

Great year for Lucameen Queen

by Marge Kalama

Being the Lucameen Queen 2014-15 impacted my life in several ways.

The experience changed my emotional direction, and motivated my inner "fun" spirit.

It helped me to put aside my inhibitions and develop a strong feeling of community membership.

The appointment turned out to be one of the funnest experiences I've had.

The position of Lucameen Queen is never sought; it is eased upon the individual during the Pi-Ume-Sha competition. The new Lucameen Queen is Alyssa Macy.

For those who do not know, Lucameen is a kind of "leftover" dish, of salmon, deer or elk meat, using flour and baking powder, making a delicious gravy. In fact, "lucameen" means gravy.

Thank you, community of Warm springs. You made me smile each time I would hear 'Lucameen Queen' ring out from group events.

Spilyay Speaks

Letters to the editor

Camp thanks

To the community of Warm Springs,

We are thanking the parents for trusting the Culture and Heritage, OSU Extension and Children's Protection Services with their children, Thank you.

All the campers and camp staff were able to have a fun time and a great learning experience at both camps, and will carry many happy memories with them.

Both Camp Naimuma and Camp Tananauwit were a huge success.

A big thank you to the Culture and Heritage staff, OSU Extension and CPS for collaborating to create Camp Naimuma and Camp Tananauwit, which was held at HeHe.

All the staff members from Culture and Heritage, Extension and CPS pulled together with financial help from Caroline Cruz. Thank you, Caroline.

We want to thank the following departments, work crews and businesses for all their hard work and dedication:

Natural Resources: Bobby Brunoe, Jason Smith, Clay Penhollow, Harry Hisatake, Restoration crews, Tony Van Pelt and his very helpful team. Thank you all so much.

Tribal Utilities Department: Thank you Don Courtney and staff.

Thank you John Katchia, general manger, Warm Springs Forest Products Industries. And thank you Culture and Heritage for all your amazing work.

A thank-you to Nancy Collins, Indian Health Services; Terry and Diana Macy, Warm Springs Market. You're the best.

And to Stan Suenaga, Warm Springs Public Safety, the Warm Springs Police Department; and Trey Leonard and Fire Management and staff.

Thank you to the EMTs for medical coverage at both Camps and the hike.

**Val Switzler, Deanie Smith, Jefferson Green and Arlene Boileau**

Thank you from COCC

On behalf of the Native American Program and First Nations Student Union at Central Oregon Community College, I would like to thank the Confederated Tribes of Warm Springs Branch of Natural Resources, the Cul-

ture and Heritage Department, and Higher Education for their continued support of our programs.

Our 2015 Salmon Bake would not be possible if it were not for the generous donation of salmon from Natural Resources.

Special thanks goes to Geraldine Jim and Elfreda Mitchell for making sure we have salmon, and that it is cooked in keeping with the Warm Springs traditions.

We would like to thank Culture and Heritage, and especially Valerie Switzler for her continual help and support for the many programs we offer throughout the year. Valerie's expertise and knowledge of local resources is invaluable.

Thank you Warm Springs Higher Education, and namely Carroll Dick, for the continued support of our quest of educating our people. Carroll works above and beyond getting students information; she gets them connected to COCC and offers encouragement.

We at COCC cherish our relationship with many Warm Springs community members, and we look forward to many years of continued partnerships and friendships.

Respectfully,  
**Gina Ricketts**, Native American Program Coordinator, Central Oregon Community College.

Summer read

The Warm Springs Library is encouraging youth to read this summer.

Kids can stop by the library any time to pick up a new book for summer reading.

If you read a book and fill out one of the library's book slips, you can turn it in for a prize.

The more books you read, the more slips you can fill out and the more prizes you win.

Never gone

In memory of Norman Nathan on his third birthday in Heaven. August 8, 1937 ~ July 18, 2012.

Time slips by and life goes on. But from my heart you are never gone. I think about you always, I talk about you too. I have so many memories but I wish I still had you.

Loving your forever,  
**Renee Hogan Krstovich.**

Estate plan

Tribal members can draft a will, create powers of attorney, and do other estate planning services this summer Mondays thru Wednesdays from 8 a.m.-4 p.m. at the Warm Springs Community Action Team office.

Adam Mentzer is an intern with the Institute for Indian Estate Planning and Probate

Lucameen Queen



Carlos Calica photo

Alyssa Macy (right), is the new Lucameen Queen, taking the role at Pi-Ume-Sha from former Lucameen Queen Marge Kalama.

at Seattle University School of Law. He will be available until August 7. Call 541-553-3148 to make an appointment.

Birth

Natasha Songoi Caldera

Brandon Caldera and Nicki Smith of Warm Springs are pleased to announce the birth of their daughter, Natasha Songoi Caldera, born on June 24, 2015.

Grandparents on the father's side are Carla Dean Caldera, and Davis Sohappay Sr.

Grandparents on the mother's side are Randy Smith and Lillian Walsey.

Timber tour

The Forestry Department will hosting a timber tour July 15-16.

Food and transportation will be provided. If you have questions, please contact Forestry at 553-8200.

IHS Nurse Hot Line offers round-the-clock service

Indian Health Service at the Warm Springs Health and Wellness Center is pleased to offer a Nurse Hot Line, available for your use seven days a week, 24 hours a day.

This telephone hot line will allow you to contact a Nurse for advice or medical questions.

To speak to a nurse you only need to dial this toll free number: 1-800-470-2015.

Your call will be answered by an RN.

If there are many calls at the same time, someone will answer and take your number. The nurse will call you back shortly.

The Nurse does not diagnose your condition. Based on what you tell them, the Nurse will give you direction on

How to take care of your symptoms at home; If you should wait and

see your provider; or, If you should go to the closest emergency room.

If you believe you or your family is having a medical emergency you should call 911 directly.

This toll free nurse line also gives you the option of being connected to an audio health library. You may find information about other health questions you have.

The clinic receives information from the nurse line about your call and what advice you were given. A nurse at our clinic will call you to find out how you are feeling or if you need to be seen by your provider.

This is a service that the Warm Springs IHS clinic is providing so that you will have access to medical advice 24 hours per day, seven days per week.

Remembering When...

**Twenty-five years ago**—from the July 13, 1990 Spilyay Tymoo:

For the second time, Warm Springs voters passed two referendum items but failed to validate the election because the number of voters was too small.

The turnout at the polls for referendum items, including a wellness center and additional housing units, was 68 short of the 536 necessary to make the election valid. Both items would have passed overwhelmingly had there been enough votes.

**Twenty years ago**—from the July 6, 1995 Spilyay:

Leaders from the Warm Springs, Yakama, Umatilla and Nez Perce tribes unveiled their plan for Columbia Basin salmon restoration during a recent trip to Washington, D.C. During three days of meetings, tribal leaders briefed White House, Interior and Congressional staff on the plan.

The plan is called Wy-Kan-Ush-Me Wa-Kish-Wit, meaning Spirit of the Salmon, and was presented earlier to the Northwest Power Planning Council and members of the Save Our Wild Salmon coalition.

During the trip to Washington, D.C., tribal leaders urged adoption of this single plan for Columbia salmon restoration. In other news:

Huckleberries are becoming harder and harder to find. Tribal member gatherers often must travel many miles to off-reservation sites to harvest berries. And more often than not, they must compete with non-member pickers.

Enhancing and rehabilitating reservation huckleberry sites, and increasing the number of berry patches, would eliminate some of the hardship on the local people. And that is exactly what Marcia Macy Flynn and her brother Vinson, aka Huckleberry Flynn Services Inc., have in mind with their new project.

**Fifteen years ago**—From the July 13, 2000 Spilyay:

The Confederated Tribes will use an innovative technique developed in Alaska to estimate the number of fall chinook salmon returning to the Deschutes River this year.

Tribal biologists hope the experimental project, beginning this month, will accurately reflect the river's fall chinook run, which is used as a yardstick by agencies with the authority to set fishing seasons for the species. In other news:

A proposal by some state of Washington Republicans has angered rights activists and has some party members ridiculing the idea.

Politicians and human rights activists are debating the seriousness of the state Republican Party's call to terminate tribal governments on reservations.

(You can browse many back issues of the Spilyay Tymoo at: Oregonnews.uoregon.edu)

Thank you for writing to the Spilyay Tymoo, PO Box 489, Warm Springs, 97761. Or email: david.mcmechan@wstribes.org

Toe Ness

Employer: "Why did you leave your last job?"

"Illness," replied the applicant.

"What kind of illness?"

"I don't know. They just said they were sick of me."

A lady walks in to a shoe store. "I want a pair of alligator shoes."

Salesman: "Yes ma'am. What size does your alligator wear?"

Spilyay sez: "A person who can smile when things go wrong has probably just thought of someone he can blame." YIKES

Old man: "How old are you?" Little boy: "I don't really know. My mother was 26 when I was born, but the other day I heard her telling the milkman she's 24 years old." YIKES!

Teacher: "What must we do before we can receive forgiveness for our sins?"

Student: "Well, first we must sin."

Spilyay sez: "The most dangerous year in married life is the first year. then follow the second, the third, fourth..." YIKES

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For those medical questions...

The Warm Springs Health & Wellness Center Nurse Hotline



866-470-2015

- \* My baby is coughing. Should I take her to the clinic?
- \* How can I treat my sore throat at home?
- \* Should my medical issue be treated at the emergency room?