

# Team reviews risk survey results

There are specific factors in a young person's life that bring risk.

These risk factors can lead to drug use, violence, delinquency and dropping out, depression and teen pregnancy.

There are also specific factors that bring protection from these problems.

Eliminating the risk factors and growing the protective factors will lead to happier and healthier young people, and a better community overall.

This was the topic of discussion at a recent meeting in Warm Springs among community health specialists.

Representing Warm Springs were Health and Human Services general manager Caroline Cruz and her staff from Community Counseling.

They met with Richard Catalano from the University of Washington, and staff from the Indigenous Wellness Research Institute. Dr. Catalano is the director of the Social Development Research Group, and professor for the Study and Prevention of Violence.

About a year ago, Catalano and his team helped the Warm Springs group conduct a survey of local young people. Prevention coordinator Michael Martinez explained that the survey was given to sixth- and eight-grade Warm Springs students at the Jefferson County Middle School.



Team members (front row from left): Dr. Richard Catalano, Caroline Cruz, Feona Campbell and Shawnetta Yahtin; and (back row from left) Scott Kalama, Michael Martinez, Cynthia Peirson and Tessa Evans-Campbell.

*The information will give the tribes good information to work with in reducing the risk factors and increasing the protective factors...*

The survey included about 200 questions altogether. The questions were intended to determine the level of risk factors in the community, and the level of protective factors.

Risk factors may include bullying at school, lack of feeling part of the community, and lack of cultural activities, to name a few. Here are examples of the

survey questions:

In the past year, how often has someone called you a name? In the past year, how often have I called someone a name?

The students were asked to rate from 1 to 4 statements such as:

I'm happy I am a member of my tribal community. I have a lot of pride in Native Americans. I am active in organizations that are mainly Native American.

Another goal of the survey was to determine the level of historical trauma among young people in the community.

Historical trauma is passed from generation to generation, originating from a traumatic event that hap-

pened to a community in the past. The loss of traditional land and culture, the loss of the community itself, would be causes of historical trauma that continue to exit across the generations.

Historical trauma was difficult to measure in the students who participated in the survey, compared to the other risk factors, Catalano said.

He is working on a analysis of the survey, and the results will be available for study. This will give the tribes good information to work with in reducing the risk factors and increasing the protective factors, said Caroline Cruz.

— Dave McMechan

## Tribal Council Agenda

### Wednesday, August 7

9 am - Reduction in Hours/638 with Finance.

1:30 pm - Gaming commission (executive session) with Sidney Minnick/W.S. Gaming Commission chair and commission.

3 pm - Ordinance 44 discussion.

### Thursday, August 8

9 am - Proclamation.

1:30 pm - Kah-Nee-Ta board with Jason Smith/acting chair and board members.

### Monday, August 12

9 am - Committee appointments with Lynn Davis/Administrative services director.

10 - Bonneville Power Administration Env. F&W - Lori Bodi, Bpa-VP Environmental, F&W. 2012 Accomplishments/Intro staff

11 - General Museum accomplishments & needs with Carol Leone/museum director

1:30 pm - Legislative update call with Matt Hill/federal - Michael Mason/state.

2:30 - Financial update with S-T and Finance, to budget year to date.

### Tuesday-Wednesday, August 13-14

- Legislative workshop/Warm Springs Power and Water Enterprises - Roy Sampsel/Tribal Leadership Forum.

### Thursday, August 15

9 am - W.S. Forest Products and Composite Products with Dwyne Darnell, Chuck Currier, Bobby Brunoe, Howie Arnett.

Thursday, August 15 - Removal of Sandy River delta dam event, hosted by US Army Corp of Engineers, to be held at the Sandy River delta dam.

### Friday, August 16

9 am - Housing/The Dalles Issues hosted by US Army Corp of Engineers.

### Monday, August 19

9 am - Secretary-Treasurer update with Jake Suppah/S-T.

10:30 - 911 call service issue with Stan Suenaga/Public Safety Branch general manager.

11 - Draft resolutions with S-T.

1:30 pm - Legislative update call.

3 pm - State insurance issues with Caroline Cruz/Human Services general manager, Kevin Jeffries/consumer liaison, Sonciray Bonnell/tribal community analyst Cover Oregon, and Mike Marcotte/Managed Care director.

### Tuesday, August 20

9 am - Enrollments with Lucille Suppach-Samson/Vital Stats enrollment officer.

10 - Carbon sequestration fuels on the reservation with Bobby Brunoe/Natural Resources general manager.

1:30 pm - Personnel Policy Manual, Human Resources, Lois Lesarley, Amelia Tewe, Lupe Katchia.

(Council agenda continues on page 5.)

### Senior Center open on Monday

The Warm Springs Senior Center will be closed through Friday, August 9. The Senior Program

staff are at mandatory training this week. The Senior Center will re-open on Monday, August 12.

## COCC grant for Native program

Central Oregon Community College received a \$10,000 grant from Cow Creek Umpqua Indian Foundation to expand a residential summer leadership program on the COCC Bend Campus for Native American high school students.

Through the Summer Training to Revive Indigenous Vision and Empowerment (STRIVE) program, 25 students will spend a week on campus developing connections with faculty and current COCC students and experiencing college life culture.

"It's an opportunity for high school students who are at high risk of not attending college to learn that they can go to college," said Gina Ricketts, coordinator of COCC's Native American program.

"We empower them and teach them to believe in themselves and realize how important an education is for them and their tribal communities."

The goal of this program is to provide the support, encouragement and skill development that enable students to graduate from high school and then pursue post-secondary education.

Inaugurated in 2012, STRIVE was initially funded by a College Access Challenge Grant award from the Oregon University System.

Last year 17 high school students from the COCC district attended the summer symposium for one week in August. Living in the resi-

*"I never thought I could go to college, but now I think I can."*

Daisy Begay

dence hall, they took culturally relevant classes in writing, college success strategies and performance poetry.

In addition, they received instruction on applying to college and seeking financial aid and scholarships.

Native American college students participate as mentors and help design and implement some of the team-building and cultural activities.

Students' families participate in the welcome celebration at the beginning of the week and return for a closing ceremony.

"I never thought I could go to college, but now I think I can," Daisy Begay said at last year's closing ceremony.

"The success of last year's program demonstrates that students who learn how to set

goals develop self-confidence, improve their communication and leadership skills, and learn the steps needed to enroll in college are more likely to stay in high school and consider college as an option for their future," said Ricketts.

"We are so fortunate that we can respond to targeted needs by focusing on programs that benefit children and families in our local communities," said Carmas Mornarich, executive director of the Cow Creek Umpqua Indian Foundation.

The mission of the foundation is to offer assistance in youth education, to strengthen youth and family, to provide positive youth development and to add to the quality of life for people in southwestern Oregon. Since 1997, the Cow Creek Umpqua Indian Foundation has awarded nearly \$13 million in grants to nonprofit organizations.

For information about the STRIVE program, call 541-318-3782.

### Head Start registering

Register now for the Warm Springs Head Start program. The deadline to apply is August 9 for fall 2013.

Head Start is free to kids ages 3-5. Part-day and full-day classrooms available.

Why wait till school starts??

Get your **SCHOOL PICTURES** taken early while you're tan, clothes are clean & hair is perfect

**August 20th-24th**

Take them now, pay now & receive **10% Off**

No appointments needed, just walk in during these hours on the above dates.  
Tuesday, Thursday & Friday from 9:30am-12:30pm & 2:00pm-5:30pm  
Wednesday 10:00am-12:00pm & 2:00pm-8:00pm Saturday 9:00am-4:00pm

Same packages, poses and colors offered at the schools. Packages start at \$13 and this is open to anyone no matter which school they attend or if homeschooled from ages 3yrs to 18yrs. Pictures will be imported into students school so they will not need to take pictures on picture day. This only applies to the students that attend the schools that we service.

JCMS & MHS Students including SENIORS not purchasing a package? thats okay, we still need to get a new picture for those ID cards. Events start right away so the sooner we can get those cards out the better. Stop by and get your picture taken!



541.475.3805  
546 SW 4th St. Madras, OR  
www.snapshots1hr.com

School Picture Days - subject to change  
JCMS September 5th from 12-5:30 during open house  
MHS Sept. 12th, Metolius Elem. Sept. 25th, Warm Springs Elem. Oct. 1st  
Madras Elem. Oct. 3rd & Buff Interm. Oct 8th