

Prevention hosts first July Jump Off tourney

The Warm Springs Prevention Team in July hosted the first annual July Jump Off 3-on-3 Basketball Tournament. We really appreciate the community and participants for this successful event.

This tournament helped promote healthy alternative activities and smoke free parks.

Prizes included items such as Samsung Tablets, I-pods, and basketball jerseys, provided by Oregon Health Authority under the Addictions



and Mental Health Division Prevention grant.

Warm Springs utilities provided the benches and tables. Also, thanks to Guiding Butterflies and Mighty Warriors for the Elmer Quinn Park clean-up event.

The winners

In the 12-14 years of age division - 2 Tribes (coed).

15-18 years of age division - Those Rez Guys (coed).

18 and up - The Recruits (men's).

18 and up - Windylicious (women's).

Scott Kalama, Tobacco Prevention Coordinator



Courtesy photos/Prevention

Winners included 2 Tribes, 12-14 division winners (top).

Women's Division Champions, Windylicious (right).

Leo Sportsman (Tha Pack), Adidas jersey and I-tunes card prize winner (far right).

Hunters meet Thursday

A public hunters meeting is set for this Thursday, August 6, starting at 6 p.m. at the Warm Springs community center social hall.

The Warm Springs Fish and Wildlife Committee is the host. Tribal members are encouraged to attend, and be updated on the latest wildlife information.

There will be a chance to voice concerns and provide valuable ideas and feedback for the 2015 hunting season.

The Natural Resources

Wildlife Department will be presenting information regarding:

The 2014 wildlife survey results.

Deer and elk population estimates.

Deer and elk herd composition and trends.

The 2015 draft hunting recommendations for the reservation.

Please call the Fish and Wildlife Committee or Austin Smith Jr., wildlife biologist, at 541-553-2026 with questions.

3-on-3 tourney at Grand Ronde

The annual 3-on-3 Youth Native Basketball tournament is coming up this month at Grand Ronde.

The tournament dates are Friday through Sunday, August 14-16.

The tournament style is half-court, 20-minute games. The 3-point shootout contest

is on Saturday, August 15.

The registration deadline is this Friday, August 7 at 5 p.m.

To register contact Kendra Steele at 503-879-1921. Or email:

Kendra.steele@grandronde.org

Players may be asked to show proof of age, though it is not required at registration.

Summer lunch thru August

The Jefferson County 509-J School District is offering their Summer Food Service program at the Warm Springs Youth Center.

Breakfast is served 8:30-9 a.m. and lunch is 12 to

12:30.

All youth 18 and younger can eat for free. The entrance to the cafeteria is the east door of the old Warm Springs Elementary by the playground and basketball court.

Nurse hot line now available

Indian Health Service at the Warm Springs Health and Wellness Center is pleased to offer a Nurse Hot Line.

The hot line is available for your use 7 days a week, 24 hours a day.

This telephone hot line will allow you to contact a nurse for advice or medical questions.

To speak to a nurse you only need to dial this toll free number: 1-800-470-2015.

Your call will be answered by an RN.

If there are many calls at the same time, someone will answer and take your number. The nurse will call you back shortly.

The nurse does not diagnose your condition. Based on what you tell them, the nurse will give you direction on

How to take care of your symptoms at home

If you should wait and see your provider, or

If you should go to the closest Emergency Room.

If you believe you or your family is having a medical emergency you should call 911 directly.

This toll free nurse line also gives you the option of being connected to an audio health library. You may find information about other health questions you have.

The clinic receives information from the nurse line about your call and what advice you were given.

A nurse at our clinic will call you to find out how you are feeling or if you need to be seen by your provider.

This is a service that the Warm Springs IHS clinic is providing so that you will have access to medical advice 24 hours per day, 7 days per week. (See ad below.)

Another great All Star game for Schimmel

Shoni Schimmel made some great plays at the recent WNBA All Star Game, held this year at the Mohegan Sun Arena in Connecticut.

Schimmel was again voted an WNBA Eastern Conference starter for the All-Star Game.

The former University of Louisville star scored her team's first points of the game when she knocked down a 3-pointer.

From there, the Atlanta Dream guard made a breakaway layup, threw some behind-the-back passes and otherwise made the game fun. It is this kind of play that won her the nickname Show-Time Schimmel.

Last year, when the Eastern Conference won,



Photo by Patti Tanewasha

Schimmel was named the All Star Game MVP.

This year she made another great showing, but the West came up with the win, 117-112.

Schimmel plays with a Rez Ball style. "I just play my own game, and for me to do that, it's fun," Schimmel said after the game.

"To go out there and play with the best of the best, they might catch (unique passes), they might not. But everybody else sees it. It's fun."

Schimmel scored 13 points, and made six assists.

Schimmel and the Atlanta Dream play Indiana on Friday, August 7.

MHS fall sports practices starting soon

Fall sports practices at Madras High School start on August 17.

For non-IHS eligible students, there will be free sport physicals on August 13 from 4:30-7 at the United Methodist Church in Madras.

For Warm Springs students who are IHS eligible,

school sports physicals are scheduled for August 18 starting at 1 p.m. at the Health and Wellness Center.

Youth will be seen on a first come first serve basis. Physical forms need to be filled out before the appointment and a parent or guardian needs to accompany the child.

Youth hunter classes

The Warm Springs Natural Resources Branch has announced that youth hunter education opportunities are now available online.

Hunters under the age of 17 must complete a

mandatory Oregon Hunter education course to obtain Ceded Lands hunting tags.

You can learn more by searching "Oregon Youth Hunter Safety Class" or call Natural Resources at 541-553-2046 for assistance.

The Madras Aquatic Center summer open swim times are noon to 6 p.m., Monday thru Sunday. For rates and other information call 541-475-4253.

For those medical questions...

The Warm Springs Health & Wellness Center Nurse Hotline



866-470-2015

- * My baby is coughing. Should I take her to the clinic?
- * How can I treat my sore throat at home?
- * Should my medical issue be treated at the emergency room?

Onaben seeks vendors, entertainers

The ONABEN (Oregon Native American Business Network) Trading at the River Native Marketplace is set for Portland in September.

The location will be outside the Ecotrust Building in Portland's Pearl District.

This is an opportunity for Native vendors to set up and sell your products. Entertainers are also being sought.

To learn more about how you can become involved with the Trading at the River Native Marketplace, visit the event website at: tradingattheriver.com

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