A First at Academy

The Warm Springs Academy Eagles last week hosted their first home game at the new school. As a bonus, the Eagles won the game. They played Obsidian from Bend.



Dave McMechan/Spilyay



There was a good turnout of fans for the game. The W.S. Academy Eagles junior varsity football squad through mid October play a series of away games, and then are at home again on Oct. 28.

Cowdeo coming up

The Forty-Sixth Annual Cowdeo is coming up in October.

There will be goat decorating, horseless calf roping, breakaway calf roping, sheep riding, cow riding, girls and boys barrel racing, calf riding, flag race and the chicken scramble.

All kids ages 5 through 14 are welcome to come and have a great time.

The 2014 Cowdeo will

be on Saturday, Oct. 18, starting at 1 p.m. at the Jefferson County Fair Complex.

The mission statement of the Cowdeo is to provide an opportunity for kids to experience friendly rodeo competition in a family atmosphere, while contributing to community non-profit organizations.

Water fitness at Kah-Nee-Ta

The Kah-Nee-Ta Water Fitness classes are on the fall schedule, with classes every Wednesday from 10:15-11:15 a.m.

For more information contact Jeri Kollen at 541-553-2478; or call Edmund Francis at 541-553-1196.

Managing diabetes classes

Managing diabetes and healthy eating classes are every Tuesday from 11 a.m. till noon in the Warm Springs clinic kitchen.

Classes begin next Tuesday, Oct. 7, and repeat every two weeks. Here is the monthly class schedule: Class 1: managing diabetes, offered weeks one and three. Class 2: Healthy eating, offered weeks 2 and 4. Everyone is welcome and no sign-up is required.

2014 reservation hunting

Tribal Council approved the 2014 on-reservation hunting regulations. You can pick up your tags at Natural Resources. You need to turn in your hunt results from last year for:

Deer season: Oct. 4-Oct. 26. One buck deer having not less than a forked antler, per household.

Elk season: Nov. 8-Nov. 30. One antlered elk hunts are not eligible. per household.

Bear season: Through Nov. 30. One bear per month per household.

Cougar **season:** 541-553-2001. Through Dec. 31. One

cougar per month per family. It is illegal to take spotted kittens or female cougars with spotted kittens.

Big horn sheep season: Oct. 18-Nov. 10. One tribal member drawn will be allowed to hunt for one big horn ram only - in the Mutton Mountain closure area. Any prior successfully drawn big horn sheep recipients from previous

Check with Natural Resources for further regulations regarding weapons allowed. Call

Tribal committee meeting schedule

The following is the August-December schedule for the Tribal Council executive committees:

Education/Johnson O'Malley

Every first and third Monday: October 6 and 20, November 3 and 17, December 1 and 15.

Meetings are at the Warm Springs Academy. Committee secretary is Becky Picard.

Land Use and Planning

Every second and fourth Tuesday: October 15 and 28; November 11 will be rescheduled for Veterans Day; November 25; December 9

Meetings are from 1 to 4 p.m. at the Tribal Administration building. Committee secretary is Becky Picard.

Culture and Heritage

Meetings every second and fourth Tuesday: October 9 and 23, November 6 and 20, December 4 and 18.

Meetings are from 9 a.m.-12 p.m. at Tribal Administration. Committee secretaries Denise Clements and Stevie Hicks.

Water Control Board

October 9 and 23, November 13, December 11.

ral Resources. Committee secretary is Becky Picard.

Fish and Wildlife

Every first Thursday: October 2 and 20, November 6 and 17, December 4 and 15.

Meetings are from 3-5 p.m. at the administration building. Committee secretary is Becky Picard.

Timber

Every second and fourth Thursday: October 9 and 23, November 6 and 20, December 4 and 18.

Meetings are from 3-5 p.m. in the Forestry confer-Meetings are from 1:15-3 ence room. Committee sec- 541-553-3257 or -3258.

p.m. at the Branch of Natu- retaries Denise Clements and Stevie Hicks.

Range, Irrigation and Ag-

Dates to be announced. Meetings at the Branch of Natural Resources. Committee secretaries Denise Clements and Stevie Hicks.

Health and Welfare

Every second and fourth Monday: October 13 and 27, November 10 and 24, December 8 and 22.

Meetings are from 8 a.m. to 5 p.m. at the clinic.

Harvest Moon Feast, Market

This Friday, Oct. 3, will be the Harvest Moon Feast and Outdoor Market.

The market will be from 10 a.m.-4 p.m., and the feast will be at 5. Both are at the corner of Wasco and Paiute streets on the campus.

The Warm Springs Community Action Team is presenting this introductory opening of the Warm Springs Outdoor Market. All are invited to enjoy the arts and crafts, fresh produce, local vendors, live music and more.

For more information call Jaime or Gerald at 541-553-3148

The Warm Springs Culture and Heritage Department is offering after-school pro-

grams for youth this fall. Contact them to learn more and to sign up for Ittitamasha, which offers math tutorial using cultural activities; Language Latchkey, offering language and cultural learning; Rites of Passage for Middle School Boys; and College Success sessions. The number is 541-553-3290.

Jobs at Indian Head Casino

Culture and Heritage fall programs

SLOT KEYPERSON -Contact: Yvette Brunoe or Jason Williams 541-460-7777 Ext. 7724

LINE COOK - Contact: Mark Oltman541-460-7777

CAGE CASHIER - Contact: Edward / Maria 541-460-7777 Ext. 7737

TULE GRILL ATTEN-DANT - Contact: Kip Culpus. Jordan Caldera, Heather Cody541-460-7777 Ext.

TULE GRILL COOK -Kip Culpus, Jordan Caldera, Heather Cody541-460-7777

SERVER - Contact: Esten Culpus 541-460-7777 Ext.

COFFEE STATIONS AT-TENDANT- Contact: Esten Culpus541-460-7777 Ext.

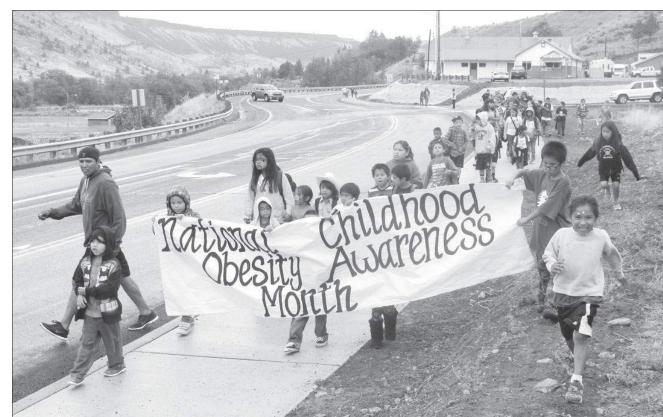
PLAYERS CLUB HOST -Contact: Kimberly Smith541-460-7777 Ext. 7734

HOST/CASHIER - Contact: Esten Culpus 541-460-7777 Ext. 7710 **REVENUE AUDITOR -**

Sylvania Brisbois541-460-7777 Ext. 7719 TABLE GAMES DEALER · Mindy Thornton 541-460-

7777 Ext. 7724

Jim Warne visit



The Childhood Obesity Prevention Walk along Tenino.

(Continued from page 1) Diet for Native Ameri-

cans requires balance. Diabetes did not exist in Native communities until recent times, he said, but is now an epidemic on some reservations.

Commodity foods and sugary drinks are two reasons why this happening. Hunting and eating the Native foods are parts of the solution.

"Do you know who is the Seventh Generation?" Warne asked the students.

"You are the Seventh Generation," he said. He explained:

The Lakota holy man Black Elk said after the Wounded Knee Massacre that the broken circle would take seven generations to repair. "And you are the Seventh Generation," Warne told the young people.

Warne is a former pro athlete, an actor, traditional Lakota, motivational speaker and vocational rehabilitation specialist. "I wear many hats," he says.

He also helps conduct youth football camps. By chance he was in Warm Springs when the Warm Springs Eagles played their first home game at the new academy football field.

Warne was impressed with

the players, and the community support. "It was great seeing the parking and the stands full," he said.

Dave McMechan/Spilya

If things work out, he may come back next year and help conduct a football camp in Warm Springs, he

Native Americans have always been the best athletes, he said, with Jim Thorpe being the greatest American athlete of all.