

# Head Start turns 50 years

Warm Springs Head Start staff and parents met at the community center on Monday, for a day of team building and training.

Warm Springs Head Start as old as the national Head Start program itself: Warm Springs was a charter member, beginning in 1965 when the national program launched.

Mitch Factor was a guest speaker. Thirty-six people work at Warm Springs Head Start-Early Head Start.



Dave McMechan/Spilyay

## BBQ: Prevention bringing Sacred Hoop to community

(Continued from page 1) The Hoop was built in a sweat lodge in May of 1995. A multi-cultural Elders gathering was held in Janesville, Wisc., to provide prayers for the Hoop,

and align its purpose to the coming healing time. The Elders placed the four gifts of Healing, Hope, Unity and Power to Forgive the Unforgivable into the Hoop.

The Mission of the Sacred

Hoop: Healing individuals, families, communities and nations. When the Sacred Hoop comes to a community, the people gather for ceremonies and talks about living a sober and healthy life that is

balanced emotionally, mentally, physically and spiritually.

For more information call Sarah at 541-553-2305; or email: sarah.wolfe@wstribes.org

# Warm Springs Community Calendar

Brought to you by KWSO 91.9 FM

### Wednesday, Sept. 2

Warm Springs Community Counseling has an **Aftercare Morning Class** this morning at 8:30 in their conference room. You deserve peace and happiness, to be healthy and to be heard.

The Diabetes Prevention Program is having its **Family Fun Day** behind the Community Center at 4. There will be a mini info fair, diabetes screenings, a light meal and family games. And, they will give away t-shirts to the first 100 participants.

Community Counseling has an **Alcoholics Anonymous** meeting this evening 7.

The **Women's Group** at Community Counseling meets today at 1 p.m.

**Anger Management Group** meets today from 3:30 to 5 at Community Counseling.

There is **Positive Indian Parenting Class** today 5:30 to 7 p.m. in the Community Counseling Center main conference room. This week's topic is Lessons of the Cradleboard.

There's a **public pre-budget meeting** today from 1:30-5 p.m. at the Community Center Social Hall. The 2016 Tribal Budget is being developed and this is a chance for public input.

### Thursday, Sept. 3

On the **summer recreation schedule** today at the community center they will be going on a field trip to the **State Fair**. Remember you

must be signed up in order to attend.

The Warm Springs Elliot Palmer **VFW Post** meets tonight at 6 p.m. at the Warm Springs Veteran's Hall. They meet the first Thursday of every month.

**Financial Skills for Families Class** is this evening from 5:30-7:30 at the Community Action Team Office on Campus. Tonight's session is on Accessing Credit.

**Warm Springs jurors** will need to check-in at 9:30 this morning at Warm Springs Tribal Court.

There is an **Alcoholics Anonymous** meeting today at noon at Community Counseling.

**Alcohol Education Class** is today 2 p.m. at the counseling center.

There is a **Narcotics Anonymous** meeting at 6pm at the Shaker Church.

### Monday, Sept. 7

Community Counseling has their **Aftercare Relapse Support Group** today at 5:30.

The **Native Aspirations Community Coalition** is meeting from noon until 1:30 at the Family Resource Center. Lunch is provided and everyone is welcome.

The Warm Springs **Vocational Rehabilitation** Program has orientation today at 3pm at their office in the industrial park. if you or someone you knows may have a disability that is a "barrier" to employment or employment advancement, you can learn more at an orientation or call

553-4952.

### Tuesday, Sept. 8

**Healthy Eating class** is today from 10-11am at the Warm Springs Health & Wellness Center Kitchen Conference Room. Everyone is welcome and no sign up is required.

There is **Positive Indian Parenting Class** today from 10 til noon in the Prevention Conference Room at Community Counseling. There is also a class on Wednesday from 5:30-7 p.m. in the main conference room. This week's topic is Harmony in Childrearing.

The Jefferson County **Food Bank** is located at 556 SE Seventh Street. They are open for distribution this afternoon. All food banks and pantries do take donations of non-perishable food or cash.

On today's **Tribal Council Agenda** are enterprise updates. In the morning, Warm Springs Ventures, Telco, Power and Water Enterprise and Indian Head Casino are scheduled. In the afternoon, Credit, Warm Springs Composite, Kahneeta and Warm Springs Forest Products.

Community Counseling has its **Men's Support Group** today 3-4:30.

Community Counseling has an **Alcoholics Anonymous** meeting at noon today.

### Wednesday, Sept. 9

Warm Springs Community Counseling has an **Aftercare**

**Morning Class** this morning at 8:30 in their conference room. You deserve peace and happiness, to be healthy and to be heard.

Community Counseling has an **Alcoholics Anonymous** meeting this evening 7.

The **Women's Group** at Community Counseling meets today at 1pm

On today's **Tribal Council Agenda** are department budget presentations. In the morning there is a budget overview followed by presentations from the Secretary-Treasurer and Community Assistance, Human Resources and Finance. In the afternoon, presentations from Tribal Court, Human Services, Public Safety and Natural Resources.

**Anger Management Group** meets today from 3:30 to 5 at Community Counseling.

There is **Positive Indian Parenting Class** today 5:30 to 7pm in the Community Counseling Center main conference room. This week's topic is Harmony in Childrearing.

### Thursday, Sept. 10

The **Culture and Heritage Committee** meets today from 9 a.m. until noon in the Tribal Administration Building Conference Room 3.

The **Water Control Board** meets today from 1:15-4 p.m. at the Natural Resources Cougar Den Meeting Room.

On today's **Tribal Council Agenda**: budget presenta-

## From Higher Education

The tribes' Higher Education program assist tribal member students, who have their high school diploma or GED, prepare for college.

Students can apply at Higher Education, and submit their tribal scholarship applications.

Students must apply for FAFSA (Federal Application for Federal Student Assistance). Workshops are held at the Central Oregon Community College campuses.

These workshops help student or parents who need assistance in completing the FAFSA process.

Meanwhile, COCC is having the 2015 Fall Bobcat orientation for registered new, first-time, returning and transferring students. The orientation will be on Friday, September 25, all day at all campuses.

Please RSVP by calling COCC Madras, 541-550-4100; Bend, 541-383-7500; Redmond 541-504-2900; or Prineville 541-447-9233.

Lunch will be provided, and there will be drawings for

prizes, and vital student success training before the term starts. Space is limited, so reservations are required.

At this time I would like to acknowledge and say thank you to Gina Ricketts, Native American Program Coordinator for COCC. She provides a wide verity of educational assistance—scholarship assistance, registration, advising, workshops, retention, etc.

Gina is a great supporter not only to Confederated Tribes, but all Native American students attending COCC. Thank you Gina for all your assistance and hard work.

Note: Due to the limited number of GED teachers, there is a possibility of Warm Springs GED classes are going to be held at Madras COCC campus for this 2015 Fall Quarter.

For more information call Higher Education at 541-553-3311.

**Carol Dick**, Higher Education

The rest of the morning and afternoon is open for call backs.

### Saturday, Sept. 12

There is an **Alcoholics Anonymous** Meeting Saturday mornings at 10am at Warm Springs Community Counseling.

### Sunday, Sept. 13

The **Warm Springs Food Bank** is located at the Presbyterian Church. They are open today from 11:30-1:30. All food banks and pantries do take donations of non-perishable food or cash

### Monday, Sept. 14

The Warm Springs Vocational Rehabilitation Program has orientation today at 3pm at their office in the industrial park. if you or someone you knows may have a disability that is a "barrier" to employment or employment advancement, you can learn more at an orientation or call 553-4952.

Community Counseling has their **Aftercare Relapse Support Group** today at 5:30.

## Reminder from Sanitation

Warm Springs Sanitation reminds residents that the Landfill is open weekdays from 8 a.m. until 5 p.m., and the Transfer Stations are open 24/7.

Please, if you have debris or large items – make sure they are disposed of properly. If you need assistance call the landfill at 553-3163.

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