate Americans that substance use treatment and mental health services.

Recovery Month celebrates the gains made by those in recovery.

Warm Springs Community Counseling celebrated Recovery with an early Recovery Powwow on July 21.

Ten Guiding Butterflies/Mighty Warriors, and many other Warm Springs community members and employees attended the Spirit of Giving Conference in Portland.

Keynote speakers included Eduardo Duran and Don Coyhis, both recognized nationally in Indian Country.

Tribal Councilman Raymond Tsumpti Sr. spoke on the Tribal Leaders Panel. At closing Tribal Council Chairman Eugene Greene Jr. shared his testimony.

Don Coyhis commended Warm Springs tribal leaders for sober leadership.

After the conference Carlos Riveiro, present White Bison executive director, brought the Sacred Hoop to Warm Springs for the Back to School Barbecue and a one day Recovery Event.

At the Back to School Bar-



Courtesy photo.

Warm Springs conference participants pose with keynote speaker Don Coyhis and the Sacred Hoop. Not pictured are Tribal Council Chairman Eugene Green Jr., Annie Kalama, Charlotte Pitt and Guy Wallulatum.

becue Tribal Councilman Kahseuss Jackson welcomed Carlos and the Sacred Hoop to Warm Springs.

The Sacred Hoop was carried around the Warm Springs k-8 School by four Warm Springs Women in Recovery. Guy Wallulatum and Dallas Winishut Jr. shared songs. Quartz Creek shared both an honor and round dance.

During this event, powerful testimonies of recovery and healing were shared by guests Carlos and Candida. There was also a sobriety countdown and then the event closed with a talking circle.

We were happy to have Brothers and Sisters in recovery join us from Klamath Falls and NARA.

The Guiding Butterflies and Mighty Warriors Adult Class will begin again this Thursday, Oct. 1, and will meet Thursdays from 1-3 p.m. at the Counseling Center.

There is a trip planned for October 24 to the 2015 Hillcrest YCF Powwow and the NARA Boo Bash. We encourage new members to join this Adult Class; however participants must attend class to participate in trips.

We look forward to future events and will continue to assist anyone considering recovery. Please know that you are not alone and there is hope and there is help. For more information call Community Counseling at 553-3205.

<p>2015 Chevrolet Equinox - 15,023 miles <b>\$25,995</b> #P5022</p> 	<p>2014 Buick Verano Convenience - 24,642 miles <b>\$18,995</b> #P5013</p> 
<p>2014 Kia Soul + Wagon - 16,819 miles <b>\$15,995</b> #85599A</p> 	<p>2013 Hyundai Elantra - 24,777 miles <b>\$17,995</b> #48709A</p> 
<p>2013 Kia Optima EX Sedan - 35,415 miles <b>\$19,995</b> #17028B</p> 	<p>2011 Jeep Wrangler Unltd Sport Suv - 66,075 miles <b>\$26,995</b> #49184W</p> 
<p>2008 Lincoln Sport Utility - 57,943 - <b>\$18,995</b> #68477A</p> 	<p>2008 Buick LaCrosse Super Sedan - 81,123 miles - <b>\$13,995</b> #67705A</p> 
<p>2007 Chevrolet Uplander - 103,985 miles <b>\$8,995</b> #58372C</p> 	<p>2005 GMC Sierra Denali - 189,489 miles <b>\$14,995</b> #27918C</p> 
<p>2003 Chevrolet Tahoe LT SUV - 128,242 miles <b>\$9,995</b> #P5038A</p> 	<p>2003 Chevy Silverado 1500 - 167,625 miles <b>\$9,995</b> #8041B</p> 

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