

# Inspiring visit from Schimmel family

Jude Schimmel, with parents Rick and Ceci, visited Warm Springs on Tuesday.

They spoke with a large gathering of young people at the old elementary school gym.

The afternoon concluded with a Schimmel basketball clinic. Jude, 21, is a former Louisville Cardinals basketball guard, and Ceci is a coach. Jude is also the author of book, *Dreamcatcher*.

Jude earned the NCAA Elite 89 award for having the highest grade point average in the 2013 NCAA basketball championships. Her older sister is Shoni, who now plays for the WNBA team the Atlanta Dream.

The Schimmels' visit to Warm Springs started with the showing of the 2011



documentary about the family, *Off the Rez*, which won national acclaim.

Jude and her parents then answered questions from the audience, focusing on chal-

lenges of reservation life, meeting challenges and becoming successful.

The event was sponsored by Tribal Council and Community Counseling.

Jude Schimmel (with parents Ceci and Rick) answers questions from the community.

# Lacrosse camp in August

A free Lacrosse Camp is coming up in Warm Springs in early August. The camp will be on Monday and Tuesday, August 3 and 4.

The camp is for youth ages 5 to 18. Pre-registration is going on at the Community Center office.

The August 3 camp will be for 5-11 year-olds; and August 4 for 12-18 year-olds. There is no fee to participate.

Rick Roy from Burns, with the Oregon Youth Lacrosse Program, will be hosting the camp, which is also open to adults who are interested in

coaching Lacrosse. Equipment will be provided.

The camp is sponsored by Warm Springs Recreation, Youth Wellness, the Prevention Team, the Community Health Education Team, and Warm Springs Adolescent Aftercare.

For more information contact Mike Holyan, 541-553-3589; Tatum Kalama, 553-3243; or Scott Kalama, 553-3205. Or emails:

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# MAC Dash coming up

The Eighth Annual MAC Dash Sprint Triathlon is set for Saturday, September 12.

The Madras Aquatic Center triathlon consists of a 500-yard swim, a 12-mile bike ride, and 3-mile run. You can participate as an individual or team.

There is a new team challenge this year: The first organization, team or business team to claim the traveling trophy gets bragging rights for one year.

For more information call the MAC at 541-475-4253.



# Pi-Ume-Sha Softball

The Pi-Ume-Sha Softball Tournament this year happened a few days after the powwow. The players met at the Juniper Hills ball fields in Madras for this 2015 tourney.




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**2015 COLUMBIA RIVER INDIAN FISHER EXPO**

Geared for the unique needs of Columbia River Indian fishers

Sponsored by the Columbia River Inter-Tribal Fish Commission

**8:00a to 4:00p • Friday, July 24**  
**Best Western Hood River Inn**

<p><b>Tribal Q &amp; A</b></p> <ul style="list-style-type: none"> <li>• Fish &amp; Wildlife Committee Q&amp;A sessions</li> </ul> <p><b>Fisher Safety</b></p> <ul style="list-style-type: none"> <li>• Columbia River boat safety</li> </ul> <p><b>Boat Maintenance</b></p> <ul style="list-style-type: none"> <li>• Fiberglass repair</li> <li>• Engine repair and maintenance</li> <li>• Boat design and fabrication</li> </ul>	<p><b>Quality Handling</b></p> <ul style="list-style-type: none"> <li>• Food handling certification class</li> <li>• Ways of preserving quality</li> </ul> <p><b>Marketing and Business</b></p> <ul style="list-style-type: none"> <li>• Connecting with customers</li> <li>• Food HuB program introduction</li> </ul> <p><b>Trade Show</b></p> <p><b>Lunch</b></p>
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The event and meals are free for all Yakama, Umatilla, Warm Springs, and Nez Perce fishers. For more information and the current schedule, call (503) 238-0667 or visit [www.critfc.org](http://www.critfc.org).



The July CRITFC commission meeting will be held at the Best Western Hood River Inn on the Thursday before the Expo. Tribal members are welcome to attend. The meeting runs 8 am to 5 pm July 23.

## For those medical questions...

**The Warm Springs Health & Wellness Center Nurse Hotline**



**866-470-2015**

- \* My baby is coughing. Should I take her to the clinic?
- \* How can I treat my sore throat at home?
- \* Should my medical issue be treated at the emergency room?