

## Letters to the editor

### For Huston

Mae Huston is running for the position of Jefferson County Commissioner, which includes the Warm Springs Indian Reservation.

Mae has visited the reservation, volunteering to serve at the fundraiser at Kah-Nee-Ta for the Boys and Girls Club, the Back to School Barbecue, and asking to visit the Senior Center.

She has friends here and continues to be interested in helping the community, as well as others in the county.

Sometimes the county representative forgets that Warm Springs is part of Jefferson County, Mae is anxious to include us.

Mae is interested in fiscal responsibility and helping people to better themselves. What more could we ask! Please consider voting for Mae Huston. Thank you.

Mavis Shaw.

### Culture is Prevention

Soaring Butterflies and Warrior Spirit meetings for high school age youth are every Tuesday.

For students in the Roots program, the Soaring Butterflies and Warrior Spirit gatherings are from 1:30-3 p.m. at the Roots school building, on campus.

For other high school age students, the meetings are from 4:15-5:45 p.m. at the Community Counseling prevention room.

The Soaring Butterflies and Warrior Spirit sessions with younger students are on Mondays.

They meet at the Warm Springs k-8 Academy with students in grades three through eight at 3:30-5:30 p.m. Mondays, at the school.

For more information call Deanie at 541-553-3442; or Sarah at 553-3205.

### Shipping Co.

I would again like to remind our indigenous Native peoples that we have legal rights to create our own barge, shipping company.

Legal rights to commerce on our Inch Cheewana, Columbia River.

Our ancestors more or less owned our Columbia River before the coming of the white man.

Our ancestors not only traded, ran commerce up and down our Columbia River, we also ran commerce up and

down the West Coast.

Think of the endless opportunities that a Treaty Tribes Shipping Company would create for our children, for generations to come.

Sick uncle Sam made it very easy for our treaty tribes to buy into the gambling business. So why won't sick uncle Sam make it just as easy to buy into the shipping business?

We, our Treaty Tribes, have more or less suffered from alcoholism since the coming of the white man. Then, thanks to the white man, we started suffering from drugism, and now again thanks to the white man, we are suffering from gamblingism.

The white man will stop at nothing in his quest to destroy and annihilate our indigenous Native peoples... Smiling faces. Think of our children and the opportunities a Treaty Tribes Shipping Company would provide for our children...endless.

We can grandfather (business term) into the barging, shipping business that would take our children not only into Canada but across the world!

Think about it! Think, think, think! Then Act, Act, Act... Act on our ideas.

Myself, it hurts to see our so called leaders sucking up to the white man only to be used over and over again. Smiling faces. While the white man laughs at you and ours... Using our so called leaders, making them feel important, putting their faces on the

front page, etc. etc. While they laugh behind your backs about how stupid you are... The only good Indian is a dead Indian... Remember that, it still exists. They want our water because they poison theirs, just for money, money, money.

Thank you.

Bobby Eagleheart.

### Diabetes classes

We have made a change in the Diabetes class schedule.

From now on class will be held at 10 a.m. every Tuesday in the IHS clinic kitchen conference room.

Please note that there will be no class on Tuesday, November 11 (the clinic will be closed for Veterans Day).

Thanks you.

Kacey Conyers, Dietitian, Warm Springs Health and Wellness Center Community Health Programs; 541-553-2460 ext. 4160

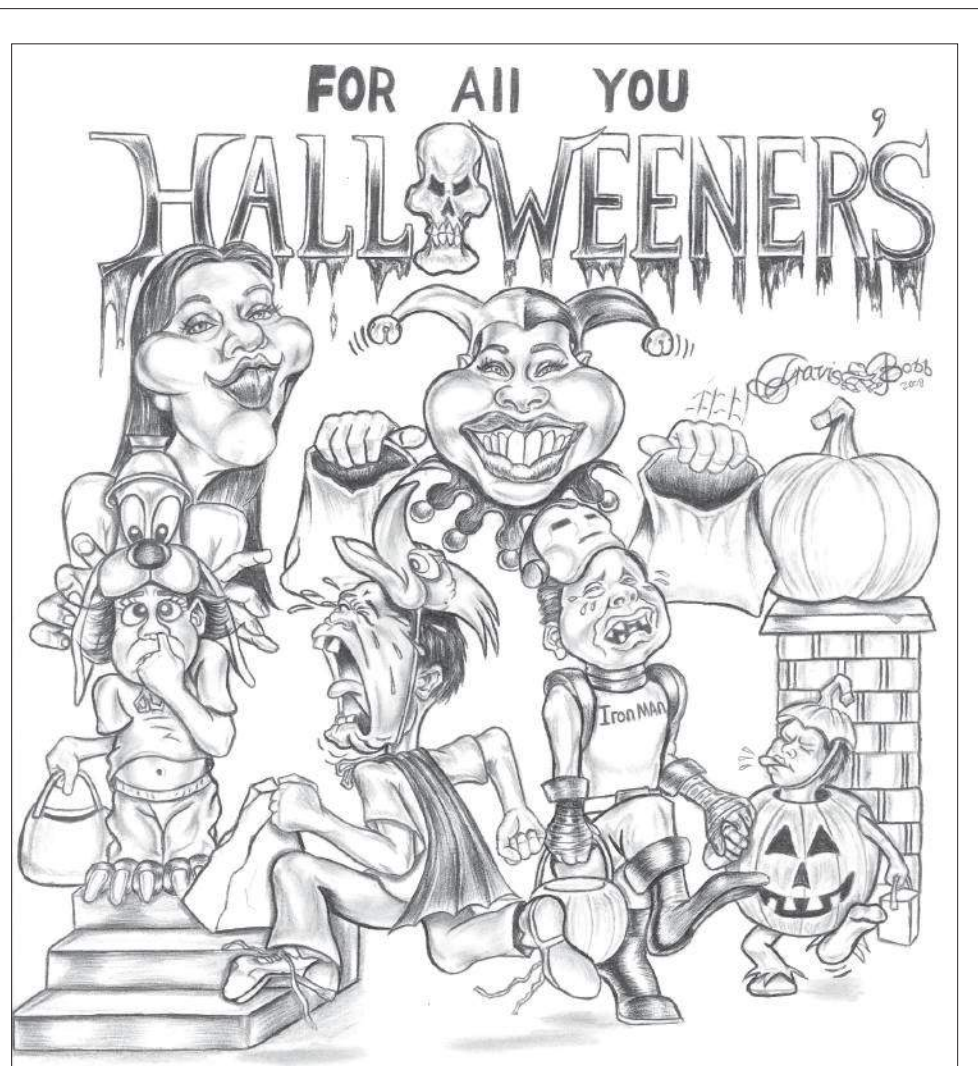
### Wellness lunch

The Community Health Education Team is hosting Wellness Of Warm Springs in November.

Please come join us on November 13 from noon till 1 p.m. at the Family Resource Center.

The Diabetes Prevention Team with discuss diabetes prevention. Contact Judy Charley for more information, 541-553-1196 ext 4242.

Evelyn Aguilar, Community Health Education Team-Secretary



Warm Springs artist Travis Bobb wishing everyone a Happy Halloween.

### Some wishes....

Happy Birthday to Jerry Polk, Oct. 21. Love you, Uncle. Love, Angela Smith and kids.

Happy birthday brother Jerry Polk from you sister.

Happy birthday Angel Ruiz. Love, Angela and Kids.

Happy birthday Angel Ruiz - Anna and Vicki and Kids.

Happy 18<sup>th</sup> Victoria Polk-Ruiz. We love you. From Anna, Angela, Ali, Aaliyah, Alexa, Albert, Ada Polk.

Happy birthday Chips Kalama, from Anna and the A Team, Albert, Ada, Ali, Aaliyah, Alexa, cuz Angela. We love you.

### Apology

I am apologizing for my negligent act. I would like to inform you that I learned a lesson. I truly am sorry to whom it may concern, and mainly to the residents. Stannlee Meanus.

The next time to submit items for publication in the Spilyay is Friday, Nov. 7. Thank you.

## Job Readiness Training session 2 starting

Warm Springs Vocational Rehabilitation is hosting a training academy.

The first session was in September and early to mid October.

The second session is starting this week, and registration is now open. Call Voc Rehab to register, 541-553-4952.

The academy is open to the first 30 people to register.

The training is open to unemployed and underemployed tribal members and other federally recognized Native Americans.

Others who can register are current and past participants in Voc Rehab, Workforce Investment Act workers, GA, and seasonal tribal member workers hired in reforestation crews, Fire

*"We will have a more prepared work force to fill upcoming jobs and contribute to the tribes' renewed efforts."*

Management, and forestry projects.

The training academy coordinator is Marcia Soliz, Voc Rehab job coach/job developer.

"It is our intention to help equip individuals with basic life skills and job readiness knowledge," Marcia said.

Academy participants will learn about available supportive services and resources. They will find motivation to pursue additional training avenues, and finish their basic education to vocational education; and will learn about apprenticeships, and college education.

Participants will get a great start at building a strategy plan after going through the training modules.

"It is a very good time for individuals to maximize their time in this phase," Marcia said, "as the tribe prepares for economic development and additional jobs.

"We will have a more prepared work force to fill upcoming jobs and contribute to the tribes' renewed efforts."

### Partners

Partners in this much-needed training are tribal Human Resources, the grant funded Workforce Investment Act (WIA), and the Warm Springs Community Action Team.

Others who have helped are Warm Springs Community Counseling, Warm Springs Credit, and several presenters.

We encourage other service providers to become partners with us as this effort grows.

### On the agenda

The agenda is filled with helpful information, and creates an opportunity to offer ideas, feedback, and interactive discussions of participants.

Pre- and post- training assessments, by Voc Rehab manager Jolene Estimo-Pitt, have shown high satisfaction with the training content, the helpfulness, and increased knowledge.

Marcia serves as the session facilitator and trainer. The agenda is full of exciting topics that include:

Self-awareness, values, character development, individual leadership intention, individual leadership styles, and challenges inside your leadership.

This also gets into worker leadership, including sources of power and communication.

There's a section on life

challenges and life strategy planning.

The trainers provide information on how to effectively complete a job application; prepare a resume and cover letter; how to use references; attitude; the HR Shopping Mall; preparing for a job interview; having a strategy plan, and how VR can help.

Marcia Soliz presents these trainings.

There is also a "Making Your money Count" session presented by the Community Action Team of Chris Watson and Nettie Dickson.

There is a session on tribal Social Services, with Cheryl Tom presenting information on Commodities, Social Services, and other resources available in her area.

There is a session on basic vehicle maintenance provided by another young mentor/leader Gordan Scott Jr.

Gordon is a college graduate, Journeyman mechanic, and tribal Vehicle Pool manager).

### Special panels

Some special panels have been included, which have had a huge impact in a very good way.

One panel is titled "Reflections of Young Mentors/Leaders."

This panel is made up of young, well-trained and educated tribal members who represent key areas of the tribe.

They are Jake Coochise,

chief executive officer of Composite Products;

Bridget Kalama, Controller at the Credit Enterprise;

Glendon Smith, tribal judge;

Deanie Smith, who has a Masters degree and works in Culture and Heritage. She also serves on the Johnson O'Malley Committee and the Education Committee;

Dorian Soliz, who has a Bachelors degree and extensive federal training and experience as a Wild Land Fire Management Fuels Technician, and in law enforcement;

Jackie Minson, who has a Bachelors degree and extensive experience in DHS and Vocational Rehab;

Trey Leonard, who has extensive federal training, certifications and experience in fire fighting. He is the manager of Warm Springs Fire Management;

Shawnetta Yahtin, who has a Masters degree and experience in Health Medical Social Services.

Participants greatly appreciate the knowledge these panelists bring the sessions.

### Presenters

The sessions also feature presenters representing Education (Carroll Dick), Voc Rehab (Gayleen PoorBear), WIA (Melinda Poitra), GA (Carolyn Owyhee and Gayle Rodgers), and Prevention Services (Caroline Cruz and TJ Foltz).

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