

Howlak Tichum

Karen Guerin, 1942-2015

Karen Guerin of Warm Springs passed away on Sunday, March 29, after a brief illness. She was 72.

Best known as the piano player at the Warm Springs Full Gospel Church, Karen was born November 2, 1942 in Toppenish, Washington. The daughter of Chester Wahpat Sr. (Yakama) and Theda Aguilar (Warm Springs/Wasco), she was reborn to the service of the Lord at the age of 17.

Prior to graduating from Madras High School, Hollywood called on Karen and her school-mates to serve as extras in Disney's *Tonka* and Bryna Productions' *Indian Fighter*.

In 1962 Karen married Johnnie Guerin (Warm Springs). They had a son Rodney and a daughter Susan.

Karen attended Business College in Salem, and later worked at Guerin Logging as a bookkeeper, choker setter, and parts runner. She worked at the Warm Springs Credit Enterprise; the Children's Group Home; and at the Family Preservation program.



Karen began her long relationship with the Warm Springs Full Gospel Church in 1959. She grew under pastors Orin Johnson and Ernest Hunt.

As the years progressed, Karen became part of the music ministry. She was mentored by and served her King with her in-laws Phil and Bessie Guerin; Walter Ladd and Thompson Sampson of Toppenish; Tex and Lorraine George of White Swan; Billy and Esther Schuetz of Richland; and Harry and Mary Lou Bergseng of Madras.

Karen also travelled with her cousin Easton Aguilar and his wife Tina's ministry. Most recently she served the Lord under Pastor Agnes "Onté" Lumpmouth.

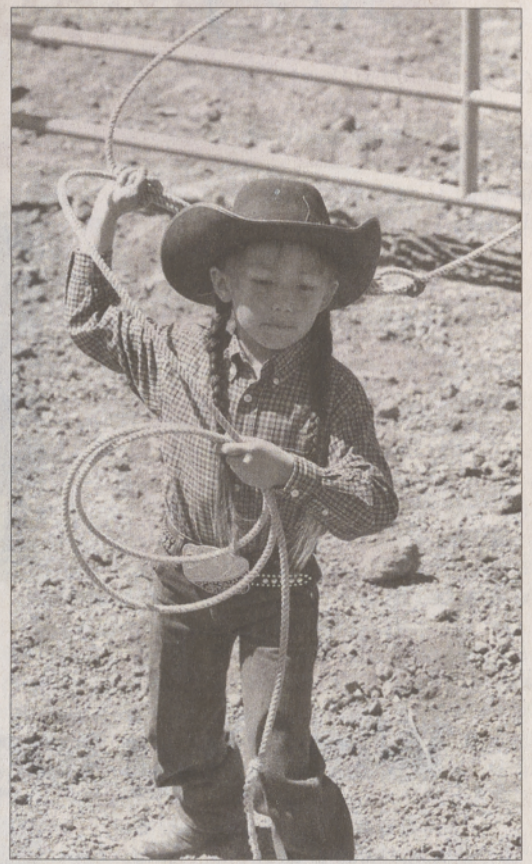
Karen, a self-described "church mouse" always dutifully attending weekly church services, played the piano, and printed flyers for revivals and camp meetings. She enjoyed music by the Brooklyn Tabernacle Choir, the Bill Gaither Trio, George Beverly Shea, and anything composed by Ronn Huff. Many people knew Karen as the lady, who gave them a ride to appointments, to the store, or to church; she visited the lonely; she gave groceries; she prayed with them; she bought clothes, tires, or whatever she could afford to help a friend or stranger. Karen always had a smile and was of a happy and gentle disposition. The one thing that brought her to tears was if she felt that she wasn't doing enough for her Lord.

Karen is survived by her mother Theda Whalawitsa, brother Lonnie James, her children Rodney and Susan; uncle George Aguilar, Sr., and uncle Robert Wahpat of White Swan, WA; grandchildren Armina Jumpingbull, Jason Thomas, Troy Kalama, Philip Guerin, Jacquelyn Moody, Josh Moody, Kelli Moody; stepmother Katherine Wahpat; sister Vecita Goss of Rochester, IN, Joann Wahpat of Wapato,

WA and Beverly Wahpat of White Swan, WA; brother Chester Wahpat, Jr. of Wapato, WA., and great-grandchildren Javon, Jade, Nikiya, Landon, Jakob, Wanbli, and numerous nephews, nieces, and cousins.

Karen was preceded in death by her grandmothers Adeline Brunoe Winishut and Lillian Wahpat, grandfathers Estanislau Aguilar and Louis Wahpat, father Chester Wahpat, Sr.; stepfather Robert James; brothers James and David Wahpat; and sister Ellen (Wahpat) Doublerunner, aunt Maryann Meanus, and stepsisters Glendine James, and Louise James both of Little Rock, AR.

Celebrations of life and spiritual graduation were conducted April 1st at the Warm Springs Full Gospel Church with Rosie Johnson dressing, and Kim LeClaire officiating. Burial was at the Warm Springs Agency cemetery. The family is grateful for the comfort given by all those who joined them in the final tribute to a wonderful lady's journey to glory. Amen.



Alyssa Macy/Spilyay

Young roper at the weekend Root Feast Rodeo, held at the Warm Springs rodeo grounds.

Births

Keven Jeremias Gutierrez

Guillermo Gutierrez and Blanca Yadira Hernandez are pleased to announce the birth of their son Keven Jeremias Gutierrez, born on March 29, 2015.

Keven joins brothers Leo and Christopher.

Grandparents on the father's side are Raul Gutierrez and Antonia Alonso.

Grandparents on the mother's side are Ignacio

Alonso and Alicia Alonso.

Leah Raya Robinson

Leslie Ray Robinson and Cynthia Robinson are pleased to announce the birth of their daughter Leah Raya Robinson, born on April 16, 2015.

Leah joins brothers Catalino, Thomas, Isaiah and Samuel.

Grandmother on the mother's side is Cynthia Robinson.

Good lessons in sobriety at conference

by Sarah Frank

(This article is an overview of the recent DUII Multi-Disciplinary Impaired Driving Training Conference.)

Darren Kavinsky, attorney and television personality, presented at the 2015 conference, held in Canyonville

Darren is the co-creator and host of the hit TV show *Deadly Sins*, and currently stars and consults in the new docudrama series *Breaking Point*.

Title of his presentation was 'Be the Billboard.'

He was the fat kid in school with a Mom who was addicted to remarriage.

At age 13 the "cool kid" in his school passed him a marijuana joint, which he described as magical: He no longer felt like the guy on the outside. He was finally part of a group.

He remembers wanting to feel that way every day. Which, he did, and it led him down a destructive path of addiction.

Later, he became homeless and addicted. He recalls being at a level of delusion. And he was unable to see the truth in his situation.

Then one day he was able to see himself with a level of clarity: He was reading a book on recovery, with a marijuana joint in one hand and an alcoholic drink in the other.

His wife asked him, "Aren't you supposed to be sober when you read that book?"

This was his moment of change. Darren believes it really does happen in a moment. However, implementation may take some time.

His moment was on May 9, 2000—the day he last used alcohol or drugs.

At the conference, Darren asked his audience, "What is the difference between an alcoholic and a drug addict? Alcoholics steal from you. But a drug addict will steal from you, then help you look for what they stole."

Later, Darren was known as a "super lawyer." One time he represented a friend that he met in treatment.

Unfortunately his friend did not remain in recovery. His friend was high in court. However, Darrin helped his friend 'dodge another bullet' by getting charges dismissed.

He recalls high-fiving his friend after their victory in court. Then five months later, he received a call from his friend's father, inviting him to his friend's funeral. His friend had died of a drug overdose.

Darren had a moment of change: As a lawyer he had been more concerned with winning and looking good. But that was not what his friend needed to live.

At the conference this month, Darren encouraged his audience to "be a billboard to inspire others."

This includes, he said, people with the hand-cuffs on. "Don't miss the window of opportunity.

"We have to begin with our own thinking," he said. "Each of us are the common denominator to our problems. But this mean that we can do something to change. Then we need to make a true committed decision to change. Take action. This can be hard, but action is required. We all have the power to produce that change."

Recovery

After 90 days of recovery Darren wanted to get high. He was going to call his drug dealer. Then he saw a *People*

As drug legalization continues to flow, understanding the evolving drug trends that come with it become more important...

magazine article about Rob Lowe, and second chances.

Darren read the article, and now believes it saved his life. He recalls Rob Lowe's speaking openly about his drug use.

"We all have an opportunity to change someone's life," Darren says. "And we don't have to be Rob Lowe to help others."

Other speakers at the conference were officer Jermaine Gallaway. His presentation covered evolving trends of drug concentrates, designer drugs, edibles, e-devices, logos (420, 710), clothing and stash departments.

As drug legalization continues to flow, understanding the evolving drug trends that come with it become more important, he said.

Legalization

Drug recognition expert Chuck Hays and Oregon State Police Sgt. Tim Plummer presented "Higher Roads Ahead: A Closer Look at Marijuana and Driving."

Understanding and recognizing an impaired driver is critical to law enforcement: With the legalization, people who normally didn't smoke marijuana may start using just because it's legal and available.

Oregon can learn from Colorado and Washington, since these states already have legalized marijuana.

"We are seeing more mari-

juana impaired drivers in the morning," Hays said. "This is not a weekend or evening problem. It's a 24/7 problem."

Through the years marijuana potency has increased substantially, from 3 percent THC levels to 20-36 percent THC levels.

Michele Stuart of JAG Investigations presented "Internet Profiling and Intelligence Gathering."

She shared step by step in depth researching techniques utilizing online and open sources located on the web.

District attorney Rob Patridge presented "Marijuana: OLC and The Road Ahead."

"Marijuana is coming, and what is Oregon doing to regulate it?" he asked. The main topic of discussion was regulating the growing of marijuana.

Upcoming

If you are interested in helping the Prevention Team strategize to plan future prevention activities/education classes, please join the Native Aspirations Community Coalition meeting on the first Monday of every month at 12 noon.

The next meeting is on Monday, May 4 at the Family Resource conference room. This meeting is open to all community members.

There will also be a Community Child Initiative Against Violence and Meth/Suicide Prevention Conference on May 28-29.

The conference agenda includes a meth update, recovery panel, cultural diversity, conscious discipline, spirituality, suicide prevention, plus more. For more information call Sarah at 553-3205 or Nancy at 553-3300.

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The Warm Springs Health & Wellness Center Nurse Hotline

866-470-2015

- * My baby is coughing. Should I take her to the clinic?
- * How can I treat my sore throat at home?
- * Should my medical issue be treated at the emergency room?