

Greetings from Council



Dave McMechan/Spilyay

Miss Warm Springs Charmaine Billey met last week with Tribal Council members Chief Joe Moses, Carlos Smith, Kahseuss Jackson, Orvie Danzuka, Scott Moses, Evaline Patt, Chief JR Smith, Chief Delvis Heath and Reuben Henry (from left).

Counseling Center events

The following are Warm Springs Community Counseling Center upcoming events:

· **Talking Circle:** For community members facing job loss and financial issues: these Fridays, February 14 and 28, March 14 and 28, from 11 a.m.– 2:30 p.m. Come in for a meal, care basket and talking circle. Sorry, no childcare available. Contact: Annie Kalama.

· **Drop-In Group:** Mondays-Wednesdays-Fridays from 8–9:30 a.m. Come enjoy a light breakfast, art/craft, and discuss recovery and wellness topics. Contact: Rick Ribeiro.

· **Relapse-Anger Resolution Group:** 5:30-7:30 p.m. Tuesdays. Facilitators: Guy Wallulatam and Alice Sampson.

· **Anger Management Group:** Wednesdays, from 5:15-7 p.m. Sorry, no childcare available. Facilitators: David Howenstine or Alice Sampson.

· **Positive Indian Parenting Classes** are ongoing. Contact Rachel Macy for more information.

· **New Intake Process:** We are now utilizing an Open Access Clinic to get community members the help they need as soon as possible. Drop-in hours are offered every day of the week. Call 553-3205 for details.

· **Soaring Butterflies/Warrior Spirit:** This very successful program for youth is now being offered both at Jefferson County Middle School and Madras High School. Contact Sarah Frank for more information.

· **Developmental Disabilities services/screenings** are offered in our clinic on Fridays. Contact: Alyse Nicodemus.

· We continue to offer a variety of services including trauma therapy, child and family therapy, psychological testing, outpatient substance use treatment, prevention education, and gambling addiction treatment. Services are offered at the counseling center, in the 509-J school district, at the hospital or in your home/community. Please call us for details.

· **Youth Leadership:** Meets Thursdays at 4:30 for youth 12 and older. Contact: Rosanna Jackson or Andy Leonard.

· **24-Hour Crisis Line:** 541-553-1171: Call us day or night if you are in need of confidential crisis support.

· **Prevention Team:** Our prevention team is always busy planning activities and events in the community. If you have a question about upcoming events contact: **Meth and Suicide Prevention:** Rosanna Jackson, Rachel Macy or TJ Foltz; **Tobacco Prevention:** Scott Kalama; **Adolescent Aftercare:** Andy Leonard.

We are interested any ideas you have to enhance the services we offer at WSCCC. Please contact Dr. Shilo Tippett or Guy Wallulatam, MSW to share ideas or input you have for our program.

Miss Warm Springs Charmaine Billy received a beautiful Pendleton blanket from her grandmother Janet Billey (right); aunt Rosie Tom was on hand when Janet presented the blanket to Charmaine, at the start of Tribal Council session last week.



Car raffle helping student pursue medical career

Madras High School student Devynn Rodriguez-Medina is planning for a career in medicine. This summer she will attend *Careers in Medicine*, a National Youth Leadership forum.

Her teacher nominated her to attend the forum, based on academic excellence, leadership potential and interest in a medical career.

The forum is held at a medical school in Florida. Devynn's family is helping her raise the needed funds for her to attend.

The family wishes to thank Al Bagley for the donation, and thank-you to Carlos Smith, Kah-Nee-Ta general manager, for allowing the family to sell tickets at the resort. Thank you also to Terry and Gladys Squiempfen for the support.

To help Devynn make it to the *Careers in Medicine* forum, Bob Medina is raffling his 1975 Chevrolet Nova. The vehicle is in good running condition, with 350 engine, automatic transmission, bucket seats, good tires and a new stereo.

Tickets are \$10. The drawing will be held in the



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Devynn Rodriguez with '75 Chevy.

spring, maybe around Easter time, Bob said. All proceeds from the raffle will be used for Devynn to attend the forum.

If you are interested in helping, or to purchase a ticket, contact Devynn, Bob Medina, who works at Fire Management; or Kim Medina, who works at the Warm Springs Market. Or contact Thomas or Margaret Medina, or Phoebe Gray.

Contact numbers are 541-615-0666; or 541-325-1772.

You can check out the car at 4450 Upper Dry Creek Road in Warm Springs.

Careers in Medicine

The *Careers in Medicine* forum gives high school students a chance to meet with first-year medical school students.

The high school students will visit medical facilities, meet with physicians and other medical professionals, and observe medical procedures.

Through the program the students will also learn about the medical school application process, and learn about the many and varied career options available in the medical profession.

Culture and Heritage hosts learning activities

Culture and Heritage has some great activities coming up for young people.

Writers Circle

There will be a Writers' Circle on Tuesdays and Thursdays. This after-school activity is from 6-8 p.m. at the Education building (the Old Boys' Dorm).

Stop by this Thursday, Jan. 23; or Tuesday, Jan. 28, Friday, Jan. 30. Classes continue on Feb. 4 and 6. Session two will begin in mid February.

"Life requires us to learn the skill of writing," said Gerald Danzuka, class in-

structor. "If you or your student need assistance with writing, this could be the opportunity you've been waiting for."

For information call Gerald at 541-460-1038; or call Culture and Heritage at 541-553-3290; or call Patricia Gainsforth at 541-553-3148. Writers' Circle is sponsored by a grant administered by the Culture and Heritage Department, and the Health and Human Services Branch.

Ittitamasha

Does your child need help with math? Math is made fun and easy at the Education

building. Ittitamasha (counting) is from 4-5 on Mondays and Tuesdays, and Thursdays and Fridays. There will be Native American games and projects, and tutoring lead by certified teacher Esther Kalama, assisted by James Sam. Ittitamasha features beading, weaving, artistry, and assistance with school work. For information call 541-553-3290.

Kiksht

There are Kiksht language classes at the Education building Tuesday evenings from 5-6:30, lead by Pam Cardenas, assisted by Valerie Switzler.

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