

### Casino drive brings in many cans of food



Charlie Wainanwit, Elvita Charley, Harold Baugus, Jeanine Kalama and Janell Smith (from left) with some of the 1,600-plus cans of food.

Indian Head Casino held its annual canned food drive this winter, bringing in over 1,600 cans of food for the Warm Springs Senior Citizens Program.

The canned food drive at the casino ran for two months this year, bringing in about twice as many cans as last year's one-month drive, said Janell Smith, casino guest services manager.

Customers at the casino who brought in a can of food on Mondays during November or

December received complementary slot play or blackjack match play.

If the person brought in a can between 9 and 11 a.m. on Mondays, he or she was given \$10 slot play or blackjack match play. Cans of food brought in after 11 a.m. earned \$5 slot or blackjack match play.

Some of the cans of food will be used during the Senior lunches, said Lucille Schuster, lead cook. Some cans will be given to elders of the community, she said.

"I try to give some to seniors who don't use our program, as a way to reach out to them," Lucille said.

The cans of food—of all types, from canned fruits and vegetables, to canned milk, tuna fish, etc.—arrived at the Senior Program last Friday. The 2013 donation lasted about a year. With the contribution doubled this time, there is now a good supply of canned food at the Senior Program.

— Dave McMechan

### Counseling Center events

The following are Warm Springs Community Counseling Center upcoming events:

**Talking Circle:** For community members facing job loss and financial issues: Friday, January 17 from 11 a.m.– 2:30 p.m.; February 14 and 28, March 14 and 28. Come in for a meal, care basket and talking circle. Sorry, no childcare available. Contact: Annie Kalama.

**Drop-In Group:** Mondays-Wednesdays-Fridays from 8–9:30 a.m. Come enjoy a light breakfast, art/craft, and discuss recovery and wellness topics. Contact: Rick Ribeiro.

**Relapse-Anger Resolution Group:** 5:30-7:30 p.m. Tuesdays beginning January 21. Facilitators: Guy Wallulatum and Alice Sampson.

**Anger Management Group:** Starting January 15 (ten weeks) from 5:15-7 p.m. Sorry, no childcare available. Facilitators: David Howenstine or Alice Sampson.

**Positive Indian Parenting Classes** are ongoing. Contact Rachel Macy for more information.

**New Intake Process:** We are now utilizing an Open Access Clinic to get community members the help they need as soon as possible. Drop-in hours are offered every day of the week. Call 553-3205 for details.

**Soaring Butterflies/Warrior Spirit:** This very successful program for youth is now being offered both at Jefferson County Middle School and Madras High School.

Contact Sarah Frank for more information.

**Developmental Disabilities services/screenings** are offered in our clinic on Fridays. Contact: Alyse Nicodemus.

We continue to offer a **variety of services** including trauma therapy, child and family therapy, psychological testing, outpatient substance use treatment, prevention education, and gambling addiction treatment. Services are offered at the counseling center, in the 509-J school district, at the hospital or in your home/community. Please call us for details.

**Youth Leadership:** Meets Thursdays at 4:30 for youth 12 and older. Contact: Rosanna Jackson or Andy Leonard.

**24-Hour Crisis Line:** 541-553-1171: Call us day or night if you are in need of confidential crisis support.

**Prevention Team:** Our prevention team is always busy planning activities and events in the community. If you have a question about upcoming events contact:

**Meth and Suicide Prevention:** Rosanna Jackson, Rachel Macy or TJ Foltz; **Tobacco Prevention:** Scott Kalama; **Adolescent After-care:** Andy Leonard.

We are interested any ideas you have to enhance the services we offer at WSCCC. Please contact Dr. Shilo Tippett or Guy Wallulatum, MSW to share ideas or input you have for our program.

### Pageant

(Continued from page 5)

The hand drum is not only used for religious purposes but during ceremonies and social dancing. It is not owned by one person, nor one group. Throughout Indian country we observed the use of the drum in many forms. The songs are beautiful and movements are smooth. An aunt reminisced of drumming with three small drums, singing Paiute songs and having fun. My cousins used their drum for Wasco dancing, during a ceremony or social dancing. Our teaching is that the beat of the drum is the beat of your heart. To have prayer and good feelings, with that is healing for you and others.

We appreciate all of the former Miss Warm Springs who were in attendance.

The meal, sponsored by 2013 Miss Warm Springs Norene

Sampson, was delicious. Norene represented the Confederated Tribes well throughout her reign. Her family did a lot of fundraising to help her get to events outside her schedule.

We cannot forget our sponsors who helped make this event possible. Thank you to Sonic, Figaro's Pizza, and Purple Sage Salon & Spa. Thank you Kah-Nee-Ta and the Museum at Warm Springs for the gifts. Thank you for the generous donation from Warm Springs Power Enterprise. This helped make it possible to purchase items for door prizes, and gifts for community members who participated. Not to forget the Tribal Council staff who donated material, and made the necklaces and the decorations.

God bless and Happy New Year to each and every one of you.

**Doris "Teeny" Miller.**

*The next deadline to submit items for publication in the Spilyay Tymoo is Friday, Jan. 17. Thank you!*

### Oregon experiencing dry conditions

(AP) – Snowpack levels across much of Oregon are below normal levels.

National Weather Service meteorologist Colby Neuman in Portland said the entire West Coast is dry.

The U.S. Drought Monitor, released in late December, showed abnormally dry to drought conditions across Oregon and abnormally dry conditions across much of Washington. Drought conditions were shown in other Western states, too.

Most Oregon counties are seeing snowpack levels of less than 50 percent of average. Oregon's Hoodoo Ski Area needs 36 inches of snow to open for the season but

only about 7.5 inches so far. In Washington, The Summit at Snoqualmie Pass was closed for skiing and snowboarding, almost three weeks later than average.

Warm temperatures have brought rain, melting what snow has accumulated, and making it "very difficult to sustain the snow pack that we've had," spokesman Guy Lawrence said. "We've built a little tiny bit of snow pack, then we lose a little bit, we gain a little bit back."

Neuman said there is time to rebound from the abnormally dry conditions in the next few months. But if that doesn't happen, he said that could create concerns for water sup-

plies, plants and an early fire season.

He noted four recent years with low snowpack—1981, 1990, 1996 and 2005. In 1981 and 2005, dry conditions persisted through the winter, while heavy snowfall fell in the second half of the winter seasons in 1990 and 1996.

National Weather Service meteorologist Clinton Rockey of Portland said the second half of winter and spring are tough to predict. However, he said based on past weather patterns and ocean cycles, he can estimate the summer will be warmer than usual.

The Warm Springs Victims of Crime Services Elder Abuse Prevention program is offering the following safety message.

During extreme cold weather, please keep your faucets slowly dripping. This can keep the pipes from freezing.

Also, keep flammable materials away from your space heaters and stove or fireplace.

*C ~ Taylor Cleaning & Detailing*

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Home cleaning service

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**NIFTY FIFTY**  
Club Day  
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FREE SLOT  
PLAY

Slot Tournament  
2pm • \$5 buy-in  
\$150 Guaranteed

**Nifty Fifty Cash Drawings**  
Hourly from 10:30am-1:30pm  
Win up to \$500 in cash

Indian Head Casino

STOP BY THE PLAYERS CLUB FOR MORE INFO.