

Senior Clinic for healthier elders

by **Shirley A. Eder, RN**
BSN, aka Dr. Creelman's nurse.

One identifier of senior citizenship is when you reach the age of 60 years and over, at least according to standards set here at the Warm Spring Health and Wellness Center.

This is why when you reach this milestone you may receive a telephone call asking if you would like to be scheduled in to be seen in

one of Dr. Creelman's Senior Clinics.

Senior Clinic is a specialty clinic provided to our community senior citizen members. The clinic is offered every Monday, Thursday and Friday of each week.

Prior to the scheduled annual visit, we may have to contact you to come into the clinic prior to your appointment time, to get lab work done, should it be necessary.

Each visit is directed at checking several areas of the

aging process: Mental, vision and hearing abilities, memory check, balance and advance directives are some of the areas checked while at your senior clinic visit.

A mini physical is performed by Dr. Creelman with enough time to review lab test results, answer medical questions, safety in the home, and other questions and concerns the patient may have.

Healthy senior citizenship is important, and this annual one-hour visit with Dr.

Creelman can be helpful in obtaining information and a baseline that is vital to mapping the senior citizen aging process.

As it is said, With age comes wisdom. And it is with great hope that more people in this age group will take advantage of the service offered.

You can call or contact me, Nurse Shirley, at the clinic, and I will be happy to get you set up with your Senior Clinic appointment.

Prevention hosting two conferences May 28-29

Warm Springs Prevention will host the Methamphetamine and Suicide Prevention Initiative, and the Child Initiative Against Violence conferences in late May at Kah-Nee-Ta.

The conference, with the theme "What Broke Our World Apart," will be Thursday and Friday, May 28-29, from 8 a.m. to 5 p.m. both days.

The Child Initiative Against Violence Conference will be on the first

day, May 28. The Meth and Suicide Prevention Conference is the second day, May 29.

The agendas for both days are now available. For more information contact Sarah Wolfe or Nancy Seyler. You can reach Sarah at 541-553-3205; or by email at:

sarah.wolfe@wstribes.org
You can reach Nancy at 541-553-3300; or email: nancy.seyler@wstribes.org

Easier tax season with help from WSCAT

by **Chris Watson**
W.S. Community Action Team

The Warm Springs Community Action Team assisted tribal and other community members in filing their income taxes through the AARP Foundation Tax Aide Program.

This was the sixth consecutive year the team (WSCAT) has helped the community with taxes.

The program offers free, individualized tax preparation for low- to moderate income taxpayers, especially those 60 and older.

Nationally, the service is offered at more than 5,000 sites, including Warm Springs.

Nettie Dickson, WSCAT's Individual Development Account Program coordinator, managed the tax program in Warm Springs.

"This year we offered the service from February 17 through April 15, every Tuesday and Thursday," said Nettie said. "Our staff and volunteers helped 278 community members in filing their federal and state taxes."

The average refund for the community members who came through the program this year was a little over \$1,616.

"Over 80 percent of the individuals who participated got refunds," Nettie said. "In total, over \$342,000 in re-



The Warm Springs Community Action Tax Team: Wanda Berry, Nettie Dickson, Lori Switzler and Gerald Danzuka (from left, Clint Jacks not pictured).

funds came back to the community members who did their taxes with us."

Warm Springs community member Leo Washington, who came to the WSCAT office to prepare his taxes on March 19, expressed his appreciation for the program:

"They did a great job. This program is really beneficial for the community. I hope they continue to do this in the future, and I encourage people to use the service."

Community member Pamela Louis also had good things to say: "It was nice not having to pay anything to have my taxes done. I usually don't get much of a refund, so this helped me keep a few more of my dollars."

Clint Jacks, WSCAT's former board president, served as the lead volunteer, donating 15 days (over 120 hours) to the effort.

And WSCAT staff members Wanda Berry, Lori Switzler and Gerald Danzuka contributed many hours to the effort.

Each of the staff members and volunteers involved in the program completed rigorous training to be certified as AARP Foundation tax preparers.

In late January and early February, they completed three days of classroom training. They studied basic and advanced tax preparation, then completed examinations in advanced tax preparation

and ethics.

Gerald Danzuka said, "Because Nettie and Clint had done this before, they didn't have to train as much as Wanda, Lori, and I. The three of us probably spent 48 hours, including class time and study, preparing for the exams and then getting certified."

Wanda added, "The training was pretty hard, but I really enjoyed doing this because it's helpful in community members' lives. It saves them time and money, and makes their lives a little bit easier."

Lori Switzler noted, "We think people like doing their taxes here, because we see a lot of people who have been coming around for years."

Confluence Listening Circle dedication in Wash. in May

There will be a dedication ceremony in May for the Confluence Listening Circle at Chief Timothy Park, Wash.

Leaders of the Columbia tribes will join artist Maya Lin for the dedication, set to begin at 10 a.m. on Friday, May 29.

The event is to celebrate a major milestone in this series of art installations along the Columbia River system.

Admission to the park and interpretive center is free for the dedication. Chief Timothy Park is located at 13766 Hwy 12, nine miles west of Clarkston, Wash.

Fishing sites resolution

Tribal Council earlier this month passed a resolution that will make it a criminal offense under tribal law for a member to be in possession of alcohol or controlled substance at the usual and accustomed fishing sites, including in-lieu and access sites, at the Columbia, at Sherars Bridge and Punchbowl Falls.

Council directed the tribal

attorney to draft a provision that will be added to the Tribal Code.

These proposed changes have support of the tribal Justice Team, and are also recommended by the Columbia River Intertribal Fisheries Commission.

The draft resolution will need to be reviewed and approved by Tribal Council before becoming law.

Men's Support Group cycle 2

The Men's Support Group meets at the Community Counseling Center on Tuesdays from 3-4:30 p.m.

The meeting dates for cycle 2 of the program are May 19, June 2, 9, 16 and 23; and July 7, 14, 21

and 28.

This is a closed group in which, after the second cycle, no new clients can be added, until the third cycle starts on August 4 and 11. For more information call David Howenstine at 541-553-3205.

Youth salmon summer camp

Tribal Salmon Camp is for youth in sixth-eighth grades. The Columbia River Inter-Tribal Fish Commission and Nez Perce Tribe are hosting the camp, July 13-17.

Space is limited. The application deadline is May 31.

There is a link to the application on the CRITFC website: critfc.org

Tribal Council summary

May 5, 2015

1. Roll call: Chief Delvis Heath, Chief Joseph Moses, Chief Alfred Smith Jr., Chairman Eugene Greene Jr., Vice Chair Evaline Patt, Raymond Tsumpti, Reuben Henry, Scott Moses, Orvie Danzuka, Kahseuss Jackson and Carlos Smith. Recorder, Minnie Yahtin.

2. A motion was made by Carlos approving to open and advertise for the Secretary-Treasurer position; second by Orvie; Question; Joseph/yes, Evaline/yes, Carlos/yes, Scott/yes, Reuben/yes, Delvis/yes, Alfred/yes, Orvie/yes, Raymond/out of the room, 9/yes, 0/no, 1/out of the room, Chairman not

voting; motion carried.

3. A motion was made by Kahseuss Jackson approving the request by the USD Rural Development to develop a video success story about the Warm Springs Academy project; second by Reuben; Question; Joseph/out of the room, Evaline/yes, Carlos/yes, Kahseuss/yes, Scott/yes, Reuben/yes, Delvis/yes, Alfred/yes, Orvie/out of the room, Raymond/out of the room, 7/yes, 0/no, 3/out of the room, Chairman not voting; motion carried.

4. Museum At Warm Springs update was given. Meeting adjourned at 2:35 p.m.

Students make great grades at Academy

The Warm Springs Eagle Academy announced the Honor Roll for the third quarter of the school year.

Sixth grade honors (3.0-3.5)

Clarice Clements, Mikah Estrada, Margaret Guardipee VanPelt, Jocixx Hintsatake, Frederick Ike III, Shawneen Johns, Mark Johnson III, Jacob Kasinger, Eleana Lawson, Derrek Main, Jarrin Martinez, Jordan Mitchell, Joshua Olney, Delleena Plouffe, Mashauni Smith, Alina Smith, Patricia Speakthunder, Eliza Stwyer, Ashante Tail, Natalia Tewee, Jason Tohet Jr., Harrison

Villa Jr., Waldon Winishut, and Katrina Wolfe.

Sixth grade high honors (3.5-3.9)

Perseus Bradley, Deshaun Chavez, Harlee D a v i d, Dylan Heath, Taya Holliday, Relda Jack Melvin, Hermione Johnson, Aaliyah Martinez, Kaylobe Picard, and Aurora Squiemphen.

Sixth grade highest honors (4.0)

Elizabeth Antunez, Kathryce Danzuka, and Jayden Davis.

Seventh grade honors

Fawntana Arthur, Donnie

Bagley Jr., Oriana Foltz, Anona Francis, Timoteo Hisatake, Shellie Jim, Sha'Rita Johns, Sidney Kalama, Donaven Kalama, Aramus Rubio, Lane Scott, Leander Smith, Alex Smith, Morales, Jenilee Squiemphen, and Dominique Walker.

Seventh grade high honors

Niya Bagley, Ulises Bradley, Robert Charley III, Ivory Kalama.

Seventh grade highest honors

Skyla Williams.

Eighth grade honors

Samiakin Allen, Unique Bryant, Gary Chiquito Katchia Jr., Thalia Culpus, Inez Gomez Queahpama, Raelynn Jim, Ikeana Kalama, Ellikaya Lopez, Loraija Miller, Jimmy Rodriguez Jim, Chloe Smith, Kiandra Smith, Racquel Smith, Trinite Tail.

Eighth grade high honors

Marissa Andy, and Destiny Wewa.

Eighth grade highest honors

Michele Johnson, Josiah Washington, Gracie Ila Whiteplume.

BIA hoping to change ICWA by end of year

The Bureau of Indian Affairs plans to finalize a new Indian Child Welfare Act regulation by the end of the year, Assistant Secretary Kevin Washburn said.

Congress passed ICWA in 1978 to stop Indian

children from being removed from their tribal communities at alarming rates.

But implementation has been uneven so the new rule seeks to ensure compliance by state courts and child welfare agencies.

"Guidelines are great,"

Washburn said at a meeting on the reservation of the Shakopee Mdewakanton Sioux Community in Minnesota. "We need things that are legally enforceable."

The BIA proposed the rule in March. Public meetings and tribal consultations

have been held in Oregon, South Dakota, New Mexico and Minnesota. Two final rounds of meetings and consultations are scheduled for this week, one in Oklahoma and one via telephone conference.