

Sobriety Powwow



Drum group Rolling Thunder (pictured above) along with Eagle Thunder and Quartz Creek were keeping the Back to School and Sobriety Powwow going even after the sun went down.

September is National Recovery Month. The observance educates Americans on the fact that addiction treatment and mental health services can enable those with substance use or mental disorder to live a healthy and rewarding life.

Recovery Month's message is that prevention works, treatment is effective and

people can and do recover from addiction.

The powwow was held last Thursday on the lawn in front of the Community Counseling Center.

On the same evening Warm Springs Elementary held their open house so families were able to meet their children's teachers and see their classroom, then walk

across the street for a plate of spaghetti and some good fun dancing.

Other Recovery Month activities coming up include Bingo Thursday evening at the Community Center starting at 6 p.m. A Recovery Run/Walk will be held on September 30 from 11 a.m. to 1 p.m.

— Yvonne Iverson

Hunt: mandatory reporting

(Continued from page 6)

WS237T2 - Ochoco Unit No. 2 Youth - Oct. 12 - Oct. 20 - One antlerless elk.

WS248M - Pole Cr. Muzzleloader- Oct. 12 - Oct. 20 - One bull elk.

WSRME1 Rocky Mtn. No. 1 Elk Season - Oct. 23 - Oct. 27 - One bull elk with visible antler.

WS247A1 Northside Private Lands No.1 - Oct. 23 - Oct. 27 - One elk.

WS235X - Paulina-E Fort Rock No. 1- Oct. 23 - Oct. 27 - One bull elk.

WS236X Maury Unit No. 1 - Oct. 23 - Oct. 27 - One bull elk.

WS237X Ochoco Unit No. 1 - Oct. 23 - Oct. 27 - One bull elk.

WS238X Grizzly Unit No. 1 - Oct. 23 - Oct. 27 - One bull elk.

WS245A1 N Fossil Private Lands No.1 - Oct. 23 - Oct. 27 - One bull elk.

WS245B1 S Fossil Private Lands No.1- Oct. 23 - Oct. 27 - One bull elk.

WS246X Murderers Cr Unit - Oct. 23 - Oct. 27 - One bull elk.

WS247X Northside Unit - Oct. 23 - Oct. 27 - One bull elk.

WS248A1 Heppner No. 1 - Oct. 23 - Oct. 27

- One bull elk.

WS249A1 Ukiah Unit No. 1 - Oct. 23 - Oct. 27-

One bull elk.

WS250X Desolation Unit Oct. 23 - Oct. 27 - One bull elk.

WS272X - Silvies Unit No. 1 - Oct. 23 - Oct. 27 - One bull elk.

WS237C1 Ochoco Private No. 1 - Oct. 23 - Oct. 27 - One elk.

WS238C1 Grizzly Private Lands No. 1 - Oct. 23 - Oct. 27 - One elk.

WS241A The Dalles Watershed - Oct. 23 - Oct. 27 - One elk.

WS248B1 Ritter No. 1 - Oct. 23 - Oct. 27 - One elk.

WS248A2 Heppner No. 2 - Oct. 23 - Oct. 27 - One spike only elk.

WS249A2 Ukiah Unit No. 2 - Oct. 23 - Oct. 27 - One spike only elk.

WS245X Fossil Unit No. 1 - Oct. 23 - Oct. 27 - One bull elk.

Antelope - (Hunt number, hunt name, hunt dates, bag limit).

WS443A1 - Columbia Plateau No. 1 - Oct. 12 - Oct. 20 - One doe or fawn pronghorn.

WS443A2 Columbia Plateau No. 2 - Oct. 12 - Oct. 20 - One buck pronghorn.

Big horn (Hunt number,

hunt name, hunt dates, bag limit).

WS543B2 E Deschutes Rvr No. 2 - Oct. 12 - Oct. 20 - One ram.

For 2013 there is mandatory reporting of all hunter harvest.

Failure to report harvest results for ceded land and reservation hunts will result in a loss of hunting privileges for subsequent tags.

Hunters are important sources of wildlife related information. The information gathered from hunter surveys is valuable for biologists, wildlife committee and Tribal council to help make informed wildlife management decisions.

By reporting, you are helping monitor wildlife populations and helping enhance hunting opportunities.

Information from hunters who did not hunt or harvest an animal is as important as hunters who did take an animal.

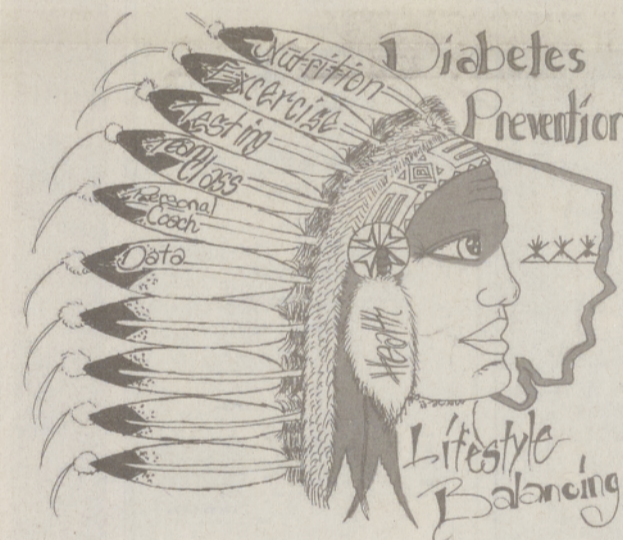
Hunter reporting will be collected at the Natural Resources office.

Thank you for your participation.

The Warm Springs Wildlife Department.

Next deadline to submit items for publication in the Spilyay Tymoo is Friday, September 27. Thank you!

Please support our Advertisers ~ They give back to the community!



Diabetes Prevention Program

Empowering individuals at high risk for developing Type 2 Diabetes.

Focusing on lifestyle changes through education and physical activities.

Partnering with the community.



Our next Diabetes Prevention class is starting **October 2nd**.

Classes will be held at **noon** and will be every **Wednesday** for 10 weeks.

At each class you will be given great information on topics such as healthy eating, being active, stress, motivation and much more.

A snack is always provided as well as a take home bag with healthy food items.

Each participant is assigned a lifestyle coach to be available to them throughout this journey.

For more details and to find out if you are eligible please contact

Joy Ramirez 541-553-0118 or
Stefanie Hurtado 541-553-1079

FIRST 20 PEOPLE WHO SIGN A CONSENT FORM FOR CLASS WILL RECEIVE A WATER BOTTLE

