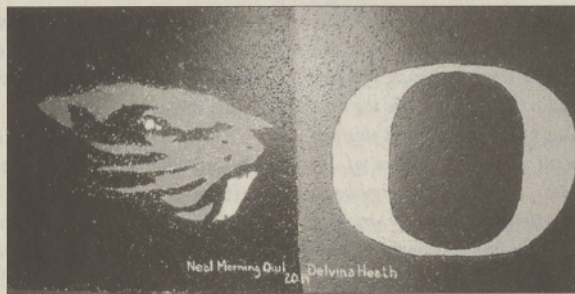


'Young at Art' through March at museum

The Tribal Youth Art Show runs through end of this month. The show is part of the museum's year-long celebration of tribal youth.

In April, after the Young At Art show closes, the museum will host, "Winning Spirits: Native American Youth and Athletics."

This exhibit will highlight the experiences, hardships and triumphs of Native American athletes who paved the road for Native youth through athletics, including Jim Thorpe, Billy Mills, Jacoby Ellsberry and the



Young at Art Youth Art Exhibit is on display through March.

Schimmel sisters, to name just a few.

Warm Springs athletes



and their achievements in various sports will also be included.

Ellsberry, a New York Yankee this year, grew up in Warm Springs. The Schimmels, of the Louisville Cardinals, have family and friends, and many fans, on the reservation.

Billy Mills, Oglala Sioux, is an Olympic champion and motivation speaker. He has visited Warm Springs in the past, and in 2014 will be the Museum at Warm Springs Twanat Award recipient.

Red Skye



Dave McMechan/Spilyay

This Native American Smurf collection is an example of the unique items to be found at Red Skye.

(Continued from page 1)

While Red Skye carries a large variety of items, the shop does not carry guns. "I don't want to have firearms here," Aurolyn says.

The shop is also guarded at night by motion detectors, video surveillance and other security measures. She had help starting the business through a tribal loan program.

Aurolyn has plans to increase her sales of good-quality buckskins, and

tule mats. These items can be hard to find in this region.

The Plaza is a good location for Red Skye, as it is close to museum and the casino. People stop in from all over. Customers from overseas are always fascinated by the Native American artwork.

Besides owning and operating Red Skye, Aurolyn also serves on the Museum at Warm Springs Board of Regents.

Girls' and women's Awareness Day March 10

The National Women and Girls HIV AIDS Awareness Day is on March 10.

Getting tested and knowing your status: Why is it important?

Of all women and girls in the United States who are HIV positive, about 27,000 (15 percent) of them do not know that they are infected.

It is important that women and girls get tested so that they know their status, make better choices and live longer, healthier lives if they are HIV positive.

How can you become infected with HIV?

You can become infected with HIV in the following ways:

When blood, semen, vaginal fluid, anal mucus, or breast milk from an infected person enters your body.

(This can happen during anal, oral, or vaginal sex.)

When fluids get into an open wound or sore.

From sharing needles for drugs, tattoos, or piercings with an infected person

You cannot get HIV from casual contact, such as sneezing or coughing!

Babies can get HIV during pregnancy, birth and breast feeding. Treatments can lower the risk during pregnancy and birth but mothers with HIV should not breastfeed.

How do you know if you are HIV-positive?

An HIV test will show whether or not you have the infection. HIV tests use blood, oral fluids, or urine. You can ask your doctor about testing.

Who should get tested

for HIV/AIDS?

You should get tested for HIV/AIDS at least once if:

You are 15 or older.
You are younger than 15 but do things that put you at an increased risk of HIV, such as having unprotected sex with someone who uses injection drugs.

You are pregnant.
Your doctor may suggest that you get tested more than once if you do things that increase your risk of HIV such as:

Have unprotected sex; are unaware of your partner's risk factors; use injection drugs; have been sexually abused; or have a sexually transmitted disease or infection.

From the Warm Springs Community Health Education Team (CHET).

Spring Fling powwow coming up

The Spring Fling Singers Jam and Social Powwow is coming up on Tuesday, March 25 at the Warm Springs Community Center gym.

There will be a potluck at 5:30 p.m. (bring your favorite dish), followed by the social powwow at 6:30.

All drummers and dancers are welcome. For more information contact the Community Center office at 541-553-3243. Sponsored by Warm Springs Recreation.

Powwow

(Continued from page 1)

Men's Traditional special. Contact Mary Sando-Emhoolah at 553-1910 (after 6 p.m.)

Outgoing Girls Jingle (11-13) Special. Contact Lisa Lthomas. Powwow questions:

541-553-9230 after 6 p.m. Vendors, contact Sandra Greene-Samson at 553-6619.

The PowWow Go'er Package at Kah-Nee-Ta includes lodging and breakfast for two for just \$79 per night. Call 1-800-554-4SUN.



Honoring Traditions of Health



Cover Oregon™ helps Tribal communities find health insurance, and savings to make it low-cost or no-cost.

Even if you get care from your Tribal or Urban Indian clinic, Cover Oregon™ will work for you.

For free help to sign up today:

Joie Simtustus or Phyllis Shawaway
Health and Wellness Center
(541) 553-1196

Craig Graham
(541) 553-1078
craig.graham@wstribes.org

CoverOregon.com



COVER OREGON

CERTIFIED COMMUNITY PARTNER

