

Letters to the editor

Why Knot Rodeo thanks

On Behalf of the "Why Knot" Rodeo 2013 we would like to offer our deepest appreciation and gratitude to all the cowboys, cowgirls, spectators and vendors for joining us here in Simnasho for a fun filled day at the arena.

We had an excellent turnout and the weather cooperated allowing us to have a great day at the arena.

We would like to thank the Public Utilities for the use of the bleacher and porta-potties.

We want to thank all the people who stepped in to help at the arena on the day of the rodeo with:

Working the animals, unsaddling, being horseback, judging, running games, helping at the rodeo office, to the cowboys who rode for the bucking stock and to those who worked very hard in preparing the grounds for the rodeo.

We want to thank these individuals who shared financially with the committee:

Clarence Meanus and the Meanus Family from Celilo for cash donation for the Junior/Senior Colt Races; Chris Buller for the cash donation for the Youth Endurance Race; Bridgette Scott for the cash donation for the Horse Roping; Beulah Tsumpti for the cash donation for the Senior Colt Race; Evaline Patt for the cash donation for the Cow Riding and Ribbon Roping; and Walters Corners and Jody Calica.

Our effort was meant to allow our people, young and old, an opportunity to practice and participate in a life style that is familiar to those on the committee.

In bringing our little community alive for the day we hope that the time and resources that were committed will be viewed as a success and that we succeeded and accomplished our goal for another year.

Thank You,
2013 "Why Knot" Committee, Jay and Fay Suppah, Dustin and Charmaine, Anson and CR Begay, Kevin Blueback family, Atcity and CeCe, Hobo Patt, Mackie Begay family, The Moody family.

2014 Pageant

The 2014 Miss Warm Springs Pageant is scheduled for December 13 at the

Agency Longhouse.

Please plan on joining us for a spectacular evening of traditional activities.

Updated Miss Warm Springs applications may be picked up and returned to the Tribal Council office. If you have any questions, please call **Minnie Yahtin or Emily Yazzie** at 541-553-3257.

Thank you.

FASD Awareness

The Warm Springs Fetal Alcohol Spectrum Disorder Coalition sponsored an educational event in September.

The event featured nine developmental areas, demonstrating how fetal alcohol spectrum disorder (FASD) affects individuals.

The awareness day event, on September 9, also demonstrated all the factors that lead to healthy development.

We want to thank our elder presenters, Arlita Rhoan, Aurelia Stacona, Arlene Boileau and Sal Sahme, and their professional co-presenters, Dr. Rachel Locker, Janet Bissell RN, David Howenstine, youth mental health counselor, and Suzie Kuerschner from the Portland Northwest Area Indian Health Board.

They co-presented information about healthy development from both a cultural and "mainstream" perspective.

We also want to thank the Prevention and Let's Talk Diversity Coalitions for co-sponsoring our FASD logo contest, Government Affairs, and Prevention staff for video-taping the event.

The coalition will be working with the Prevention program to edit and produce an educational video with important health related oral histories for the community.

Thank you to our partner programs, IHS, the Children's Health Insurance Program Reauthorization Act (CHIPRA), Diabetes Prevention, tribal Social Services, Prevention and ECE Early Intervention Programs, who attended the event to distribute educational information. Thank you to KWSO, and the Community Wellness Center staff for their support.

Please look for fliers for the logo contest and listen to KWSO for interviews about FASD awareness.

If you are interested in learning more about FASD,

or joining the FASD Coalition, contact Evelyn of the Community Health Education Team, 552-2211.

Warm Springs FASD Coalition.

The Logo Contest

The Warm Springs Fetal Alcohol Syndrome Disorder Coalition is in need of a logo for our flyers, press releases, marketing material and all other coalition work.

Winner will receive a \$100 gift card. All entries will receive a prize. **The contest closes on November 1.**

The coalition is looking for something that represents the coalition and the community, and includes our motto: "Life is sacred; let your strengths and traditions become your child's future."

Please keep in mind the following words while creating our logo:

Respect, Health, Strength, Empowerment, Hope, Community, Culture, Sobriety, Tradition, and Lifestyle.

The logo/message should be positive—no pictures of alcohol, or feelings of blame or shame—and address the prevention of fetal alcohol syndrome disorder, and speak to both male and females.

To enter the contest please send your name, contact information, design and a design explanation to: evelyn.aguilar@wstribes.org

Or you can drop your de-



Warm Springs artist Travis Bobb is hoping everyone has a great Halloween!

sign off at the Community Health Education Team office at the Family Resource

Center. Email or call 541-553-2211 with any questions you may have. The contest is

open to all tribal members and Warm Springs Community members.

Indian Business Talk

Parents can help make learning fun

By Bruce Engle
Loan officer
W.S. Credit Enterprise

Parental involvement is important. Prime parental time with our kids is from birth to Kindergarten and mornings, evenings, weekends and vacations thereafter. It goes on until graduation, when we can kick them out—assuming we and they have done our jobs well.

The process is easiest when a partnership is formed between parents, the schools, and the community at large.

I tell a story about me and my great, great grandma, Katherine Dixon White Cole. She passed six years before I showed up. I wish I had known her.

She was born in the late 1840s or early 1850s as near as we can tell from old tribal census records. Her English was with a heavy Irish brogue. She learned it from Mr. White, a redheaded Irishman.

She lived into her 90s and she told her children, grandchildren and great grandchildren that they must learn English and they must learn to do well in a new world. She stressed doing well in school.

She was a stern taskmaster; maybe even a matchmaker. I sometimes think she told her daughter to marry a professional man. So, grandma Belle married Mr. Miller, the son of the doctor at Fort Klamath. He was a Civil War Vet who farmed and ranched on the west side of Miller Lake just north of

the border.

I got the "Do well in School" lecture when I wasn't doing well enough to meet expectations. Grandma Kate had set the standard of performance for the family. That's what elders did; some still do.

Good for them.

Doing well in school, and after, is often a family tradition. Family traditions can become community traditions when the majority makes it so. I tend to think of nations, states, territories, and reservations as communities.

I have some suggestions about helping children with school. I'm talking as someone who taught K-12 in Oregon schools in the 1970s and '80s.

Learning can be fun. Reading and math are learnable—and can be made fun. I believe this. I try to make it so for my classes.

Getting children well started isn't that difficult. In fact, it's easy. All it takes is a little time; lots of times.

Read to them every day. In the crib isn't too soon. Show them the pictures. Talk about the pictures. Tell stories. Get them talking about the pictures and the stories. It works.

Dolly Parton started a foundation first in her hometown and later in many towns across the country. Every child in the area is given a free book at birth. By the time they go to school, they have been given fifty books and their parents have had a won-

Rewards for doing well are fun. Praise is a reward. So are ice cream and cookies.

derful chance to help them get off to a great start at being lifelong learners.

Fun sells. When the reading sessions are fun, children come back for more and more fun. Learning becomes a byproduct of having fun. What a deal.

Parents can lay strong foundations for both reading and math before their children go to Kindergarten and first grade by making the building of those foundations fun. Rewards for doing well are fun. Praise is a reward. So are ice cream and cookies.

Even math can be made fun. For example, my generation wasn't customarily taught to square numbers that end in five in our heads. I wish I had known how when my parents took me into Hollywood to see the Art Linkletter show.

He asked the audience what 2.5 times 2.5 was. I raised my hand. He called on me and I drew a blank. I blew it.

I knew how to multiply fractions on paper but I froze up. I'd have been a winner had I known the trick of taking the next usual number after two, that would have been a (3), and multiplying it times the two and tacking 25 on the end for 625. All I would have had to do then

was stick the decimal point between the 6 and the 25 for an answer of 6.25.

Knowing the correct answer or how to calculate it would have made the show a lot more fun for me and my dad. I still remember his expression when I flubbed it. He knew the answer.

I'm going to end this with a little challenge for you. It will be fun. I guarantee it.

Try squaring 15 and then 25 (you already know that one), 35, 45, 55, 65, 75, 85, and 95. Do it on paper or in your head.

The rule is that the fives at the end always become 25 and the first number in the question gets multiplied by what normally would be the next number as if you were just counting.

If you want to test yourself further, square 125. Hint, the 5s become 25 just like before. The difference is you take the first two numbers, (the 1 and the 2) and multiply twelve by 13 (the next number after 12) for the numbers that will be before 25 in your answer. On paper $12 \times 13 = 156$. You might even imagine it as 10 times $13 = 130$ plus two times 13 (26). So, $130 + 26$ equals 156. Then, just tack on the 25 and your answer is 15,625.

See, even math can be fun. And, if you bring cookies and ice cream to the office, we can all have fun.

Next time—I will be writing about matching savings plans for schooling after High School graduation. There are some great ones out there.

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