

509-J Schools in Action!

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Buff Power Hour

"Buff Power Hour is really great because it gives me more time to be involved in things like the Skills USA Club and the Yoga Club."

— Lena Shike, Junior



Science teacher Scott Cole helps students with chemistry during Buff Power Hour.



Michael Nichols, senior, practices his guitar performance skills during Buff Power Hour as friends eat lunch and listen.

"I wanted to do the Chess Club last year, but I didn't have time. This year, I can do it because we have Buff Power Hour."

— Saul Jimenez, Junior

"I usually use Buff Power Hour to play my guitar. I like all types of music and I need to practice so I can perform at open-mic."

— Michael Nichols, Senior



(Left to right) MHS sophomores Andrea Ruiz Ortiz, Briseida Reynoso, Joanna Ramirez, and Gabriela Cohetzaltitla enjoy a "nice break from the school day" during Buff Power Hour.



(left to right) Juniors Saul Jimenez and Addison The Boy use Buff Power Hour to practice chess. Saul is the reigning champ and is currently on a 10 game winning streak.

"Buff Power Hour is pretty cool. It makes our day a lot easier because we have more time to get things done and it is a nice break from the school day."

— Briseida Reynoso, Sophomore

"If you're far behind in a class, Buff Power Hour helps you catch up. Also, if you feel like you didn't get enough time in class to finish the assignment, then you can go back during Buff Power Hour to do it. It helps students to not feel rushed."

— Taron Rabbie, Junior

This year, the MHS Buffs have been trying out a fun and helpful new change to their lunch schedule—it is called Buff Buff Power Hour. Buff Buff Power Hour is a time in the middle of the school day where students get 30 minutes to eat their lunches, and then another 30 minutes to do an on-campus activity of their choosing. The program was created to give students more time to study, get homework help, and take part in extra-curricular clubs and activities. During Buff Buff Power Hour, teachers open their classrooms for students to drop by and get extra help on lessons, or make up missed assignments. So far, both students and teachers have found Buff Power Hour to be a really positive change.



(Left to right) Keeyana Yellowman, Savannah Shaw, Ashley Meanus, and Gavin Begay work on homework in the library during Buff Power Hour.

"I was skeptical of Buff Power Hour at first, but now I really like it. Working in classes is a lot quieter than working in the cafeteria. It lets us focus and it definitely helps bring grades up."

— Allison Forman, Sophomore



(Left to right) Freshmen Claudia Sarabia, Lynden Harry, and Kallyah Iverson work on a science experiment in science teacher Scott Cole's class during Buff Power Hour.

"Mr. Cole is the best. He is good at getting tests graded on the same day we take it so I can tell how well I did and take it again if I need to get a better grade."

— Kallyah Iverson, Freshman



MHS hosts JROTC Drill meet

In December, Madras High School JROTC hosted the first Oregon-Washington drill meet of the season. Lieutenant Colonel Larry Renfro and Staff Sergeant Kyle Yeager, along with the Staff of Madras JROTC welcomed over 450 cadets from 14 schools, including 45 Buffs. The full-day event included color guard, armed and unarmed drill, physical fitness competition, and a three position air rifle meet.

MHS placed in several categories:

- Color Guard #1, with Cadet Bailey Brown commanding: 5th overall
- Color Guard #2 with Cadet Tera Messinger commanding: 5th in category
- Unarmed Drill Team, commanded by Cadet Bailey Brown: 3rd overall
- Armed Drill Team, commanded by Cadet Parker Dominguez: 4th overall

Schools involved came from throughout Oregon and Washington. Central Oregon participants came from Madras, Redmond, Mountain View, Prineville, and La Pine.



Help us improve school communication

The Jefferson County School District would like to work along side families to create a system where parents and students can find out about school happenings and emergencies in a convenient and timely way. We recognize that each individual family has their own preferences about how they would like to receive messages from the schools and the District. This is why we would like to provide families with a variety of communication options. Through Blackboard Connect, parents can log onto an online portal where they choose how their family wants to get notifications. The options include: text messages, mobile phone calls, landline calls, and emails. Parents can choose to opt out of any of these options, but in the case of an emergency, all preferences will be overridden so that parents are informed immediately about the well being of their children. Watch for more information on the District website. Families will also receive further instructions for setting up their accounts in the coming months. For daily updates on school events and programs, like us on Facebook at Jefferson County School District 509-J. If you have questions, please call the District office at: (541) 475-6192 or email Superintendent Rick Molitor at rmolitor@509j.net.



Calendar

January 2015

- 5 Back to school
- 12 School Board Meeting, Support Services Building 7:00 p.m.
- 14 2 Hour early release
- 19 No School, Martin Luther King Jr. Day
- 26 School Board Meeting, Support Services Building 7:00 p.m.
- 30 No School, End of Qtr., Teacher Work Day

February 2015

- 6 No School, Teacher/Staff Inservice



Where are they now?: Corey DuPont

Corey DuPont, Madras High School graduate from the class of 2001, is now the clinic director at Therapeutic Associates Physical Therapy in Nampa, Idaho. Following graduation, DuPont went on to receive his Doctorate in Physical Therapy from Eastern Washington University. His unique skill set allows him to treat sports and orthopedic injuries, chronic pain, and manage chronic disease. DuPont enjoys a variety of outdoor recreational activities such as hiking, biking, camping, fishing, golfing, and skiing.

JCSJ Alumni: Where are they now?

Do you know a JCSJ alumni who has moved on to college and/or career success? We are looking to feature our graduates in future *Schools in Action* updates. If you know of a former student, drop a note and photo to Superintendent Rick Molitor: rmolitor@509j.net.